

Operation: DEFEAT SODATRON



Soda and sugary drinks like gatorade, powerade, iced tea, lemonade, Sunny D, chocolate milk, and juice increase your risk of diabetes, obesity, heart disease, and tooth decay.



#DEFEATSODATRON

Operation: DEFEAT SODATRON is a youth led, art inspired revolution against BIG SODA's aggressive efforts to sell us drinks known to cause chronic disease. **Find out more at www.dunkthejunk.org**

#DEFEATSODATRON

Dear Leadership,

In an effort to translate science into effective public health improvement we are writing to request that you strongly consider a policy to phase out sugary drinks at your institution.

Sugary drinks are the single largest source of added sugars in our diet. Drinking sugary drinks has been strongly linked to an increased incidence of the major chronic diseases that afflict our community. These diseases include obesity, diabetes, heart disease, and tooth decay.

Many of America's top health centers have already implemented policies to remove sugary drinks, including UCSF, the Cleveland Clinic, and the Seattle Children's Hospital.

In an effort to protect the citizens of our community from preventable chronic diseases and premature death, we strongly urge you to consider taking action on sugary drinks.

Thanks for your consideration.
Sincerely,



Operation: DEFEAT SODATRON is a youth led, art inspired revolution against BIG SODA's aggressive efforts to sell us drinks known to cause chronic disease. For more information on how to proceed, please contact us at Learnmore@dunkthejunk.org

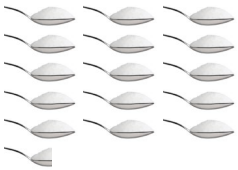
dunkthejunk.org

instagram.com/dunkthejunk/
twitter.com/DunkTheJunkFood
facebook.com/Dunk-The-Junk
soundcloud.com/defeatsodatron/

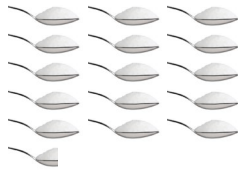
Operation: DEFEAT SODATRON



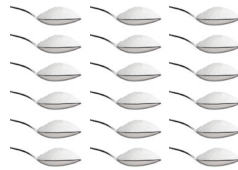
15.5 Tsp 240 Cal



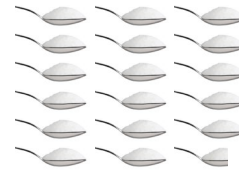
15.5 Tsp 250 Cal



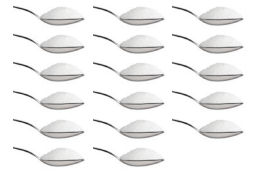
15 Tsp 248 Cal



17.6 Tsp 270 Cal



17 Tsp 240 Cal



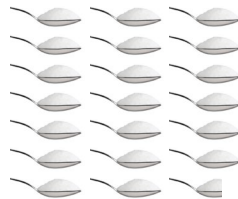
8.5 Tsp 130 Cal



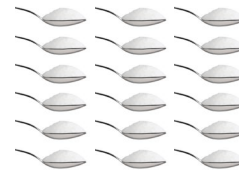
13 Tsp 200 Cal



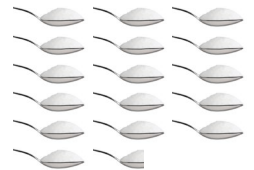
20.5 Tsp 320 Cal



15 Tsp 240 Cal



13.5 Tsp 240 Cal



What are you actually drinking?

See how popular 16-20 oz. drinks stack up.



#DEFEATSODATRON

Operation: DEFEAT SODATRON is a youth led, art inspired revolution against BIG SODA's aggressive efforts to sell us drinks known to cause chronic disease. Find out more at www.dunkthejunk.org



What are
you actually
drinking?



#DEFEATSODATRON

Operation: DEFEAT SODATRON is a youth led, art inspired revolution against BIG SODA's aggressive efforts to sell us drinks known to cause chronic disease. Find out more at www.dunkthejunk.org