



Samaritan Counseling Center

## Fresh Aire Samaritan Counseling Center Third Annual Fresh Aire Samaritan Award

Think about all the communities there are within our community. Each of us is active in a variety of community settings—workplaces, religious/spiritual institutions, schools, recreational groups, health care organizations, every type of support /interest group. We move within many over-lapping circles of community.

Fresh Aire Samaritan Counseling Center's primary goal is to help those whom it counsels achieve healthy balance in mind, body and spirit. In keeping with this stated focus, and to increase public awareness and support of their work, Fresh Aire will be sponsoring the **Third Annual Fresh Aire Samaritan Recognition and Award**, on **November 9, 2015**. At this banquet we will be honoring individuals and/or groups who are actively contributing to creating this balance in their community.

An excerpt from background material provided by Fresh Aire:

**Premise:** Today, we believe that significant attention is directed at one's material desires and/or physical health. Our intent is to shine light on the importance of behavioral health/inner-growth—emotionally, socially and spiritually (service to others).

**Objective:** The Fresh Aire Samaritan Counseling Center seeks to annually recognize individuals, groups or activities that substantially contribute to bringing importance of work/life balance initiatives to the Great Lakes Bay Region's employers and community. The award will recognize individuals and groups that positively influence the emotional, social, and spiritual wellbeing of others. Specifically, the award will be given to recognize activities beyond the church that have positively impacted their school, workplace or extended community in one of the following ways:

- Stimulated an increased sense of service/stewardship (spiritual health)
- Improved collaboration/quality of relationships (social health)
- Fostered emotional growth in terms of resiliency, respect, and conflict resolution (emotional health)

Now, think again about the communities in which you participate. *Is there an individual, a couple, perhaps a family you know who has made noteworthy contribution to improve the emotional, social and/or spiritual balance of the community in which they are active?* Those folks deserve some recognition!

**Fresh Aire invites anyone in our community to submit nominations for this award. Nominations will be received between July 1 and September 14.** Help Fresh Aire Samaritan Counseling Center recognize and honor those special people who are helping to build healthy communities! For more information or additional nomination forms, visit Fresh Aire's Facebook page and/or website: [www.freshairesamaritan.org](http://www.freshairesamaritan.org).