2019 USATF Southwestern Association
Junior Olympic Cross Country Championships
Athletic Performance Ranch
1590 FM 2871 Fort Worth, TX  76126
Saturday, November 9, 2019

SCHEDULE & AGE DIVISIONS:

<table>
<thead>
<tr>
<th>Age Division</th>
<th>Distance</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>8 &amp; Under (born 2011+)</td>
<td>2 km (1.24 miles)</td>
<td>Boys-1:30 pm, Girls-1:30 pm</td>
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<tr>
<td>9 &amp; 10 (born 2009-2010)</td>
<td>3 km (1.86 miles)</td>
<td>Boys-2:00 pm, Girls-2:00 pm</td>
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<tr>
<td>11 &amp; 12 (born 2007-2008)</td>
<td>3 km (1.86 miles)</td>
<td>Boys-2:30 pm, Girls-2:30 pm</td>
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<tr>
<td>13 &amp; 14 (born 2005 –2006)</td>
<td>4 km (2.48 miles)</td>
<td>Boys-3:00 pm, Girls-3:00 pm</td>
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<tr>
<td>15 &amp; 16 (born 2003–2004)</td>
<td>5 km (3.1 miles)</td>
<td>Boys-3:30 pm, Girls-3:30 pm</td>
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<tr>
<td>17 &amp; 18 (born 2001-2002)</td>
<td>5 km (3.1 miles)</td>
<td>Boys-3:30 pm, Girls-3:30 pm</td>
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ELIGIBILITY REQUIREMENTS:

Individuals: Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver’s license, or U.S. government identification) is required and must be submitted prior to registration and participation by November 1, 2019.

Teams: Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. To enter a team, a club must complete the team entry/declaration process during online registrations. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional or National championships.

TEAM SCORING: 8 athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. Bib numbers will be distributed to athletes on-site 1 hour before your race.

EVENT RESULTS: During competition, event results will be posted at a designated place at the facility. In addition, event results will be posted at (swusatf.org).

AWARDS: USATF Junior Olympic medals will be awarded to the top fifteen individuals in each age division.

ADVANCEMENTS-From Association to Regionals: Top 30 individuals and top 5 teams in each age group will advance to the Region 12 Championships. Age groups 15-16 and 17-18 will be combined in team scoring only, the top 10 teams will advance. The Region 12 Championships will be held on Saturday, November 16th at Converse North Park, in Converse, TX 78109 at 8:30 am. Informational flyers will be passed out at the conclusion of the Association JOXC Championships and additional online access.

ENTRY FEES & DEADLINES:

On-Time Registration: Must be completed by November 7, 2019 at 10:00pm CST

Only Online Entries AND Payments will be Accepted. Please visit athletic.net to enter

  Individual Entries: $10.00 per athlete.
  Team Entries: No charge

DIRECTIONS & PARKING: Athletic Performance Ranch
1590 Ranch to Market Rd 2871, Fort Worth, TX  76126 by GPS
Parking is free
valid 2019 USATF Membership and Proof of Birth is required for participation. Before registration, please ensure that the membership chair has received (via email or fax) a copy of the athlete’s Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver’s license or U.S. government identification). See Rule 300.1 (i) for further explanation.

MEMBERSHIP CHAIR: Lesia Dunn Fax: 214-465-2561
For questions regarding membership, contact at: lesia.dunn@gmail.com 214-331-6317 or Toni Nichols tnichols70@sbcglobal.net or 214-803-9633

RULE 306 3 a-f Cross Country qualifying procedure – Paraphrased to fit our situation – Region 12 chose as follows:

Where an association holds preliminary meets, these will serve as qualifiers for its Championships; Association Championships are qualifiers for Regional Championships and the Regionals are the Nationals.

(a) It is suggested that 30 individuals and five teams from Association meets to Regional meets.

(b) Teams must represent current USATF clubs; and athletes representing clubs must be registered members of said clubs prior to participation in their Association Championships. These numbers may be adjusted by the Association Chair and Region Coordinator respectively for the purpose of accommodating their local situation.

(c) All members of the same club listed on the team declaration roster at the Association finals are eligible to compete on the club’s team (minimum of 5, maximum of 8) in the next round of qualifications up to and including the National Championships a long as the team qualifies. In order to declare a team, a club must enter a minimum of 5 and a maximum of 8 athletes by the entry deadline. The composition of the team at each round can change you submit a change form at the registration at packet pickup at least 2 hours prior to the race and any athlete changed must be listed on the declaration roster.

(d) Advancement to the National Junior Olympic Cross Country Championships shall be by Association to Regional to National Junior Olympic Championships, except a region, for good cause and by a majority vote of the Associations in the region, may provide for advancement directly from the Association to the National Championship. Qualifiers for the National Championship shall be as follows: 1) Region: The top 30 individuals by age division and the top 5 scoring teams; 2) Association: The top 15 individual by age division and the top scoring teams.

(e) The number of qualifiers from Regional meets is fixed and no alternates may advance. Individuals finishing in the top 30 places and who are also members of the qualifying teams are not displaced so that additional finishers beyond thirtieth, (30th) may not advance. Any team may advance if it has five or more individuals placing in the top 30 in the Regional meet. No team finishing beyond fifth place may advance based solely upon any of the first five teams’ choosing not to advance. Meaning NO Move Ups.

(f) Athletes who compete in their high school or collegiate championship series may be advanced into their Regional if their Association meet date conflicts with their school competition. Conflict means both meets are held within 48 hours of the other. A team may also be advanced provided that all alternates listed on the declaration Roster were also in conflict with the school competition; therefore, not having a minimum of 5 athletes to participate. This Roster must have been submitted by the Registration Deadline of the Association meet and no additional names can be added. The final decisions on the granting of this waiver will be made by the Regional coordinator. This information can be found in the 2019 USATF Competition Rule Book, Junior Olympics Program, Rule 306 3 Cross Country qualifying procedures: A-F, pages 173 and 174.