

June 26, 2015

Dear Pastor and Congregation,

This letter is being sent to enlist your support in helping us obtain nominations for our Third Annual Fresh Aire Samaritan Recognition and Awards Banquet to be held on November 9, 2015 at the Bay Valley Resort Banquet Center from 6:30-9:00 pm. As in the past two years, this banquet has a three-fold purpose. First, we want to recognize and honor individuals and groups who are initiating and promoting health and wellness in the workplace school and/or community through various outreach programs/ministries. While churches may be involved in the initiatives, we specifically wish to recognize individuals or groups where the initiative did not begin within the local church and its programming. Past honorees have included: the founders of "One Week, One Street," "Diaper Alliance," "Call to the Creek," "SneakerPalooza," and "Instruments of Peace," and a free mobile health clinic. Our second purpose is to raise community awareness around issues related to mental health and wellness. And our third objective is to raise money for our Samaritan fund. This fund is used to offset the cost of counseling services so that individuals who cannot afford counseling are eligible for quality mental health services that are intentionally focused on integrating the clients' spiritual, emotional, relational and physical concerns in order to achieve healthy balance in mind, body and spirit.

Here is how you can help:

- 1) Please share this information amongst the congregation and join us in enlisting nominations. Enclosed is a nomination form. Make as many copies as you like (we encourage you to put them in your bulletin and/or newsletter or church email postings). Help us find and honor the people who are making a difference in our communities/region.
- 2) Mark your calendar and plan to attend our banquet. Promote the banquet in your congregation and get a whole table to attend! More information about the banquet will be forthcoming in late summer/early fall.
- 3) Consider donating or helping us solicit a donation for our silent auction.

Finally, allow me to close by once again expressing my thanks for you and the faithful ministry you are about, as well as your support of Fresh Aire through your prayers, referrals, donations, participation, and promotion of its programs/ services. We want you to know that the support you give, however large or small, is deeply appreciated; and I renew with you my deepest passion and desire which is simply to help churches and pastors in the Great Lakes Bay Region and surrounding area to feel

resourced and supported in areas of and the integration of emotional, relational and spiritual health. Please call on us in whatever way we can be of service/assistance to you. While counseling is what we do most, we are eager to share our resources in other ways and are eager to consult with you.

Sincerely,

Rev. Dr. Lisa McIlvenna  
Executive Director