

Debunking 6 Myths About Body Safety Education



1 My child will lose their innocence

They won't. They will be empowered. This knowledge will keep them safe. It is far better that they are educated than have their childhood stolen. Childhood sexual abuse cannot be undone.

2 Sex and the act of sexual abuse will be discussed

When we teach road safety, we don't show children graphic images. Similarly, when we teach body safety, it is age-appropriate and non-threatening. Sex and the act of sexual abuse is never mentioned.

3 My child is too young to be educated in body safety

3 to 8 years is the most likely age for a child to be sexually abused. The younger you start to educate the better! As soon as they begin to talk — start!

4 'Stranger Danger' education is all my child needs

85% of abusers are known to the child. They will be a trusted family member, friend or in your community. Predators are amongst us. They can be anyone!

5 Why raise this when my child will never be sexually abused?

1 in 5 girls and 1 in 8 boys will be sexually abused before their 18th birthday. Your child is more likely to be sexually abused than break a limb.

6 My child doesn't need Body Safety Education; they tell me everything

A child can be so threatened and terrified to keep 'the secret', they may never tell. 73% of child victims do not tell in the first year, 45% do not tell in the first 5 years and many never disclose.

