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Mayor's Report



Lavender in the Village

It's the reason we live in Los Ranchos....

by Larry Abraham

Okay, I know most of you are saying we did not move here because of lavender. In reality, you are probably right. I would argue, however, that Lavender in the Village showcases our Village and the special qualities of our community that we are all fighting so hard to protect.

Lavender in the Village represents not only a plant and fragrance but, more importantly, Lavender in the Village represents a "lifestyle". A peaceful, serene lifestyle in a rural agricultural setting. A lifestyle that most city dwellers can only dream of and visit on occasion. Lavender represents romance and intrigue, much like the name Los Ranchos de Albuquerque. This year's Lavender in the Village Festival will attract nearly 15,000 visitors to our Village in a two-day period.

I want to thank, in advance, everyone who has worked so hard to make this event a success. Many of us take for granted what a special place we live in. All you need to do is talk with some of our visitors over the two-day period and they will tell you just how special it is. See for yourself as you drive south on Rio Grande Boulevard past Griegos

and see five lanes of asphalt with very little open space, and houses built on top of each other, right up to the sidewalk.

Lavender in the Village reinforces why we all live here, and it should give all of us a renewed sense of appreciation and pride to show off our community.

Movies in the Village

As many of you may have seen on the news lately, my administration and I have made some decisions regarding the filming of movies in our residential neighborhoods. We have determined that renting your house out for filming is a commercial activity and, consequently, not a permitted activity in a residential zone. This was a necessary move to protect the integrity of our residential neighborhoods, as well as our zoning ordinances. Several film companies have offered significant amounts of money to the Village, to homeowners, and to some neighbors, to counterbalance the invasiveness that comes with filming television shows and movies.

In the beginning, some of us were caught up in the glamour of the movie industry. But after numerous com-

plaints from residents and a hard look at our ordinances, I do not think our rural lifestyle should be put in jeopardy by the film industry. As much as I want to support the Governor and his efforts to bring the film industry to New Mexico, my loyalties are to our residents who deserve the peace and tranquility of the neighborhoods into which they moved.

Yet another address snafu?

I want to thank several alert residents who called my attention to the fact that, between April and June, their PNM service address was changed from Los Ranchos to Albuquerque. The residents went on to tell me that they called PNM and could not get their address changed back. Upon looking at my last bill, not only my service address was changed, but my mailing address was also changed to Albuquerque.

After several calls to PNM, it was apparent that the 5-5-5 rule was in effect. (For those of you not familiar with my 5-5-5 rule, if you call five people with the same question within five minutes you will get five different answers.) Not one of the five answers I got from PNM was satisfactory, which was extremely frustrating but I am not giving up. One of the answers I received said they made changes because they had just received updated lists from the City of Albuquerque. This may be one way the City of Albuquerque is trying to solve its budget woes.

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 NON-EMERGENCY 314-0041

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 After Hours Cell 977-4830

VILLAGE OFFICE HOURS

M, W, THUR, & FRI
 8:00 A.M. - 5:00 P.M.

TUES: 9:00 A.M. - 5:00 P.M.
 (STAFF MEETING DAY)

VILLAGE VISION CONTRIBUTORS

Sue Brawley, Judy Griego, Tim Tourville, Chief Greg Perez, Sgt. Jason Lazo, Jeff Copeland, Lisa Manwill, Randy Shamlan, Rosemary Hall, Linda Seebach, Phil Bock, Penny Rembe, Rachel Trojahn, Lillian Derwelis, Jeff Phillips, Barb Awalt, and Annabelle Silvas.

Volunteer Coordinator
 Lorilee McDowell Home: 897-2552
 Cell: 228-4300 lmc33@earthlink.net

Upcoming Events: July/August/September

Fire Dept 4th of July Event	Friday, July 4th - Begins at 6:30 p.m.
4th of July, Friday <i>Village Office Closed</i>	
Growers' & Arts/Crafts Market	Saturday-July 5th, 7:00 a.m. - 11:00 a.m.
Planning & Zoning Commission Meeting	Tuesday, July 8th- 7:00 p.m.
Board of Trustees Regular Meeting	Wednesday, July 9th- 7:00 p.m.
Lavender in the Village Barn Dance	Friday, July 11th, 6:00 p.m. - 10:00 p.m.
Growers' & Arts/Crafts Market	Saturday, July 12th, 7:00 a.m.- 1:00 p.m. <i>Market has Special Extended hours for Lavender in the Village</i>
<i>Lavender in the Village</i>	<i>Saturday, July 12th -8:00a.m.-4:00 p.m.</i>
Growers' & Arts/Crafts Market	Sunday, July 13th, 8:00 a.m.-1:00 p.m. <i>Market has Special Extended hours for Lavender in the Village</i>
<i>Lavender in the Village</i>	<i>Sunday, July 13th, 8:00a.m.-4:00 p.m.</i>
Growers' & Arts/Crafts Market	Saturday-July 19th, 7:00 a.m. - 11:00 a.m.
Growers' & Arts/Crafts Market <i>Fruit & Ice Cream Special</i>	Saturday-July 26th, 7:00 a.m. - 11:00 a.m.
Growers' & Arts/Crafts Market	Saturday-August 2nd, 7:00 a.m. - 11:00 a.m.
Growers' & Arts/Crafts Market <i>Cooking in the Village with Chef Jennifer James of Jennifer James 101</i>	Saturday-August 9th, 7:00 a.m. - 11:00 a.m.
Planning & Zoning Commission Meeting	Tuesday, August 12th- 7:00 p.m.
Board of Trustees Regular Meeting	Wednesday, August 13th- 7:00 p.m.
Growers' & Arts/Crafts Market	Saturday-August 16th, 7:00 a.m. - 11:00 a.m.
Growers' & Arts/Crafts Market <i>Guest Chefs Darlene & Jason</i>	Saturday-August 23rd, 7:00 a.m. - 11:00 a.m.
Growers' & Arts/Crafts Market	Saturday-August 30th, 7:00 a.m. - 11:00 a.m.
Labor Day <i>Village Office Closed</i>	Monday-September 1st
Growers' & Arts/Crafts Market	Saturday-September 6th, 7:00 a.m. - 11:00 a.m.
Planning & Zoning Commission Meeting	Tuesday, September 9th- 7:00 p.m.
Board of Trustees Regular Meeting	Wednesday, September 10th- 7:00 p.m.

VILLAGE VISION
 6718 Rio Grande Blvd. NW
 Los Ranchos, NM 87107

The *Village Vision* is an official publication of the Village of Los Ranchos de Albuquerque. Its primary mission is to promote the "Spirit of Los Ranchos," while informing Village residents of activities, both public and govern mental, currently in progress throughout the Village. It is published monthly and distributed free of charge to residents and businesses. Non-residents and other interested parties may subscribe by contacting Los Ranchos Village Hall at 505.344.6582. Price including S/H is \$20.00 per annum.

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ADVERTISING
 The deadline for the next issue is printed in the Calendar on page 2 of each issue. Advertisements must be paid at Village Hall before each deadline, and submitted to the Coordinator. (see above)

CONTRIBUTIONS
 Material of general interest about the Village of Los Ranchos de Albuquerque is encouraged. Please submit all communications to the Coordinator. Articles should be sent by Word attachment, and photographs are best received on a disc. Please call before submitting material to confirm space and suitability.

Village Vision takes every precaution to ensure accuracy of all published works. However, it cannot be held responsible for the opinions expressed or facts supplied herein. Factual inaccuracies brought to the attention of the Coordinator will be corrected when possible.
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Village At-a-Glance

Lavender in the Village

The Fifth Annual *Lavender in the Village Festival* will be held July 12th and 13th. This is the largest event in Los Ranchos and a great way to show off our Village to the rest of the world.

Lavender Barn Dance

First ever Barn Dance and Charity Auction will be held Friday, July 11th. Tickets are limited. Look for the flyer in this *Village Vision* for more information.

AT&T Update

Although the leases have not been approved by legal counsel, AT&T is in the process of preconstruction meetings with T-Mobile and designing the modifications necessary to start construction in July. We anticipate AT&T to be live in the third quarter just in time for the newly announced iPhone 3G from Apple.

Verizon Wireless Update

Verizon Wireless is up and running at full strength for both data and voice. Their engineers are in the process of fine-tuning the installation. We have had a lot of comments from residents about how much better their cellular service is. Having been in the cell phone business, I would like to offer the following suggestion to Verizon customers. Every couple of months, dial *228 send and press the number "1" to program your phone. This downloads the latest updates and roaming information over-the-air to your phone. Your phone will automatically shut down and then power back on. This assures you of taking advantage of the latest software enhancements that Verizon offers.

Fourth of July Fireworks

Once again our Fire Department will be having a fireworks display in Hartnett Park. This year the event will take place on July 4th at 6:30 pm. Bring your lawn chairs and enjoy a small town fireworks display.

Porky's Pride Pit Barbecue Now Open in the Village

You have a real surprise coming when you sink your teeth into some of the best BBQ this side of Texas and it is located right in the heart of Los Ranchos. They serve breakfast, lunch and dinner and you can dine in, drive thru or have them cater your next event. They are located on 4th Street in the old Albuquerque Tortilla building just north of Chase Hardware.

Lavender in the Village Blood Drive

United Blood Services will be conducting a blood drive Sunday, July 13th during the Lavender Festival between the hours of 8 am and 12 noon. Look for the Blood Services bus to be parked near Hartnett Park.

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Why Choose Lavender? A Brief Herbal History

by Sue Brawley

"Why Lavender?" This is a question we are often asked.

The North Valley boasts a rich, several-hundred years-old agricultural tradition. Several years ago, when the Village did a survey of all its residents, those residents responded that they would like to keep their fields in production, but they were no longer able to do the work themselves. In order to revive and redefine agriculture in the Village, from agriculture with a large "A" to agriculture with a small "a" due to scale issues, the Agriculture Committee of the Village contacted other towns that have had success with lavender as a specialty crop. In early spring 2000, efforts were initiated to develop the crop in the valley by installing three test areas.

To promote awareness of lavender, Lavender in the Valley was formed as part of the Village's Agriculture Committee. For several years, Lavender in the Valley, with the help of many

volunteers and sponsors, offered various lectures and special events. Now Lavender in the Village has, since 2004, become a festival celebrating lavender in all its forms and uses.

Lavender is the best known of the fragrant herbs. It is a perennial plant with narrow gray green leaves and long spikes with purple, white or pink flowers. It is one of the most versatile herbs because its fragrant stems, leaves and flowers can all be used fresh or dried. It is distinctive for its scent and taste. It is used in perfumes, oils, sachets, soaps, candles, wreaths, diffusers, bouquets, and many other things around the home, such as shampoos, aromatic vinegars, and cooking. It is known as a moth deterrent. The medicinal uses of lavender are well documented for relieving hyperactivity and insomnia.

Lavender is drought, fire, and deer resistant, and it attracts bees and butterflies. The lavender name comes from the Latin "lavare," to wash, indicating its use both in baths and for clothes. Our word laundress comes from "lavandre."

Lavender has a rich 2,500-year history and a long history in New Mexico. Alhucema, the Spanish name for lavender, was used as a tea for stomach aches, especially for babies with colic.

As a plant in New Mexico, lavender is one of the original xeriscape perennials. It doesn't need a lot of water once it's established; it can take the heat and direct sun; it doesn't need a lot of attention and you can generally plant it on any side of your property. It's easy to try one or two of the many varieties of lavender. Some varieties form large bushes—about three feet across—while others are small and compact, suitable for a kitchen garden. The scent varies, too, from mild (as with Spanish lavender) to strong enough to perfume a whole yard. Just be sure to provide regular water until the plants are well established.

You may learn more about growing lavender from the experts who will speak at Lavender in the Village. Take a plant or two home, and then sit back and join the bees as they love your lavender!

A Few Useful Facts About The Lavender Plant

by Penny Rembe

Do you know the difference between lavender and lavandine?

Fine lavender is a small plant that grows in France. It reproduces by seeding. It has always been used for medicinal purposes and in perfumes for its delicate fragrance.

Spike lavender is a tall plant with several branches, with each stem carrying a small flower. It reproduces by seeding. It has too much camphor to be used for perfume but it is used in Spain and Portugal in paint products.

Lavandine grows all over the world. It is a tall plant and grows in large round clumps. It is a hybrid - a cross between fine lavender and spike lavender. It can only be propagated from cuttings. It is stronger than fine lavender and yields more oil.

How is lavender used?

The Romans used lavender to scent their baths and linens. It has always been recognized for its medicinal properties. 100% pure lavender essential oil can treat:

- Insomnia - 2-3 drops on your pillow,
- Headaches - massage oil on temples
- Stress - 5-6 drops in your bath
- Cuts and burns - 1-2 drops
- Sunburn and Insect bits - 2-3 drops on cotton cloth

Lavender disinfects and heals. It fights infections. Put 1-2 drops on a spoonful of honey to cure a sore throat.

Lavender relaxes and relieves pain, but it shouldn't be used by pregnant women or young babies.

History of Lavender

Rooted in ancient lore from the time of the early Roman Empire, this fragrant herb has cast a spell over the Village of Los Ranchos. The plants came first to New Mexico with the Spanish in the 1500s. Lavender, or *alhucema*, was planted for all its medicinal qualities. It was used to fight insomnia, aches and pains, and to repel insects.



The Victorians used lavender inside the home for polishing furniture, washing linens, and in sachets to repel moths. They loved to fold linens with sprigs of fresh lavender. The oil was used to make soap and lotions.

Going beyond the historical reason to grow lavender, today we see that it requires little water, has no pests, grows in poor soil, and thrives in our hot sun. There are countless varieties of lavender, from white to pink to dark purple. We have seen them growing in the high country of Chimayo, to Dixon, Albuquerque, and down south in Mesilla, New Mexico. Whatever the setting, lavender needs full sun and good drainage.

The U-Pick at Los Poblano's Fields

is the perfect time to prune the plants - to cut them back by about a third. Water rots the stems, so either hang the cut stems upside down in a dark

room or put them in a vase, without water, and let them dry. Once they fade, you can strip the flowers off for sachets or a bowl of potpourri. It lasts for years, especially if you put a few drops of oil in the mix.

Just remember, in cooking, a little lavender goes a long way. Be sure and pulverize the buds that you use in marinades and breads, or infuse them in teas or hot milk or cream to flavor crème brûlée and puddings.

The best recipe is the oldest—lie down in a lavender field at noon, take a deep breath, and let the fragrance lull you to sleep!

The best recipe is the oldest—lie down in a lavender field at noon, take a deep breath, and let the fragrance lull you to sleep!



Lavender Specials at July Grower's Market

by Sue Brawley

At the Grower's Market:

July is the heart of the fruit season with figs, nectarines, Stark Early Blaze apples, peaches, plums, and raspberries. Try some of the various types of tomatoes, green & purple beans, potatoes, zucchini, fresh garlic, green onions, radishes, carrots, and rutabagas. Different types of basil will be available for pesto, stir-fries and salad uses. Pick-up fresh bouquets of flow-

ers, including lavender.

On July 12th and 13th, as part of the Lavender in the Village activities, the Growers' and Arts/Crafts Markets will have special, extended hours, on Saturday, from 7 am to 1 pm, and on Sunday, from 8 am - 1 pm.

Various market vendors will have specials: Satellite Coffee will feature lavender lemonade and their Moca Java coffee with lavender notes. South Mountain Dairy will have lavender goat cheese; Pasta Divina will have lavender pasta; Nancy Hobson will have lavender jam, and Randy Schamlian will have a new pie flavor featuring lavender. Rhetta Herlan will demonstrate lavender wand making. The Los Ranchos Fire Department will have an open house. Fresh lavender, lavender products and plants will be available. Music by Dave Palsce and Rob Roman.

Come sample yummy, fresh fruit and ice cream on July 26th! BeBe, the clown will be on hand to paint faces.




Jericho Nursery

loves Lavender!

Come visit us to see our wonderful selection of perennials, annuals, flowering shrubs, trees and of course, lavender!

Jericho Nursery
101 Alameda Blvd. NW
899-7555
www.jerichonursery.com

Clockwise from top: Customers browse Holly's Ceramic Tiles during last year's Lavender in the Village; lavender soap by Rhetta Herlan; tomatoes at the Los Ranchos Growers' Market; picking lavender. Photo by Deanna L. Nichols, dnicholsphotos.com

JOIN NEIGHBORS, FAMILY & FRIENDS & KICK UP YOUR HEELS AT THE



1ST ANNUAL BARN DANCE & BARBECUE

FEATURING

MICHAEL HEARNE & SOUTH BY SOUTHWEST

FRIDAY, JULY 11TH

6PM CASH BAR, PREVIEW SHOPPING & SILENT AUCTION

7-10PM BARBECUE, DANCING & LIVE AUCTION

VILLAGE OF LOS RANCHOS BARN

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KELLY JO DESIGNS, 6829 4TH ST. NW 341-2737
A FEW OLD THINGS, 6711 & 8833 4TH ST. NW 922-1209



On Patrol

Stay vigilant!

With summer underway, open windows and doors let heat out, but may let burglars in.

by Sgt. Jason Lazo
Bernalillo County Sheriff's Dept.

July is here and we are half way through another year. The weather is definitely warm and school is out for the summer. During this time of the year, we tend to see an increase in vandalism and burglaries for a variety of reasons. One reason in particular is that people have a habit of leaving windows and doors unsecured to help keep their homes cool, or while running their air conditioners or evaporative coolers. To a "would-be thief," this is an open invitation to break into your home and steal that which you have worked so hard to obtain. Add to that the unsettling feeling of knowing a stranger has gone through your life, and it just isn't worth not taking the time to make sure your homes are properly secured prior to leaving, running errands, etc.

While we are fortunate to live in a community with generally low crime statistics, there are always going to be some people who think they can break the law. By making it as difficult as possible to commit crime in our community, we can keep the bad elements as far away as possible. Please don't hesitate to report any and all suspicious activity you may see in and around your neighborhood. Working together is the only true way we can keep a handle on crime and let the "bad guys" know that if they come to our neighborhood(s), they will be caught!

Stay safe, enjoy all that the Village has to offer, and always remember that we are just a phone call away should you ever need assistance.




Socks

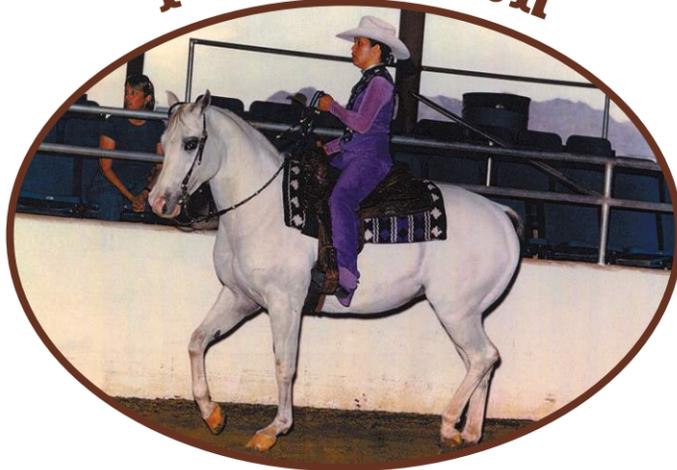
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LAVENDER BARN DANCE LIVE AUCTION!

FOR PRE-BIDS CONTACT ANN CARROZZA 341-1135

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**JUST ONE OF THE FABULOUS ITEMS
AT THE LAVENDER BARN DANCE LIVE AUCTION!**

SAILING TRIP - 4 Days, 3 nights for 2 in Mexico given by John Calvin

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COME! LAVENDER IN THE VILLAGE BARN DANCE & BARBECUE

FRIDAY, JULY 11TH, VILLAGE OF LOS RANCHOS BARN, \$75 PER PERSON

6PM Cash Bar, Preview Shopping, Silent Auction 7-10PM Dinner, Dancing, Live Auction

❖ PROCEEDS TO PROMOTE THE RURAL LIFESTYLE IN OUR VILLAGE ❖



Seven Guidelines for Safe Fireworks Enjoyment

by Chief Greg Perez

Fire dangers are still very high, and the Village of Los Ranchos Fire Department is concerned that careless use of fireworks could cause severe damage to our beautiful community. The Fire Department would like to remind you that, if you are planning to celebrate July 4th with fireworks, please do it safely.

The present conditions we have been experiencing have made for a very high fire danger in the state, according to United States Forest Service Sandia Ranger District. There have already been major fires in the northern and southern parts of the State. It is im-

portant for our residents to help in preventing fire from occurring.

When lighting fireworks, please remember to do the following:

1. Light only those fireworks that remain in one place, such as sparklers and fountains. Do not use fireworks which leave your immediate control. Any device exceeding 10ft in height or a 10ft radius is considered to be an illegal device. Fireworks louder than the sound of a cap gun are also considered to be illegal.

2. Select an open area, preferably paved or concrete, to light your fireworks. It

is a good idea to wet the area prior to enjoying your firework display.

3. Have a water source near the location where you are lighting the fireworks.

4. Place all exploded fireworks into a bucket of water prior to disposing of them in the trash.

5. Ensure that there is always adult supervision when children are lighting fireworks.

6. In case of an emergency call 911.

7. Be safe and have fun!

Join the Los Ranchos Fire Department this July 4th!

If you are looking for a safe place to enjoy your fireworks this Independence Day, we invite you and your family to come to Hartnett Park, 6718 Rio Grande Blvd. NW, at dusk on the 4th of July and join the Los Ranchos de Albuquerque Fire Department as they light fireworks.

The Fire Department will have a small number of fireworks to share and invite you to bring your fireworks to be lit under the supervision of trained personnel. This should prove to be a fun evening and a chance for you and your family to enjoy this year's fireworks in a safe and comfortable environment.

We will have live music, hotdogs, and a jumper for the kids!

We look forward to seeing each of you!



Lavender's Featured Speakers and Classes

Four experts on the many uses of lavender will speak on Saturday and Sunday on the culinary, landscape, medicinal, and horticultural possibilities of the Village's signature herb.

Cooking with Lavender: Mia Maes, Cateress and Pastry Chef

Born in the mountains of northern New Mexico, Mia was raised in Santa Fe where she began her circuitous culinary career. "I set about to gain a broad range of experiences and spent a number of invaluable years cooking throughout the southwest," Maes cheerfully states.



An accomplished cateress, confectioner, and pastry chef, Mia was the founder and head chef of Until We Eat Again, a successful catering company. In addition, Mia is a professional food stylist and a highly sought after cooking instructor. She recently completed an episode for the Learning Channel.

Growing Lavender: Jennifer Timms, Landscape Designer, Jericho Nursery

A Vermont native, Jennifer Timms is a certified landscape designer. She has been voted the best landscape designer for the Santa Fe Parade of Homes, working for custom home designers. She has created designs for, among others, Ali MacGraw and Val Kilmer, and she has worked extensively in the Austin, TX, area, where her largest job was a \$120,000 landscape plan!



Jennifer is currently with Jericho Nursery, where she offers design ser-

vices, in-store and in-home consultations, as well as the ability to produce plans. Jennifer says: "The consultations are great for do-it-yourselfers who feel they don't need a plan, but have some tough spots in their yard." She is also doing private design and interior and exterior decoration.

Medicinal Uses of Lavender: Wendy L. Warner, C.C.H., RH (AHG)

Wendy Warner is a clinical herbalist and flower essence practitioner; she makes her home in Salt Lake City. After spending most of her life working in Western medicine, Wendy's asthma condition found her in search of answers outside of traditional modern medicine. While living in Colorado, she experienced many alternative modalities with limited or short-lived results. A referral to a clinical herbalist addressed a severe food allergy of which she had been unaware, and this experience alerted Wendy to the powerful effects of diet on the body, as well as herbs to strengthen and tone the organ systems involved.



This experience led her to the Rocky Mountain Center for Botanical Medicine (which has now evolved into the North American Institute for Medical Herbalism) in Boulder, Colorado. Her training consisted of 1350 hours of comprehensive classes in herbal materia medica, herbal therapeutics, herbal pharmacy, clinical nutrition, flower

essence therapy, aromatherapy, anatomy, physiology, pathophysiology, understanding the process of modern illnesses, the importance of looking for medication side-effects, and the adverse effects of food allergies and nutritional deficiencies.

Wendy studied these subjects further in a nine-month internship under the direction of Paul Bergner, learning the importance of finding the root cause of each client's problem. She says, "'Symptoms' are the body's way of communicating an imbalance, and the body's attempt to heal."

In June, 2007, Wendy became a Registered Herbalist with the American Herbalists Guild. Her areas of interest are digestion, the immune system, respiratory system, the liver, nervous system/stress/anxiety, the skin, food allergies/nutritional deficiencies, and insulin resistance.

<http://www.wendywarner.com>

Lavender Through the Ages: James R. Sais, Horticultural Consultant

Jim Sais is familiar to all as co-host of KKOB's Saturday morning (11:00 - 12:00am) radio show, New Mexico Garden Talk, where he shares the microphone with Rick Hobson of Jericho Nursery.



Jim served as Bernalillo County Extension Agent, and Horticultural Specialist with NMSU Extension Service. For twelve years, he worked as Horticulturist with Rowland's Nurseries.

Class Schedule

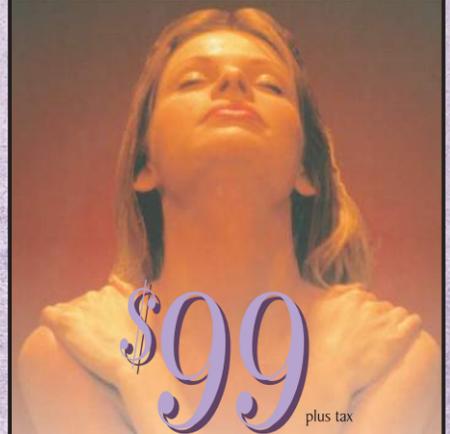
Saturday, July 12th:

- 8:00am: Cooking with Lavender/Mia Maes, Cateress & Pastry Chef
- 9:00am: Growing Lavender/Jennifer Timms, Landscape Designer - Jericho Nursery
- 10:00am: Medicinal Uses of Lavender/Wendy Warner, C.C.H., Clinical Herbalist
- 11:00am: Cooking with Lavender/Mia Maes, Cateress & Pastry Chef
- 12 noon: Growing Lavender/Jennifer Timms, Landscape Designer - Jericho Nursery
- 1:00pm: Medicinal Uses of Lavender/Wendy Warner, C.C.H., Clinical Herbalist

Sunday, July 13th

- 9:00am: Cooking with Lavender/Mia Maes, Cateress & Pastry Chef
- 10:00am: Medicinal Uses of Lavender/Wendy Warner, C.C.H., Clinical Herbalist
- 11:00am: Lavender Through the Ages/James R. Sais, Horticultural Consultant
- 12 noon: Growing Lavender/Jennifer Timms, Landscape Designer - Jericho Nursery

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Lavender Ice Cream

Cool off with this clever confection by Village chef **Jeff Copeland**. By throwing in some lavender flowers, Copeland's recipe fuses the Village's favorite herb into the perennial summer favorite, ice cream!

Ingredients

- 3 Cups Cream
- 2 Tbs Culinary Lavender Flowers
- ¾ Cup Sugar
- 4 Large Egg Yolks
- 2 Tsp All Purpose Flour

1. Combine the cream and lavender in a heavy saucepan and bring to a simmer.
2. Turn off the heat and cover the pan, and allow the lavender to steep for 15 minutes.
3. In a medium mixing bowl, beat the sugar into the yolks until thickened and pale yellow.
4. Beat in the flour and set aside.
5. Strain the lavender from the cream; slowly beat the warm cream into the yolks.
6. Pour the whole mixture back into the pan and set over low heat.
7. Stirring constantly, cook the custard until it is slightly thickened. Be mindful not to let it boil!
8. Strain the hot custard into a clean bowl, cover and refrigerate until cold.
9. Stir the chilled custard and following your manufacturer's instructions, churn the ice cream in two batches.

Lavender Body-care Products by Rhetta Herlan



Photo: Rhetta Herlan, center, serves a customer at her booth during last year's Lavender in the Village. This year, she and her baskets brimming with goods will be present at the Los Ranchos Growers' Market on July 12th and 13th. Photo by Deanna L. Nichols, dnicholsphotos.com

What is it about lavender? From ancient times to the present, this delicate flowering plant - a member of the mint family, if you can believe it - has scented our world. It's telling that "lavender" comes from the Latin "lavare," which means "to wash" - a reference to the plant's ability to infuse our living spaces with its beautiful, clean fragrance.

Beyond lavender's aesthetic value lies its healing properties, which also

have a history. The practice of carrying sprigs of the plant to ward off the plague was popularized in the Dark Ages, for example. Today we know that lavender's health-enhancing effects include the ability to calm our nerves, relieve pain, disinfect the skin, help heal wounds and burns, improve blood circulation, and more.

Rhetta Herlan, one of our most ardent lavender enthusiasts, is creating an abundance of lavender body-care

items to sell at the Lavender in the Village Festival. Rhetta has been selling her exquisite, handcrafted soaps at the Los Ranchos Growers' Market since 1997 - and lavender season always inspires her.

"I adore the beautiful color and intoxicating aroma of lavender," she says. "It's great fun dreaming up creative ways to enjoy this lovely flower."

You'll find Rhetta and her heavenly bounty of lavender products at the **Los Ranchos Growers' Market on Saturday and Sunday, July 12th and 13th**, during the Lavender Festival. Come indulge yourself (or those on your gift list) with these handmade and *highly affordable* treasures:

- Gorgeous lavender soaps
- Solid lavender perfumes
- Lip and body balms in beautiful tins
- Bath salts
- Handmade lavender sachets
- Lavender wands

Speaking of lavender wands, Rhetta will demonstrate how they are made at the Growers' Market on Saturday, July 12th. If you'd like to learn how to craft these gorgeous and fragrant sachet wands yourself, come to Rhetta's lavender wand-making class at Los Poblanos on Sunday, July 13th at 10 am. Hope to see you there!

Lavender Offers Plenty of Good Food At All Venues

On the Green

Food Vendors include: Aaron's Los Ranchos Café and the Los Ranchos Fire Department will be selling their hot dogs. Then you will find the Sugar Shack (Chocolate strawberries and bananas, etc, dipped pretzels, caramel apples, nuts, and flavored popcorn); Geo's Bistro (four kinds of hot and two types of cold Panini sandwiches, pasta salad, dessert and fruit crepes); Hawaiian Shave Ice (18 flavors of shave ice, and watermelon and lemon-lime frescas); and last but not least, Hungry Wagon (taco plates, taco salad, macho nachos, Frito pies, chili bowls, chicken and fruit salad).

At Casa Rondena

The winery's chef will be grilling

gourmet kabobs, hamburgers, and more. And there will be Casa Rondena's famous Lavender Sangria and Lavender Lemonade, as well as the winery's award-winning wines.

At Los Poblanos

"Farm to Table" has become a popular motto for fresh, organic food. What better way to experience this healthy new way of eating than to visit Los Poblanos farm during this year's Lavender in the Village Festival. Specializing in seasonal cuisine, Chef Jonathan Perno will prepare what is being grown on the organic farm.

Just picked tomatoes, basil and mozzarella in a delicious caprese sandwich, drizzled with virgin olive oil and balsamic vinegar will be on the menu.

Sandwiches will be topped with chimichurri or romesco house dressings on a French baguette.

Chef Jonathan will also feature free range organic ham sandwiches, and soppressata salami served with olives, cheeses and capers. If you'd like something light, then perhaps a chilled cucumber soup or gazpacho made with Los Poblanos tomatoes, fresh mint and dill?

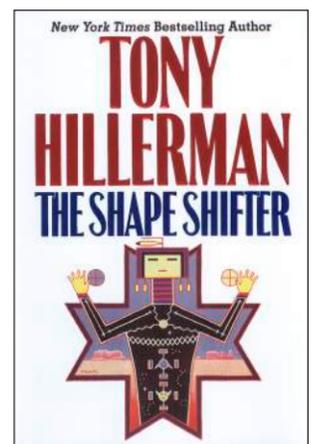
Satiate your sweet tooth with homemade oatmeal cookies, chocolate lavender biscotti, or powdered Mexican wedding cookies. Wash it all down with a refreshing lavender-infused ginger plum iced tea.

For the bold, we will be serving refreshing strawberry, melon and pina colada agua frescas as well.

COME JOIN US FOR LOCAL BOOKS AT THE LAVENDER FESTIVAL



LPD Press & Rio Grande Books will have a wide selection of local books, including the new *Cooking with Lavender*, which has just been released for the Festival, and signed copies of *The Shape Shifter* by Los Ranchos' own Tony Hillerman. **Stop by the Barn on July 12-13**



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The History of Los Poblanos Inn & Cultural Center



As a plant in New Mexico, lavender is one of the original xeriscape perennials. Lavender is drought, fire, and deer resistant. Lavender flowers attract bees and butterflies.

Two species of Lavender, *L. angustifolia* and *L. latifolia* have long been grown in Southern Europe for their beautiful foliage, perfume, and medicinal qualities. Bees and other natural pollinators crossed these two species, producing a hybrid called Lavandin, first noted around 1850. Lavandin is more disease resistant than *Lavandula* and produces 300% more essential oils.

Due to the temperature variations, dry and often freezing winters, two Lavandin, "Grosso" and "Provence," *Lavandula* intermediate, grow the best here. They are known to be hardy to Zone 3. Grosso has a stronger scent, more camphor, has a tall spike, retains its color better than Provence, and stays on the stem longer. Provence is known for its culinary uses. Both types can grow to 36-48" wide and tall. Hidcote, *L. angustifolia*, is not as tall a plant as Grosso or Provence but

it retains its intense blue/purple color when dried. Munstead, *L. angustifolia*, is often found in borders since it is a smaller plant, 6-10" tall. Different varieties can be grown in NM in protected courtyards.

In May 2000, we planted two varieties of Lavandin, "Grosso" and "Provence." The 300 plants were set on 500-foot rows in unimproved elevated beds. In spring 2001, we put in 600 more plants, evenly divided between "Grosso" and "Provence," and we amended the soil with compost and small rocks. In fall 2001, we took 500 cuttings each of "Grosso" and "Provence" which we over-wintered in the green house and then planted in May 2002. In addition, we added several varieties of English Lavender, *Angustifolia*.

We irrigate the plants through traditional field-flooding methods, where water from the Rio Grande is channeled through an acequia system to various parts of the farm. The flow of water is controlled by means of locks in the acequias, which can be opened and closed to direct the water.

This year all has culminated thank-

fully in a glorious display portending a great future for Lavender in the Valley.

A Brief History of Los Poblanos Inn & La Quinta Cultural Center

Los Poblanos Inn is the original ranch house of Albert and Ruth Hannah McCormick Simms. They acquired the property in the early 1930's and commissioned famed architect John Gaw Meem, who has been called the "Father of Santa Fe Style," to remodel the ranch house at the center of their vast lands. The farm, home of the original Creamland Dairy, ran sheep, cattle, and registered horses, and also featured experimental grains and grasses.

After Los Poblanos was completed in 1932, Mrs. Simms asked Meem to design another structure, to be a work of art in itself and dedicated to recreation. She wanted facilities for dancing, swimming, attending lectures and concerts, and reading great books. Completed in 1935, La Quinta was immediately open to the public. Ruth Simms died in 1944, while Albert Simms lived on the property they had created together, until his death 20 years later.

Dr. Albert Simms and his family moved into the property in 1968, and lived there until 1978, when they sold it to its present owners Dr. and Mrs. Armin and Penny Rembe, and to Dr. Rembe's sister and her husband, Mr. and Mrs. Robert W. and Victoria Walker. The two families lived there side-by-side, sharing the farm, until 1998, when the Walkers moved to Ireland and the Rembes became the sole owners of the land and buildings. Both structures are now acknowledged architectural treasures, listed on the National and New Mexico Historic Building Registries.

The Rembes immediately began a preservation plan to ensure Los Poblanos' future. The ranch house has become an inn. The 15,000 square foot La Quinta is again open to the public as a cultural center; a place for festive gath-

erings, business meetings and retreats, concerts and art shows. The 14 acres of land closest to Rio Grande Boulevard have become an agricultural trust, to remain open for farming, never to be developed. The 5-acre dairy farm will be developed as a cluster community of homes, with the original barn as its centerpiece.

Historic Rose Greeley Garden

Rose Greeley, a prominent and pioneering female landscape architect, developed the gardens behind Los Poblanos in 1932. Based in Washington, D.C., where she met Mrs. Simms, she devised an extremely formal design scheme for Los Poblanos. Seeking to lighten the gardens' spirit and make them more New Mexican, Ruth commissioned pebble artist Don "Pop" Shaffer, of Mountainair, to inscribe the

Simms' love story and private jokes in the garden path designs. Look for Ruth's Prize bull, Judge, and for Crumpy, the cow who produced the most milk at the dairy. You will also find various Native American designs and the 12 signs of the Zodiac inscribed on the walkways.

Robert Walker Gardens at La Quinta

Robert Walker slowly added the many gardens in front of La Quinta over the span of twenty years (1976-96.) He bought a nursery in Oklahoma and brought the stock to Albuquerque, where he began to plant and create outdoor rooms in the spirit of Frederick Law Olmstead, designer of Central Park in New York, among other well-known landscapes. Surprises abound in the Walker gardens - look for unusual evergreen specimens, boxwood

mazes, and hidden rose gardens.

Los Poblanos Lotus Pond

A gift of two lotus plants from Hawaii, planted 16 years ago, has yielded this magnificent lotus pond. Geese and ducks frolic among the exotic blooms. Penny Rembe has been known to use the enormous lotus leaves as stylish placemats for dinner parties!

During Lavender

Los Poblanos will be open 8am to 4pm July 12th and 13th during Lavender in the Village. Activities include U-Pick Fresh Lavender, tours, therapeutic massages, aromatherapy, distillations, Los Poblanos 1st Annual Bake-Off, readings by Jeannie Ralston, and more. For more information, visit www.lavenderinthevillage.com or see this issue's brochure.



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*Join us during Lavender in the Village
July 12th and 13th from 8am to 4pm*

Varied Delights



The Village has another reason to celebrate- another restaurant has opened! **Porky's Pride Real Pit BBQ** has opened on the east side of 4TH street at 6770 4th Street NW. This is the second location for the Porky's Pride group in the area.

Porky's specializes in finger lick'n good barbeque. But don't think that the fun stops there. Porky's also has breakfasts on weekends to start the day off right. And if you're having a big gathering this summer but don't want the fuss, call on the experts at **Porky's Pride Real Pit Barbeque** and they'll cater your event for you.

Porky's Pride Real Pit Barbeque hours are Monday thru Saturday 7 A.M to 9 P.M, and Sunday 7A.M. to 3 P.M. Porky's also has a drive through and phone ahead service for those

in a rush. Remember, you supply the appetite and Porky's Real Pit Barbeque will supply the answer!

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LifeLong Learning Programs in the Los Ranchos

by Janet Long Ford

If you thought you heard the harmonious strains of Sibelius' Third Symphony wafting on the air as you drove up Fourth Street one Thursday morning in April, you weren't hearing things. Well, yes, you were hearing things, as were twenty-four Institute of LifeLong Learning members attending "Jean Sibelius: Man, Nature, Legends, Music" in the Sheriff's Substation.

Taught by longtime LLL instructor David Oberg, the five-week class on the Finnish composer, the times he lived in and his music was enriched by recordings of his music and a video of his life.

"The classroom facilities at the Los Ranchos Sheriff's Substation are excellent," says LLL board member Larry Anderson who assisted Oberg with the audio/visuals. "There is easy access, the seating is comfortable, and the room is large, bright, quiet and readily adaptable to presentations."

Through inexpensive daytime classes, lectures and field trips, LLL has provided continuing liberal arts education for adults aged 50+ since 1990. This spring was the second time the nonprofit organization held classes in the Substation and it has scheduled three of its thirty-one fall offerings for that location.

"Our Digital World," a five-week class, introduces participants to the magic of digital technology and describes how it has affected

our personal and social lives. It will be taught by two Ph.D.s who are longtime inhabitants of the digital world: Larry Anderson, an electrical engineer with a background in semiconductors and optoelectronics, and Los Ranchos resident Robert Kopp, an electrical engineer and longtime consultant to the semiconductor industry.



Robert Weber, a frequent LLL instructor who has a Ph.D. in psychology, will give two lectures on "Invention: A Way of Seeing the World," noting that inventions form the oldest and most palpable record of the creative mind at work.

Also at the Substation, C. Stewart Doty, past-president of the American Council for Quebec Studies and a retired professor of history, will give two lectures as background for The Albuquerque Museum exhibition "Jamestown, Quebec, Santa Fe: Three North American Beginnings."



Bottom: David Oberg (left) points out musical patterns to Al Pons at a break during Oberg's class on Jean Sibelius.

Bottom: Ed Boles, historic preservation planner for the City of Albuquerque, leads a LifeLong Learning field trip, "Around and About Old Mountain Road"

LifeLong Learning has provided continuing liberal arts education for adults aged 50+ since 1990.

Fall courses begin on September 15th. To preview all offerings and read more about LLL, go to www.LifeLongLearningNM.org. Catalogs will be mailed the first week of August. You can download one from the Web site that week, or request a mailed copy by calling 888-7370.



your complete guide for festival times & events



Adrian Panaro Photography 2007

July 12th-13th 2008
LOS RANCHOS DE ALBUQUERQUE

www.lavenderinthevillage.com or call toll free 1-877-80FESTS

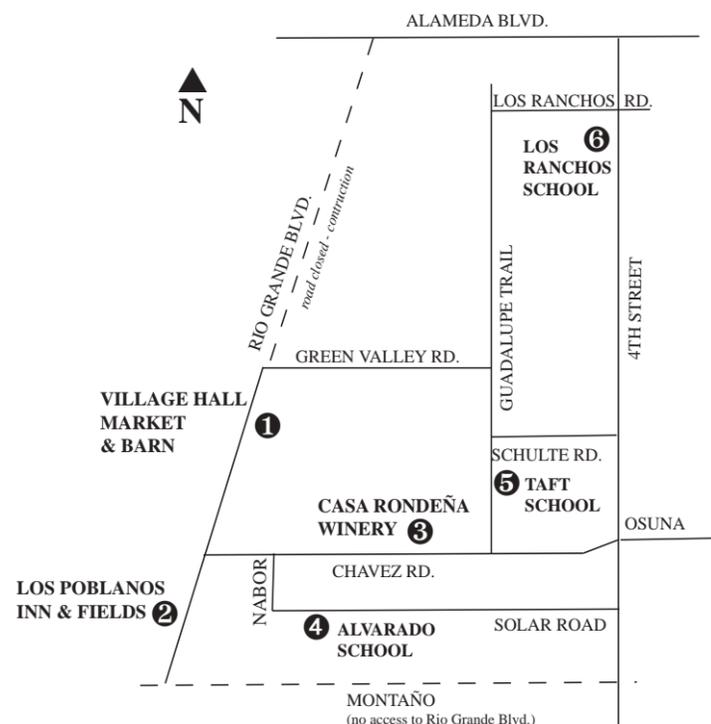
PARK & RIDE PARKING

Parking is difficult to find during this event, so we strongly recommend that you park FREE and leave the driving to us! Park & Ride parking is available at Taft, Alvarado & Los Ranchos schools. You can catch the FREE shuttles which run from 8am until 4pm Saturday and Sunday. Shuttles will circle the Lavender venues approximately every 15 minutes, so please visit all our sponsors and participants and enjoy a leisurely ride.

Shuttle Bus Stops

- 1 **Growers Market & Village Green**
6718 Rio Grande Blvd., NW - *Limited Parking*
- 2 **Los Poblanos Inn & Lavender Fields**
4803 Rio Grande Blvd. NW - *Handicap Parking Only*
- 3 **Casa Rondeña Winery**
733 Chavez Road NW - *No Parking Available*
- 4 **Alvarado School**
1100 Solar Road NW - *Parking Available*
- 5 **Taft Middle School**
620 Schulte Road NW - *Parking Available*
- 6 **Los Ranchos Elementary School**
7609 4th Street NW - *Parking Available*

LOS RANCHOS DE ALBUQUERQUE



FRIDAY NIGHT BARN DANCE & BARBECUE

Village Barn - 6718 Rio Grande Blvd. NW

Friday, July 11th 6pm-10pm

Music by Michael Hearne & South by Southwest Preview Shopping, Live & Silent Auctions, Dinner & Dance.

GROWERS' & ARTS/CRAFTS MARKET

Village Hall - 6718 Rio Grande Blvd. NW

Saturday - 7am-1pm, Sunday 8am -1pm

Note: Arrive early to get your fresh produce. Featuring fresh cut lavender & plants, lavender goat cheese, pasta, drinks & food. Arts/Crafts vendors will sell lavender jewelry, soaps & toiletries, pot pourri, clothing, decorations, & metal work.

THE BARN PAVILION & VILLAGE GREEN

6718 Rio Grande Blvd. NW

Saturday & Sunday 8am-4pm

Festival Information, Posters, Mugs & T-Shirts
4th Street Antique Row, Booksellers & Pottery
Watermelon Mountain Jug Band (*live music*)
BBQ, Sandwiches, Breakfast Burritos, Hot Dogs, Desserts, Cool Drinks & more.

Classes on the Village Green (*subject to change*)

Saturday, July 12th

- 8am Cooking w/ Lavender Mia Maes, Cateress & Pastry Chef
- 9am Growing Lavender Jennifer Timms, Jericho Nursery
- 10am Medicinal Uses of Lavender Wendy Warner, Herbalist
- 11am Cooking w/ Lavender Mia Maes, Cateress & Pastry Chef
- 12pm Growing Lavender Jennifer Timms, Jericho Nursery
- 1pm Medicinal Uses of Lavender Wendy Warner, Herbalist

Sunday, July 13th

- 8am -2pm Blood Drive United Blood Services
- 9am Cooking w/ Lavender Mia Maes, Cateress & Pastry Chef
- 10am Medicinal Uses of Lavender Wendy Warner, Herbalist
- 11am Lavender Through the Ages James Sais, Horticulturist
- 12pm Growing Lavender Jennifer Timms, Jericho Nursery

Children's Activities

Face painting and Henna Tattoos *Big Fun Enterprises*
Kids Gardening Center and Agricultural Projects
Parachute Game *Big Fun Enterprises*
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Saturday & Sunday 8am-4pm

Saturday, July 12th

9am-11am Aromatherapy Classes *Connie Henry \$20*
10:30am- 11:45am How to be a Los Poblanos Flower Fairy-
\$10

10am, 11am, 1pm & 2pm Flower Fairy Garden Tours
Ann Haile, Master Gardener

12pm-1pm How to Make Fairy Furniture
2pm Reading "Unlikely Lavender Queen", *Jeannie Ralston*
2pm Announcing winners of Los Poblanos Bake-Off Contest
Beer Garden Tractor Brewing -*all day*
Live Music *Holy Water & Whiskey, Three String Bale*
Tractor Rides *with Farmer Monte*
Face Painting *by Big Fun Entertainment -all day*
Farm Tours *by Farmer Monte*
Bubble Farm -*all day*

Sunday, July 13th

9am-11am Aromatherapy Classes *Connie Henry \$20*
10am, 11am, 1pm & 2pm Flower Fairy Garden Tours
Ann Haile, Master Gardener

10am Lavender Wand Making Class \$10 *Rhett Herlan*
12pm-1pm How to Make Fairy Furniture
12pm-4pm Beer Garden Tractor Brewing
2pm Reading "Unlikely Lavender Queen", *Jeannie Ralston*
Live Music *Charmed*
Tractor rides *with Farmer Monte*
Face Painting *by Big Fun Enterprises -all day*
Farm Tours *by Farmer Monte*
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Buy fresh produce from Village farmers, enjoy the free entertainment with plenty of things for the kids to do.



Hop on a trolley and pick fresh lavender from the lavender fields.

Try Lavender wine and sangria from Casa Rondeña Winery.

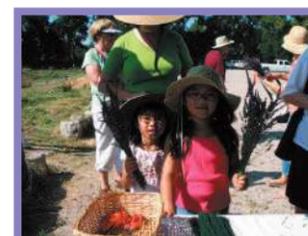


Learn about lavender from our planting, cooking and healing experts.

Take Los Poblanos field and garden and architecture tours.



Meet the artists and antique dealers in our Village. Buy lavender pottery, lavender soaps, and lavender plants.



Lavender in the Village, a non-profit, 501(c)3 tax exempt organization, works to promote and preserve the rural lifestyle of the Village, and to conserve open space and agricultural lands in the Village of Los Ranchos.



Mission

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Circle Seven
Cotton Alley Crafts
Eclectic Elements
Ernest and Karen Rodriguez
Frolicking Deer Lavender Farms
Haven Scent Handcrafted Soap & Bath
Heart of the Desert Pistachios
Jo Rebeka Flamewark Glass
Laughing Hare Hot Glass
Laughing Turtle Soap Company
Lavender Acres
Gonzorox

Old NM Birdhouse Company
Paula Dimit Studio
Ryan's Corner
Silver Cowgirl
Sky Dog Art
Stars and Gems
Sweetwater Herbal and Friends
Studio PS Designs
Southwest Creative Clayworks
Tin Art NM Folkart by Celeste
Vintage Cowgirl
Wildcat Lavender

Barn Pavilion Vendors

A Few Old Things
Accents on Consignment
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Antique Co-op
Apple Canyon
Bow Wow Blues
David & Cynthia Welch, artists
Deja Vu - Fran Ryan watercolorist
Kelly Jo Designs

La Parada
Legacy Antiques
LPD Press/Rio Grande Books
Rocs Enterprises, jewelry
Sonrisa Blooms
Susan Neal, weaver
Village Antiques and Gifts
Vintage and More, Inc.

Food Vendors on Village Green

Aaron's Los Ranchos Café
Geo's Bistro
Hawaiian Shave Ice
Hungry Wagon Taco
Los Ranchos Fire Department
Sugar Shack

Lavender Committee

Penny Rembe, *Co-Chair*
Kelly Jo Kuchar, *Co-Chair*
Larry Abraham
Emily Rembe Benak
Cindy Bonafair
Sue Brawley
Javier Cardenas
Ann Carozza

Cindy Chavez
Michelle Coons
Janelle Dry
Erin Frye
Judy Griego
Alison Hudson
David Hudson

Crissi Letherer
Lorilee McDowell
John McDowell
Diana Siebenthal
Aubrey Smith
Yvonne Taylor
Aaron Worrell

Barn Dance Committee

Mary Calvani
Michelle Coons
Laura Gustin
Janelle Johnson
Julie Johns Felty

Ann Carozza, *Chair*
Crissi Letherer
Shana Levenson
Judy Mock
Pam Reardon
Penny Rembe

Susan Rogers
Patty Snead
Kay Schollenbarger
Leslie Trilling
Denise Walinsky

Virginia Grant: Four Decades of Volunteer Work

Gee - I thought I knew something about volunteering, until I met Virginia Grant!

On May 22nd, I joined Lillian Derwelis, Judy Griego, and Sue Brawley, at a gala luncheon at the Marriott Pyramid Hotel, honoring Virginia and three other awardees who were inducted into the **Senior Hall of Fame** of **Silver Horizons**. The ballroom was packed with families, friends, and admirers of the honorees. The Lieutenant Governor was on hand to offer praise and congratulations. A special video history of each honoree was shown, in which each discussed his or her special projects and interests. It was a joyful occasion.

To describe Virginia, I will steal some of the words describing her achievements on the Silver Horizons website, where her portrait may also be found:

"Virginia Perkins Grant began her life in Mississippi in a poor sharecropping family, and when she retired, she was vice-president and human resources consultant of the Bank of America in Albuquerque. Along the way, she married and was divorced from Don Perkins, a teenage neighbor who went on to become a star running back for the Dallas Cowboys. Virginia raised their four children, along with a foster child, and discovered talents for business, organization, and leadership,

along with a sensitive insight for the benefit of others. She is now married to Uriel Grant, and her story continues happily ever after.

Her volunteer work dates to the mid-1980s, when she traveled the university circuit as volunteer producer of *Bound for Canaan*, a play which co-starred her first husband. For years, she has volunteered for AARP, helping prepare

income tax returns for seniors, shut-ins, and others. She is president of the Retired Senior Volunteer Program, and has assisted with the Senior Olympics and health fairs around the Albuquerque area.

Virginia is a counselor with SCORE, offering business advice to people who request assistance, and she co-authored the *Quick Employment Compliance Guide for Small Businesses in New Mexico*. A member of the Hoffman town Baptist Church, she was one of the first residents to "adopt" a family displaced by Hurricane Katrina. She tells the triumphant story of her life in her autobiography, *Sweet Journey*."

And this remarkable lady has lived in the Village of Los Ranchos for nearly forty years! Presented at the luncheon to great applause was a long scroll with the names of all the organizations to which Virginia has contributed her time and effort, a list that reached many feet in length. In the Village, she is

presently assisting the assembling of a welcome packet for new residents and businesses. And, oh yes: Virginia and Uriel are veteran world travelers,



The Senior Hall of Fame represents an elite group of seniors who have worked tirelessly to improve the quality of life for people of all ages

always off to visit new places.

In 1982, Silver Horizons began honoring outstanding seniors over the age of sixty-five who have demonstrated a lifetime commitment to community service. The Senior Hall of Fame represents an elite group of seniors who have worked tirelessly to improve the quality of life for people of all ages, and who bring many years of experience, knowledge, and know-how to volunteerism and public service. They function as role models of caring and selfless dedication. They have protected our environment, enriched our cultural life, provided guidance for our young people, and brought hope and meaning to the lives of the lonely, disadvantaged, and elderly.

Portraits of each inductee are on permanent display in the Albuquerque Convention Center, and may be seen on the organization's official website: www.silverhorizons.org

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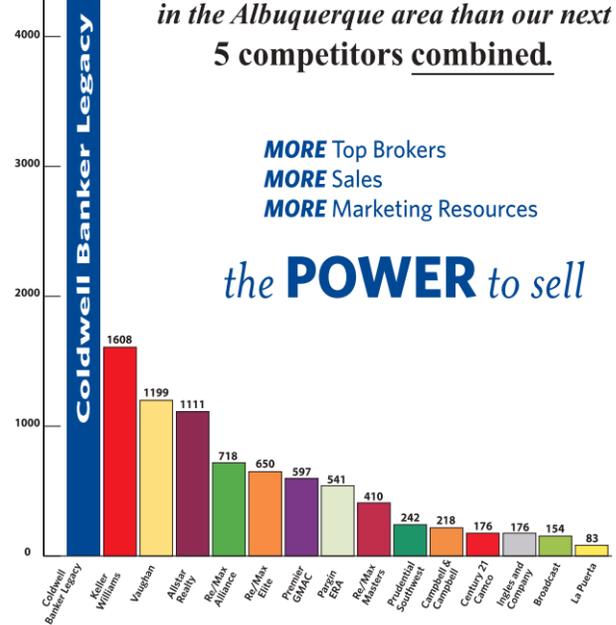


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Data accuracy cannot be guaranteed and may not reflect all real estate activity in the market.



**This property is in
the Village of
Los Ranchos
CRS-1 #02-200**

PERMIT

NUMBER _____

ADDRESS _____

This Property is located in the Village of Los Ranchos de Albuquerque and all Village ordinances apply to this property.

Gross receipts must be reported to 02-200 or subject to maximum penalty under the law.

ORDINANCE NUMBER 196 10-12-2005

ADDRESS	ML#	LIST PRICE	LOT	SF	BR	BA	G	AGENT	COMPANY	PHONE
ACTIVE										
8422-D Rio Grande Bl NW	615739	\$198,000.00	0.24ac					Lauren Austin	The Ingles/Company Realtors	828-1366
Nuevo Hacienda NW	515054	\$245,000.00	0.23					Alexa Knight	Knight Realty & Assoc LLC	299-8343
504 Marys Way NW	602310	\$260,000.00	.502 ac					Lisa Hebenstreit	Lisa Hebenstreit Realty LLC	242-2272
1038 Pueblo Solano NW	613377	\$468,500.00	1.399ac					Lynn Johnson	Keller Williams Realty	897-1100
7542 Rio Grande Blvd NW	525688	\$481,000.00	1					Jill Levin	New Frontier Realtor	798-2530
7542 Rio Grande Blvd NW	609614	\$481,000.00	1.013					Jill Levin	New Frontier Realtors	891-7400
7542 Rio Grande Blvd NW	609609	\$555,000.00	1.399					Jill Levin	New Frontier Realtors	891-7400
Roadrunner Lane	510629	\$500,000.00	1					Lynn Johnson	Keller Williams Realty	897-1100
13 Guadalupe Estates NW	494758	\$565,000.00	1					Lynn Johnson	Keller William Realty	897-1100
Alma Encantada Ct	507929	\$575,000.00	1					Marie Blea	Marie Enterprises Inc	991-1405
Roadrunner Lane	492503	\$600,000.00	1					L. Johnson	Keller Williams Realty	897-1100
6840 Rio Grande Bl NW	603676	\$725,000.00	1.468					Bill Chreist	Sunn Quality Homes Inc.	899-7377
7408-20 4th St NW	612670	\$995,000.00	3.453ac					Sam H Carnes	Carnes & Company Inc.	247-8000
Guadalupe NW	522048	\$999,900.00	2.25ac					Joi Banks-Schmidt	Coldwell Banker Legacy	293-3700
7530 Rio Grande Blvd NW	605074	\$2,115,000.00	4.28					Marsha Adams	Coldwell Banker Legacy	293-3700
218-220 Nico Trl NW	617149	\$244,402.00	0.398ac					Cindy A Chavez	Prudential Sandia Real Estate	271-5800
4620 Los Poblanos Cir NW	620380	\$555,000.00	1.0ac					Katie A Strosnider	Coldwell Banker Legacy	244-1600
512 Rohl	621634	\$380,000.00	0.688					Amanda Marrujo	Foothills Realty	332-9185
342 Shulte NW	609567	\$199,000.00	0.33	1000	2	1/1/0	1	Michelle Rutledge	Garcia & Rutledge Properties	292-9212
600 Garduno NW	605093	\$250,000.00	0.19ac	2700	5	1/1/0	2	George L Russell	Re/Max Masters	883-8979
228 Nico Trail NW	522329	\$359,500.00	0.25	2460	3	2.5	0	Ronald Hensley	Global Realty Marketing, Inc.	798-2522
839 El Pueblo NW	615593	\$399,000.00	0.766ac	1303	2	1/1/0	0	Donna R Stark	Re/Max Masters	883-8979
8905 Ortega Ct NW	514131	\$398,000.00	62x160	2200	3	2.5	2	Dee Padilla	Dee Padilla & Associates	269-8668
712 Charles Pl NW	614916	\$389,000.00	14472sf	1970	4	2/0/0	2	Craig Hays	Coldwell Banker Legacy	292-8900
216 Nico Trail NW	529726	\$449,000.00	0.18	2268	3	2.5	2	Cindy Chavez	Prudential Sandia Real Estate	271-5800
720 Mullen Rd	611524	\$490,000.00	0.574	3400	3-5	0/2/0	4	Susan B Kilar	Keller Williams Realty	897-1100
824 Ortega NW	518855	\$499,000.00	1	3200	6	3/7.5	2	Agha Shinwari	Premier GMAC Real Estate	292-6300
8240 Guadalupe Trail NW	607273	\$549,900.00	46609sf	2900	3	2	2	Winnie DeVore	Vaughan Company Realtors	823-6677
6781 Rio Grande Bl NW	608795	\$550,000.00	24877sf	4500	4-5	3/0/0	3	Robyn Finkelstein	New Earth Realty	867-1100
1034 Pueblo Solano Rd NW	514458	\$559,000.00	1.1	2209	4	2.75	2	Keller Williams Realty	Keller Williams Realty	897-1100
814 Ranchitos Rd NW	517408	\$599,000.00	1	2388	4	2	0	Nancy Montoya	Century 21 Champions	865-3381
8424 Guadalupe Trl NW	523963	\$649,000.00	2.16ac	2366	3	1	0	John Kim	Pargin Realty ERA	296-1500
5719 Rio Grande Bl NW	622676	\$694,500.00	1.44	3100	4	2.5	2	Karen Brown	Keller Williams Realty	271-8200
8200 Rio Grande Bl NW	607492	\$699,000.00	53578	2380	4	1/1/0	2	Nancy Banes	Coldwell Banker Legacy	828-1000
805 Ranchitos NW	529427	\$795,000.00	1.1	2700	4	3	2	Sandra Domeny	Coldwell Banker Legacy	898-2700
8808 Rio Grande Bl NW	621529	\$799,000.00	0.933ac	4392	4	3/0/1	4	Crystal & Steve	Coldwell Banker Legacy	898-2700
1418 El Portal NW	603035	\$799,000.00	1.15 ac	3655	5	3.75	3	Barbara L Brennan	Keller Williams Realty	271-8200
1035 Green Valley Rd NW	507282	\$850,000.00	1.73	2081	3	1.75	4	Alex Baca	Coldwell Banker Legacy	244-1600
7530 Rio Grande NW	486840	\$899,000.00	1.5	3236	4	1.75	2	T. Schroeder	Shaw & Shaw Ltd.	765-1440
805 El Pueblo NW	604707	\$895,000.00	43560sf	4500	4-5	2/0/1	4	Cindy Chavez	Prudential Sandia Real Estate	271-5800
1418 Bonito Suenos Ct NW	611258	\$950,000.00	1ac	5920	4	4/1/0	3	Joe Schifani	Affordable Realty Services Inc.	889-4565
609 Roehl Rd NW	615509	\$995,000.00	0.407ac	3531	4-5	3/0/1	3	Crystal & Steve	Coldwell Banker Legacy	898-2700
809 Los Prados d. Guad. NW	531844	\$899,500.00	0.3	4625	3	2/0/1	3	Shreen Jacob	Vaughan Company Realtors	792-1066
919 Salamanca NW	611480	\$1,190,000.00	0.84	5600	4-5	2/1/1	0	Raul Portillo Jr	Berger Briggs RE - Insurance	247-0444
1116 Salamanca NW	518701	\$1,299,000.00	43560sf	4884	4-6	2/2/1	2	Magda Stevens	Re/Max Elite	798-1000
7542 Rio Grande Bl NW	602053	\$1,399,000.00	43560	44496	4	3.5	4	Jill S Levin	New Frontier Realtors	798-2530
7015 Rio Grande Bl NW	528086	\$1,500,000.00	1	4647	4	3.5	0	Judith Settle	Coldwell Banker Legacy	244-1600
1122 Green Valley NW	613810	\$1,500,000.00	1.007ac	5000	3-4	2/1/0	4	Marsha A Adams	Coldwell Banker Legacy	293-3700
8809 Rio Grande Bl #3 NW	521410	\$1,800,000.00	1	4131	3	3.25	5	Fred & Sandra Creek	Coldwell Banker Legacy	292-8900
641 Chavez NW	507534	\$1,800,000.00	3	6950	7	9	3	Michelle Selby	Coldwell Banker Legacy	293-3700
1015 Cottonwood NW	606773	\$1,899,000.00	1.200 ac	7500	4	2/2/1	3	Dana Brown	Keller Williams Realty	271-8200
1039 Cottonwood Trail NW	518747	\$2,350,000.00	1	5753	4	4.5	3	Lynn Johnson	Keller Williams Realty	897-1100
9001 Rio Grande Bl NW	517691	\$2,500,000.00	1.43	10756	9	4/3/2	7	Jeremiah Collins	Coldwell Banker Legacy	244-1600
419 Garduno Dr NW	619355	\$179,900.00	0.182ac	1710	3	1/1/0	0	George E Torres	Realty Assoc/George Torres RE	899-1060
6201 Sabre Ct NW	611065	\$248,000.00	0.108ac	1554	2-3	2/0/2	0	Sharon Janecka	Keller Williams Realty	271-8200
8913 Guadalupe Trl NW	619364	\$394,500.00	0.380ac	2800	4	3/0/0	0	Joe Schifani	Affordable Realty Services Inc.	899-4565
6021 Redondo Ct NW	619341	\$489,000.00	0.50ac	2188	3	3/0/0	0	Rebecca Langton	Langton Realty	344-4336
4114 Dietz Ct NW	619786	\$500,000.00	0.47ac	2303	3	2/0/0	2	Voula Chronis	Coldwell Banker Legacy	292-8900
4308 Rio Grande Bl NW	621996	\$599,500.00	1.0ac	2822	3-4	2/0/0	0	Joe Schifani	Affordable Realty Services	889-4565
7909 Rio Grande Bl NW	619519	\$650,000.00	0.90ac	3889	4	3/0/2	2	Brian Ortiz	B Square Real Estate	921-0852
1017 Salamanca St NW	618173	\$750,000.00	0.689ac	3470	3-4	2/1/0	0	Eloise A Gif	Keller Williams Realty	897-1100
1013 Salamanca Cir NW	619854	\$975,000.00	0.741ac	4098	3-4	2/0/1	2	Susan C Feil	Coldwell Banker Legacy	244-1600
1024 Acequia Trl NW	614728	\$1,079,900.00	0.52ac	3641	3	3/0/1	0	Suzanne Kinney	Coldwell Banker Legacy	244-1600
1004 Acequia Trl NW	619407	\$1,419,000.00	0.50ac	3800	4	2/1/1	3	Alicia Feil	Maestas & Ward Commercial RE	878-0001
700 Mullen Rd NW	618589	\$1,690,000.00	1.0ac	4200	3	3/0/0	3	Mike D Haley	Coldwell Banker Legacy	293-3700
8714 Rio Grande Blvd	620937	\$1,695,000.00	2.0ac	3815	5	4/0/1	3	Pat King	Real Estate Group/Pat King Co.	269-1148
6915 Guadalupe NW	504853	\$985,000.00	1.25	3540	4	3	4	Camille Mike	Hurricane Realty	269-2286
914 Ortega Rd NW	622809	\$250,000.00	3900	1925	3	2	2	Jim Edison	Pargin Realty ERA	898-4600
321 Nara Visa Rd NW	621887	\$315,000.00	0.037	1600	3-4	1	2	Judith Campbell	Coldwell Banker Legacy	838-1000
519 Bleadsoe Rd NW	611736	\$565,000.00	1.142	2680	3	2/0/1	4	Thomas J Mestas	Casa Latino RE of ALBQ	247-0507
6509 Caballero Parkway NW	622899	\$699,500.00	26136	4589	4	3	3	Ann Cloud	Keller Williams Realty	271-8200
1016 Salamanca Cir NW	623499	\$769,000.00	0.7	3443	3-4	3	2	Susan C. Feil	Coldwell Banker Legacy	293-3700
8848 Guadalupe Trail NW	623449	\$769,000.00	0.7	3443	3-4	3	2	Marsha A. Adams	Coldwell Banker Legacy	293-3700
6767 Guadalupe Trail NW	622294	\$1,475,000.00	1.5	4900	5	3/0/1	3	Sandi Pressley	Coldwell Banker Legacy	293-3700
8205 Guadalupe Trail NW	621319	\$159,900.00	1.88	4506	4	3/0/2	4	Joan L. Wagner	Prudential Southwest Realty	797-5555

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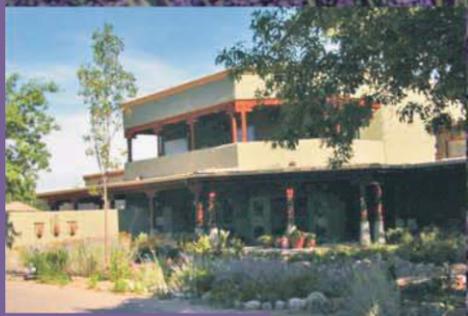
Magnificent New Home in Los Ranchos on 1 Acre. Canterra stone, chiseled travertine floors, carved timber trusses and plastered walls. Chef's Kitchen, Private Master Suite with amazing WIC, Home Theater, Outdoor Living Room with Fireplace & built-in grill. 4 Bdrms, 4 Baths, 3-Car Garage 5,753 Sq Ft. Room for pool & guest house.

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8510 Rio Grande NW

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How to leverage lavender to sell your house

by Tim Tourville, CRS

Don't discount the power of the sense of smell. For years, retailers have benefited from pumping pleasing, odor-neutralizing scents into their stores. Appealing scents can help home sellers as well.

If I could have only one plant in my yard, I would choose lavender. This wonderful bush came into my life when we purchased a home with a front flowerbed of perennials and a

large gray-green shrub. It wasn't until late spring, when this bush sprang into full glorious purple bloom, that I recognized the plant. With one whiff of the subtle fragrance, there was no mistaking its identity.

Lavender plants enhance any landscape. They are sun loving and need well-drained soil. They can be planted almost any time, and even started indoors from seed. Plants may succumb to old age after ten years but are inexpensive to replace. They thrive in

our hottest and most drought-ridden summers without watering, and live through our occasional harsh winters.

A sunny spot on the walkway to your house is an ideal place for a potted lavender or bush. Cut, dried, lavender flowers tied in bunches can be laid in linen closets or tucked in dry flower arrangements. Lavender, any way, anywhere, is sure to create an ambiance of comfort that will make your home worth a second look!

from Properties p27

ADDRESS	ML#	LIST PRICE	LOT	SF	BR	BA	G	AGENT	COMPANY	PHONE
PENDING										
124 Nara Visa NW	609286	\$165,000.00	0.33	VACANT LAND				Maureen Marcilla	Re/Max Alliance Realtors	298-9999
4629 Los Poblanos Cir NW	528087	\$429,000.00	0.56	VACANT LAND				A.J. Yarbrough	AJ Yarbrough Realty	858-1800
6025 Redondo Ct NW	533269	\$295,000.00	0.533	VACANT LAND				Rebecca Langton	Langton Realty	344-4336
6716 Edgewood Dr NW	512476	\$309,900.00	150x125	2918	4	1.75	2	M. Theriot & J. Szklarz	Coldwell Banker Legacy	828-1000
4139 Dietz Farm Circle NW	514975	\$797,800.00	0.68	3203	3	2.5	2.5	Lynn Martinez	Coldwell Banker Legacy	293-3700
806 Salamanca	509494	\$890,000.00	0.76	4809	4	2.25	2	Nancy Banes	Coldwell Banker Legacy	828-1000
1002 Acequia Trail NW	524472	\$985,000.00	3585	3	3					
700 Ranchitos Rd NW	515992	\$599,000.00	0.26	2899	4	2	2	Kurstin Johnson	Vista Encantada Realtors LLC	884-0020
533 Roehl Ct NW	606188	\$735,000.00	.527ac	2456	3-4	4	2	Marsha A Adams	Coldwell Banker Legacy	293-3700
192 Salamanca NW	618075	\$979,000.00	0.60ac	4065	4-5	3/0/1	2	Suzanne Kinney	Coldwell Banker Legacy	244-1600
1105 El Pueblo NW	522333	\$429,000.00	0.78	1775	3	2	0	Christina Ortega	American Realty	897-3657
8150 Rio Grande Bl NW	614779	\$1,498,850.00	1.15ac	3903	4	3/1/0	2	Suzanne Kinney	Coldwell Banker Legacy	244-1600



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Cornelia Wylldestar: Village's New Guide to Wellness

A new business has come to 4th St. Dr. Cornelia Wylldestar has opened a counseling practice based on integration of spirit, body and mind. She is a therapist, printmaker, multi-media artist, and an on-line professor

of film history. Her practice is based on the concept of wellness rather than illness.

Dr. Wylldestar has a doctorate in counseling psychology, and is a certified mediator. She taught for sixteen years at a community college in California and ten years at numerous universities in Massachusetts. She had a counseling practice in Los Angeles. Self expression through imagery is a leitmotif of her therapy.

Dr. Wylldestar has been creating art over her entire life. She began printmaking in the seventies with 'message' art for community agencies. Later, she participated in workshops with Master Printer, Ron Pokrasso, Dan Welden, inventor of Solar Printmaking, and Mitch Lyons, creator of Clay Printmaking. All the art that Cornelia makes reflects her commitment to the environment. She is a 'green' printmaker using soy-based inks, recycled paper, and eco-practices in art waste recycling.

After visiting New Mexico for fourteen years, Cornelia could no longer resist the spell of the Land of Enchantment, and moved here in 2005. Before opening her practice, she took time to get to know the area. When she discovered the Village of Los Ranchos, she knew she had found the ideal community. Bob Kantor, of Red Sky Realty, had just what she was looking for: an office with a group of professionals dedicated to the well-

being of their clients. The office is located in the El Paraiso Center at 6501 4th St., Suite E-1.

Cornelia's office is a welcoming place. Upon entering, a person feels that she/he is a valued visitor in Cornelia's home. Her original prints and her academic credentials are displayed on the walls, and the ambience is one of openness and hospitality. This atmosphere makes an individual feel at ease. It is an environment of trust.

Dr. Wylldestar's approach to wellness emphasizes integration of spirit, mind and body - Living Consciously. She uses individual counseling, workshops, and study groups in her work. Dr. Wylldestar practices problem resolution and issue-centered 'brief therapy'. The term, 'brief therapy', means that the therapeutic relationship has a realizable goal determined by the client, which can be reached within a specific time period defined by the client and therapist.

Workshops and study groups offered include: breaking down barriers to self-realization; positive and realistic strategies regarding aging; expressing anger for growth; understanding one's own story as the hero's journey; and intuitive journaling. She has a full program scheduled for July and August, including a free walking clinic. The schedule can be found in another part of this magazine. She can be reached at 508-1337, dr.cw@mac.com, or her website: www.wellnessapproach.net



Conscious Living Workshops
Cornelia Wylldestar, Doctor of Counseling Psychology

July 19-20
UNDERSTANDING & EXPRESSING ANGER
Weekend Workshop*

July 26
HITTING AGE SIXTY & BATTING 1000

August 9
Saturday Afternoon, 1-4 p.m.**

August 2
MANDALA JOURNALING

August 16
Saturday Afternoon, 1-4 p.m.**

August 23-24
UNDERSTANDING ONE'S SHADOW SIDE
Weekend Workshop*

August 10
THE QUEST FOR SELF & STAR TREK

September 14
Saturday Afternoon, 1 - 4 p.m.**

July 16 - August 23
10,000 STEP WALKING PROGRAM
This is a free coaching program every Wednesday and Saturday morning, 9-10 a.m. Come when you want. Open attendance

***Weekend Workshops**
Sat. 10 - 4 p.m., Sun. 11 - 2 p.m.
Sun. Light complimentary brunch
Cost: \$135
\$125 *if registered by the week preceding the workshop

***Saturday Afternoon Workshops**
1-4 p.m. **Cost: \$45**
\$40 *if registered by the week preceding the workshop

To register: 508-1337, or e-mail: dr.cw@mac.com
6501 4th St. E-1 / Village of Los Ranchos, NM

THE NEXT REGULAR MEETING
WILL BE HELD ON
TUE., JULY 8, 2008
a complete official written and audio
version of the minutes is available
online at www.losranchosnm.gov

July 3, 2008 - Action Report

1. **CALL TO ORDER** - Chairman Hunter called the meeting to order at 7:00 p.m.
 - A. Roll call - Commissioner Radnovich, Commissioner Brawley, Commissioner Martinez, Chairman Hunter, Commissioner McDowell, Commissioner Simon and Commissioner Crawford were present. Chairman Hunter stated there was a quorum present for the meeting.
 - B. Approval of Agenda - The Agenda was unanimously approved (6-0).
2. **PUBLIC COMMENT PERIOD**
Residents may address the Planning and Zoning Commission to comment on issues, problems, or successes on **topics that do not appear elsewhere on the agenda**. Audience members will be given an opportunity to comment on agenda items as they come up. **Speakers must register with Village Staff prior to the beginning of the meeting.**

3. APPROVAL OF MINUTES

- A. Regular Meeting - May 13, 2008 - Minutes were unanimously approved (6-0).

4. CONSENT AGENDA

All matters listed under the Consent agenda are considered to be routine and will be enacted by one motion. There will be no separate discussion of these items. If discussion is desired, that item will be removed from the Consent agenda and will be considered separately.

There were no Consent agenda items.

5. PUBLIC HEARINGS AND APPLICATION

- A. **ACA-08-01** A request by Montano Land Company for an Amendment to Conditions of Approval for SUP-04-03 A Special Use Permit for a Museum and accessory uses in "Unit A" and administrative offices and accessory uses in "Unit B", Tract 2-B, to eliminate Unit A and Unit B from the scope of the afore-mentioned permit. The property is located at 1776 Montano Road NW and legally known as Lot 2- B of Plat of Lots 2-A and 2-B, Racing Museum Subdivision, Village of Los Ranchos de Albuquerque, Bernalillo County, New Mexico, February 2007. The property contains 2.6546 acres, more or less. POSTPONED FROM THE MAY 13, 2008 MEETING.

The application for an Amendment to Conditions of Approval for SUP-04-03 was unanimously voted to forward to the Board of Trustees with a recommendation of approval (6-0).

- B. **CU-08-05** A request by Montañó Land Company for a Conditional Use Permit to allow for a charter/private school in Unit 2 of Tract 2-B in the A-1 Zone of the Dietz Farm Character

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Area. The property is located at 1776 Montano Road NW and legally known as Lot 2- B of Plat of Lots 2-A and 2-B, Racing Museum Subdivision, Village of Los Ranchos de Albuquerque, Bernalillo County, New Mexico, February 2007. The property contains 2.6546 acres, more or less. POSTPONED FROM THE MAY 13, 2008 MEETING.

The application for Conditional Use Permit was unanimously approved (6-0).

C. **SDP-08-01** A request by Montano Land Company for preliminary Site Development Plan for Unit 2, a charter/private (Cottonwood Preparatory) school. The property is located at 1776 Montano Road and is legally known as Lot 2-B of Plat of Lots 2-A and 2-B, Racing Museum Subdivision, Village of Los Ranchos de Albuquerque, Bernalillo County, New Mexico, February 2007. The property contains 2.6546 acres, more or less. POSTPONED FROM THE MAY 13, 2008 MEETING.

The application for Site Development Plan was unanimously voted to forward to the Board of Trustees with a recommendation of approval (6-0).

6. **OLD BUSINESS**

7. **NEW BUSINESS**

A. *The meeting of June 10, 2008 has been cancelled.*

8. **REPORTS**

A. *Planner's Report - Planner Seebach gave the Planner's Report.*

9. **COMMISSIONER'S INFORMAL DISCUSSION**

10. **ADJOURNMENT** -*The meeting was adjourned at 9:50 p.m.*

A COPY OF THE AGENDA MAY BE OBTAINED AT THE VILLAGE OFFICE, 6718 RIO GRANDE BLVD NW, DURING REGULAR BUSINESS HOURS OF 8:00 AM - 5:00 PM. THE PLANNING DEPARTMENT HOURS ARE FROM 8:00 AM TO NOON, AND BY APPOINTMENT FROM NOON UNTIL 5:00 PM.

THE NEXT REGULAR MEETING
WILL BE HELD ON
WED., JULY 9, 2008
a complete official written and audio
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online at www.losranchosnm.gov

June 18, 2008

BOT Summary

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BOT Summary



Bedroom Farce promises a wild night at the Adobe

by Phil Bock

British playwright Alan Ayckbourn is a master of confusion. In his *“Bedroom Farce,”* he shows us a wild night during which Kate and Malcolm’s big party is ruined by the marital conflict of Susannah and Trevor, due to the presence of Trevor’s former lover, Jan. None of these people are very stable, including Nick, Jan’s husband, who had to stay home in bed with a bad back. Trevor’s parents, Ernest and Delia, would like to get to bed early, but the other characters keep dropping in on them, and on Nick, and, well, you can see why it is called a farce! Laughs are guaranteed and, don’t worry, Susannah and Trevor do finally reconcile.

Taunya Crilly, who has directed at the Adobe previously, chose this play for our July offering because Ayckbourn is noted for his comedies, *“Confusions”* (done at the old Adobe in Corrales), the *“Norman Conquests”* trilogy (done at the Vortex), and for the darker play, *“Woman in Mind.”* These are only a few of his forty published works.

The excellent cast consists of Adobe regulars, Ninette Mordaunt and Hugh Witemeyer, as Trevor’s parents; Matt Heath and Jennifer Lloyd as the

frustrated hosts of the party; Morgain Davison and Remy Rotenier as Jan and the suffering Nick, and newcomers, Joseph West and Jenny Miller, as Trevor and Susannah (though Jenny made her Adobe debut last month in *“Yellow Cab.”*)

“Bedroom Farce” has the Aristotelian unity of time for all the crises, and their resolutions take place within one very long night. Don’t miss this witty comedy of which the Washington Post critic wrote: “You’ll laugh until your stomach muscles ache. More than a farce, *“Bedroom Farce”* is human comedy.”

Bedroom Farce

Opens at the ADOBE Theater on July 11th, and plays through August 3rd, with performances Friday and Saturday at 8:00 pm, and Sunday at 2:00 pm.

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Incorporate a little lavender in your summer cooking

by Randy Shamlan

Lavender...Lavender!" is a line from the romantic comedy, "A Good Year," where the main protagonist, Max Skinner, a London stock trader, is personally awakened to a simpler, yet much more rewarding, way of life when he serendipitously inherits his uncle's vineyard in Provence, France. As much as lavender is connected with Provence, so too is lavender a part of the culture in the Village of Los Ranchos. As July is upon us, we have cause for celebration of the "5th Annual Lavender in the Village Festival," set for July 11th, 12th and 13th. At the Growers' Market there'll be plenty of lavender-made wares, including Chef Mia Maes' lavender-blended dried herbs (similar to an Herbes de Provence), which, she suggests, is ideal for grilled chicken or tossed with warmed black olives and red wine.

"A Good Year" is symbolic for me in many ways. I've come to have my own awakening this past year, living in Los Ranchos while connecting with the fine folk in the Village and at the Growers' Market. I suppose it has something to do with the simple ease of the Los Ranchos way of life combined with the

natural aesthetics of the landscape that one can only be drawn in with a sense of comfort and awe. I moved here from Montana no more than two years ago to be close to my mom, stepfather, and younger sister, and I feel blessed to have found my home in the Village... a little piece of Americana where life has far exceeded any expectations prior to moving here. Oh, by the way, "Happy 4th of July!"

As a culinarian, one of my favorite ways to utilize lavender is to blend it, dried, with toasted almond pieces to make a white chocolate bark. This makes for a nice little confection. The other use, an influence I picked up while working at Le Cote d'Azur Restaurant in La Jolla, California, back in the late '70's, is a dried herb mixture of primarily rosemary, fennel seed and lavender known as Herbes de Provence. I like to chop up some fresh garlic and fresh rosemary and blend it with the Herbes de Provence and rub it on rib eye steaks that have been seasoned with extra virgin olive oil, sea salt, fresh ground black pepper, and a dash of Worcestershire Sauce. And of course, I then grill the steaks to a medium rare.

Herbes de Provence and sliced red onions make a great topping for a focca-

cia. Sprinkle with some chopped fresh rosemary and sea salt and drizzle with extra virgin olive oil, and you have a perfect accompaniment for the grilled steaks along with fresh salad greens and tomatoes...which are available throughout the summer at the Growers' Market. Below is an easy recipe for foccacia.

- 1 ¼ cup warm water
- 1 Packet Dry Yeast
- 3 1/2 Cups All Purpose Flour (King Arthur recommended)
- 1 Tbl. Sea Salt

Combine water and yeast. Let bloom. Add liquid to flour and salt. Mix till just blended. Do not over develop.

Preheat oven to 365 degrees. Use 9" x 12" pan. Coat pan with vegetable spray. Coat hands with flour and evenly press out foccacia dough onto pan. Add toppings. Let rise for 15 minutes. Bake for 25 minutes or until done.

Enjoy!

Randy Shamlan is the author of *A Slice of Apple Pie*, a contributor to *Edible Santa Fe*, and a personal chef. He's also at the *Growers' Market* weekly with fresh fruit pies and other baked goods.

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Roses in bloom at the Casa Rondeña Winery. Photo by Deanna L. Nichols, dnicholsphotos.com

The Adventure of a Discard

*An allegory
by Eugenia Eberle*

I am a paper cup. I was very useful once, but when I was no longer needed, I was discarded. Not put into a bag with other used items but merely pitched into the Rio Grande River, just north of the Bosque where I began my lonely and rather hazardous journey. Sink or swim! Some of us sank with other waste products to be caught by the weight of the silt thickening the river as it worked its long route south. Those of us who floated, however, went along for the ride, not knowing where we'd land or what might happen to us along the way. I'd meet other discarded objects, but my friendships would alter occasionally if I was caught temporarily in the limb of a tree that had fallen from the latest rain after the river flooded the banks, pulling it from its foundations. I'd sit there bobbing for who knows how long before the water level dropped back to normal, finally allowing me to pass under the long, fallen limb.

There was a time when, still a rather reasonably new cup, I got caught in a broken branch, unable to free myself as the little whirlpool contained me beside a large piece of bubble wrap hooked quite permanently on another broken branch close by. It was there that my journey would lapse until the rains came and the river rose, spinning me away from the branch allowing me to move with the water, swift now, with the current now pulling, pulling so many of us who continued to survive to the next junction.

When the water changed its tempo with the seasons, falling and rising through the year, I would usually be set free from my temporary traps. Off I'd go where I'd meet other friends, new friends, who would compare their stories as we continued to survive the flow and turmoil, bumping and churning along the way moving along for what seemed like forever.

The shores began to clutter with so many of us survivors, now finding permanent resting places, locked in with plastic bottles, Styrofoam pieces, plastic petrol containers, once like me, whole and useful to someone. The

banks were resting places for clothing, magazines, and torn, rotting, muddy blankets. We were all shapes and sizes, a multitude of colors and personalities. It was when we were no longer needed that we felt safer by being put into a trash can where we could really make a party of it, knowing we were in our own place.

I recall a particular day which startled me, but also proved to be somewhat of a relief, when a group of people with large black bags stepped watchfully along the shore picking us up. Some had sticks to pull us in, to release us from our bondage, others crawled out along a tree trunk to grab us or hold on to another for support for that long reach, determined to collect us for our permanent resting place, that place where we should all go once we have been discarded!

As I sit crammed in my new home, I feel secure that I have been put where I am meant to be and thank that someone for putting me there.

Written after a Saturday morning with a Rotary project to clean up the Rio Grande River at the Bosque in Albuquerque, New Mexico on May 6, 2007.

Casa Rondeña's Meritage Red Wins Double Gold

For the second year in a row, Casa Rondeña's Meritage Red received a Double Gold Medal from the Tasters Guild International Wine Competition. Of the 2,014 overall wines entered, Casa Rondeña was the only Meritage Red singled out by the judges as worthy of a Double Gold rating! The 2005 Meritage Red also received a Gold Medal at the International Eastern Wine Competition, competing against over 2,200 wines from thirteen different countries.

Since 2005, this classic Bordeaux-style blend of Cabernet Franc, Merlot and Cabernet Sauvignon, has won dozens of gold and double gold awards and top honors in wine competitions from New York to Los Angeles. A bit complex with a lingering finish, the Meritage Red shows flavors of vanilla and currant.

Along with the Meritage Red, Casa Rondeña's Cabernet Franc was also a medal winner, receiving a Gold Medal from the Tasters Guild International

Competition and Silver Medal from the International Eastern Wine Competition. Cabernet Franc is the original red wine grape of the Loire Valley in central France, and also grows well here in New Mexico. A medium bodied wine, it exhibits flavors of blackberries, dark cherry and chocolate, yet remains soft on the finish.

Located in the beautiful community of Los Ranchos de Albuquerque, Casa Rondeña invites visitors to experience

the beauty of the vineyard and sample the eight award-winning wines currently being showcased at the winery. The tasting room is open seven days a week; complete information on hours of operation and upcoming events can be found on their website www.casarondeña.com.

Casa Rondeña Winery was established in 1995 by vintner and native New Mexican, John Calvin.



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Area I&J Construction



by Lisa Manwill

As always, thank you for your patience. We realize this is a messy and inconvenient project, and we are working as quickly and safely as possible. The Contractor is actively trying to keep the dirt watered to avoid the excessive dust created by the spring winds. We have increased our watering efforts - we have a truck somewhere on the project site most times of the day. Keeping dust at bay in a dry, windy environment is incredibly difficult and sometimes feels like a losing battle...

The Area I&J project is beginning its sixth month and as of the writing of this update, is still slightly ahead of schedule. As mentioned in previous updates, the side roads get narrower the further north we go and construction may go a bit slower in these areas. It is anticipated that this month will be spent installing sewer lines on Rio Grande north of Chamisal and on adjacent side roads.

As many of you who live south of Green Valley Road may know, the County was anticipating allowing you to hook up to the new sewer system at the end of the summer. Unfortunately, we have run into some equipment issues for the lift stations. Specifically, one piece of equipment is no longer available. The manufacturer has a replacement piece of equipment that will work with our design; however, staff at the Albuquerque/Bernalillo County Water Utility Authority will need to be trained in the operation of the replacement piece of equipment. At this time, we are trying to schedule training and order the equipment. We do not yet have any dates.

Please be prepared for delays and shut downs on Rio Grande over the duration of the project. The Village website, www.losranchosnm.gov, is a good way to stay abreast of road impacts. As always, you can call Rodrigo

or me for assistance. Additionally, the County has contracted with Wilson and Company to assist with inspection services. The inspectors are familiar with the project and can answer most questions. Don't hesitate to contact us if you have questions or concerns.

The Contractor will be handing out flyers announcing the anticipated date that construction will begin on your road. You can expect these flyers to be handed out four to seven days prior to the start of construction on your road.

The system being installed is a gravity sewer system run by a series of lift stations. Because of this, we have some flexibility when it comes to the placement of your sewer stubs. Please review the information below and contact the County prior to sewer installation on your road. If you do not contact us, we will install the stub six feet deep somewhere along your front property line.

Sewer Stubs

Below are some steps you may want to consider when trying to determine the best location for your sewer stub. If you are not planning on installing your sewer yard line, contact a plumber to assist you with the steps below. Please consider hiring a licensed and bonded plumber.

1. Depth of Sewer Line at House:

- a. Locate your sewer clean outs and determine the depth to the bottom of your sewer line. Generally, the clean out is located between the house and the septic tank.
- b. If you can not find, or do not have a sewer clean out, you must determine the depth of the sewer line exiting your house by digging it up.

2. Length of Yard Line

- a. Measure the length required for the new sewer yard line (from the house to the street)

3. Horizontal Location of Service Stub (at street)

- a. The location of your yard line at the street (2a) will tell us the horizontal location of your sewer stub.
- b. Once the County's contractor is getting close to your residence, you will receive a flyer requesting you provide the desired horizontal placement of your sewer service stub. Please be on the look-out for the flyer.

4. Vertical Location of Service Stub (at street)

- a. Call or email the County Project Manager to confirm that we have your stub deep enough. We can determine proper depth providing you are able give us measurements described in 1 and 2 above. **PLEASE make certain to mention if your property is above, below or about the same elevation as the street.**

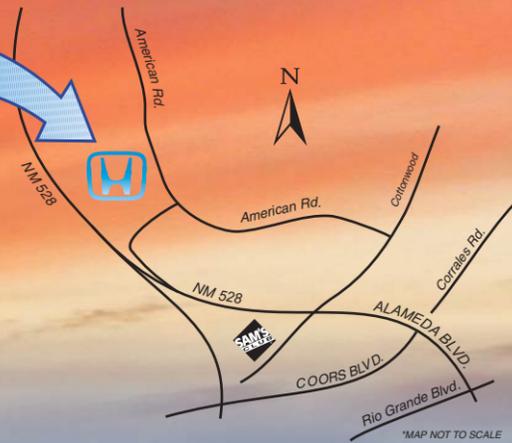
- b. Unless you've been contacted previously, all sewer stubs will be a minimum of six feet below the street. This depth is usually deep enough to maintain proper yard line slope and keep yard trenches as shallow (less expensive) as possible. If needed, in many cases, we are able to provide a deeper stub. A deeper stub may be required for:
 - 1) A home that sits far back from the street
 - 2) A home that has cleanout depths (1a /1b above) deeper than 2 feet
 - 3) A home that sits below the street

Project Manager
Rodrigo Eichwald, P.E. (rleichwald@berncogov) 848-1574

Project Engineer
Lisa Manwill, P.E. (lmanwill@berncogov) 848-1512

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