



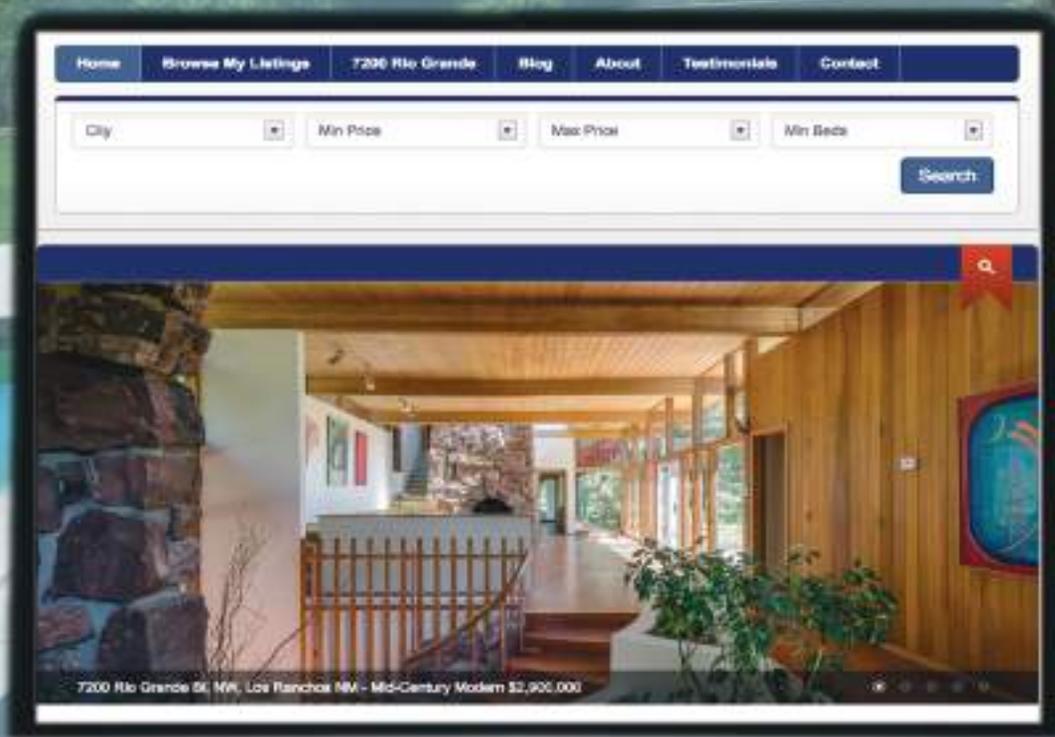
Los Ranchos *Village* Vision

Summer 2016



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Mayor's Report

by Larry Abraham

Celebrating Lavender in the Village

July is truly going to be the month of lavender. We have two fabulous events taking place.

First, the Los Ranchos Growers' Market is hosting its Lavender and Garlic Celebration on July 9 from 7:00 a.m. to 1:00 p.m. This is the 15th year that the Growers' Market has dedicated a market weekend to Lavender. In addition to the fresh produce, lavender plants and lavender and garlic products, do not miss the demonstrations and educational classes. All activities will be take place at the Hartnett Park adjacent to Village Hall.

Secondly, we welcome back the Lavender Festival hosted by the Lavender in the Village non-profit organization. After a three-year hiatus from the Agri-Nature Center, the Lavender Festival is back. This one-day event will take place on July 16 from 10:00 a.m. – 5:00 p.m. As you would expect, there will be plenty of lavender products to sample and purchase. There will also be local food and drink, yoga, kids' activities and educational seminars.

Both events will be well worth attending and spending the day with your friends, neighbors and fellow Los Ranchos residents. Come out and enjoy a bounty of lavender products and loads of fun.

Additionally, we are excited about getting started on designing a remodel to the Agri-Nature Center. The improvements envisioned include enhancing the functionality of the building to make it usable as a meeting and event center. Additionally, we will create an indoor and outdoor space that will take full advantage of the landscape

and the unobstructed view of the Sandia Mountains. Our intention is that the primary purpose for the property remain farming and open space. The improvements will allow us to offer the facility for additional uses.

We reached a milestone last month in that the Village cash reserves reached over \$10 million. We are very proud of having managed your public resources such that we are on sound financial footing and are about to improve existing assets and purchase new properties for future development. We are still dedicated to completing phase one of the Fourth Street renovation. The design and engineering team is hard at work to complete the final design. We anticipate that starting in August we will be reviewing near final designs and that by year's end we will begin construction.

The Village is certainly a bright spot in New Mexico. We have a wonderful community and we look forward to many years of prosperity.

Calendar

Planning and Zoning Commission Meetings

Tuesday, July 12, 7:00 p.m.
 Tuesday, August 9, 7:00 p.m.
 Tuesday, September 13, 7:00 p.m.

Board of Trustees Regular Meetings

Wednesday, July 13, 7:00 p.m.
 Wednesday, August 10, 7:00 p.m.
 Wednesday, September 14, 7:00 p.m.

Deadlines: Los Ranchos Vision Magazine

Advertising and Article Submissions Due
 Friday, July 22, September Issue
 Friday, September 2, Fall Issue (October)

Growers' and Arts/Crafts Market

Saturday, July 2, 7:00 a.m. – noon
 Saturday, July 9, 7:00 a.m. – 1:00 p.m.
Lavender & Garlic Festival (extended hours)
 Saturday, July 16, 7:00 a.m. – noon
 Saturday, July 23, 7:00 a.m. – noon
Flower Festival
 Saturday, July, 7:00 a.m. – noon
 Saturday, August 6, 7:00 a.m. – noon
 Saturday, August 13, 7:00 a.m. – noon
 Saturday, August 20, 7:00 a.m. – noon
Peak of Season
 Saturday, August 27, 7:00 a.m. – noon
 Saturday, September 3, 7:00 a.m. – noon
 Saturday, September 10, 7:00 a.m. – noon
Fall Veggies, Salmon & Beef with guest Chef Kenny, the Fishhugger
 Saturday, September 17, 7:00 a.m. – noon
 Saturday, September 24, 7:00 a.m. – noon

Independence Day

Monday, July 4
Village office closed

Labor Day

Monday, September 5
Village office closed

Lavender & Garlic Festival

Saturday, July 9, 7:00 a.m. - 1:00 p.m.
Los Ranchos Growers' Market

Lavender in the Village

Saturday, July 16, 10:00 a.m. - 5:00 p.m.
Agri-Nature Center, 4920 Rio Grande Blvd NW

JULY

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Summer 2016

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Cover photo by Keen Heinzelman

Village at-a-Glance

Lavender at the Growers' Market

On July 9, the Growers' and Arts & Crafts Markets will have a Lavender and Garlic Celebration with extended hours to 1:00 p.m. This is the 15th annual event. The market will feature fresh cut lavender bouquets, lavender plants, special lavender products, various types of garlic, and special products featuring garlic. The classes and demonstrations will be held in a large tent by the handball courts. The Los Ranchos 4-H group will have a special booth again this year. In addition to the classes, various arts/crafts vendors will be demonstrating or discussing various techniques used to produce lavender and garlic themed art at their booths.

Lavender in the Village is back!

On Saturday, July 16th from 10:00 a.m. to 5:00 p.m., more than 40 vendors will be displaying fine lavender products. Try out handcrafted, locally made wines and beer. Unwind with on-site yoga and let the kids explore at the farm camp.

Safely Celebrate Independence Day

Soon we will see fireworks lighting up the beautiful New Mexico skies! As we celebrate our national independence, we must be diligent in preserving our land. Have a water source nearby and wet all surrounding areas before you begin. Always supervise children when they handle any type of firework. Please remember the Village does not allow use of helicopter or ariel type fireworks. Let us preserve our land and safely celebrate Independence Day.



Kathryn E. Terry

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VILLAGE OFFICE HOURS
M, W, Thur, & F: 8:00 a.m. - 5:00 p.m.
Tues: 9:00 a.m. - 5:00 p.m.

The *Los Ranchos Village Vision* is an official publication of the Village of Los Ranchos de Albuquerque. Its primary mission is to promote the "Spirit of Los Ranchos," while informing Village residents of activities, both public and governmental, currently in progress throughout the Village. It is published eight times per year and distributed free of charge to residents and businesses. Non-residents and other interested parties may subscribe by contacting Los Ranchos Village Hall at 344-6582. Price, including S/H, is \$20.00 per annum.

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ADVERTISING
The deadline for the next issue is printed in the calendar of each issue. Advertisements must be paid at Village Hall before each deadline, and artwork submitted in a print-ready PDF format.

CONTRIBUTIONS
Material of general interest about the Village of Los Ranchos de Albuquerque is encouraged. Please submit all communications to the coordinator. Articles should be sent by Word attachment and photographs are best received in jpeg format or on a CD. Refer to the advertising page in this publication. Please call before submitting material to confirm space and suitability.

The *Los Ranchos Village Vision* takes every precaution to ensure the accuracy of all published works. However, it cannot be held responsible for the opinions expressed or facts supplied herein. Factual inaccuracies brought to the attention of the Village will be corrected, when possible, and in a timely manner. If you wish to notify us of an error, you may contact us at 344-6582 or email us at info@losranchosnm.gov.

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Visit us on the Web

 The Village Growers' Market | losranchosnm.gov
losranchosgrowersmarket.com

 [@LosRanchosNM](https://www.facebook.com/LosRanchosNM), Official Page

 [@LosRanchosNM](https://twitter.com/LosRanchosNM), Official page
[@LosRanchosEM](https://twitter.com/LosRanchosEM), Emergency Manager

 Pinterest - [LosRanchosNM](https://www.pinterest.com/LosRanchosNM)



Public Safety

*by Robin Hopkins, BCSO
Director of Public Safety,
Village of Los Ranchos*



Celebrate National Night Out

National Night Out, August 2, from 7:00 p.m.- 9:00 p.m. is an annual community-building campaign held on the first Tuesday in August. Its mission is to promote community partnerships with police and build neighborhood camaraderie to make our neighborhoods safer, better places to live.

The events are typically organized by neighborhood watch block captains or anyone who wants to bring their neighbors together for this important evening.

National Night Out is an excellent opportunity for you and your neighbors to socialize, renew acquaintances, welcome new neighbors and meet your Deputies.

We enjoy very low crime in the Village because most residents know their neighbors and call the Sheriff's Department when they see suspicious people or vehicles, let's keep that going!

Your event can be as simple as a backyard cookout, a block party, or a full-blown festival with kid's activities, music, you name it, whatever you think your neighbors would enjoy.

I encourage you to search the Internet for "National Night Out" and get inspired by what others are doing to celebrate this event.

If you will be participating in National Night Out and would like Bernalillo County Sheriff Deputies to visit, please let me know by July 25.

Thank you for taking an active role in the Village community,

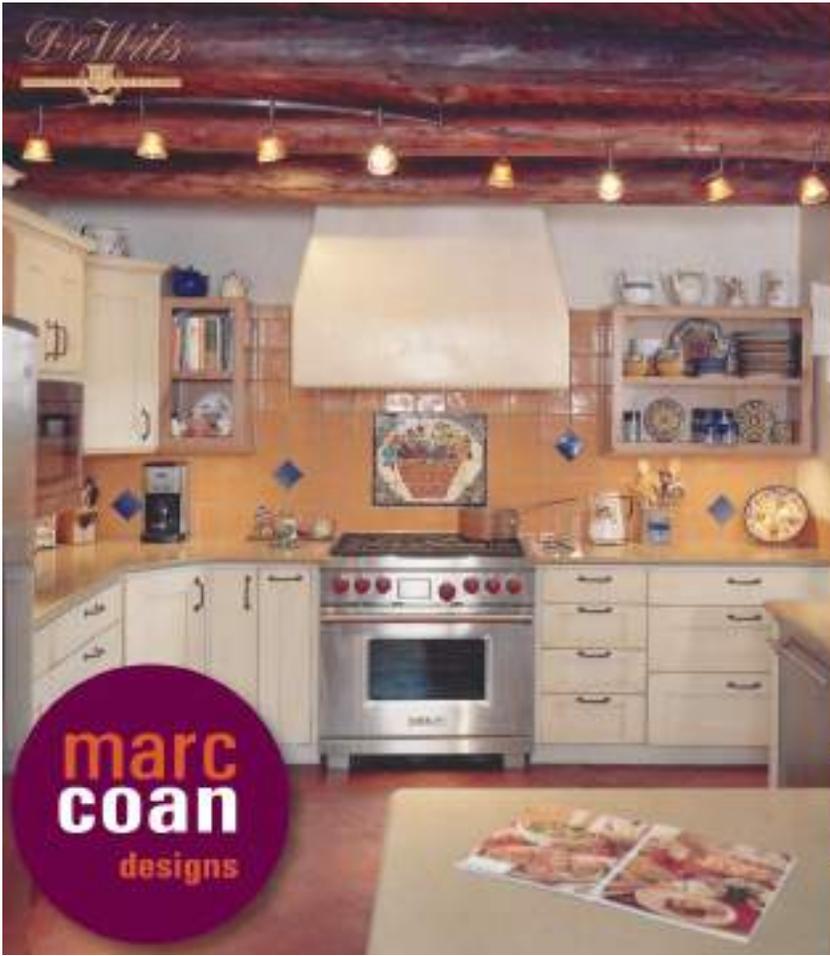
Deputy Robin Hopkins
505-977-1165
rhopkins@losranchosnm.gov



“The best way to prevent crime is to know your neighbors and your surroundings. National Night Out triumphs over a culture that isolates us from each other and allows us to rediscover our own communities.”

Senator Kay Baily Hutchinson





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Fire Corner

by Staffing Division Chief Greg Perez,
Bernalillo County Fire Department



New Fire Engine Assigned to Village

The week of May 22nd, a small team including myself traveled to Appleton, Wisconsin, the home of the Pierce Manufacturing plant. Pierce is the company building our fire trucks and has been for years. The purpose of this trip was to start the design phase for the next fire engine to become part of the Bernalillo County fleet. This trip was extra special because the fire engine we are building will be assigned to the Village. This unit is being purchased from funds provided to the Village through the State Fire Funds in the amount of approximately \$350,000.00; Bernalillo County is providing the remaining balance.

The new fire engine will take approximately six months to build and is expected to be delivered early January 2017. In the next Village Vision, I will provide updates on the progress of the build as well as a link for each of you to watch the engine on the assembly line. This is a very exciting time for the men and women of your Bernalillo County Fire Department; we look forward to sharing this excitement with you over the coming months.



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Ditch Writer

An Agri-highlights Column
by Sue Brawley and Lorilee McDowell

July and August Markets Offer Bounties of Flowers Fruits and Produce

In July and August, try some of the various types of tomatoes, green and purple beans, potatoes, various types of summer squash (patty-pan, zucs, zephyr, roly-polly), fresh garlic, green onions, sweet peppers, radishes, carrots, and rutabagas. Different types of basil will be available for pesto, stir-fries and salad uses. Blackberries and raspberries and potentially some other fruit will be available. Bouquets are beautiful and you can select from cosmos to sunflowers to lavender and more. August marks the arrival of wonderful sweet corn and tasty melons (Sugar babies, crimson sweets,

Crenshaw's, and cantaloupes), and the first of the hot chiles.

Special Events:

On July 9, the Growers' and Arts & Crafts Markets will have a Lavender and Garlic Celebration with extended hours to 1:00 p.m. This is the 15th annual event. The market will feature fresh cut lavender bouquets, lavender plants, special lavender products, various types of garlic, and special products featuring garlic. The classes and demonstrations will be held in a large tent by the handball courts. The Los Ranchos 4-H group will have

a special booth again this year. In addition to the classes, various arts/crafts vendors will be demonstrating or discussing various techniques used to produce lavender and garlic themed art at their booths.

- 7:45 - 8:15 am: Cooking with Lavender & Garlic (Savory)
- 8:30 - 9:00 am: Growing Lavender & Companion Plants
- 9:15 - 10:30 am: Using Lavender/Lavender Wand demonstration
- 10:45 - 11:15 am: Growing Garlic
- 11:30 - 12 noon: Lavender Products to make at home
- 12:15 - 12:45 pm: Cooking with Lavender & Garlic (Savory)

continued on page 12

From Market to Your Table

by Lorilee McDowell

Lavender Dressing for Seasonal Fruit

At the market, load up on fresh fruit: peaches, plums, apricots, whatever you like. Also, whatever berries are in season, but do not mix them in yet. Add an apple, in small bites, and maybe some grapes, sliced in half. Cut it all up and store in the refrigerator while you create the lavender dressing. You will need some goat cheese to crumble (or you may use a block of cream cheese, cut into tiny cubes). You will need a carton of sour cream - not the stiff kind, but the creamy, European style; half and half, lavender honey, and a little culinary lavender - 'Provence' is mild and works well, 'Grosso' maybe a bit too strong. Turn the sour cream into a bowl, and whisk it until it is really smooth, adding just a few grains of salt. Thin the sour cream with half and half until it is a slow-pouring consistency, adding a spoon

of lavender honey (or substitute with another type of honey), to taste. Now the lavender; it is very potent and a little truly goes a long way. Add a few whole lavender buds at a time to your dressing, and let each addition sit for a bit to develop, so you can tell how strong you like it. If you do not want whole lavender buds in the dressing, you can crush the lavender buds on a cutting board using the back of a spoon.

When you are ready to serve, place a fresh lettuce leaf or two at the bottom of each salad bowl. Mix your fruit, except the berries, and pile some on the lettuce leaf in each bowl. Add the crumbled goat cheese (or cream cheese), and spoon the berries on top. If there is a little fruit juice left in the bowl, add a spoonful or two to your dressing. Pour the dressing over the piled fruit, add a sprig of lavender, and serve.

continued from page 11

Bounties of Flowers, Fruit and Produce at July and August Markets

July 23 is the third annual Flower Festival. August 20 is the 16th annual Peak of the Season Celebration featuring corn, tomatoes, squash and chiles – this is the international year of chiles.

Check out our website for more information about the availability of local produce and products at the market. Visit our Facebook page (Los Ranchos Growers Market) for local product information and to view

pictures. The Arts and Crafts vendors feature creative and unique gifts that are all handmade by New Mexico artists. More information is available at: www.LosRanchosArt.com
www.losranchosgrowersmarket.com

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The First Week of Los Ranchos Farm Camp a Success

The first week of farm camp was a success! The theme of the week was Nature, Recycled, and Upcycled Art and Craft Camp. Campers learned tons on their walks through the bosque and hiking to the Rio Grande. Farm animal yoga was a hit and so were the frog

pops (spinach and mango popsicles). The campers also put their minds to work creating tons of cool art and working in the garden. The kids have also been collecting cabbage worms from the garden.



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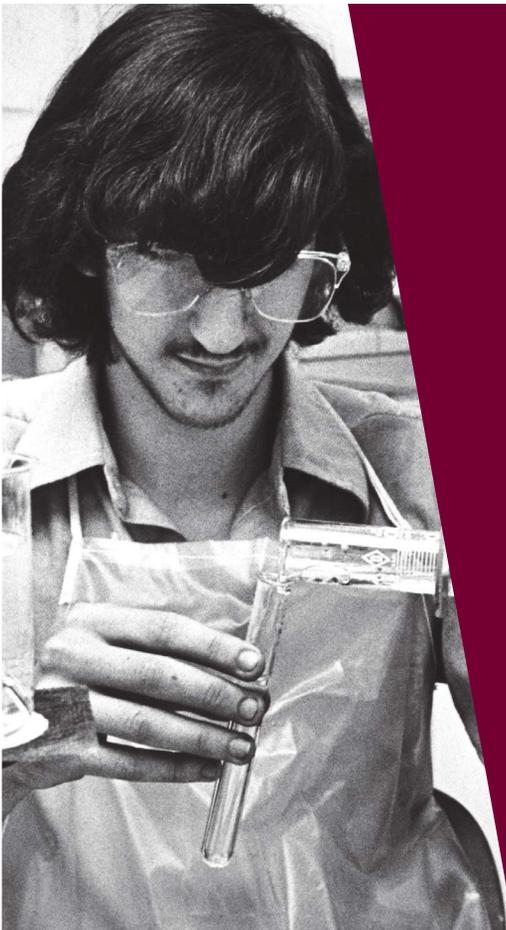
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Rediscover the Village Namaste Villagers, Getting Fit in Los Ranchos

by Dave Bexfield

The sounds of an agitated horse were unmistakable—the whinnying, the neighing, the snorting, the pawing of the ground. There was just one problem. I was in the middle of doing lat pull-downs at Powerflex Gym (6601 Fourth St, 369-1011), my newly adopted 24-hour exercise center. Powerflex, despite being in the Village, does not typically keep a horse onsite.

“Kim, that’s impressive,” said Randy, one of the gym’s expert trainers (his daughter Summer is another, as is Ronnie, known almost as much for his

Air Jordans as his fitness prowess). So naturally I looked around for a horse named Kim, but there was only human Kim, who was just being friendly and having fun during her workout. I should have known.

Here it is the genius of Powerflex. It is a serious, quiet, uncrowded gym for lifters, with professional staff, well-maintained equipment, low-volume music, and regular members who are courteous and friendly to a fault. But you can often find HGTV on in the cardio room (my wife Laura calls it her crack TV), grandparents curling weights, and, well, horse impersonators. No one feels out of place or puts on airs, the way a good gym should be. The way, actually, a good community should be—the way the Village feels to me.

Now, if you prefer a bit more hands-on training, two Los Ranchos gyms (neither a walk-in gym per se) serve up personal attention in spades. LifeSport Personal Training and Nutrition (7520 Fourth St, Suite B, 345-1469) caters to one-on-one training, particularly sport-specific training, and group exercise classes—circuit training, boot camp, the works. In the body building realm, Elite Bodies (6601 Fourth St, 304-9598) offers a 12-week program to get you cut, employing creative techniques (tire flipping anyone?).

The newest fitness facility in the Village, which opened in April, is Bend it Like Buddha (6847-A Fourth St, 488-1077) run by Victoria Aragon. She’s already recruited a half dozen experienced instructors with a range of specialties, from hot yoga to barre to Pilates. Just up

the road, Orange Yoga (7528 Fourth St, 933-5211) is run by Allisun Hull, who has been teaching yoga locally for a decade having trained extensively under masters, and provides a deep range of group and private options from Hatha yoga to power yoga to yoga geared for the equestrian (ahem, Kim).

Two other get-fit options exist in the Village: B-Firm Toning Gym (6601 Fourth, 345-1394) and Starlet Dance Studio (6528 Fourth, 345-0795), which has been in the Valley since 1959. Starlet has classes for all ages in ballet, tap, hula, Tahitian dance, barre conditioning, fitness ball, Tai chi, Zumba, and probably a half dozen more I am forgetting.

Feeling motivated yet? I sure am. But I hit the gym yesterday, so today I’m heading out on my bright yellow arm trike. Toss me a wave when our paths cross next. It’s another brilliant day in the Village.



Get your hot yoga on at Bend it Like Buddha, the Village’s newest fitness facility.



This property is in the Village of Los Ranchos CRS-1 #02-200

PERMIT

NUMBER _____

ADDRESS _____

This Property is located in the Village of Los Ranchos de Albuquerque and all Village ordinances apply to this property.

Gross receipts must be reported to 02-200 or subject to maximum penalty under the law.

ORDINANCE NUMBER 196 10-12-2005

ACTIVE

ADDRESS	MLS#	LOT	LIST PRICE	SF	BR	BA	G	AGENT	COMPANY	PHONE
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8202 Guadalupe	864143	2.54	\$1,000,000.00	VACANT LAND				Linda Martinez	Coldwell Banker Legacy	(505) 828-1000
Rio Grande	865188	2.93	\$800,000.00	VACANT LAND				Aaron Sandoval	Realty One of New Mexico	(505) 883-9400
2251 Rio Grande	835693	3	\$720,000.00	VACANT LAND				Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
7530 Rio Grande	853998	2.23	\$499,000.00	VACANT LAND				Thomas Schroeder	Rafter S Realty	(505) 934-2118
1023 Cottonwood	859138	1.08	\$490,000.00	VACANT LAND				Marlene Vance	Advance Realty	(505) 203-1097
6901 Rio Grande	859142	1.52	\$450,000.00	VACANT LAND				Marlene Vance	Advance Realty	(505) 203-1097
6921 Rio Grande	859140	1.22	\$450,000.00	VACANT LAND				Marlene Vance	Advance Realty	(505) 203-1097
8710 Rio Grande	864146	1.43	\$399,000.00	VACANT LAND				Thomas Schmidt	Homes in Transition, Inc	(505) 503-8056
1022 Cottonwood	842895	1.2	\$370,000.00	VACANT LAND				Jeanne Kuriyan	Keller Williams Realty	(505) 897-1100
7725 Fourth Street	860183	0.85	\$330,000.00	VACANT LAND				James Shull	ABQ Properties LLC	(505) 717-3002
585 Alma Encantada Ct.	861098	1.55	\$329,000.00	VACANT LAND				Susan Nelson Anderson	Coldwell Banker Legacy	(505) 828-1000
719 San Juan	855008	1	\$325,000.00	VACANT LAND				Susan Feil	Coldwell Banker Legacy	(505) 293-3700
6765 Guadalupe	861753	1	\$275,000.00	VACANT LAND				James Shull	ABQ Properties LLC	(505) 717-3002
Los Ranchos Lot	865012	0.96	\$265,000.00	VACANT LAND				Mary Lou Lyden	Realty One of New Mexico	(505) 883-9400
915 La Senda	859669	0.72	\$249,000.00	VACANT LAND				Mark Thompson	Cauwels & Stuve Realty & Dev.	(505) 266-5711
328 Rancho	846529	1	\$240,000.00	VACANT LAND				Susan Nelson Anderson	Coldwell Banker Legacy	(505) 828-1000
324 Rancho	846530	0.8	\$215,000.00	VACANT LAND				Susan Nelson Anderson	Coldwell Banker Legacy	(505) 828-1000
6502 Fourth Street	846437	0.58	\$215,000.00	VACANT LAND				John Yost	Jackie Fisher Realty & Assoc.	(505) 285-6800
1001 Acequia	847825	0.44	\$185,000.00	VACANT LAND				Cathy Olson	EXP Realty LLC	(505) 554-3873
795 Ranchitos	852348	1.12	\$179,000.00	VACANT LAND				Frank Andreone	Coldwell Banker Legacy	(505) 828-1000
6535 Guadalupe	847168	9.09	\$4,000,000.00	3229	4	3	0	Susan Feil	Coldwell Banker Legacy	(505) 293-3700
7412 Rio Grande	834960	3.81	\$2,995,000.00	6400	5	6	6	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
7200 Rio Grande	845577	12.29	\$2,900,000.00	5374	4	4	0	Timothy Tourville	Coldwell Banker Legacy	(505) 292-8900
5415 Eakes	866537	2	\$2,895,000.00	6133	6	7	4	Jeannine DiLorenzo	Keller Williams Realty	(505) 271-8200
6828 Rio Grande	845179	3.67	\$2,490,000.00	8045	6	7	11	Slesha Montano Naden	Realty One of New Mexico	(505) 883-9400
7512 Rio Grande	848674	2	\$2,400,000.00	6866	4	6	13	Susan Nelson Anderson	Coldwell Banker Legacy	(505) 828-1000
4701 Rio Grande	858875	3.06	\$2,000,000.00	8234	5	6	4	Michelle Smith	Coldwell Banker Legacy	(505) 828-1000
5503 Rio Grande	842515	3.48	\$1,800,000.00	6610	5	5	2	Timothy Tourville	Coldwell Banker Legacy	(505) 292-8900
5201 Eakes	849341	2.74	\$1,750,000.00	5988	5	5	3	Rodger Barton	Structure Services Group	(505) 818-7450
5911 Padre Roberto	861120	2	\$1,650,000.00	6400	6	6	3	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
5311 Los Poblanos	865725	3.04	\$1,495,000.00	5000	5	6	0	Michelle Smith	Coldwell Banker Legacy	(505) 828-1000
4674 Los Poblanos	842081	1.2	\$1,450,000.00	6140	6	8	9	Dominic Serna	Keller Williams Realty	(505) 271-8200
970 Bonita Rosas	856414	1.13	\$1,350,000.00	4937	4	5	4	Bill Chreist	Sunn Quality Homes, LLC	(505) 350-7089
8904 Rio Grande	860022	0.8	\$1,299,995.00	6154	4	5	3	Leda Cook	Real Estate Professional Serv.	(505) 554-1244
1608 Narcisca	861122	2	\$1,295,000.00	5129	4	6	3	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
4611 Rio Grande	852690	2.98	\$1,100,000.00	3755	4	4	7	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
8202 Guadalupe	864142	2.54	\$1,000,000.00	1347	2	2	2	Linda Martinez	Coldwell Banker Legacy	(505) 828-1000
4601 Rio Grande	853216	2.5	\$995,000.00	3502	3	4	1	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
1422 El Portal	842764	1.12	\$975,000.00	5140	3	5	3	Christine Lohkamp	Signature Southwest Properties	(505) 332-8838
8415 Rio Grande	865425	1.54	\$969,000.00	4800	3	4	4	The Schnoor Team	The Casa Group	(505) 385-2154
6409 Avenida la Cuchilla	864793	0.93	\$950,000.00	4156	4	4	3	Billingham Team	Keller Williams Realty	(505) 271-8200
750 Chamisal	840281	1.24	\$925,000.00	4687	5	4	2	Susan Nelson Anderson	Coldwell Banker Legacy	(505) 828-1000
6504 Calle Candela	861137	0.77	\$879,000.00	4140	4	4	3	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
5715 Eakes	856254	1.04	\$849,000.00	3933	4	5	3	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
6781 Rio Grande	841262	0.57	\$848,000.00	4110	4	4	3.5	Lynn Johnson	Keller Williams Realty	(505) 897-1100
6405 Avenida La Cuchilla	859864	0.79	\$799,000.00	3440	4	3	3	Karsten Associates	Keller Williams Realty	(505) 897-1100
2406 Northwood	860532	0.95	\$799,000.00	3887	5	4	2	Kate Southard	Kate Southard Real Estate	(505) 264-9586
208 Nico	859469	0.77	\$729,000.00	3805	4	3	4	JoAnn Brown	Brown & Associates, Inc.	(505) 883-1674
8312 Guadalupe	862787	2.73	\$700,000.00	2208	5	1	0	Daniel Martinez	Berkshire Hathaway HomeSvc Allstar	(505) 994-8585
4596 Los Poblanos	857937	1.06	\$699,900.00	4545	4	4	3	Dan Cash	Pinnacle Real Estate Group	(505) 897-7300
1924 Avenida Las Campanas	860784	0.77	\$650,000.00	3516	4	3	2	Bridget Hazen	Nest Realty	(505) 977-4719
6769 Guadalupe	838784	1.6	\$650,000.00	3000	5	4	4	Mike Novak	Re/Max Masters	(505) 883-8979
4124 Dietz Farm	856149	0.69	\$649,500.00	3122	5	4	2	Beverly Hilton	Realty One of New Mexico	(505) 883-9400
827 El Alhambra	861123	0.98	\$649,000.00	3444	4	3	2	Suzanne Kinney	Coldwell Banker Legacy	(505) 293-3700
2420 Dietz Farm	866482	1.29	\$619,000.00	3201	4	3	2	Susan Feil	Coldwell Banker Legacy	(505) 293-3700
1912A. Las Campanas	858729	0.57	\$610,000.00	2891	4	2	2	Mary Lou Lyden	Realty One of New Mexico	(505) 883-9400
333 Rancho	860006	1.41	\$599,000.00	3778	3	5	3	Stella Genero	The M Real Estate Group	(505) 247-1002
937 Green Valley	859381	1.03	\$598,900.00	3893	3	3	4	Peggy Wheeler	Realty One of New Mexico	(505) 883-9400
6821 Rio Grande	855539	1.98	\$560,000.00	3544	4	4	1	Cheryl Marlow	Keller Williams Realty	(505) 983-5151
6012 Redondo	859706	0.63	\$550,000.00	3383	3	3	2	Valerie Almanzar	Keller Williams Realty	(505) 897-1100
926 Pueblo Solano	841280	0.71	\$550,000.00	3825	5	5	1	Dom Garcia	Dom Garcia Realty	(505) 899-4644
8503 Rio Grande	862914	1	\$549,000.00	2200	3	2	2	Jerome Maldonado	J. Jacob Realty, LLC	(505) 385-1600
801 Ranchitos	864808	1	\$499,000.00	3119	3	2	2	Maria Pumilia	Keller Williams Realty	(505) 271-8200
220 Nico	861807	0.21	\$450,000.00	2540	4	5	3	Suzan Walker	Re/Max Elite	(505) 798-1000
613 Schulte	860988	1.21	\$449,900.00	2547	4	2	4	Bonnie Kelly	Berkshire Hathaway Home Svc NMP	(505) 798-6300
625 Sandia View	857925	0.3	\$445,000.00	2233	3	3	2	Deborah Thomas	ERA Sellers & Buyers Real Estate	(505) 296-1500

The information herein is deemed reliable, but not guaranteed from SWMLS compiled on or before May 20, 2016 by Tim Tourville, Coldwell Banker Legacy 292-8900.



Real Estate FYI

by Tim Tourville, CRS

Millennial Buyers

There is a growing demand for homes on smaller lots in the Village of Los Ranchos. The older Village residents want to stay in the Village, but do not want to maintain an acre of land anymore. Younger folks that can afford a house in the Village tell me they want their money to go toward a really nice house and not a really big lot. I did a little research on the national trend and here's what I discovered.

The millennial generation is becoming an increasingly important part of the housing market. According to a 2015 National Association of Realtors study that looked at generational housing trends, Millennials – those born between 1980 and 2000, comprise the largest segment of the buyer market, ahead of Generation X, which covers those born between 1965 and 1979. Together, these two generations represent today's young buyers. Many are young professionals who prefer a turnkey home that needs little or no work. Keeping that in mind, below are a few must haves for the millennial homebuyer.

1. Updated kitchen and baths. We all want to buy a home with new kitchen and bath fixtures, but new fixtures are especially important for today's young, budget conscious buyers. Younger buyers have limited budgets and most of their savings will go toward the down payment and furnishings. Keep in mind

that while this is attractive to younger buyers, it can be very costly for the seller. Bathroom and kitchen fixtures are also a matter of taste.

2. Big kitchen, open floor plan. The kitchen has become the hangout room along with the family room. An open space that can easily transition from kitchen to TV room is high on the list of the perfect home for young buyers. In essence, the kitchen is the new living room. Young buyers are also more attracted to an open floor plan rather than a layout that compartmentalizes the home. Young buyers entertain differently. They want people to flow through the home during gatherings.

3. Home office and technology. More than 13 million Americans work from home, and all signs point to that trend continuing, which makes a home office important for many buyers. Millennials want to make sure the home has good cell service and fast internet access. Although this is out of the seller's hands, sellers and their agents should be prepared to field questions.

4. Low maintenance. Most young buyers look for homes that have low-upkeep features such as wood, tile or brick floors (as opposed to carpet) and granite countertops. These are seen as positives for this generation because they are both attractive and relatively hasslefree. Moreover, Millennials want

their weekends to themselves and do not really want to be cleaning gutters or cutting the grass.

5. A properly staged home. We have all seen at least a few of the home shows on cable networks. These real estate shows have impacted all buyers on the way they look at houses, and young buyers will often comment on how a house is or is not staged. Staging is a critical part of selling your home and will be highlighted in its online presence.

This trend is also apparent in our local market. Year after year, we are seeing more of the million dollar plus homes on less acreage selling over older homes on larger parcels. Unfortunately, the Village has a small supply of bigger homes on smaller acreage, so many of the million dollar plus buyers are purchasing in other parts of Albuquerque. If the demand for low maintenance properties continues, fabulous homes in the Village will eventually sell for less due to the lack of appeal for larger acreage. Maybe it is time to for change.

Resource: Bankrate. <http://www.bankrate.com/finance/realestate/musthavestoselltoyoung-homebuyers9.aspx>

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Cell: 505-604-8468

timtourville@comcast.net



ACTIVE										
ADDRESS	MLS#	LOT	LIST PRICE	SF	BR	BA	G	AGENT	COMPANY	PHONE
1747 Dietz	865905	0.57	\$394,400.00	2338	3	2	2	Scott Dean	Re/Max Select	(505) 265-5111
7315 Guadalupe	865005	0.33	\$375,000.00	2730	3	3	0	Lori Whitener	Enchanted Homes Realty	(505) 944-2490
6822 Fifth Street	860275	0.38	\$364,000.00	2504	3	2	0	Christine Carrejo	The Source Realty	(505) 344-3610
8905 Ortega	858579	0.23	\$352,900.00	2190	3	3	2	John Ingles	The Ingles/Company Realtors	(505) 828-1366
8917 Ortega	863898	0.23	\$339,500.00	2345	3	2	2	Mary Lou Lyden	Realty One of New Mexico	(505) 883-9400
376 La Chamisal	866025	0.13	\$295,000.00	1773	3	2	2	Sherilyn Lucas	Re/Max Elite	(505) 798-1000
6602 Elwood	849692	0.42	\$249,000.00	2266	4	2	1	Chris Lucas	Century 21 Unica Real Estate	(505) 293-8400
7821 Guadalupe	863568	0.75	\$249,000.00	3800	3	3	1	Joan Wagner	Coldwell Banker Legacy	(505) 828-1000

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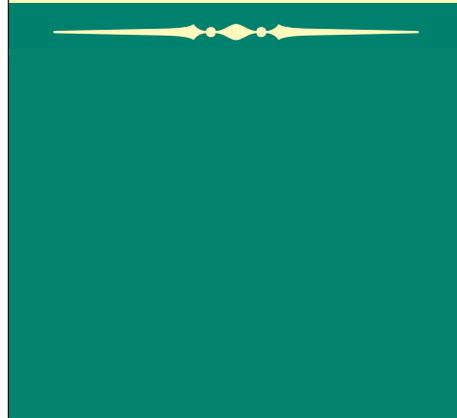
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Each of these options has advantages and disadvantages and the one that is best depends on your individual circumstances. You should consider features such as investment choices, fees and expenses, and services offered. Your Financial Advisor can help educate you regarding your choices so you can decide. Be sure to speak with your current retirement plan administrator and tax professional before taking any action.

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Wells Fargo Advisors does not provide legal or tax advice.

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Finance

by Evelyn Carter, Registered Principal and Benjamin Willis, Financial Advisor

Investing Versus Paying Off Debt

As the economy continues to improve we are receiving fewer questions about taking on additional debt and more questions concerning strategies for paying down debt. Many people would like to know whether it is a better choice to pay off debt as quickly as possible, or is it a better strategy to invest extra money letting debt payments run their course. Luckily, this is a good problem to have. But like many issues in personal finance the best answer depends on who you ask.

Some financial experts rely on simple math. They claim any extra money should go toward investing if your investments are expected to earn a higher rate of return than your debts cost you. Other financial experts focus purely on the emotional aspect: how comfortable are you with a certain level of debt? We take a more balanced approach to wealth management. If you are like most people, you will need to manage finances for both present and future needs. That means paying off some debt today, while simultaneously investing with an eye on the future.

Although your decisions should take into account your own needs and

circumstances, consider the following guidelines for handling debt in light of investing goals:

Save for a rainy day. Before paying down debt (beyond required payments) or settling on an investment strategy, make it your first priority to put funds aside for an emergency reserve. We recommend six months or more of living expenses; an absolute minimum is three months' worth.

Your future first. As a general rule, your long-term investment plan should take priority over applying extra amounts toward debt. By contributing to a long-term investment plan as early as possible, you may set yourself up for a brighter future. If paying down debt is also a priority, you will want to examine your personal budget to decide how much to direct each month toward investing and how much toward debt repayment. In general, the best advice is to make sure your investment strategy fits your financial expectations for the future.

Prioritize your debts. With an emergency fund in place and your investment strategy up and running, putting any extra money toward your

debts is also a smart way to go. But how do you decide which debts to pay down first? One approach is to start with the smallest debts first to eliminate at least some of your debt burden and interest payments in a timely manner. It also makes sense to pay off high-interest debts like private student loans and credit card debt more quickly. Federal student loans and mortgages might be lower priorities, because their rates are often lower and their terms are longer. Vehicle loans might fall somewhere in the middle. Tax considerations might also come into play.

It is personal. As you divide and conquer debt, do not forget to consider the emotional side of your strategy. If paying off a certain debt will help you feel more secure, you might want to go with your gut feeling. You will enjoy a growing sense of financial freedom as you stay on course, and get your debt under control. As it shrinks over time, you may find you have more funds available for enjoying the present and focusing on the future.

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Los Ranchos Elementary Participated in National Dance Institute of NM Event

by Susan Core

In May 2016, fourth and fifth grade students from Los Ranchos Elementary School participated in the National Dance Institute (NDI) of New Mexico End-of-Year Albuquerque Event 2016 "Come Together: A Celebration of the Beatles." More than six hundred students from APS participated in the show performed in the beautiful Hiland Theater in South East Albuquerque. NDI New Mexico met with Roadrunners from Mrs. Peffinger, Mr. Holt, Mrs. Marchiondo, Mrs. Berg, Mrs. Herrera, and Mr. Williamson's classes once a week during the school year emphasizing their CORE FOUR: Work Hard, Do Your Best, Never Give Up, and Be Healthy.

During these sessions Roadrunners learned the dance routines for the performances in May. Roadrunners danced to the Beatles song "Revolution," as well as being part of the opening act and the grand finale for each show. Fifth grade teacher, Mr. Williamson, along with Los Ranchos grandparent, Liz Gallegos, participated in the "Parent/Teacher" act to the Beatles song "When I'm 64," as well as being back up dancers for the "All You Need Is Love" routine. The show featured special guests from the

Albuquerque Police Department and the Bernalillo County Fire Department, including Los Rancho's very own Chief Greg Perez. Standing in their "runs and jumps" lines before the first performance, Roadrunners could be heard whispering nervously to each other about possibly messing up their routines. Quiet reminders to tuck in shirts and tie shoes were passed up and down the lines as they waited for their cue. By the sixth

(a n d
f i n a l)

performance in three days, fifth grader Donald Cox said it best when he announced to his classmates: "We've got this!" With heads up and big smiles, our Roadrunners are stars! For more information about NDI New Mexico, visit www.ndi-nm.org or call 872-1800.



"Runs and Jumps" line up before the show.



Roadrunners with special guests.



Mr. Williamson and Mrs. Liz Gallegos in costume for "When I'm 64."



Practicing spacing on The Highland Theater stage.

Life in Images

This is the second column of *Life in Images*, a visual feature that reflects life in the Village through the lens of the camera and through the eyes of the many visitors and residents of Los Ranchos.

Whether capturing images of the eclectic character of the Village, the acequias, the wildlife, the plants, beautiful gardens, the bosque, or the diversity of the people that make up the community we welcome your perspective.

Images will be used as filler in the issues, a photo essay, or on the cover, as well as on the Village's website or Facebook page.

The photographs on the right were submitted by Ken Mashke, Marlene Bachicha-Roberts and Keen Heinzelman, the Village's own Code Enforcement Officer. Heinzelman's image was also used on the covers of this issue.

We look forward to seeing your perspective of the Village.

A dedicated email address has been established to accept your images. Send all materials to losranchosimages@gmail.com. Please include location of image, a caption, and contact information. Images must be suitable for print (300 dpi at 100 percent). If you have any questions, contact, Ashley Stokes at the Village office.



Cover image by Keen Heinzelman



The View from Here, by Ken Mashke



Morning Fog, location: Dietz Farm, by Marlene Bachicha-Roberts



Gene Bachicha-Roberts

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Did You Know?

- In 1779, July 4 fell on a Sunday. The holiday was celebrated on Monday, July 5.
- In 1781 the Massachusetts General Court became the first state legislature to recognize July 4 as a state celebration.
- In 1783, Moravians in Salem, North Carolina, held a celebration of July 4 with a challenging music program assembled by Johann Friedrich Peter. This work was titled "The Psalm of Joy." This is recognized as the first recorded celebration and is still celebrated there today.
- In 1791 the first recorded use of the name "Independence Day" occurred.
- In 1870, the U.S. Congress made Independence Day an unpaid holiday for federal employees.
- In 1938, Congress changed Independence Day to a paid federal holiday.
- Both John Adams and Thomas Jefferson, the only signers of the Declaration of Independence later to serve as presidents of the United States, died on the same day: July 4, 1826, the 50th anniversary of the Declaration.
- James Monroe, died on July 4, 1831, becoming the third president in a row who died on this memorable day.
- Calvin Coolidge, the 30th president, was born on July 4, 1872, the only president to have been born on Independence Day.
- A salute of one gun for each state in the United States, called a "salute to the union," is fired on Independence Day at noon by any capable military base.
- In 2009, New York City had the largest fireworks display in the country, with more than 22 tons of pyrotechnics exploded.
- During the annual Windsor-Detroit International Freedom Festival, Detroit, Michigan hosts one of the world's largest fireworks displays, over the Detroit River, to celebrate Independence Day in conjunction with Windsor, Ontario's celebration of Canada Day.

Coexisting with Coyotes

Part of the beautiful appeal of Los Ranchos is the landscape. Open spaces, incredible trees, and the Rio Grande River are just a few treasures of the Village. With this amazing landscape comes wildlife. Oftentimes, we hear the cranes speaking to one another as they gracefully glide overhead. Or squirrels rustling through the trees and bushes as they look for food. However, other wildlife, such as coyotes, have become an area of concern for many Village residents. Many questions and concerns have been brought to the attention of the Village staff. Here are some hazing guidelines and resources on common coyote behaviors and how to safely and effectively live alongside this wonderful creature.

A little about coyotes:

- Coyotes are common throughout North America. Even in urban areas!
- Mating season for coyotes is December through February
- Coyotes are birthing and raising their pups March through July
- Coyotes may act nervously or assertively if you are near a den with pups
- Coyotes provide free and healthy rodent control

What is hazing?

- Scaring a coyote away from you or your property
- A reinforcement of a coyote's natural wariness of people

How to haze:

- With tools such as loud voices, whistles, bells, banging a pot or pan lid, or a soda can filled with pennies
- Surprise tools such as a pop-up umbrella, sprinklers or garden hose, or motion-activated lights

- Stand your ground and be sure the coyote is focused on you
- Continually hazing when you see more than one coyote
- Make it multisensory with tools, sounds, and lights
- Be assertive, exaggerated, and consistent

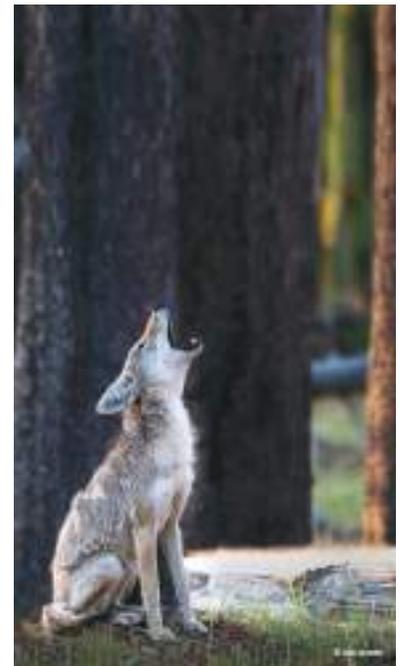
When to haze:

- If a coyote approaches you in a park or neighborhood
- When you see a coyote comfortable in a residential street or visiting yards
- If the coyote is too close-for-comfort

When not to haze:

- If you think a coyote is sick or injured (call wildlife or animal control services)
- If you may be near an open space with a coyote den (March through July)
- If the coyote is a comfortable distance from you

For more information and resources, visit www.projectcoyote.org.



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Joe Craig, Tom Riccobene, Lynn Eby, Joe Brawley, Jeff Phillips, Debra Colman, and Tim Tourville

Planning & Zoning Meeting

The next regular meeting
will be held on
Tuesday, July 12, 2016

April 12

1. CALL TO ORDER

- A. Oath of Office-Lynn Eby was sworn into office as the newest Commissioner.
- B. Roll Call-there was a quorum present.
- C. Agenda

2. APPROVAL OF AGENDA

The agenda was approved unanimously 7-0.

3. PUBLIC COMMENT PERIOD

Residents may address the Planning and Zoning Commission to comment on issues, problems, or successes on topics that do not appear elsewhere on the agenda. Audience members will be given an opportunity to comment on agenda items as they come up. Speakers must register with Village Staff prior to the beginning of the meeting.

There was no public comment.

4. CONSENT AGENDA

All matters listed under the consent agenda are considered to be routine and will be enacted by one motion. There will be no separate discussion of these items. If discussion is desired, that item will be removed from the consent agenda and will be considered separately.

- A. Approval of minutes – March 8, 2016

The minutes were approved as presented with a vote of 7-0.

5. PUBLIC HEARINGS AND APPLICATIONS

- A. S-16-02 A REQUEST BY DAVID ACOSTA, AGENT, FOR SKETCH PLAT REVIEW FOR A VACATION OF THE EXISTING TWENTY (20) FOOT RIGHT OF WAY FOR PEDESTRIAN AND EQUESTRIAN ACCESS DEDICATED TO THE VILLAGE OF LOS RANCHOS ON LOT 3-A, TINNIN FARMS SUBDIVISION AND REVIEW OF REPLAT OF LOT 3-A-1 OF TINNIN

FARMS SUBDIVISION, CREATING A NEW TWENTY (20) FOOT RIGHT OF WAY FOR PEDESTRIAN AND EQUESTRIAN ACCESS DEDICATED TO THE VILLAGE OF LOS RANCHOS IN THE A-1 ZONE. THE PROPERTY IS LOCATED AT 6008 TOMAS COURT, LEGALLY KNOWN AS A CERTAIN PARCEL OF LAND BEING LOT 3-A OF TINNIN FARMS A REPLAT OF TRACT 4-A-2 LANDS OF AL UNSER JR. AND LOT 3 AMENDED SUBDIVISION MAP OF TRACTS 2A AND 2C OF M.R.G.C.D. MAPS 26 AND 30 AND LOTS 8 AND 9, TOMAS HERRERA ADDITION TINNIN FARMS, BERNALILLO COUNTY, NEW MEXICO FILED ON MARCH 19, 2010, IN BOOK 2010C, PAGE 35. THE PARCEL CONTAINS 94034 SQUARE FEET (2.1587 ACRES) MORE OR LESS.

No action was taken by the Commission.

- B. H.O. #506 REQUEST FOR A HOME OCCUPATION PERMIT TO OPERATE A TOWING BUSINESS. THE APPLICANT IS JENNY RINGS-GALVEZ. THE PROPERTY IS LOCATED AT 315 WILLOW ROAD NW, AND IS LEGALLY KNOWN AS LOT F OF THE BLANCHE P. DOKKENS SUBDIVISION OF LOT 2 MERRITT ACRES SUBDIVISION. SECTION 28, T11N, R3E, NMPM, BERNALILLO COUNTY, NEW MEXICO SEPTEMBER 1937 CONTAINING .44 ACRES MORE OR LESS.

The Home Occupation Permit with conditions was approved with a vote of 6-1 with Commissioner Craig voting no.

6. OLD BUSINESS

There was no old business.

7. NEW BUSINESS

- A. ADOPTION OF RESOLUTION 2016-1-P&Z (OPEN MEETINGS ACT)

Adoption of the Resolution was unanimous with a vote of 7-0.

- B. ADOPTION OF RESOLUTION 2016-2-P&Z (RULES FOR THE TRANSACTION OF BUSINESS)

Adoption of the Resolution was unanimous with a vote of 7-0.

- C. ADOPTION OF RESOLUTION 2016-3-P&Z (CLOSED SESSIONS)

Adoption of the Resolution was unanimous with a vote of 7-0.

- D. ELECTION OF OFFICERS 2016

Joe Brawley was elected Chairman, Jeff Phillips was elected as Vice-Chairman, and Tim Tourville was elected as Secretary.

- E. DISCUSSION AND ACTION ON TEXT AMENDMENTS TO THE VILLAGE CENTER (VC) ZONING CODE.

No action was taken.

7. REPORTS

- A. PLANNING DEPARTMENT REPORT

- B. PLANNER MCDONOUGH GAVE THE PLANNING DEPARTMENT REPORT OF ACTIVITIES FOR THE MONTH.

8. COMMISSIONER'S WORKING SESSION

Informal discussion was about what was happening in the Philippines with a planned town. A meeting with the Thornburg Foundation with talks about a strategic plan development to incorporate agriculture into the Village's future.

9. ADJOURNMENT

The meeting was adjourned at 9:50 p.m.

* Minutes pending final approval from the Planning and Zoning Commission.



Joe Craig, Tom Riccobene, Lynn Eby, Joe Brawley, Jeff Phillips, Debra Colman, and Tim Tourville

Planning & Zoning Meeting

May 10

**The next regular meeting
will be held on
Tuesday, July 12, 2016**

1. CALL TO ORDER

- A. Roll Call-there was a quorum present.
- B. Agenda

2. APPROVAL OF AGENDA

The agenda was approved unanimously 7-0.

3. PUBLIC COMMENT PERIOD

Residents may address the Planning and Zoning Commission to comment on issues, problems, or successes on topics that do not appear elsewhere on the agenda. Audience members will be given an opportunity to comment on agenda items as they come up. Speakers must register with Village Staff prior to the beginning of the meeting.

There was no public comment.

4. CONSENT AGENDA

All matters listed under the consent agenda are considered to be routine and will be enacted by one motion. There will be no separate discussion of these items. If discussion is desired, that item will be removed from the consent agenda and will be considered separately.

- A. APPROVAL OF MINUTES – APRIL 12, 2016

The minutes were approved as presented with a vote of 7-0.

5. PUBLIC HEARINGS AND APPLICATIONS

- A. S-16-02 A REQUEST BY DAVID ACOSTA, AGENT, FOR PRELIMINARY REVIEW FOR A VACATION OF THE EXISTING TWENTY (20) FOOT RIGHT OF WAY FOR PEDESTRIAN AND EQUESTRIAN ACCESS DEDICATED TO THE VILLAGE OF LOS RANCHOS ON LOT 3-A, TINNIN FARMS SUBDIVISION AND REVIEW OF REPLAT OF LOT 3-A-1 OF TINNIN FARMS SUBDIVISION, CREATING A NEW TWENTY (20) FOOT RIGHT OF WAY FOR PEDESTRIAN AND EQUESTRIAN ACCESS DEDICATED TO THE VILLAGE OF LOS RANCHOS IN THE A-1 ZONE. THE PROPERTY IS LOCATED AT 6008 TOMAS COURT, LEGALLY KNOWN AS A CERTAIN PARCEL OF LAND BEING LOT 3-A OF TINNIN FARMS A REPLAT OF TRACT 4-A-2 LANDS OF AL UNSER JR. AND LOT 3 AMENDED SUBDIVISION MAP OF TRACTS 2A AND 2C OF M.R.G.C.D. MAPS 26 AND 30

AND LOTS 8 AND 9, TOMAS HERRERA ADDITION TINNIN FARMS, BERNALILLO COUNTY, NEW MEXICO FILED ON MARCH 19, 2010, IN BOOK 2010C, PAGE 35. THE PARCEL CONTAINS 94034 SQUARE FEET (2.1587 ACRES) MORE OR LESS.

5. OLD BUSINESS

- A. DISCUSSION AND ACTION ON TEXT AMENDMENTS TO THE VILLAGE CENTER (VC) ZONING CODE.

No action was taken.

6. NEW BUSINESS

There was no new business.

7. REPORTS

- A. PLANNING DEPARTMENT REPORT

- B. PLANNER MCDONOUGH GAVE THE PLANNING DEPARTMENT REPORT OF ACTIVITIES FOR THE MONTH.

8. COMMISSIONER'S WORKING SESSION

9. ADJOURNMENT

The meeting was adjourned at 9:00 p.m.

* Minutes pending final approval from the Planning and Zoning Commission.



Pablo Rael, Donald Lopez, Mayor Larry Abraham, Mary Homan and Allen Lewis

Board of Trustees Meeting

May 11, 2016

**The next regular meeting
will be held on
Wednesday, July 13, 2016**

1. CALL TO ORDER

Mayor Abraham called the meeting to order at 7:03 p.m.

The agenda was approved as presented. The motion carried unanimously, 4-0.

2. PUBLIC COMMENT PERIOD

Dan Darnell, Waste Management, introduced Drew Henderson as the new Operations Improvement Manager.

3. PROCLAMATIONS

A. PROCLAMATION PROCLAIMING JUNE 5, 2016 AS GAY, LESBIAN, BISEXUAL, AND TRANSGENDER PRIDE DAY.

4. CONSENT AGENDA

There will be no separate discussion of these items. If discussion is desired, that item will be removed from the consent agenda and will be considered separately.

A. MINUTES – APRIL 13, 2016 – REGULAR MEETING.

The consent agenda was approved as presented. The motion carried unanimously, 4-0.

5. REPORTS

A. MAYOR'S REPORT

Mayor Abraham reported on the following:

- This past Saturday was the opening of the regular season of the Growers' Market

B. ADMINISTRATOR'S REPORT

Administrator Ward reported on the following:

- Continuing to work on the Fourth Street Project. Surveys, percolation tests, and subsurface investigation surveys are being completed this week and next.
- Lavender in the Village will be held on July 16, 2016 at the Agri-Nature Center.

C. PLANNER'S REPORT

Planner McDonough reported on the following:

- Working on updating the zoning code. The Village has executed a contract with a planner from Placemakers to assist in this process.
- Continuing to work on the stormwater permit.

D. LEGAL REPORT

Attorney Chappell reported on the following:

- Steady exchange with staff over the past month regarding several issues.

- E. PUBLIC SAFETY REPORT
Deputy Hopkins reported on the following:
- The dayshift deputies attended the Growers' Market on Saturday.
- Sgt. Herring said Deputy Hopkins is very proactive in the Village. She is very passionate and is responsible for the increased presence of deputies in the Village.

6. FINANCIAL BUSINESS

- A. CASH REPORT – APRIL 2016.

The Cash Report for April 2016 was approved as presented. The motion carried unanimously, 4-0.

- B. DISCUSSION AND APPROVAL OF INTERIM BUDGET FOR FISCAL YEAR 2016-2017.

The Board moved to approve the Interim Budget for Fiscal Year 2016/2017 as presented. The motion carried unanimously, 4-0.

7. PUBLIC HEARINGS AND APPLICATIONS

- A. A REQUEST BY LOS RANCHOS BREWING, LLC, 3507 CENTRAL AVE. NE, ALBUQUERQUE, NM FOR A SMALL BREWER OFF-SITE LICENSE WITH ON PREMISE CONSUMPTION AND PATIO SERVICE, APPLICATION # 99031 NM ALCOHOL AND GAMING DIVISION. THE PROPERTY USING THE LICENSE IS LOCATED AT 7222 FOURTH ST. NW, AND IS LEGALLY KNOWN AS TRACT B PLAT OF TRACTS A & B LA ESQUINA DE LOS RANCHOS, SITUATE WITHIN THE ELENA GALLEGOS GRANT, SECTION 21, T11N, R3E, N.M.P.M., VILLAGE OF LOS RANCHOS DE ALBUQUERQUE, BERNALILLO COUNTY, NM FILED 9/29/2008. THE PROPERTY CONTAINS 1.226 ACRES MORE OR LESS.

The Board Moved approval of the request by Los Ranchos Brewing, LLC for a small brewer off-site license with on premise consumption and patio service. The motion carried unanimously, 4-0.

8. OLD BUSINESS

None.

9. NEW BUSINESS

- A. DISCUSSION AND APPROVAL TO ADVERTISE AN AMENDMENT TO THE 2013 CODIFIED ORDINANCES OF THE VILLAGE OF LOS RANCHOS DE ALBUQUERQUE CHAPTER 7 CRIMINAL CODE, ARTICLE 2 ANIMAL CONTROL, SECTION 1 GENERAL, §7.2.1, SECTION 2 DEFINITIONS, §7.2.2, SECTION 3 ANIMAL CONTROL OFFICER (AC0), §7.2.3, SECTION 4 ADMINISTRATION OF ORDINANCE, §7.2.4, SECTION 5 RABIES, §7.2.5, SECTION 6 LICENSING AND VACCINATIONS REQUIREMENTS FOR DOGS AND CATS, §7.2.6, SECTION 7 DANGEROUS OR VICIOUS ANIMALS AND ANIMAL BITES, §7.2.7, SECTION 8 ANIMAL CONTROL, §7.2.8, SECTION 9 PROHIBITED ACTIVITIES, §7.2.9, SECTION 10 SPECIALLY PERMITTED ACTIVITIES INVOLVING ANIMALS, §7.2.10 SECTION 11 PROVISIONS RELATING TO LIVESTOCK, §7.2.11 AND SECTION 12 ENFORCEMENT AND PENALTIES §7.2.12.

The Board moved to advertise the amendment with the discussed changes in summary. The motion carried unanimously, 4-0.

*Meeting in recess from 9:00 p.m. to 9:05 p.m.

- B. DISCUSSION AND APPROVAL OF A COST SHARE AGREEMENT BETWEEN THE VILLAGE OF LOS RANCHOS, THE COUNTY OF BERNALILLO, AND THE ALBUQUERQUE METROPOLITAN ARROYO FLOOD CONTROL AUTHORITY FOR THE DESIGN AND CONSTRUCTION OF THE ORTEGA AND GARDUÑO STORM DRAIN PROJECT.

The Board moved to defer agenda Item 9.B. to the June 8, 2016 Board of Trustees Meeting. The motion carried unanimously, 4-0.

10. TRUSTEES INFORMAL DISCUSSION

Members of the Board discussed various informal topics. No action was taken.

11. ADJOURNMENT

The meeting was adjourned at 9:55 p.m.

* Minutes pending final approval from the Board of Trustees.

Welcome To Waste Management



- Most recycling collection occurs every other week on the same day as your trash collection.
- Please make sure that all recyclables fit in your recycle container.
- Place your recycling and trash container at the curb between sundown on the day before collection and 7:00 a.m. the day of collection.
- If you have any questions regarding your trash or recycling collection service, please do not hesitate to contact us at (505) 892-1200.



Accepted Items: (Empty and Clean)

 Food Boxes/Boxboard Empty cereal and cracker boxes	 Brown Paper Bags	 Phone Books, Catalogs and Magazines
 Newspapers	 Junk Mail including envelopes	 Office and School Paper
 Plastic Bottles and Containers #1-#7	 Cardboard Collapse-out boxes Boxes must fit in container	
 Tin and Steel Cans	 Aluminum Foil and Cans	

Items NOT Accepted Include:

- | | |
|--|----------------------------------|
| - Plastic bags and clear plastic wrap | - Carpet, cloth or textiles |
| - Video and cassette tapes | - Used paper towels/tissues |
| - Shredded paper | - Construction/Industrial debris |
| - Polystyrene/Styrofoam™ | - Electronic waste |
| - Glass, plates, mugs, and pots/pans | - Automotive parts |
| - Food, liquids or yard waste | - Medical/Bio hazardous waste |
| - Food-soiled cardboard, paper cups/plates | |

*Unaccepted items are not limited to those above. Call the number below if you need clarifying information.

QUESTIONS? (505) 892-1200

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2016 Recycle Calendar

JANUARY 2016							FEBRUARY 2016						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
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31													
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Green/Even Week

Gold/Odd Week

Holiday

Observed Holiday Schedule: During a holiday week when service days falls on a holiday or the day after, collection may be delayed by one day. Normal schedule will resume the following week.

Thanksgiving Day: Thursday, November 24, 2016

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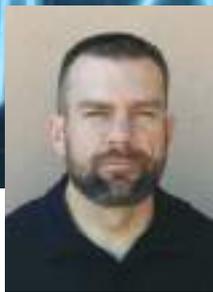
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Fitness/Health Column

by Dustin Melville

Train Smarter, Not Harder for Consistent Results

Making progress towards your fitness goals means experimenting with different training styles to understand how they benefit you. Try applying these four basic principles to make sure you are getting the most out of each session.

1. Use big compound lifts to direct your training.

Base your training on big compound movements. For each lift, figure out which muscle is holding you back and add isolation or assistance work for these weak points. Even if you are going for a specific look, train for performance on the big basic movements and the look will follow. Improve your performance on the strength lifts first (squat, front squat, dead lift, bench press, military press, pulls) and avoid adding too many non-essential exercises.

2. Do not train every muscle directly.

Your body has a limited capacity to adapt to physical stress. The act of training requires energy and resources, two things that will hinder your progress if you over train. You do not need to train every major muscle directly or use the same amount of

work for all of them. Not everyone needs a chest day, a shoulder day, an arm day, etc. By the same token, just because you are doing 20 sets for your back does not mean you also need 20 sets for your biceps. The back is a lot more complex than the biceps and usually requires more sets due to its size and function. The biceps are smaller and fatigue much easier with just a couple core exercises.

3. Vary the relationship between sets and reps.

Many think that the fewer reps you do per set, the more sets you should be doing. For example, if you do sets of three reps you should be doing 5-10 working sets, whereas, if you are doing sets of 10-12 reps, you should keep the sets to three. Unfortunately, it is not that simple. Adding a set presents a stress, and adding sets to an exercise is more stressful than adding reps to a set. You will not burn through as much glycogen when performing low reps as opposed to high reps, but doing lower reps with heavier weight places a much larger burden on the nervous system. When selecting the number of sets you do per exercise, consider the

overall impact of a set, not just how much energy you expend or the total time it takes you to complete them.

4. Do no more than four intense workouts per week.

Most people can only handle three or four intense training sessions per week. An intense workout has a systemic effect that impacts the whole body, not just the targeted muscles. A tough workout will fatigue the nervous system and challenge the immune and hormonal systems - the latter two being responsible for the actual recovery response to training. If you are constantly challenging your system, you will not be able to build muscle optimally and your performance and well-being will suffer. This does not mean you can not train more than four days per weeks, it just means that you should complement the hard workouts with less demanding ones. Always remember training progress is based on quality, not quantity. Stay consistent and the results will follow!

*Dustin Melville, Owner
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withinreach.aa.edu (digital viewbook)

Los Ranchos Elementary School

7609 Fourth Street NW
Los Ranchos, NM 87107
898-0794
www.aps.edu/aps/losranchos

Sandia Preparatory School

532 Osuna Blvd. Rd. NE
Albuquerque, NM 87113
338-3000 phone
338-3099 fax
www.sandiaprep.org

Alvarado Elementary School

1100 Solar Road NW
Albuquerque, NM 87107
344-4412
www.aps.edu/schools/alvarado

North Valley Academy

7939 Fourth Street NW
Los Ranchos, NM 87114
998-0501
www.nvanm.org

Upcoming Events

Summer Hours:

Monday-Thursday 9:00 a.m.-2:00 p.m.

- August 17 - Back to school
- August 4 - Academic chefs from K3+ graduate. The summer has held great fun as well as learning experiences through our Camp Cooks-A-Lot, K3+ program. Students kindergarten through 3rd grade have been learning math and reading, integrated with science and social studies through the joy of food preparation and consumption. From the sowing to the reaping in our 28 gardens, students have studied, concocted and consumed - all in the name of improved academics!

NVA received an enrollment cap increase from the Public Education Commission, which allows us to dissolve our 4/5 multi-age class and register three full classes at both 4th and 5th grade! We are excited about this as it opens our doors and educational opportunity to more families who want to be part of the NVA school community. Are you, or someone you know, interested? We have a waiting list right now, but it never hurts to fill out a lottery form. Please contact us, or stop by.

Taft Middle School

620 Schulte Road NW
Los Ranchos, NM 87107
344-4389
www.taftms.org

Taylor Middle School

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Upcoming Events

We are now registering students for the 2016-2017 school year.

Please call 898-3060 for a tour of our campus and more information.

- August 8 - Secondary Orientation, 7:00 p.m.
- August 9 - Elementary Orientation - 7:00 p.m.
- August 10 - First Day of Classes

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The Curious Savage

By John Patrick
Directed by Mickey Linnford

JULY 15 - AUGUST 7

FRIDAYS & SATURDAYS at 7:30pm, SUNDAYS at 2pm
THURSDAY, JULY 28, 7:30pm (PMYK)
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The Adobe Stages Three Productions in July and August

The Adobe Theater will stage three productions in July and August. Arriving on July 15 is *The Curious Savage*. Micah Linford, a frequent thespian on The Adobe boards, has chosen to direct this play by John Patrick because he was drawn to the lovable characters who support and care for each other and for whom we, in turn, care. For those of you who saw *Dividing The Estate* recently, you will recognize a similar theme.

Ethel Savage has been committed to The Cloisters, a private mental hospital, by her stepchildren who feel she is squandering the \$10 million fortune left to her by their late father. While her stepchildren plot and scheme to get the money they feel is theirs, Ethel comes to know her fellow patients and their lovable quirks, as well as the kind hearted Dr. Emmett and the ever nurturing nurse, Miss Willie.

Micah has brought a wonderful cast together, some very familiar faces and some new: Clifton Chadwick (who was just seen in *Dividing The Estate*), Ed Chavez, Nicholas Ganjei, Tristiana Gonzalez, Eve Grace Gronert, Doris Hargrave, Yannig

Morin, Yolanda Luchetti-Knight, Rachel Thompson, George Williams and Meta Williams.

In between *The Curious Savage* and our next presentation *The Gavones Of Philadelphia*, ABQ Stages and The Adobe Theater present a concert adaptation of the Tony Award-winning musical, *On The Twentieth Century*. Directed by Hal S. Simons, there will be five performances August 11-14. These performances are to benefit The Matthew Naegeli Scholarship Program. Matthew was a very talented young director who passed away too soon. This program was setup to encourage and inspire children in the arts. Tickets for these performances will be \$20.00.

On August 28, the world premiere of *The Gavones Of Philadelphia* by local playwright, Joseph Sorrentino, opens under the direction of James Cady. As noted by the title, the play is set in Philadelphia, and is a very funny Italian-American family comedy combining funerals, bookmakers, a bank robbery, family loyalty and disloyalty, embezzlement, family secrets



and food, lots of food!

The Curious Savage runs four weekends through Sunday, July 10, with the 'Pay What You Will' performance (to benefit the cast and crew) on Thursday, July 28, at 7:30 p.m. *The Gavones Of Philadelphia* runs four weekends, August 26 through September 18, with the 'Pay What You Will' performance on Thursday September 8.

Performances are Fridays and Saturdays at 7:30 p.m. and Sundays at 2:00 p.m., Tickets are \$17 for seniors and \$15 for students.

For more information and reservations call 898-9222, or go online to the theater website: www.adobetheater.org.

The Adobe Theater is located at 9813 Fourth Street NW, Albuquerque, NM 87114.

Advertising with the Los Ranchos Village Vision Magazine



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1/12 Page	\$30	\$81	\$144	\$216

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1/12 Page	\$45	\$121.50	\$216	\$324

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Add-ons require purchase of print ad. Features viewable via losranchosnm.gov, click Multimedia, then Village Magazine. No quantity discount available on add-ons.

Features:	Per Issue
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- Winter (January/February)
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- Spring (April/May)
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- Summer (July/August)
- September
- Fall (October)
- Holiday (November/December)

To place an advertisement, contact the Los Ranchos Village Vision Magazine Publication Coordinator: Ashley Stokes
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Advertisements must be paid in full and artwork must be received by each publication deadline. No installments permitted.

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The Los Ranchos Village Vision Magazine has grown since it began in 2004. Eight issues per calendar year are released, with each issue between 48 and 56 full color pages, and printed on 70# gloss paper. The magazine is mailed free to every household and every business in Los Ranchos. There are, in addition, a number of paid subscriptions outside the Village, and complimentary copies are distributed at Village events. The magazine is written about the Village, by Villagers, for Villagers.



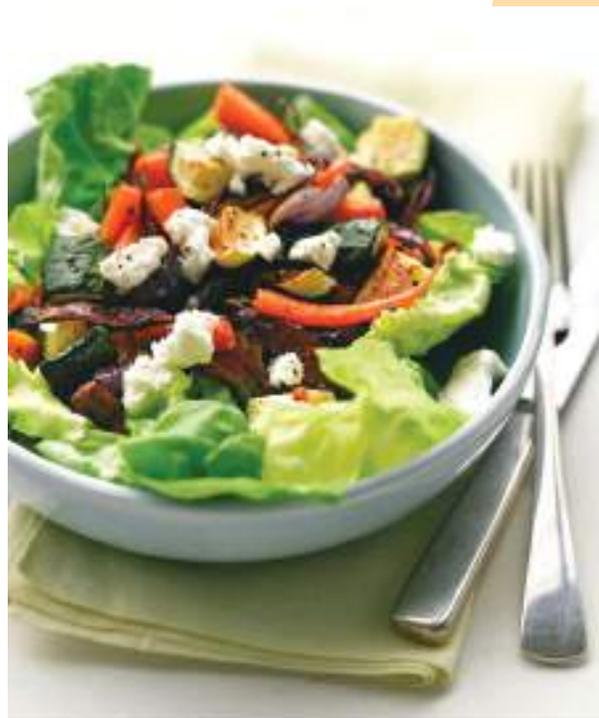
by Staff Writer

Roasted Vegetables with Goat Cheese

Goat cheese is a smart choice in this summer salad. It is lower in fat than most cow's-milk cheeses and is a good source of calcium and protein. With fresh produce available at the local growers' markets, try a variety of vegetables. Be sure to adjust the roasting time. For example, cauliflower and sweet potatoes take longer to roast; asparagus and mushrooms cook more quickly.

Ingredients

- 2 carrots, cut into two-inch matchsticks
 - 1 medium zucchini, quartered lengthwise and cut into one-inch chunks
 - 1 small red onion, cut into wedges, layers separated
 - 2 tablespoons olive oil
 - Coarse salt and ground pepper
 - 1 tablespoon balsamic vinegar
 - 1 small head Boston lettuce, torn into bite-size pieces
 - 1/4 cup crumbled goat cheese
- Preheat oven, toaster oven or grill to 450 degrees. On a rimmed baking sheet, toss carrots, zucchini, and onion with 1 tablespoon oil; season with salt and pepper.



Roast until vegetables are tender and browned, 20 to 25 minutes, tossing once.

In a serving bowl, whisk together vinegar and remaining tablespoon oil; season with salt and pepper. Add lettuce, and toss. Top with roasted vegetables and goat cheese.

In an article by Rebecca Toback in *Health Magazine*, Toback cited an "eye-opening study (that) found that kids gain weight three times faster over summer than they do the rest of the school year, thanks to a steady diet of junk food and video games." The author went on to state that it was a myth that "summer means more exercise and healthier food choices." She listed state fair and vendor-type foods you should avoid and she offered a group of good choices for summer.

"Raw, grilled, rolled, sliced or diced, zucchini is the perfect summer veggie.

At only 20 calories per cup, it has zero fat and cholesterol, and 35 percent of your daily-recommended intake of vitamin C.

Corn on the cob without butter or salt is a high-fiber, low-calorie food. Choose the yellow variety over the white kind for added vitamin A.

Popping some watermelon into your mouth is a great way to rehydrate after a long day in the sun. Watermelon is over 90 percent water. It is also a better source of cancer-fighting lycopene than raw tomatoes and it is just 44 calories a cup.

Gazpacho, fruit salad and grilled chicken kabobs are also on her list of healthy foods for summer.

Recipe by <http://www.marthastewart.com/338103/roasted-vegetable-salad-with-goat-cheese>
Resource: 17 Best and Worst Foods of Summer Smarter food choices can keep you slim and healthy all summer long. <http://www.health.com/health/gallery/0,,20713809,00.html>

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happenings

The new fire engine slated to become part of the Bernalillo County fleet will be assigned to the Village of Los Ranchos. The new engine will take approximately six months to build and is expected to be delivered early in 2017.



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More than 40 vendors will be on hand for the return of Lavender in the Village. The event will be held July 16 from 10:00 a.m. to 5:00 p.m. at the Agri-Nature Center on Rio Grande Blvd.



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The Los Ranchos Growers' and Arts & Crafts Markets will extend hours to 1:00 p.m. on July 9, to celebrate the Lavender and Garlic Festival. Everything from crafts to personal care products to flower arrangements to cooking will feature lavender and garlic.



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