



Foundation for Glacier and Environmental Research  
*Juneau Icefield Research Program*

## Physician's Certificate

To the examining physician or nurse practitioner:

This individual plans to participate in an expeditionary research program in a rugged mountain and glacial environment. This person will carry heavy loads from sea level up to altitudes of 7000 ft./2100 meters. The environmental conditions can include temperatures between 20 °F/-7°C and 80°F/27°C, heavy rainfall, blizzard snow, limited visibility, and strong winds. This person may at times be confined to small field stations either with many other people or with only 1-2 other individuals. Living and social conditions may subject this person to moderate nervous tension.

I hereby certify that I have examined \_\_\_\_\_ on this date, \_\_\_\_\_, and that he/she/they is/are physically and emotionally fit for such an undertaking.

I would like to bring to your attention the following conditions or concerns:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Physician/Nurse Practitioner's Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_