

“Building a Shared World” – Marriage Enrichment Workshop

- An eight-hour workshop designed to help build healthier relationships combining experiential learning modalities with couple dialogue exercises, light-hearted role playing and skits, and individual and group exercises mixed with didactic learning.
- Couples will learn and practice skills for better communication, navigating through conflict in healthy ways, building relationships that offer a lifetime of respect, commitment, shared vision, and fulfilled dreams.
- Topics include:
 1. Blueprint for a Satisfying Marriage
 2. Relationship Building Tools: Understanding and Overcoming the Roadblocks
 3. Creating Common Goals and Expectations