



Name:

Week of:

**My Week Includes:**

- Daily Quiet Time
- Family Time
- Personal Time
- Time for Sales Appointments
- Time for Phone Calls
- Office Time

**My Activities Includes:**

- Classes
- Facials
- Sharing Appts
- Retail Sales
- Phone Calls reaching a live person to Book, Sell, Recruit

*Color Code your activities and insert them on the plan sheet below.*

**For Help or Assistance reach out to: [www.synergysuperstars.com](http://www.synergysuperstars.com) or [danielle@synergysuperstars.com](mailto:danielle@synergysuperstars.com)**

Sales/IPAs	Family Time	MK Office/Meetings	Quiet Time	Phone Time
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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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