

Important information in regards to \_\_\_\_\_

As an important person to our child, we thank you very much for taking the time to read this letter. We are giving this letter to all the key people in our child's life.

This letter is to inform you that we are educating our child in Body Safety. We wish to empower our child with key Body Safety messages to keep them safe from sexual abuse. Body Safety Education skills and knowledge will assist them to grow into an informed teenager and adult.

From a very young age, we have educated our child in the following key points:

- 1 We use correct names for all body parts including genitals.
- 2 Our child has boundaries in regard to their body and 'No' means 'No'.
- 3 Our child knows not to keep secrets that make them feel bad and/or uncomfortable.
- 4 Our child knows their private parts are those under their bathing suit.
- 5 Our child knows that no-one has the right to touch their private parts, ask them to touch another person's private parts or view images of private parts. If they are asked to do any of these, our child knows to tell a trusted adult on their 'safety network'.
- 6 Our child knows to keep on telling a person/s on their safety network until they are believed.
- 7 Our child knows if they are ever touched on their private parts or exposed to images of private parts, it is never ever their fault.

The five people listed below are on our child's safety network. These are the people our child can go to in any unsafe situation and know they will be believed.

We know you will want to work with us to provide the safest possible environment for our child and to reinforce the key points listed above. We thank you very much for caring for our child and helping to keep them safe by respecting and reinforcing the Body Safety messages our child has been taught.

Many thanks

\_\_\_\_\_

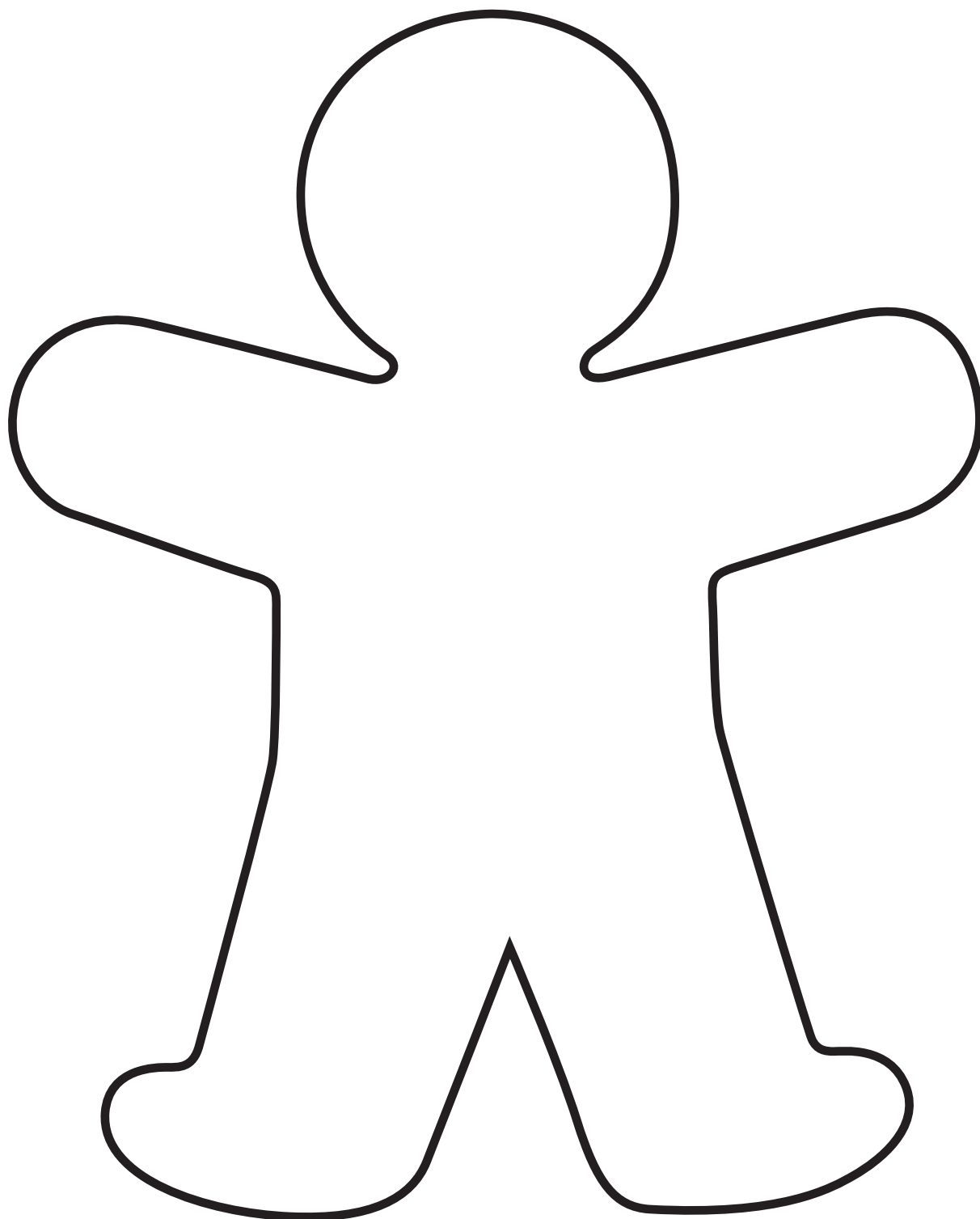
Safety Network

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Partnering  
to keep  
kids safe







# My Body is My Body

*Sung to the tune of 'Twinkle Twinkle Little Star'*

My body is my body,  
And it belongs to me.

No-one can touch it  
No-one but me!

*[Point to self]*

And if they try,  
I'm going to yell, "Stop!"

*[Hand comes out to show 'stop']*

And run, run, run  
As fast as I can,  
And yell and tell  
Again and again.

*[Running motion with arms]*



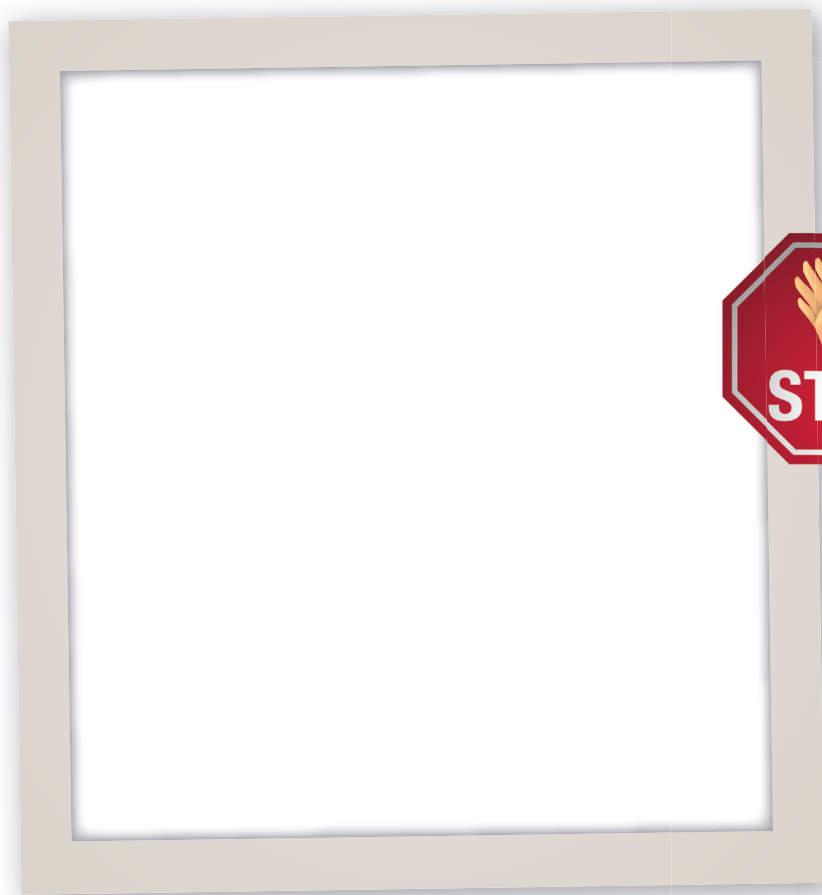
Lyrics by Jayne Sanders and Debra Byrne

See video at [www.somesecrets.info/body-safety-song/](http://www.somesecrets.info/body-safety-song/)

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# BE LOUD! BE PROUD!

*My Child is Educated in*  
**BODY SAFETY**

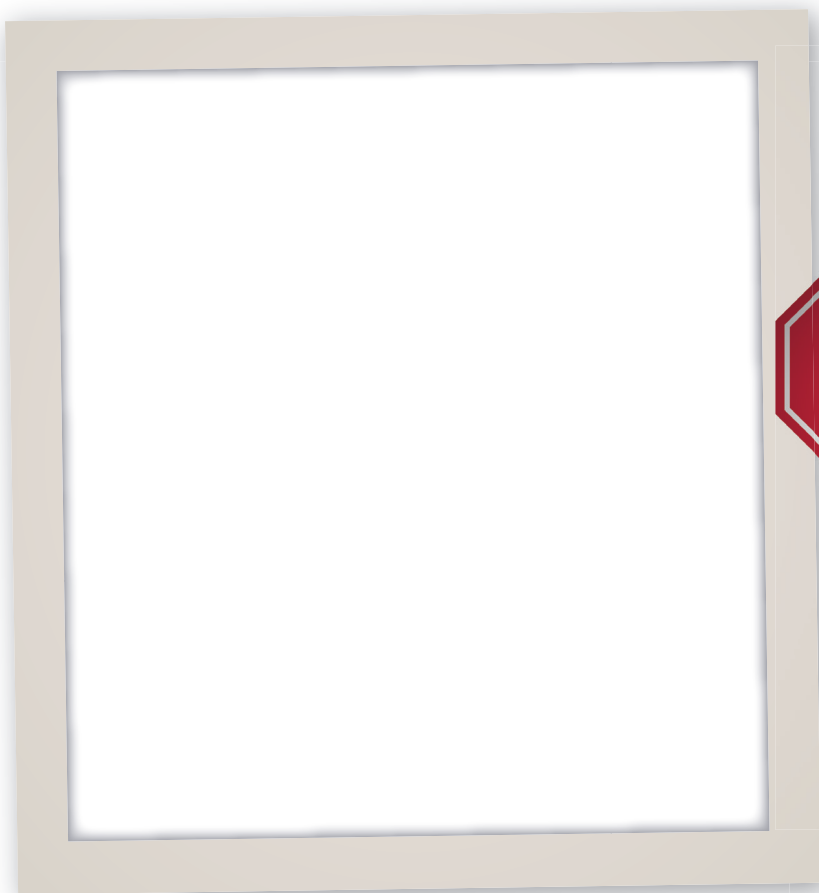


**Name:** \_\_\_\_\_



# BE LOUD! BE PROUD!

*My Child is Educated in*  
**BODY SAFETY**



**Name:** \_\_\_\_\_

# “NO!” means “NO!”



I am the Boss  
of My Body!

**NO! GO!  
TELL!**

