



Los Ranchos *Village* Vision

June 2015



About the sale:

"Tim has helped us buy and sell property. He and Lorraine staged, photographed, priced, listed, marketed, showed and sold our home when there had not been a comparable sale in the area for many months longer. The buyers then decided to list their home with Tim and his team!" **SELLERS - Gary & Terri**

Listed & Sold



Tim Tourville / 604-8468



4609 LOS POBLANOS CIR NW

*First home Sold over \$900,000 in the Village since August 2014**

About the sale:

"We met Tim and Lorraine Tourville when we called to view the home that eventually became ours. They were so personable, helpful and gave us all the time we needed to make our decision. We haven't moved in 21 years and the process was so slick and they were so prompt that we were able to close quickly and we were so impressed our current home is now listed with them.

We couldn't have asked for better service or kinder people. Both important characteristics." **BUYERS - Joe & Nancy**



LEGACY
292-8900

*information taken from GAAR MLS



Mayor's Report

by Larry Abraham

Establishing a 'Sense of Place' and Pride for the Village

Thank you to all our residents and business owners who participated in the planning meetings and focus groups for our Fourth Street Revitalization and Redesign Project. I would especially like to thank the Planning and Zoning Commissioners and the Trustees for voting to approve continuation of the project onto the next phase. Their recognition of the importance of the revitalization of Fourth Street speaks to the commitment to the project expressed at every level of the Village.

The ultimate goal is to provide Los Ranchos residents and businesses with a core live, work and play environment to boost our local economy and sustain a vibrant corridor with sidewalks, landscaping, pocket parks and sense of Los Ranchos' unique history and culture.

In short, this economic development project will ultimately provide Los Ranchos residents and businesses with a sense of place for which we all can take pride. In doing so, we hope to achieve the following goals:

- Provide our current businesses with a more vibrant and conducive environment to conduct business;
- Make Fourth Street a destination for economic activity;
- Slow down traffic;
- Improve street lighting for safety;
- Make Fourth Street pedestrian friendly with sidewalks and street crossings;
- Create gateways to the Village.

The Village was incorporated in 1958; however, the majority of Fourth Street was not annexed until thirty years later. Previous administrations were forward thinking to annex a commercial district for Los Ranchos. Unfortunately, there was never a plan to integrate the businesses into the community. In fact, up until ten years ago many businesses still used Albuquerque as their address. As we know, it is very hard to form a sense of place, a sense of pride, and a cohesive community when the name of the community is not universally embraced. The good news today is that we are moving past those earlier challenges and have a solid plan for the future development of Fourth Street.

For more than twenty years, our Village has acknowledged that the present design on Fourth Street needs improvement. Discussions about Fourth Street have divided our community and even resulted in costly lawsuits but the end result still remains that something needs to be done. We have not had a consensus on what improvements we need until now.

After a very thorough public involvement process we have united as a community, both business and residential, around a design that will define and sustain Los Ranchos for not only the next couple of years but, most importantly, for the next twenty to thirty years. We are excited by the energy and enthusiasm that surrounds this project. We will keep you posted on our progress. For more information regarding all the discussions to-date, current design proposal, and related items, please visit our website at www.losranchosnm.gov.

Calendar

Planning and Zoning Commission Meetings

Tuesday, June 9, 7:00 p.m.
 Tuesday, July 14, 7:00 p.m.
 Tuesday, August 11, 7:00 p.m.

Board of Trustees Regular Meetings

Wednesday, June 10, 7:00 p.m.
 Wednesday, July 8, 7:00 p.m.
 Wednesday, August 12, 7:00 p.m.

Deadlines: Los Ranchos Vision Magazine

Advertising and Article Submissions Due
 Friday, July 24, September Issue

Growers' and Arts/Crafts Market

Saturday, June 6, 7:00 a.m. – noon
 Saturday, June 13, 7:00 a.m. – noon
 Saturday, June 20, 7:00 a.m. – noon
Old Vehicle Day
 Saturday, June 27, 7:00 a.m. – noon
 Saturday, July 4, 7:00 a.m. – noon
 Saturday, July 11, 7:00 a.m. – 1:00 p.m.
Lavender & Garlic Festival, Extended hours
 Saturday, July 18, 7:00 a.m. – noon
 Saturday, July 25, 7:00 a.m. – noon
Flower Festival
 Saturday, August 1, 7:00 a.m. – noon
 Saturday, August 8, 7:00 a.m. – noon
Peak of Season
 Saturday, August 15, 7:00 a.m. – noon
 Saturday, August 22, 7:00 a.m. – noon
 Saturday, August 29, 7:00 a.m. – noon

Summer Farm Camp 2015

Monday, June 1 – Friday, June 5, 9:00 a.m. – 3:00 p.m.
 Monday, June 8 – Friday, June 12, 9:00 a.m. – 3:00 p.m.
 Monday, June 15 – Friday, June 19, 9:00 a.m. – 3:00 p.m.
 Monday, June 22 – Friday, June 26, 9:00 a.m. – 3:00 p.m.
Los Ranchos Agri-Nature Center
 4920 Rio Grande Blvd. NW

Middle Rio Grande Conservancy District (MRGCD) Election

Tuesday, June 2
 7:00 a.m. - 7:00 p.m. Village Hall

Independence Day

Friday, July 3
 Village Office closed

JUNE

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AUGUST

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23 30	24 31	25	26	27	28	29

Village at-a-Glance

Los Ranchos Growers' Market

The market has many exciting activities scheduled for the month of June. This year looks like it will be a great fruit season, which means lots of variety at the market. As always, you will surely find many colorful vegetables to please your palette and pick up local arts and crafts, which are perfect for gifts, your home and your yard. Listen to our great musicians and enjoy your Saturday mornings at the market. Also remember that the Lavender and Garlic Festival at the Growers' Market is right around the corner on July 11. Visit losranchosgrowersmarket.com for more information.

Bernalillo County Gross Receipts Tax Increase

Bernalillo County has increased their gross receipts tax rate. Due to this county tax rate increase, the Los Ranchos gross receipts tax rate will increase from 7.0625 percent to 7.25 percent effective July 1, 2015.

Waste Management

The residential schedule for trash and recycling in Los Ranchos changed about two months ago. All Village residents now have their trash picked up every Friday with recycling picked up every other Friday. There have been some bumps in the road during this transition and Waste Management has worked to address and resolve these issues. Please check out the article from Waste Management on page 25 for more information or contact them at 892-1200.

Summer Farm Camp

School is out! If you are looking for a program full of fun and learning for your children this summer, look no further. The Los Ranchos Summer Farm Camp welcomes children currently enrolled in K-5 to join us for three remaining one-week themed sessions including: Birds, Bees, and Creepy Crawlies Camp (June 8-12); Lotions & Potions Camp (June 15-19); and Pizza Camp (June 22-26). The camp is \$250 per child. Visit www.losranchosnm.gov for registration information or call 344-6582. Space is limited to 24 children per session.

2015 MRGCD Election Day Polling Locations: June 2, 2015

Any qualified elector may vote on Election Day in person on June 2, 2015, at Village Hall or any of the Election Day voting locations. The polls will open at 7:00 a.m. and close promptly at 7:00 p.m. Visit the website at www.MRGCD.com for a complete list of Election Day polling locations.

June 2015

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Cover photo by Larry Abraham



Kathryn E. Terry

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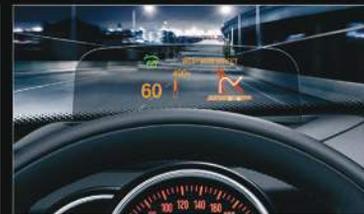


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VILLAGE OFFICE HOURS
M, W, Thur, & F: 8:00 a.m. - 5:00 p.m.
Tues: 9:00 a.m. - 5:00 p.m.

The *Los Ranchos Village Vision* is an official publication of the Village of Los Ranchos de Albuquerque. Its primary mission is to promote the "Spirit of Los Ranchos," while informing Village residents of activities, both public and governmental, currently in progress throughout the Village. It is published eight times per year and distributed free of charge to residents and businesses. Non-residents and other interested parties may subscribe by contacting Los Ranchos Village Hall at 344-6582. Price, including S/H, is \$20.00 per annum.

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ADVERTISING

The deadline for the next issue is printed in the calendar of each issue. Advertisements must be paid at Village Hall before each deadline, and artwork submitted in a print-ready PDF format.

CONTRIBUTIONS

Material of general interest about the Village of Los Ranchos de Albuquerque is encouraged. Please submit all communications to the coordinator. Articles should be sent by Word attachment and photographs are best received in jpeg format or on a CD. Refer to the advertising page in this publication. Please call before submitting material to confirm space and suitability.

The *Los Ranchos Village Vision* takes every precaution to ensure the accuracy of all published works. However, it cannot be held responsible for the opinions expressed or facts supplied herein. Factual inaccuracies brought to the attention of the Village will be corrected, when possible, and in a timely manner. If you wish to notify us of an error, you may contact us at 344-6582 or email us at info@losranchosnm.gov.

Visit us on the Web

The Village Growers' Market | losranchosnm.gov
losranchosgrowersmarket.com

@LosRanchosNM, Official Page

@LosRanchosNM, Official page
@LosRanchosNM_EM, Emergency Manager

Pinterest - LosRanchosNM

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Fire Corner

by Staffing Division Chief Greg Perez,
Bernalillo County Fire Department

Heat Stroke Can be Deadly

As you read this issue of the Village Vision, you are hopefully doing so in a nice cool environment. We are fast approaching the hot summer months and we need to be cautious. Heat related injuries are dangerous and can lead to sudden and unexpected death.

To prevent you or your loved ones from becoming a victim of the heat, please consider the following when outdoors enjoying the beauty of the Village.

How can heat stroke be prevented?

The most important measures are to avoid becoming dehydrated and to avoiding vigorous physical activities in hot and humid weather. You can measure your level of hydration by the color of your urine, the less color the better.

Drink plenty of fluids, but avoid alcohol and caffeine, which may lead to dehydration. Your body will need replenishment of electrolytes such as sodium, as well as fluids if you sweat excessively or perform vigorous activity in the sunlight for prolonged periods.

Take frequent breaks to hydrate yourself. Wear hats and light-colored, lightweight, loose clothing. Apply plenty of sunscreen.

Signs and symptoms of heat stroke/exhaustion

Heat stroke/exhaustion is a serious emergency and should be taken care of immediately. If you have one or more of the following symptoms and have been exposed to the sun, seek immediate medical attention:

- High body temperature and the absence of sweating, with hot red or flushed dry skin,
- Rapid pulse and difficulty breathing,
- Strange behavior or hallucinations
- Confusion, agitation and possible disorientation,
- Seizure, nausea, vomiting, fatigue, weakness, headache,
- Muscle cramps, aches, and dizziness.

How do you treat a heat stroke victim?

- Victims of heat stroke must receive immediate treatment to avoid



permanent organ damage. First and foremost, cool the victim.

- Get the victim to a shady area, remove clothing, apply cool or tepid water to the skin, fan the victim to promote evaporation, and place ice packs under armpits and groins to reduce body temperature.
- Monitor body temperature with a thermometer and continue cooling efforts until the body temperature drops to 101-102°F.
- Always notify emergency services (911) immediately. If their arrival is delayed, they can give you further instructions for treatment of the victim.

See page 35 to read more on how heat stroke affects children and pets.



Linda Boyes

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Ditch Writer

An Agri-highlights Column
by Sue Brawley and Lorilee McDowell

Greater Variety of Produce at June Market

In June, the market tables will have a greater variety of locally grown produce, and the start of the fruit season. Fruit choices may include strawberries, blackberries, peaches, apricots and plums. At the beginning of June, pick up a variety of tender peas including snow peas, shelling peas, and edible pod. There will be a variety of greens including lettuces, chard, kale, sorrel arugula, spinach, and micro greens. Different types of basil will be available for pesto, stir-fry and salad uses. Beets, carrots, cucumbers, broccoli, salad turnips will join the first of the beans,

and perhaps early summer squash. Garlic, green garlic, shallots and green shallots will make their appearances. You will find a variety of plant starters, as well as color spots for your garden. Fresh bouquets with various flowers also will be available. Enjoy the music while picking up local arts and crafts, as well as locally produced foods such as cheeses, breads, pastries, jams and jellies, chocolates, and more.

On June 20, in honor of Father's Day weekend, Old Vehicle Day will feature a display of old vehicles by Poco Quatros Model A Club. Additional special market

events can be found on the calendar on page two.

Check out the growers' market website for more information about what local produce and products will be at the market. Also visit Los Ranchos Growers' Market on Facebook for local product information.

www.losranchosgrowersmarket.com



From Market to Your Table

by Lorilee McDowell

Spinach

Spinach is lovely, versatile and can be fresh from the market. Here is an easy dish that goes with many entrees. You may use fresh or frozen spinach. If frozen, be sure the moisture is completely drained. Use a large bunch of fresh spinach or one-two boxes of frozen spinach, stems removed, washed thoroughly, steamed, and chopped. Soften one three ounce package of cream cheese to room temperature. Beat the cream cheese and mix thoroughly in a bowl with the chopped spinach, season with salt, freshly ground pepper, and a couple grinds of nutmeg. Pour the



mixture into a buttered baking dish, and sprinkle over the top with French fried onion rings, or crumbled crispy fried bacon. Bake in a 325° oven until bubbling. Pare this with grilled pork chops and French-fried sweet potatoes. Peel sweet potatoes, cut in ¼ inch strips, toss with olive oil and season with salt and pepper. Bake on a cookie sheet until tender and crisp.

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Water Conservation

by Brad Day

Water Conservation Strategies: Landscape Planning and Design

When we look at ways to reduce groundwater used in our landscapes, it can be tempting to convert our vegetation to a few of the most xeric of plants, apply a layer of impermeable plastic, cover it with gravel, and plant the victory flag for reducing our water use. Many times we take this approach while leaving our favorite established trees in place, not considering that they will slowly die in the dry soil and increased surrounding heat that is a part of this new landscape.

On the other side of the spectrum is the creation of landscapes that exhibit a complete lack of recognition of how precious water is here in our desert. Selection of trees, shrubs, and turf in these landscapes, as well as design and maintenance of the landscape itself, is based on anything but practicality regarding water use.

Benefits of greenery in well-designed landscapes include human well-being, wildlife habitat and food, increased property values, improved air quality, lower local temperatures, decreased need for large storm water management infrastructure, and a less polluted Rio Grande. We can do more with all these things. What we need is a balanced approach to capitalize on the well documented environmental,

economic, and social benefits that come with well-tended plants, especially trees in our landscapes, without breaking the bank, taking more time than we wish, or being wasteful of our precious groundwater.

For help with constructing such an approach, it is worth taking a look at the concept of a xeriscape, developed in Colorado in response to water shortage, as a guide. The term xeriscape contains the Greek root-word “xeros,” meaning dry, but does not necessarily refer to a dry, barren landscape. Instead, it refers to a landscape that uses little or no supplemental water. There are seven integrated principles that are a part of xeriscaping that can help guide us in reducing the amount of water a landscape consumes.

Planning and design is the keystone principle upon which the health of the landscape and the use of every other principle relies. Inherent in planning and design is observation of the landscape in question. If you can accurately observe what happens over the seasons in your landscape, you can then work with the natural systems and design a landscape that

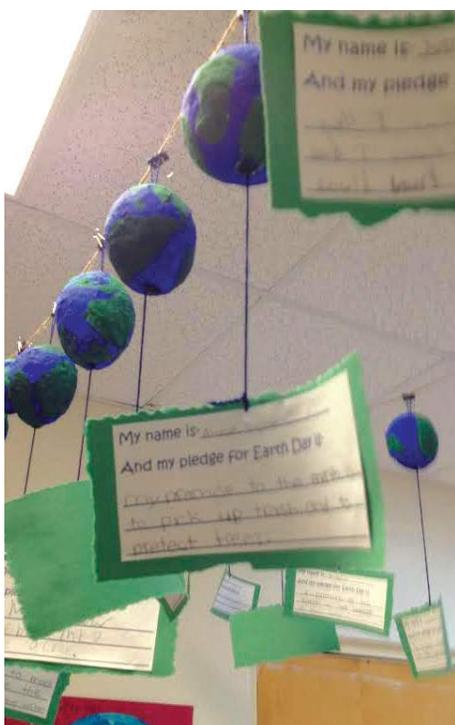
accentuates its inherent qualities that you like or resists undesirable qualities. For example, where does the sun rise and set in the summer and winter in relation to your landscape and the various structures on it? Remember, areas open to the south receive more hot, drying sunlight. You might try and block this sunlight from hitting your house in the summer with a hardy, drought resistant, deciduous tree that will drop its leaves and allow sun to hit your house in the winter. Alternatively, you might choose to utilize the tendency of this south facing area to be dry and hot, planting it with xeric plants that thrive in such conditions. Another generality of regional landscapes is that areas blocked to the west side are often sheltered from winds, as well as harsh afternoon sun. How will this affect your plan for this area of your landscape?

continued on page 35



Local Students Celebrate Earth Day

by Susan Core
Los Ranchos Elementary School PTA



On Thursday, April 23, Los Ranchos Elementary School celebrated Earth Day with a school-wide event. Families were asked to work with their students on a "Recycled Art" project to become part of our school art gallery. Students were very creative using all sorts of different recycled items to make beautiful displays. Families came to the school to listen to the students "make rain," which was led by our librarian, Robin Barber. Families were then provided with "Earth Day Passports." Los Ranchos would like to thank all those who helped make each of our Earth Day stations a success. Gabriela Tafoya, from Keep ABQ Beautiful, taught students about recycling. There was an "Ask a Gardener" booth manned by a member of the Albuquerque Master Gardeners, Doddie Suhr, as well as a member of

the Valley Gardeners, Andy Core. Free seed bombs provided by Plants of the Southwest, as well as free seed packets provided by Osuna Nursery were distributed at the "Ask a Gardener" booth. Dawn and Bob Gouy allowed their Tesla to be shown to students as an example of a fully electric car. Positive Energy Solar came out with their trailer and helped students see a real time application of solar energy while charging a laptop and cell phones. The WEBELOS of Pack 8 brought out their Derby Track and allowed the students to race pine wood derby cars. There was an "Oceans of Books" fair open in the library for students and families to purchase books. The Los Ranchos Parent Teacher Association provided free refreshments to all families that participated in the celebration.

History of Earth Day

Earth Day founder, Senator Gaylord Nelson, is often asked questions about the purpose of Earth Day and how it started. "Actually, the idea for Earth Day evolved over a period of seven years starting in 1962." Bringing the idea of putting the environment first, Nelson persuaded President Kennedy to give visibility to the issue by going on a national conservation tour. In 1963, the President began a five-day, eleven-state conservation tour. While the tour did not put the environmental issue on the national political agenda, "...it was the germ of the idea that ultimately flowered into Earth Day," said the senator.

According to earthday.org, Senator Nelson announced a "national teach-in on the environment to the national media and as a result, 20 million Americans took to the streets, parks, and auditoriums to demonstrate for a healthy, sustainable environment in massive coast-to-coast rallies. Thousands of colleges and universities organized protests against the deterioration of the environment. Groups that had been fighting against oil spills, polluting factories and power plants, raw sewage, toxic dumps, pesticides, freeways, the loss of wilderness, and the extinction of wildlife suddenly realized they shared common values.

"Earth Day achieved a rare political alignment, enlisting support from Republicans and Democrats, rich and poor, city slickers and farmers, tycoons and labor leaders. The first Earth Day led to the creation of the United States Environmental Protection Agency and the passage of the Clean Air, Clean Water, and Endangered Species Acts. "It was a gamble," Gaylord recalled, "but it worked." Today, Earth Day is celebrated in more than 192 countries around the world.





This property is in the Village of Los Ranchos CRS-1 #02-200

PERMIT

NUMBER _____

ADDRESS _____

This Property is located in the Village of Los Ranchos de Albuquerque and all Village ordinances apply to this property.

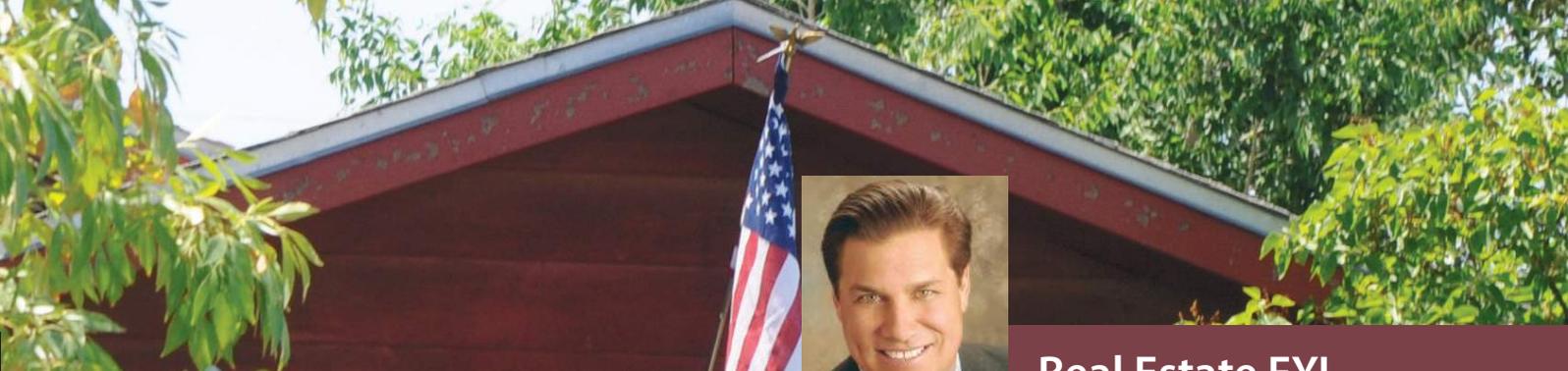
Gross receipts must be reported to 02-200 or subject to maximum penalty under the law.

ORDINANCE NUMBER 196 10-12-2005

ACTIVE

ADDRESS	MLS#	LIST PRICE	LOT	SF	BR	BA	G	AGENT	COMPANY	PHONE
6722 Rio Grande	816157	\$765,000.00	1.3	VACANT LAND				Steve Maestas	Maestas & Ward Comm. RE	(505) 878-0001
7530 Rio Grande	829313	\$499,000.00	2.23	VACANT LAND				Thomas Schroeder	Rafter S Realty	(505) 934-2118
8710 Rio Grande	839031	\$499,000.00	1.43	VACANT LAND				Thomas Schmidt	Homes in Transition, Inc	(505) 503-8056
7321 Fourth Street	832921	\$399,000.00	0.51	VACANT LAND				Patricia Wolfe	Keller Williams Realty	(505) 271-8200
7319 Fourth Street	832922	\$399,000.00	0.96	VACANT LAND				Patricia Wolfe	Keller Williams Realty	(505) 271-8200
1019 Chavez	821758	\$375,000.00	0.52	VACANT LAND				David Montgomery	RogerCox&Assoc RE Brkg. LLC	(505) 268-2800
585 Alma Encantada	832133	\$325,000.00	1.55	VACANT LAND				Susan Nelson Anderson	Coldwell Banker Legacy	(505) 828-1000
6767 Fourth Street	827559	\$325,000.00	1	VACANT LAND				James Shull	ABQ Properties LLC	(505) 717-3002
6401 Fourth Street	827553	\$275,000.00	0.93	VACANT LAND				James Shull	ABQ Properties LLC	(505) 717-3002
915 La Senda	830741	\$249,000.00	0.72	VACANT LAND				Mark Thompson	Cauwels & Stuve Realty & Dev.	(505) 266-5711
900 Devon	816570	\$225,000.00	1.4	VACANT LAND				Robert Prewitt	Prewitt & Associates Inc.	(505) 821-2211
795 Ranchitos	807167	\$200,000.00	1.12	VACANT LAND				Frank Andreone	Coldwell Banker Legacy	(505) 828-1000
324 Nuevo Hacienda	829404	\$144,900.00	0.32	VACANT LAND				Lisa Hebenstreit	Lisa Hebenstreit Realty, LLC	(505) 242-2272
1115 El Pueblo	806216	\$134,900.00	0.29	VACANT LAND				Joi Banks-Schmidt	Coldwell Banker Legacy	(505) 293-3700
6636 Elwood	834382	\$200,000.00	0.4	2815	5	4	0	Carlos Martinez	Keller Williams Realty	(505) 897-1100
7412 Rio Grande	834960	\$3,150,000.00	3.81	6400	5	6	6	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
6828 Rio Grande	816934	\$2,590,000.00	3.67	8045	6	7	11	Lynn Johnson	Keller Williams Realty	(505) 897-1100
1124 Roadrunner	822108	\$2,500,000.00	3.38	7424	5	7	5	Whitney Foltz	Coldwell Banker Legacy	(505) 292-8900
4701 Rio Grande	836574	\$2,195,000.00	3.06	8234	5	6	4	Michelle Smith	Coldwell Banker Legacy	(505) 828-1000
6844 Rio Grande	837252	\$1,990,000.00	1.37	6463	4	6	4	Mike Haley	Coldwell Banker Legacy	(505) 293-3700
970 Bonita Rosas	835711	\$1,350,000.00	1.13	4937	4	5	4	Bill Chreist	Sunn Quality Homes, LLC	(505) 350-7089
4611 Rio Grande	838891	\$1,298,000.00	2.98	3755	4	4	3	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
1608 Narcisa	822167	\$1,295,000.00	2	5129	4	6	3	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
6905 Guadalupe	835754	\$1,295,000.00	2.03	5204	4	5	5	Terri Sauer Beach	Coldwell Banker Legacy	(505) 292-8900
1122 Green Valley	832476	\$1,230,000.00	1.01	4667	5	3	4	Timothy Tourville	Coldwell Banker Legacy	(505) 292-8900
4601 Rio Grande	836793	\$1,175,000.00	2.81	3502	3	4	1	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
5813 Guadalupe	820683	\$1,125,000.00	1.02	4769	4	3	3	Alicia Feil	Coldwell Banker Legacy	(505) 293-3700
7012 Guadalupe	831571	\$989,000.00	1	4180	3	4	3	Marsha Adams	Coldwell Banker Legacy	(505) 293-3700
912 Salamanca	835671	\$985,000.00	0.61	4046	5	4	2	Nancy Mead	Keller Williams Realty	(505) 271-8200
8541 Rio Grande	836355	\$950,000.00	1	5248	5	5	5	Katie Strosnider	Keller Williams Realty	(505) 271-8200
6821 Rio Grande	819136	\$875,000.00	1.98	3544	4	4	1	Cheryl Marlow	Keller Williams Realty	(505) 897-1100
8501 Rio Grande	831238	\$850,000.00	1	5182	4	4	7	Richard Jackson	Coldwell Banker Legacy	(505) 293-3700
6405 Ave La Cuchilla	836302	\$849,950.00	0.77	3440	4	3	3	Delese Dellios	Keller Williams Realty	(505) 271-8200
1004 Acequia	835270	\$825,000.00	0.51	3766	3	4	3	Veronica Gonzales	Keller Williams Realty	(505) 271-8200
1001 El Alhambra	823332	\$789,900.00	0.84	5548	6	6	2	Jan DeMay	Coldwell Banker Legacy	(505) 293-3700
333 Rancho	837807	\$750,000.00	1.41	3768	4	5	3	Doni Lazar	Ida Kelly Realtors	(505) 888-1000
801 Ranchitos	833721	\$750,000.00	1	2501	3	2	2	W Jim Kearns	Western Heritage Realty	(505) 892-9794
916 El Pueblo	837150	\$700,000.00	1.14	5029	3	5	3	John Lopez	Coldwell Banker Legacy	(505) 292-8900
1924 Ave Las Campas	828691	\$699,900.00	0.77	3516	4	3	2	Bridget Hazen	Nest Realty	(505) 977-4719
6769 Guadalupe	838784	\$670,000.00	1.6	3000	5	4	4	Mike Novak	Re/Max Masters	(505) 883-8979
4072 Dietz Farm	838655	\$667,000.00	0.75	2925	3	3	2	Susan Feil	Coldwell Banker Legacy	(505) 293-3700
827 El Alhambra	811689	\$650,000.00	0.94	3444	4	3	2	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
224 Nico	838006	\$549,900.00	0.24	2700	3	3	2	Karsten Associates	Keller Williams Realty	(505) 897-1100
1723 Dietz	809862	\$499,000.00	0.49	3765	3	3	2	Marsha Adams	Coldwell Banker Legacy	(505) 293-3700
500 Ranchitos	834606	\$475,000.00	0.62	2788	3	3	2	Maria Pumilia	Keller Williams Realty	(505) 271-8200
5708 El Prado	838380	\$475,000.00	0.67	2873	4	3	2	Beverly Hilton	Keller Williams Realty	(505) 271-8200
437 El Llano	831626	\$469,000.00	0.5	3000	4	3	2	Cindy Chavez	Berkshire Hathaway Home Svc	(505) 798-6300
401 Ramsey	835345	\$425,000.00	0.45	2543	4	3	3	Franz Redl	R & R Real Estate Partners LLC	(505) 225-3570
1019 Chavez	814823	\$375,000.00	0.52	1514	2	1	2	David Montgomery	RogerCox&Assoc RE Brkg. LLC	(505) 268-2800
309 La Chamisal	836782	\$350,000.00	0.19	1805	4	2	2	Carol Sauder	Coldwell Banker Legacy	(505) 898-2700
336 Nara Visa	832535	\$319,000.00	0.34	1983	3	2	4	Sari Krolik	The Ingles/Company Realtors	(505) 828-1366
500 El Paraiso	832669	\$290,000.00	0.51	2537	3	4	6	Mary Spensley	Coldwell Banker Legacy	(505) 898-2700
7934 Fourth Street	831202	\$275,000.00	0.67	2250	5	3	0	Mark Thompson	Cauwels & Stuve Realty & Dev	(505) 266-5711
6601 Las Casitas	838159	\$250,000.00	0.11	1722	3	2	2	Ida Kelly	Ida Kelly Realtors	(505) 888-1000
6612 Las Casitas	832603	\$250,000.00	0.14	1737	3	2	2	The Fairchild Team	Encore Ventures, LLC	(505) 967-4790
347 Tyler	825371	\$230,000.00	0.32	2005	4	2	0	Holly Jones	Keller Williams Realty	(505) 271-8200

The information herein is deemed reliable, but not guaranteed from SWMLS compiled on or before April 27, 2015 by Tim Tourville, Coldwell Banker Legacy 292-8900.



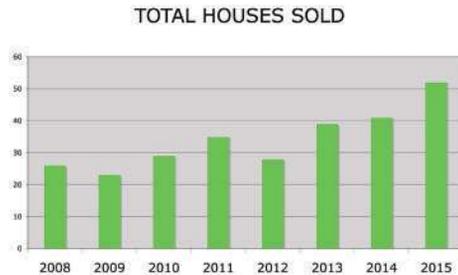
Real Estate FYI

by Tim Tourville, CRS

State of the Village Real Estate Market

It is that time of year again when I share the state of the market for the Village of Los Ranchos. The good news is that over the past 12 months we have seen a 27 percent increase in the number of homes sold. The not so great news is, that we have seen a 15 percent decrease in the average price per square foot, an 18 percent decrease in the average sale price, and a 32 percent decrease in the median sale price. Median being the price at which 50 percent of properties sold are greater and 50 percent are lower. Using averages can skew the numbers by a few high end/low end sales; therefore, the median is typically a more accurate depiction of the market.

In the past it was difficult to get statistics on real estate in the Village as the Southwest Multiple Listing Service did not have a means to search for properties exclusively in the Village. About eight years ago, Mayor Abraham and I approached the Greater Albuquerque Association of Realtors, and the collaboration resulted in Los Ranchos de Albuquerque's designation as a city in the SWMLS. It has been my ongoing passion to ensure that listings in the Village are properly identified as Los Ranchos de Albuquerque and

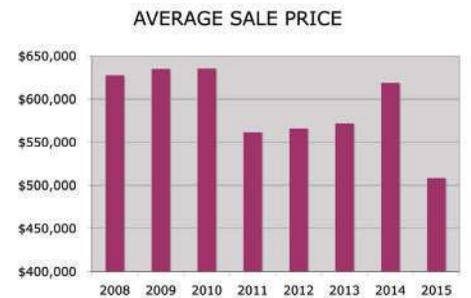
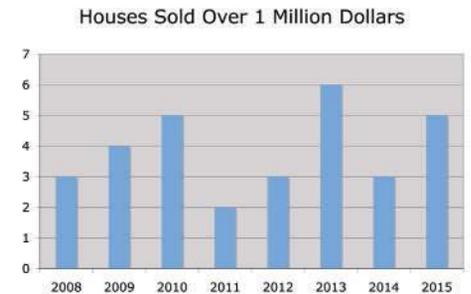


not simply Albuquerque. If you list a property in the Village, please make sure your realtor enters it correctly.

It is exciting to know that we now have an ongoing database for homes sales "exclusively" in the Village. Although in the last year GAAR changed the way Los Ranchos was identified in the MLS, now the Mayor and I are trying to get them to change it back. I hope you find this information useful, and, as a Village resident and realtor, I am proud to be able to present it to you.

The numbers in these graphs were taken directly from SWMLS, using a fiscal year of March 1 to February 28-29.

Main: 505-292-8900
 Cell: 505-604-8468
 timtourville@comcast.net



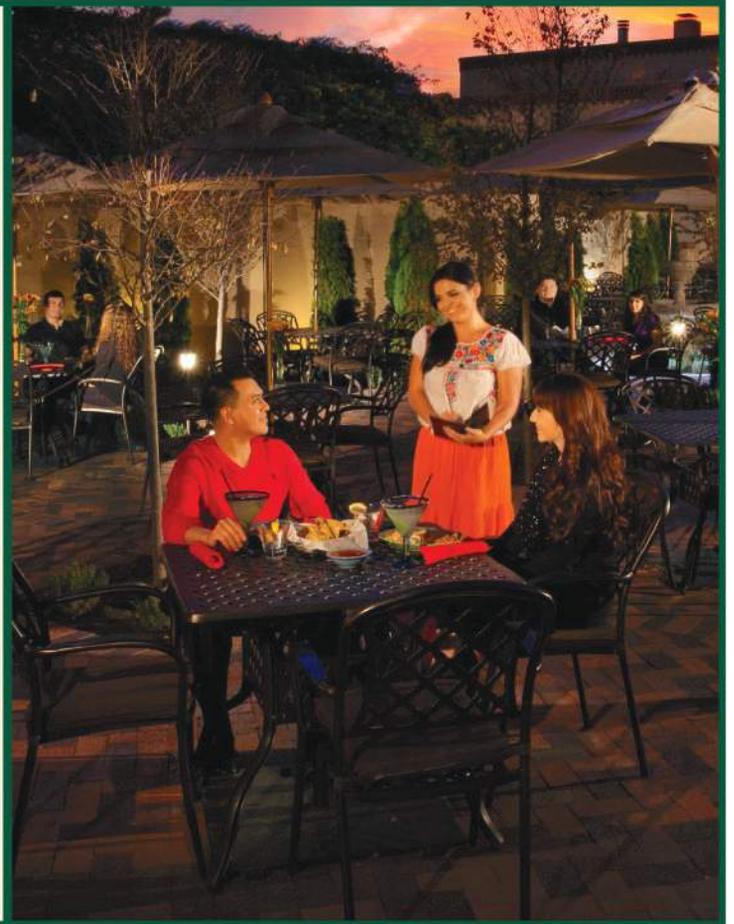
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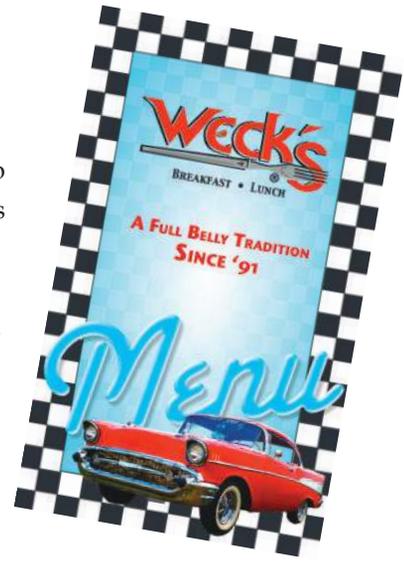
Restaurant of the Month: Weck's

by Jeff Copeland

Weck's has arrived in the Village. Weck's is famous for its fast, friendly, full belly tradition for breakfast and lunch. Now, Village residents can get that treat right in their own neighborhood. Located on Fourth Street, south of the Fire Department, Weck's will be churning out family favorites seven days a week. Since 1991, Weck's has become many

a family's favorite and a great place to have a low-key lunch meeting that is sure to satisfy.

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Color Our World with Pride

by PJ Sedillo

June is the time when different communities come together to celebrate GLBT (Gay, Lesbian, Bisexual, Transgender) Pride. Parades, picnics, marches, rallies all honor the Stonewall Riots, an event that took place in New York forty-six years ago.

The Stonewall Riots were a series of spontaneous, violent demonstrations against a police raid that took place in the early morning hours of June 28, 1969, at the Stonewall Inn in the Greenwich Village neighborhood of New York City. The riots are frequently cited as the first instance in American history when people in the homosexual community fought back against a government-sponsored system that persecuted sexual minorities. The Stonewall Riots have become the defining event that marked the start of the Gay Rights Movement in the United States and around the world. In the beautiful

Los Ranchos de Albuquerque, Los Ranchos Pride, too, will be celebrating and honoring the Stonewall Riots with our community Fifth Annual Los Ranchos Pride. The event is going to be at Hartnett Park (Corner of Chavez Rd. and Rio Grande) on Sunday, June 7, 2015, from 10:00 a.m. to 5:00 p.m. Los Ranchos Pride will be using the International Pride Theme "Color Our World with Pride" as a mantra to bring our community together to celebrate our diversity.

A church service sponsored by Metropolitan Community Church of Albuquerque will begin at the Alfredo Garcia Community Barn in Los Ranchos located at 6718 Rio Grande Boulevard NW, starting at 10:00 a.m. This all inclusive church service is something not to be missed. The rest of the festivities will start at 11:00 a.m. Bring a picnic lunch or buy something

from the wonderful food vendors at the event. There will be booths, a car show, and entertainment, games, and dunk tank. This event is free and open to the public.

Last year the games and relays were a hit. This year there will be a "twist" with the water balloon relays, potato sack races and ring toss. Awards will be given. Also, new this year will be Drag Queen Bingo. Finally, the tamale eating contest, a great hit from last year, will be continued. This contest is a real treat, whether one is participating or watching. Bring a tent and then decorate. These tents will be judged, and awards will be given based on the best display of Pride.

If you are interested in getting a booth, sponsoring the event or needing information, please visit sinatradevine.org or call PJ Sedillo at 505 856-0871. See you June 7, 2015! Happy Pride!



Casa Rondeña Offers Two New Wines

by Lorilee McDowell

Los Ranchos Master Vintner, John Calvin presents two new wines: Shining River and Precious Land, created by a group of the best-known restaurateurs and wine experts, using the Casa Rondeña wines.



Photo credit: Melinda Brown

There is always a new idea brewing in the mind of master vintner, John Calvin. Chosen in 2014, and for the past four years, as Best Vintner, and owner of the Best Winery, incorporating the Best Local Secret, The 1629 Club, Mr. Calvin is now ready to present two brand new wines, each created by a group of the best-known local restaurateurs and wine experts, who gathered in the winery itself in mid-February, and used the Calvin wines and their own

expertise to create two new flavor blends. The results of the 'blending party' are a white wine named Shining River, a blend of the Casa Rondeña Viognier and Chardonnay; and a red wine named Precious Land, a blend of 50 percent Cabernet Sauvignon, thirteen percent Cabernet Franc, 20 percent Merlot, nine percent Tempranillo, and eight percent Syrah. The labels for each wine have been specially designed.

But there is more to this creation,

these new wines are a tribute to the late Village archeologist, Kit Sargeant, and named to honor the book, co-authored by Sargeant and Mary Davis, *Shining River, Precious Land*. Davis initially spent years surveying the fields of Los Ranchos, marking spots where she found some indication of historic activity. She recorded her findings, and brought visiting archeologists to view them. The book is the result of this work.

According to Arnold Sargeant, the title came from the Montoya family, which goes back possibly as far as the historic Camino Real. How appropriate, then, to honor residents of our Village with two wines named for its history.

In charge of organizing this whole process is David Jason Taylor, General Manager of Casa Rondeña. Taylor chose to call the North Valley his home three years ago following years travelling in and around New Mexico. During his first two years in the state, he worked out of Atlanta at the corporate headquarters of a major Fortune 500 company, whose west coast marketing he managed with a background in the arts and design, Casa Rondeña was the perfect fit for both his creative and business interests.

Casa Rondeña's new wines will be on display at The Los Ranchos de Albuquerque Festival at the winery in September.

Photo credit: KOBTV



New Mexico Winemaking

Winemaking is an industry with deep historical roots in New Mexico. The 1880 census indicated that New Mexicans had 3,150 acres of grape vines, almost double the figures shown in that year for New York state. Wine was such a popular beverage that by 1884 New Mexico was fifth in the nation in its production, with almost one million gallons produced annually. Through the 1800s, wine exports were second only to wool and mutton in the state's economy, according to a feature on Calvin by local resident Bill Hume. "In 1880, New Mexico produced about 16,000 gallons of wine – about what Casa Rondeña produces today," according to John Calvin. "By 1885, it had jumped to 980,000 gallons, then it stopped entirely during prohibition."

Calvin has worked since he established the winery in 1995 to develop wines that could compare to the best in the world. Casa Rondeña, located at 733 Chavez Road NW in Los Ranchos, is not a large winery by national standards. "We produce about 6,500 to 7,000 cases a year," Calvin said. "We make three whites and about five red—both pure varietals and blends—from the ten types of grapes in our vineyards."

Calvin's rich career and experience paths show in the grounds of Casa Rondeña. A visitor could easily imagine they have been transported to wine country in Europe by the graceful clay tile-roofed buildings, arched breeze-ways and elegant gardens.

The *Los Ranchos Vision* profiled John Calvin in the June 2012 issue. Back issues are available online.



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Finance

by Clarissa Krinsky
Evelyn Carter, CFP®, CIMA®
Carter Krinsky Investment Management

Education Savings

Spring is a time for graduations and the wrapping up of another school year. Thus, it is a great time to start considering the options and strategies for education savings for children, grandchildren, or special friends and family members.

There are many education saving vehicles and the most commonly used now are the popular 529 plans. These plans offer a myriad of financial benefits, such as potential tax deductions and tax free growth and distributions when used for qualified education expenses. These details are laid out in detail in many excellent resources. If you are considering a 529 plan, please consult with a financial professional to ensure you select the most appropriate plan and investment options.

However, successful education savings plans also involve consideration of more than contribution limits and tax consequences. The first and most important element is for you and your family to talk about the true expectations for a college education. In order to accurately set your savings goals, it has to be clear

what the family values are around undergraduate education and what will be expected of the children. For many families, attendance at a state university is absolutely essential. With undergraduate student loans commonly in the headlines, there is a lot of debate about whether the more you spend on an education is directly linked to the more you get from the education. In addition, families may expect children to remain in state for the proximity to family and other resources.

Other families may decide that the “sky is the limit” on education. For these families, very realistic expectations should be set around what the cost estimates for private education in the years ahead will be and what the monthly or annual savings goals should be to fund this education. The projected four-year cost of a private university in 18 years, for tuition and fees alone, is \$323,900; and monthly savings goals may be as high as \$500 to \$1000 a month.

Families have expressed many other concerns about education savings. We all think our children are simply the

best and will likely have scholarships. Luckily, 529 plans allow you to waive penalties for withdrawal when children have scholarships. Another commonly expressed sentiment from clients has been that they expect their children to work through school and do not want to have too much saved.

If that is the case, education savings plans can be designed to cover a percentage of the projected costs. You can then have conversations with your child, as they get closer to college-age, about how to use the money invested to supplement their income or financial contributions. The key here is to avoid relying on student loans too heavily, as they can burden students with payments and debt at a critical time in their financial development. If loans do become a part of the picture, be sure you investigate the available loan repayment programs as they are gaining steam with politicians and are becoming much more user-friendly to recent graduates.

This article was written for Wells Fargo Advisors and provided courtesy of Clarissa Krinsky, Financial Advisor in Albuquerque, NM at 505-554-3792. Wells Fargo Advisors Financial Network, LLC, Member SIPC, is a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Company. Investment products and services are offered through Wells Fargo Advisors Financial Network, LLC (WFAFN), Member SIPC. Carter Krinsky Investment Management is a separate entity from WFAFN. Investments in securities and insurance products are: NOT FDIC-INSURED/NOT BANKGUARANTEED/MAY LOSE VALUE. Past performance is not a guarantee of future results. Investment products and services are offered through Wells Fargo Advisors Financial Network, LLC (WFAFN), Member SIPC, a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Company. Carter Krinsky Investment Management is a separate entity from WFAFN.

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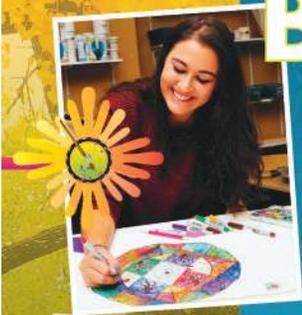
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grades 1-12

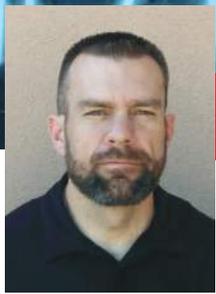
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Fitness/Health Column

by Dustin Melville

Free Weights Versus Machines: Which Will Work Best For You?

It is the long debated argument in gyms all across the country. Are exercises performed mostly with free weights more effective for overall conditioning and weight loss or is a program based primarily on machines just as effective? While there really is no clear cut answer, we can weigh the pros and cons of each in order to determine what might be most advantageous to utilize during your workouts.

Free weight movements typically require more coordination, effort, and muscular endurance to complete. This is a very good characteristic especially when we are talking about burning the most calories in the least amount of time. Since there are so many options in regards to exercise selection, we can definitely fatigue the muscle effectively. Many free weight exercises, such as dumbbell walking lunges, dead lifts, and overhead presses, mimic everyday functional movements. These exercises fatigue multiple body parts while also training the muscles involved in normal daily

activities. Since these exercises also have a higher metabolic impact, there is the potential to burn more calories in a shorter period of time. All of these factors make free weight movements a solid choice for weight loss and overall conditioning. The downside to free weight movements for some people is their complexity. Beginners sometimes have difficulty with exercises that require muscular balance and coordination. Also, free weight exercises typically lead to more potential for injury as many exercisers will add too much weight too quickly, or try to perform explosive movements with improper form.

Machine-based exercises seem to be the safest, most effective way to simultaneously complete a movement and fatigue the muscle. Often this is a great way for a beginner to completely isolate the muscle being trained while also learning the basic movement and function. For the experienced lifter, machine-based exercises may be used to complete the muscle fatigue process after finishing

a heavier free weight exercise or by performing higher repetition sets at the end of a workout. The downside to machine-only exercises is the fixed range of motion during a set, as well as the typical inability to substantially elevate the heart rate. For example, it is obviously more difficult and taxing on the entire body to perform a barbell walking lunge as opposed to a seated leg press. While both exercises work similar muscle groups, only one simultaneously promotes a higher overall heart rate along with full body fatigue.

To get the best results and the maximum benefit from your exercise program, it is always a good idea to select exercises from both groups. Remember, the body is constantly trying to adapt to your workouts, so keep it guessing by always changing what you do in the gym and the results will follow.

*Dustin Melville, Owner
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Powerflex North Valley Club
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505-369-1011
www.powerflexgym.com*

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Board of Trustees Meeting

The next regular meeting
will be held on
Wednesday, June 10, 2015

April 8, 2015

1. CALL TO ORDER

Mayor Abraham called the meeting to order at 7:00 p.m.

A. APPROVAL OF AGENDA

The Board moved approval of the agenda with item 9.B. deferred to the May 13, 2015 Board of Trustee meeting.

2. PUBLIC COMMENT PERIOD

Keith Baird has lived in the Village more than thirty years. He and his family have an interest in the Fourth Street project as his sons own several properties and businesses on Fourth Street.

3. CONSENT AGENDA

There will be no separate discussion of these items. If discussion is desired, that item will be removed from the consent agenda and will be considered separately.

A. MINUTES –MARCH 11, 2015 – REGULAR MEETING

The consent agenda was approved as presented. The motion carried unanimously, 4-0.

4. REPORTS

A. MAYOR'S REPORT

Mayor Abraham reported on the following:

- The Village will be featured in *Trend Magazine*.
- The Village's Easter egg hunt at Hartnett Park was very successful with the help of the Bernalillo County Fire Department and Village staff.
- Working with Sheriff Gonzales to appoint Robin Hopkins as the BCSO liaison for the Village.

B. ADMINISTRATOR'S REPORT

Administrator Ward reported on the following:

- Working with Waste Management on resolving issues with the schedule change for refuse and recycle pick up.

- The Los Ranchos Farm Camp for spring break was very successful, twenty-seven children attended the camp. The Village is gearing up for the summer camps which are four, one-week sessions taking place during June.
- Ethan Epstein, representing John Sparks, is interested in collaborating with the Village and Bernalillo County to create a conservation easement on the front portion of Mr. Sparks property abutting Rio Grande Boulevard.

C. **PLANNER'S REPORT**

Planner McDonough reported on the following:

- Provided an overview of the March business and building permit report.
- Working on the notice of intent to discharge for the Storm Water Permit
- The Planning and Zoning Commission held a special meeting on March 31 to discuss the Fourth Street Revitalization and Redesign Plan, which will be presented later in the evening.

D. **LEGAL REPORT**

Attorney Chappell reported on the following:

- Working with Village staff on revisions to the personnel policy and other changes to ordinances.

5. FINANCIAL BUSINESS

A. **CASH REPORT – MARCH 2015**

The cash report for March 2015 was approved as presented. The motion carried unanimously, 4-0.

B. **DISCUSSION OF PROPOSED INTERIM BUDGET FOR FISCAL YEAR 2015-2016.**

Discussion of the agenda item was held, but approval of the item was not required.

6. PUBLIC HEARINGS AND APPLICATIONS

There are no public hearings.

7. OLD BUSINESS

- A. Discussion and approval to adopt an amendment to the 2013 CODIFIED ORDINANCES OF THE VILLAGE OF LOS RANCHOS DE ALBUQUERQUE CHAPTER 5, ARTICLE 1, SECTION 4, §5.1.4 AMENDMENTS AND EXCEPTIONS TO PROVISIONS OF THE IFC, revising the amount of heated area allowed before an automatic sprinkler system is required.

The Board moved approval to adopt an amendment to the 2013 Codified Ordinance, Chapter 5, Article 1, Section 4, §5.1.4 amendments and exceptions to provisions of the IFC. The motion carried unanimously, 4-0.

- B. Discussion and approval to adopt an amendment to the 2013 CODIFIED ORDINANCES OF THE VILLAGE OF LOS RANCHOS DE ALBUQUERQUE CHAPTER 12, PERSONNEL RULES AND REGULATIONS, ARTICLE 1, SECTION 1 TITLE AND SCOPE §12.1.1, SECTION 2 PERSONNEL PRACTICES §12.1.2, SECTION 3 AUTHORITY FOR ADMINISTRATION §12.1.3, SECTION 4 CLASSIFICATION AND PAY PLAN §12.1.4, SECTION 5 RECRUITMENT AND SELECTION §12.1.5, SECTION 6 DRESS AND APPEARANCE §12.1.6, SECTION 7 CONDITIONS OF EMPLOYMENT-EMPLOYMENT RIGHTS §12.1.7, SECTION 8 POLITICAL PARTICIPATION §12.1.8, SECTION 9 POSITIONS INELIGIBLE FOR OVERTIME AND COMPENSATION ABSENCES §12.1.9, SECTION 10 WORK SAFETY §12.1.10, SECTION 11 PERSONNEL RECORD AND RECORD CHANGES §12.1.11, SECTION 12 EMPLOYMENT PAY AND PERFORMANCE EVALUATIONS §12.1.12, SECTION 13 PROMOTIONS §12.1.13, TRANSFER AND DEMOTIONS, SECTION 14 USE OF DRUGS AND ALCOHOL §12.1.14, SECTION 15 PROBLEM RESOLUTION §12.1.15, SECTION 16 DISCIPLINE §12.1.16, SECTION 17 ADVERSE ACTION AFFECTING EMPLOYMENT STATUS §12.1.17, SECTION

Item deferred to the May 13, 2015 Board of Trustee meeting.

8. NEW BUSINESS

- A. Discussion and approval of final recommendation of the Fourth Street Revitalization and Redesign Plan, authorizing the mayor to proceed with final design and construction.

The Board moved to approve the final recommendation of the Fourth Street Revitalization and Redesign Plan as the master plan, granting authority to the Mayor to proceed with final design and pursue additional request for proposals, if necessary, with the caveat the Board of Trustees will approve the final design plans at sixty-five percent (65 percent) completion. The motion carried unanimously, 4-0.

- B. Discussion and approval of the purchase of property located at 311 Osuna Rd NW, Los Ranchos de Albuquerque NM 87107, authorizing the mayor to execute the purchase of the property.

The Board moved to authorize the mayor to execute a purchase agreement for the purchase of property located at 311 Osuna Road NW, Los Ranchos de Albuquerque, 87107. The motion carried unanimously, 4-0.

- C. Award of RFP# 2015-2-2 for legal services, authorizing the mayor to execute an agreement between the Village of Los Ranchos and Chappell Law Firm, P.A.

The Board moved approval to award RFP# 2015-2-2 for legal services, authorizing the Mayor to execute an agreement between the Village of Los Ranchos and Chappell Law Firm, P.A. The motion carried unanimously, 4-0.

9. TRUSTEES INFORMAL DISCUSSION

Members of the Board discussed various informal topics. No action was taken.

10. ADJOURNMENT

The meeting was adjourned at 10:55 p.m.

* Summary minutes pending final approval from the Board of Trustees.

It is Not Too Late to Register for Farm Camp!

by Julie Hirshfield

There is still time to register for the Village of Los Ranchos Summer Farm Camp at the Los Ranchos Agri-Nature Center located at 4920 Rio Grande Blvd. NW. The camp is for children currently enrolled in grades K-5 and promises a summer of outdoor fun and learning. Three camps, each one week long, remain in the month of June. Campers will experience the connections between growing and eating healthy foods and taking care of our bodies and our land.

Campers will participate in the full process of raising vegetables, herbs, and flowers; from soil preparation, direct seeding, and transplanting, to watering, weeding, harvesting, and of course, cooking and eating the “fruits of their labor!”

They will get down and dirty in vegetable gardens as they explore how a seed turns into a tomato plant and investigate the insects and other pollinators that live amongst the plants and weeds. They will visit with and learn about farm animals, bake in a solar oven, and learn about the North Valley’s unique ecosystem.

Each day will include rest and relaxing with stories after lunch, and we will mix up the afternoons with theme-specific activities, games, cooking, and art. The remaining three camps include:

Birds, Bees, and Creepy Crawlies Camp

\$250.00

Monday, June 8 - Friday, June 12

9:00 a.m. - 3:00 p.m.

In partnership with the University of New Mexico’s Department of Elementary Education, the coolest teachers around will work with Farm Camp edu-

cators to give campers an in-depth knowledge of birds, bees, bats and important garden insects. This collaboration is often a highlight for campers, as it provides a huge variety of fun, hands-on activities and scientific explorations for each child. Campers will be introduced to a variety of bugs and insects, reptiles and birds during this camp. Each day will highlight a different creature and local experts will explain their animal’s ecological importance to the farm. Highlights of the week include observing closed bee hives and local honey tasting and having a one-on-one experience with a Red-tailed Hawk and Burrowing Owl and dissected owl pellets.

Lotions & Potions Camp \$250.00

Monday, June 15 - Friday, June 19

9:00 a.m. - 3:00 p.m.

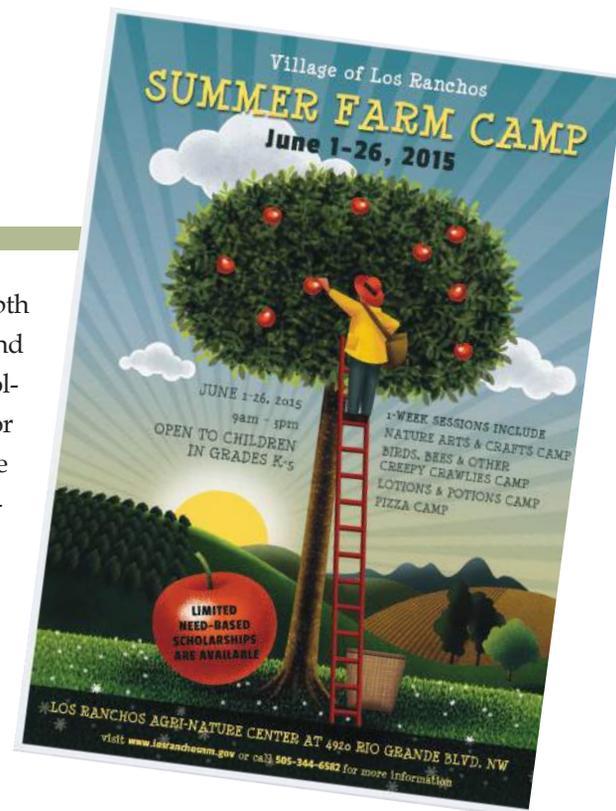
Campers will spend the week learning how natural materials, such as lavender, almond oil, and beeswax can be used to make sweet-smelling lotions, lip balms, sunscreen bars, soaps, face masks, sugar scrubs, perfume and insect repellents. Campers will make an “up-cycled” basket or tote bag to carry home their homemade goodies on the final day of camp. Additionally, on the last day, campers will invite one special someone to receive a “spa treatment” and sample delicious food the campers have made.

Pizza Camp \$250.00

Monday, June 22 - Friday, June 26

9:00 a.m. - 3:00 p.m.

Returning in 2015 is the Farm Camp



favorite – PIZZA CAMP! Campers will learn where each ingredient on a pizza comes from. Campers will learn how to grind wheat for flour, use fresh tomatoes to make pizza sauce and basil to make pesto, harvest herbs and vegetables for toppings and make homemade mozzarella cheese. On the last day of camp, campers will work with a professional pizzaiolo to learn how to toss and bake pizzas from scratch and host a pizza party for their families.

Cost is \$250 per child, per week. A limited amount of need-based financial aid may be available to students that qualify for free or reduced-price lunch.

Email, mail, or drop off your registration in-person at Village Hall, 6718 Rio Grande Blvd. NW. Visit the Village website at losranchosnm.gov and click the “community” tab for detailed information and registration forms. For additional questions, please contact Julie Hirshfield, at jhirshfield@losranchosnm.gov or call Village Hall at 344-6582.

I Found a Baby Bird, Now What?

Baby birds that you think need help, may not. There is a natural maturation schedule for birds. Though it varies by species, at the fledgling stage a baby bird has feathers, its eyes are open and it is able to move away from you.

According to all aviary experts, the best thing to do is leave the bird alone. The parents will find it and continue to take care of it. "Baby birds do not leave the nest knowing how to fly. They initially fall out of the nest, and start clinging to branches or brush. They stay close to the ground for about one to two weeks, and start flying with short hops from branch to branch. The hops gradually get longer, until the bird eventually flies," according to the Audubon Society.

The myth that once a bird is touched by a human, the parent will abandon it is just that—a myth. Most birds have a poor sense of smell, and the parents will not abandon a baby bird touched by humans. So, if you need to remove the bird to a safe area because of an im-

mediate threat, you can do it; however, it is recommended to minimize handling.

If you find a baby bird, "Observe the bird. Before touching the bird or stressing it in any way, watch to see if it can care for itself or if the parent birds are tending to it. Many times when a human spots a baby bird, they fail to see the nearby parents that are ready and willing to feed and protect their offspring. It may take a half hour or longer for parent birds to return to their baby," according to the birding.com. Do not stay in the immediate vicinity of the bird – the parents are probably watching and will not approach if you stay around.

If you find a baby bird with little or no feathers and you know where the nest is return the bird to its nest.

There are many owls that call the Village home. According to the Audubon Society, "Owls are some of the earliest birds to fledge. Young



by Roberta Winchester

Step 1: Keep warm. Place baby in a covered container, with air holes, with a soft cloth that will not snag or has any strings.

Step 2: Do not feed any milk or baby formula. Feeding these can cause severe digestive problems.

Step 3: Injuries, cat or dog attacks. Babies that have injuries or have been around cats or dogs will need special treatment. The baby's best chance of survival is to be taken to a wildlife rehabilitator as soon as possible.

owlets leave the nest and begin exploring nearby branches long before they are able to fly. Sometimes a swift gust of wind or a misstep will bring them to the ground. If you find a young owl on the ground, try placing it on the highest nearby branch you can find. They will frequently make their way back up the tree."

A basic rule of thumb, by observing the bird's behavior, you can tell if it needs your help or not. A bird that is active, should be left alone; however, a bird that is weak and less active, may need the assistance of a wildlife rehabilitator.

Sources: Audubon Society, www.birding.com

Common Songbird Maturation Schedule (varies by species)

Hatchling

Days 0-3: Wisps of natal down on body, eyes closed

Nestling

Day 3: Eyes open

Day 4: Primary feathers pierce skin

Day 6: Nestling responds to alarm call of parent

Day 7: Primary feathers unsheath

Day 10: Bird is alert, stretches wings and legs

Fledgling

Days 13-14: Can flutter and hop from branch to branch, fully feathered, but has short tail and wings, leaves the nest.

Days 14-28: They do not return to the nest, but are still fed by the adults in nearby trees or on the ground if the young have not yet mastered flying.

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Water Conservation Strategies: Landscape Planning and Design

A quality of urban or semi-urban landscapes that can be of great use to us, when included in designing the property, is the amount of impermeable surfaces present on our properties to generate rain runoff for our plants. For every inch of rain that falls on 1,000 square feet of roof or sidewalk, 600 gallons of runoff is created. If you are not designing your landscape to capture and infiltrate this free water into the soil for plants to use, then you are truly missing out on an amazing resource.

The final design that you create can contain a multitude of different zones,

each with their own water requirements. An “oasis zone,” which has the highest water use, would hopefully be an area that is highly accessible and enjoyable for you to spend time in and maintain. Hopefully, it would also be an area that has naturally less evaporation rates than the rest of your property and receives a lot of rain runoff from the roof or streets. Out from the oasis zone might be a transition zone that requires less water and maintenance. Out even further, where you spend less time, might be a low-water use zone where watering is restricted to times of plant establishment and prolonged dry



periods.

A good design up front, based on solid observations of your landscape, will continue to save water, time, money, and energy over very long periods of time, so do not skip this important step.

Information in this article was provided by Graeme Davis, BS, MS, New Mexico State University, Extension Agent.

Heat Stroke: Children and Pets

Heatstroke is the leading cause of non-crash, vehicle-related deaths for children. On average, a child dies every day from heat stroke in a vehicle. According to safekids.org, a child's body temperature can rise up to five times faster than an adults.

Never leave a child in a vehicle alone, even for a minute. To help avoid or prevent heat exhaustion or stroke, teach children to drink plenty of fluids before and during any activity in hot, sunny weather — even if they are not thirsty. Make sure they wear light-colored, loose clothing in warm or hot weather and do not let them participate in heavy activity or sports during the hottest hours of the day.

Pets, as well as children and adults, are at risk of heat stroke, particularly dogs.

According to Murdoch University's Veterinary Hospital Director Dr. Mark Lawrie, heatstroke is one of the most catastrophic, and yet easily prevented, conditions that dogs can suffer. "Owners need to watch for warning signs of heatstroke, such as heavy panting, and act quickly," said Dr. Lawrie.

When a dog overheats, the proteins in their cells start to break down, which can lead to the dog cooking internally.

"Heatstroke can lead to vomiting and diarrhea, bleeding disorders and even brain damage. If the dog survives one episode of heatstroke, it has a higher risk of future episodes as the area of the brain that responds to heat is forever changed."

According to Dr. Lawrie, dogs most at risk of heatstroke include those short-nosed breeds such as bulldogs that have existing airway abnormalities, older dogs that may have structural problems in their larynx, and dogs that have recently moved to hotter climates without having time to adjust.

"Particularly dangerous situations for all dogs include driving in cars if the dog's area of the car is not air-conditioned or cross-ventilated, and exercising in the heat of the day — even if the dog seems to want to run or play.

Dr. Lawrie says, "If your dog collapses, or is breathing strangely or panting excessively, cool it down by hosing or wetting all over. Spend five minutes at home cooling your dog down, then drive to your vet with your windows open or air-conditioning on.

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828-3208

www.aa.edu

withinreach.aa.edu (digital viewbook)

Upcoming Events:

- April 17-18 – Alumni Weekend
- April 18-19 – ReadRecycle Used Book and Media sale
- May 23 – Commencement
- June 1-July 10 – Think Summer Program
- July 13-24 – ThinkIt! Summer Camp

Alvarado Elementary School

1100 Solar Road NW
Albuquerque, NM 87107
344-4412

www.aps.edu/schools/alvarado

Bosque School

4000 Learning Road NW
Albuquerque, NM 87120
898-6388

www.bosqueschool.org

Upcoming Events:

- Ongoing Registration: Bosque Summer Programs (June-August): Sign up for one week or nine weeks-very flexible. Online registration for students in grades 1-12 is open. www.bosqueschool.org
- 2015 Summer Reading Assignments available at Bookworks on Rio Grande: <http://www.bkwrks.com/bosque-school>

Los Ranchos Elementary School

7609 Fourth Street NW
Los Ranchos, NM 87107
898-0794

www.aps.edu/aps/losranchos

North Valley Academy

7939 Fourth Street NW
Los Ranchos, NM 87114
998-0501

www.nvanm.org

Upcoming Events:

Our campus will be quiet until July 1 at which time we will host a summer program for kindergarten through 3rd grade. Please be mindful that the school-zone lights will be activated for the month of July, Monday through Friday, until August 5

- July 11 - Up-Cycle Sale, BOGO Book Fair. Food and fun in the school parking lot.
- August 12 - First day of school

Sandia Preparatory School

532 Osuna Blvd. Rd. NE
Albuquerque, NM 87113
338-3000 phone

338-3099 fax

www.sandiaprep.org

- June 1 – Summer Prep 2015 begins (continues through July 10)
- July 11 - Sandia Prep Alumni Weekend
- August 18 - New Student Orientation
- August 19 - Classes begin

Taft Middle School

620 Schulte Road NW
Los Ranchos, NM 87107
344-4389

www.taftms.org

Upcoming Events:

- August 10 - 6th grade registration 9:00 a.m.-12:00 p.m. 7th grade registration 12:00 p.m. - 3:00 p.m. 8th grade registration, 3:00 p.m. - 6:00 p.m. * current shot records and residence information required
- August 12 – Jump Start Day for 6th grade only, 9:00 a.m. - Noon, Meet in cafeteria
- August 13 - First day of school
- August 26 – Open House, 6:00 p.m. - 7:30 p.m.

Taylor Middle School

8200 Guadalupe Trail NW
Los Ranchos, NM 87114
898-3666 x22154

Upcoming Events:

- May 21 – Celebrate 8 promotion ceremony 9:00 a.m.
- May 21 – Sixth-Seventh Grade honor assembly, 10:30 a.m.
- May 21 – Eighth Grade dance, 3:15 p.m.

Victory Christian School

220 El Pueblo Road NW
Los Ranchos, NM 87114
898-3060

www.vcsabq.org

Upcoming Events:

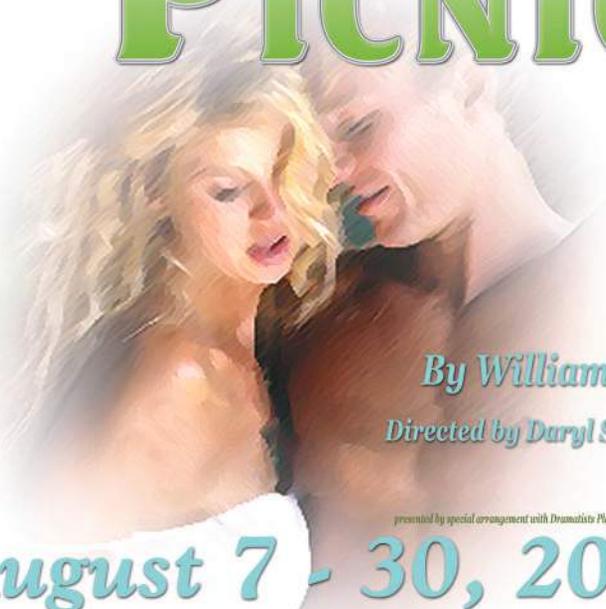
Victory is currently enrolling students for the 2015-2016 school year.

Please call Glenn Frey at 898-3060 for an admissions interview or a tour of the campus.

- August 10 – Secondary Orientation 7:00 p.m.
- August 11 – Elementary Orientation 7:00 p.m.
- August 12 – First Day of Classes
- August 15 – Back to School Picnic 4:30 p.m.
- August 20-21 – Back to School Spiritual Retreat in Jemez Mountains



PICNIC



By William Inge
Directed by Daryl Streeter

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Theater News

by Lorri Layle Oliver, Director



The Sunshine Boys

The aging Al Lewis and Willie Clark, the vaudevillian team known as Lewis and Clark, who over the course of forty-odd years, have not only grown to hate each other, never spoke to each other off-stage throughout the final year of their act.

The stubborn Clark, who was not ready for retirement, resented the wiser Lewis for breaking up the act when he opted to leave show business. Clark has never forgiven Lewis for abandoning the team and Clark has yet to find success since. It is now 1972 and CBS is inviting the team to reunite for a special on the history of comedy, with the pair representing the vaudeville era at its best. Clark is convinced by his nephew, and agent, Ben, to revive one of the old routines one last time.

Much of the humor on stage is derived from efforts to get the two cantankerous actors into the same room for a rehearsal – old resentments

arise. Their shenanigans on the actual broadcast culminate in a disaster of biblical proportions. At the same time some really funny moments happen as they argue about how the set should be or how lines that have been said a thousand times in the past should be said. From the rubble, forgiveness and change emerge for Al and Willie.

This Neil Simon play is written so well that the audience spends little effort at figuring out motives or analyzing the script. The Adobe Theater is proud to have James Cady playing Willie Clark and Philip J. Shortell playing Al Lewis. They have terrific chemistry on and off stage as they are dear friends and talented actors. Other cast members are Jonathan Dunski, Patrick J. Brennan, Haley Morrell, Sandra Williams, and Paul Ingles.

Directed by Oliver, *The Sunshine Boys* is a directing debut. As a voice and acting coach, it is not a huge difference

for Oliver to take the next step into full-production directing.

The Sunshine Boys will run June 19 through June 12. Friday and Saturday performances are at 7:30 p.m., Sunday at 2:00 p.m. Ticket prices are: \$17.00 general, \$15.00 students/senior (62+), group pricing is available (10+ people), with a pay what you will on Thursday, July 2. For additional information about the Adobe please visit www.adobetheater.org or call 505-898-9222.

In Memoriam

John Fegan Howden

John F. Howden was born in El Paso, Texas on August 1, 1941, the third son of Frederick B. and Elizabeth Fegan Howden. He was preceded in death by his parents; his brothers, Frederick B. (Ted) Howden III, and Alfred Howden. John is survived by his loving wife, Olivia L. Howden, whom he married on May 9, 1963; son, Jeremy (wife Karen); daughter Deborah; and grandson, Remy. He has lived in Los Ranchos since 1976.

John was born four months before the Japanese attack on Pearl Harbor. Shortly after his birth, his father, who was the Rector at St. Andrews Episcopal Church in Roswell and Regimental Chaplain with the 200th Coast Artillery, deployed with the New Mexico National Guard to the Philippines. When John was less than two years old, his father, who had survived the Bataan Death March, died in 1942 as a prisoner of war at Davao Penal Colony on the Island of Mindanao in the Philippines.

John moved with his mother and older brother to Albuquerque in 1944 and spent most of his youth in the Albuquerque area. John graduated high school and Junior College at New Mexico Military Institute. He graduated with a Bachelor of Arts from Stanford University in 1964.

John was inspired by the courage and patriotism of his father, and joined the U.S. Army, shortly after graduating from Stanford. He attained the rank of Captain and served one tour of duty in Vietnam. He was



awarded the National Defense Service Medal, Vietnam Service Medal with first Bronze Service Star, Republic of Vietnam Campaign Medal and the Bronze Star.

John began his professional career as a Real Estate Appraiser with Albuquerque Federal Savings and Loan in 1971. He then formed his own Real Estate Appraisal Company, John F. Howden and Associates, Inc. in 1975. He was active in the real estate profession and held numerous professional designations, including MAI and SRPA. He stayed active as a real estate appraiser until earlier this year.

John loved his family, Olivia was his partner for 52 years. They created a life they loved. He was a history buff, loved reading, music and art. He found great peace in fishing the streams of Red River. But the most important part of his life was raising his children. His strength and love came from his quiet faith and we know he is reunited with his family and at peace.



**LET'S MEET
at the
MARKET!**

Los Ranchos Growers' Market
Every Saturday
7:00 am to 12:00 pm
www.losranchosgrowersmarket.com

Help Keep the Rio Grande Clean



Recycle your used auto fluids.

If you are one of the many that still change your own oil and antifreeze, you can recycle those fluids at a number of places in and around the Village. Listed below are the closest locations to the Village. More locations can be found at <http://www.cabq.gov/solidwaste/household-hazardous-waste/household-hazardous-waste#autowaste>.

AutoZone
6626 Fourth St. NW
341-1258

Brown's Auto Service
7702 Fourth St. NW
897-3532

Jiffy Lube
151 Alameda Blvd. NW
897-7841

Jiffy Lube
5701 Fourth St. NW
345-6862

Pep Boys
1624 Alameda Blvd. NW
898-2258

Small amounts of petroleum products can pollute thousands of gallons of water. NEVER pour these products into storm drains or ditches.

Waste Management Service Update

by Waste Management Communications

Thank you for your patience over the past few weeks as we began a major reroute project for the area. It is a huge undertaking and as with most major changes, working out the kinks is a part of the process. We apologize for any inconvenience Los Ranchos residents may have encountered and ask for your patience as we work through temporary service issues that may arise.

The reroute puts us on a better path for continuous improvement, allowing us to provide better service to our communities long-term. By creating more effective routes, we will be able to provide more consistent pick-up times and fewer, shorter delays due to issues such as inclement weather, etc.

To ensure you receive notifications related to your service, please verify that your service address, billing address, email and phone number are accurate in our records. You can update your data or get information about your service by giving us a call at 892-1200.

We value our relationship with the Village of Los Ranchos. Our goal is to provide you with the best service possible.



Bernalillo County Increases Gross Receipts Tax

Consumers and businesses in the Village are reminded that Bernalillo County has increased the gross receipts tax rate. Due to this county tax rate increase, the Los Ranchos gross receipts tax rate will increase from 7.0625 percent to 7.25 percent effective July 1, 2015. Consumers pay the tax on goods and services sold and businesses, depending on their reporting schedule, pay New Mexico gross receipts taxes either monthly, quarterly, annually or semiannually.

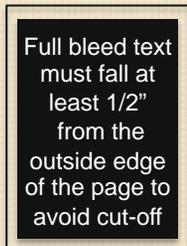
2015 MRGCD Election Day Polling Locations: June 2, 2015

Any qualified elector may vote in the Middle Rio Grande Conservancy District (MRGCD) on Election Day in person on June 2, 2015 at Village Hall or any of the Election Day voting locations. The polls will open at 7:00 a.m. and close promptly at 7:00 p.m. Visit MRGCD.com for a complete list of Election Day polling locations.

Advertising with the Los Ranchos Village Vision Magazine



Full Page



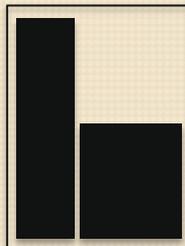
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8.5" (w) x 11.25" (h)

Half Page



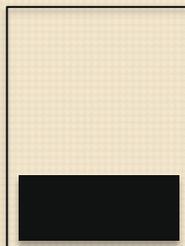
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x 4.875" (h)

1/3 Page



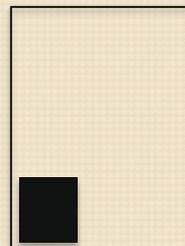
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or
4.875" (w) x 4.875" (h)

1/4 Page



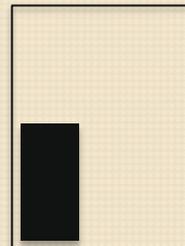
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1/12 Page



2.375" (w)
x 2.375" (h)

1/6 (v) Page



2.375" (w)
x 4.875" (h)

1/6 (h) Page



4.875" (w)
x 2.375" (h)

Los Ranchos Business Rate

Size	1 Issue	3 Issues 10% off	6 Issues 20% off	12 Issues 40% off
Full Page	\$200	\$540	\$960	\$1440
1/2 Page	\$100	\$270	\$480	\$720
1/3 Page	\$80	\$216	\$384	\$576
1/4 Page	\$65	\$175.50	\$312	\$468
1/6 Page	\$45	\$121.50	\$216	\$324
1/12 Page	\$30	\$81	\$144	\$216

Non-Village Business, Village Resident Rate

Size	1 Issue	3 Issues 10% off	6 Issues 20% off	12 Issues 40% off
Full Page	\$250	\$675	\$1200	\$1800
1/2 Page	\$138.50	\$371.25	\$660	\$990
1/3 Page	\$100	\$270	\$480	\$720
1/4 Page	\$81.25	\$219.38	\$390	\$585
1/6 Page	\$56.25	\$151.88	\$270	\$405
1/12 Page	\$37.50	\$101.25	\$180	\$270

Non-Village Business, Non-Village Resident Rate

Size	1 Issue	3 Issues 10% off	6 Issues 20% off	12 Issues 40% off
Full Page	\$300	\$810	\$1440	\$2160
1/2 Page	\$165	\$445.50	\$792	\$1188
1/3 Page	\$120	\$324	\$576	\$864
1/4 Page	\$97.50	\$263.25	\$468	\$702
1/6 Page	\$67.50	\$182.25	\$324	\$486
1/12 Page	\$45	\$121.50	\$216	\$324

Add-On Interactive Digital Features

Add-ons require purchase of print ad. Features viewable via losranchosnm.gov, click Multimedia, then Village Magazine. No quantity discount available on add-ons.

Features:	Per Issue
"More info" icon for additional text	\$5
Clickable websites / email links / hotspots	\$15
Photo gallery (<i>maximum of 25 photos</i>)	\$20
Flash animation (<i>SWF file only supporting flash 10</i>)	\$20
Video (<i>MOV, MP4, FLV, YouTube ID only</i>)	\$20
Auto-start pop-out video (<i>same requirements</i>)	\$25

- Winter (January/February) Issue
- March Issue
- Spring (April/May) Issue
- June Issue
- Summer (July/August) Lavender Issue
- September Issue
- Fall (October) Issue
- Holiday (November/December) Issue

To place an advertisement, contact the Los Ranchos Village Vision Magazine advertising coordinator:
Shannon Zamarron,
szamarron@losranchosnm.gov
Tel: 505-344-6582 / Fax: 505-344-8978
6718 Rio Grande Blvd. NW
Los Ranchos, NM 87107

Advertisements must be paid in full and artwork must be received by each publication deadline. No installments permitted.

*Full page bleeds must be indicated when submitting ad. Advertisements should only be submitted in following formats: Print-ready PDF, JPEG, or .tiff. Black text should be 100% black, NOT RICH BLACK. Fonts should be converted to outlines, embedded, or included with the file, as well as any linked images. Ads MUST be designed to exact measurements. Ads not sized correctly may be returned or resized to fit the page layout, at the discretion of the magazine. Ad design or edits must be made by the business prior to submission. Ads must be received by the deadline published in each issue. Flash animation features only viewable on desktops. Prices above include tax. Checks should be made out to *Village of Los Ranchos*.

The Los Ranchos Village Vision Magazine has grown since it began in 2004. Eight issues per calendar year are released, with each issue between 48 and 56 full color pages, and printed on 70# gloss paper. The magazine is mailed free to every household and every business in Los Ranchos. There are, in addition, a number of paid subscriptions outside the Village, and complimentary copies are distributed at Village events. The magazine is written about the Village, by Villagers, for Villagers.



by Shannon Zamarrón

Lemon Bowl Summertime Strawberry Sorbet



Courtesy of food52.com

This is a perfect recipe for party leftovers, or for berries that are still really delicious but less-than perfect looking. Sweetening the sorbet with preserves instead of sugar produces a smoother sorbet with a more complex berry flavor. Serve it in a DIY scooped out lemon bowl for a fun summer presentation or paired with a scoop of rich vanilla ice cream for contrast.

Sorbet

Yields almost three cups.

1 pound (4 cups) ripe, flavorful strawberries

1/2 cup plus 2 tablespoons strawberry (or raspberry) preserves

Pinch of salt

2 teaspoons fresh lemon juice, or to taste

1/3 cup water

Rinse and remove the stems from the berries. Place them in a food processor or blender with 1/2 cup of the preserves and the salt. Puree until smooth. Add the lemon juice and water and pulse to mix. Taste and add the remaining jam as necessary for sweetness and adjust the lemon juice and salt if necessary. The puree should taste a little bit sweeter than you think it should.

Scrape the mixture into a shallow pan, cover, and freeze until hard, 3 to 4 hours.

Break the frozen mixture into chunks with a fork and process in the food processor or blender until there are no more frozen pieces. Continue to process,

stopping to redistribute the mixture from time to time, until it is smooth and creamy and lightened in color. It may be frozen enough to serve right out of the food processor, or you can return it to the freezer until needed. If the sorbet freezes too hard, let it soften in the fridge for about 15 minutes, or carefully soften it in the microwave on the defrost setting, a few seconds at a time.

For your lemon dessert bowls, simply take a large fresh lemon and cut it right down the middle, making two pieces. Then, slice off a flat small piece of lemon on the bottom to serve as a



stable base of your bowl. Then, carefully remove the insides of the lemon by following along the inside of the rind with a sharp knife. Now you should have a nice aromatic colorful bowl to perfectly serve a scoop of summertime strawberry sorbet!

Now you should have a nice aromatic colorful bowl to perfectly serve a scoop of summertime strawberry sorbet!

Village (Vil-ij) a small group of houses in a rural area larger than a Hamlet.
Los Ranchos - The village within a city.

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the
ocean
is
not
nearby...



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homes
with
pools
or
large
bathtubs
in
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happenings

Master vintner, John Calvin presented two new wines created by a group of the best-known local restaurateurs and wine experts, who gathered in Casa Rondeña winery in mid-February. Using the Calvin wines, the group created two new flavor blends. The results of the 'blending party' are a white wine named Shining River, and a red wine named Precious Land.



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There is still time to register for the Summer Farm Camp at the Los Ranchos Agri-Nature Center. Three one-week camps remain in the month of June Monday-Friday from 9:00 a.m. - 3:00 p.m., campers will experience the connections between growing and eating healthy foods and taking care of our bodies and our land.



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June finds the Los Ranchos Growers' Market in full swing with a variety of greens including lettuces, chard, kale, sorrel, arugula, spinach, and micro greens. Beets, carrots, cucumbers, broccoli, salad turnips will join the first of the beans. Fresh produce, fruits, seedlings, flowers and so much more. Come enjoy the music and the arts and crafts.



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