



**MEALS on WHEELS**  
SYRACUSE

# Meals on Wheels of Syracuse New York, Inc. Annual 2016

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## Mission Statement

The mission of Meals on Wheels of Syracuse is to organize, plan and administer the service of delivering nutritious meals, nutrition education and resource assistance to people living in our community unable to do so for themselves.

Dear Friends,

The year 2016 was another year of increased demand and growth for meal service. These are some of the highlights of the year:

- We provided 215,648 nourishing meals to 767 homebound seniors and disabled adults.
- Meal service grew for the fifth straight year increasing 1.4% over the prior year and 18.7% over the past five years.
- We helped to retain independence at home for 767 homebound individuals whose ages ranged from 24 to 100 years of age. Many would go hungry without the help. We provided daily safety reassurance checks during delivery. Case Managers assisted in-home with resource linkages and information, A Registered Dietitian provided in-home nutrition counseling.
- Expanded service to the Skaneateles area starting in January 2016 providing 26 homebound senior residents almost 8,000 meals.
- Purchased and distributed shelf-stable emergency blizzard meals with the help of delivery volunteers on a November Saturday morning. Packs were used to feed meal recipients during February and March 2017 snow storm closings.
- Continued collaborative purchasing of hot food trays amongst the different Meals on Wheels Programs in Onondaga County, with the help of the Food Bank of CNY, saving thousands of dollars in meal tray costs for all.
- 558 volunteers provided at total of: 8,765 meal delivery hours, driving 46,238 miles; 9,230 kitchen service hours; and 120 clerical hours.
- In April, we honored volunteers at Rosamond Gifford Zoo with an appreciation meal, free agency tee shirts and free admission to the zoo.
- We had successful fundraising events. We exceeded our goal by 10% for the Syracuse Automobile Dealers Association Charity Preview; received a March for Meal's Meals on Wheels Association award; earned maximum shares for the Subaru Share the Love Campaign; added a successful Giving Tuesday online campaign and a DJ's on the Blvd. Golf Tournament Raffle.
- Demand for State and Federal government subsidized meals exceeded available funding in 2016. Funding allowed eligible homebound seniors to receive meals at reduced or no cost to them. In November 2016, a "Wait List" was established for the government subsidized meals. The Meals on Wheels of Syracuse Board designated significant funds from reserves and established a "Client Assistance" fund. Seniors who would had to wait, were able to start meal service immediately through the assistance funds. The wait list is expected to continue through 2017. We will provide assistance funds in 2017 to assure feeding those who would have to wait.

**Meals on Wheels of Syracuse** 300 Burt Street • Syracuse, NY 13202 • 315/478-5948 Fax 315/478-6770

• Web [www.meals.org](http://www.meals.org) • Meals on Wheels of Syracuse is a 501(c) 3 organization

***The following is an overview of Meals on Wheels of Syracuse's audited income and expenses for the fiscal year that ended December 31, 2016:***

<b>Revenues</b>	
Total Grants and Contracts	\$667,034
Program Service Fees	\$273,434
Fund Raising and Other Support	\$352,252
<i>Total revenues and support</i>	\$1,292,720
<b>Expenses</b>	
Program Services-Nutritional Services	\$772,968
Program Services-Social Services	\$28,337
Program Services-Outreach and Volunteer Services	\$66,517
<i>Total Program Service Expenses</i>	\$867,822
Management and general expenses	\$188,201
Fund raising expenses	\$35,440
<i>Total expenses</i>	\$1,091,463
<b>Net assets at end of year (accumulated)</b>	\$201,257

\*\* IRS 990 is available at the NYS Charities Registry website.  
[www.charitiesnys.com/RegistrySearch/search\\_charities.jsp](http://www.charitiesnys.com/RegistrySearch/search_charities.jsp)  
 Use Meals on Wheels of Syracuse as the organization search name.