Helping Kids to Develop a Growth Mindset

**Mistakes help me learn and grow.**

**I am on the right track.**

**I try things that are sometimes hard for me.**

**I stick with things and don't give up.**

**I cheer myself up when things get hard.**

**I am a problem solver!**

**I always try new things.**

**Learning is my superpower!**

**I am always brave enough to try.**

**I get better at things when I practice.**

**When I don't succeed right away, I try again.**

**I ask for help when I need it.**

**I learn from my mistakes.**

**I don't compare myself to others.**

**When I don't succeed, I say, “I can't do it YET, but I'll keep trying.”**

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