How Do You Know If You Are in an Unsafe Relationship?

An unsafe and exploitative relationship can be very dangerous for you. Here is a series of warning signs that may help you identify if you are in an unsafe relationship. If you are experiencing some of these warning signs, seek help from a professional organization that works with people in domestic and family violence situations.

Inequality

- The person may expect you to do all the work and they do very little.
- They may say that women are not equal to men and that you are a lesser person.
- They may treat you as a lesser person and unequal to them in status in the community and/or family.
- They may treat you as stupid and that you are incapable of trying anything new.
- They may not respect your ‘No’ and do not ask your consent for anything.
- They may threaten that they are going to leave you, and you will have nothing and be nothing.

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