



# Los Ranchos *Village* Vision

Summer 2018





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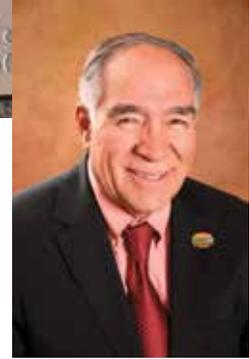
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## As the Village Grieves, We Continue to Move Forward on Planned Initiatives

As for many of us, Sunday May 6 was a difficult day for me. Learning of the sudden and unexpected passing of Mayor Abraham was heartbreaking. I had known Larry since before he was Mayor. I want to express my condolences to Beverly and Geoff and to all of Los Ranchos. This is truly a great loss for our Village. I appreciated the energy, passion, and leadership he brought to the Village.

Former Mayor Larry Abraham was focused on completing the first phase of the Fourth Street Redevelopment Project and the development of the Village Center Project prior to the end of his fourth term. In addition, he and the staff had several other initiatives such as launching an agricultural initiative that involves Village owned and privately owned properties, improvements to the Agri-Nature Center, expansion of the park on Osuna Road, and improvements to the major East-West streets in the Village. These are all initiatives that the Mayor had brought before the Board of Trustees and had received our wholehearted support. These are Village initiatives and they will be completed as planned.

I have heard from many residents over the past month. We are grieving. We are nervous about the future. We are

troubled by the uncertainty that comes with a dramatic change that we all experienced on the passing of Mayor Abraham. As the Mayor Pro Tem on the Board of Trustees, the responsibility of the day-to-day function of our Village government falls on me until the Board appoints someone to fill the unexpired term of former Mayor Abraham. I am not taking anything for granted. Should the Board see fit to make this appointment, I approach this with great honor and feel a sense of responsibility to former Mayor Abraham, to the Board of Trustees and to our residents to see through to completion those initiatives and projects that have been started.

Please do not hesitate to contact me. I look forward to visiting with many of you in the coming months.

Don Lopez, Trustee, PE, Mayor Pro Tem, CMO

A handwritten signature in black ink that reads "Don Lopez PE". The signature is written in a cursive style.

# Calendar

## Planning and Zoning Commission Meetings

Tuesday, July 10, 7:00 p.m.  
 Tuesday, August 14, 7:00 p.m.  
 Tuesday, September 11, 7:00 p.m.

## Board of Trustees Regular Meetings

Wednesday, July 11, 7:00 p.m.  
 Wednesday, August 8, 7:00 p.m.  
 Wednesday, September 12, 7:00 p.m.

## Deadlines: Los Ranchos Vision Magazine

*Advertising and Article Submissions Due*  
 Friday, July 20, September Issue  
 Friday, August 31, Fall Issue (October/November)

## Growers' and Arts/Crafts Market

Saturday, July 7, 7 am -noon  
 Saturday, July 14, 7 am -1:00 p.m. (Extended hours)  
**17th Lavender & Garlic Celebration**  
 Saturday, July 21, 7 am -noon  
 Saturday, July 28, 7 am -1:00 p.m.  
*Flower Festival*  
 Saturday, August 4, 7 am -noon  
 Saturday, August 11, 7 am -noon  
 Saturday, August 18, 7 am -noon  
*Peak of the Season*  
 Saturday, August 25, 7 am -noon  
 Saturday, September 1, 7 am -noon  
*Fall veggies, Salmon & Beef with Guest Chef Kenny the Fishhugger*  
 Saturday, September 8, 7 am -noon  
 Saturday, September 22, 7 am -noon  
*Chile Celebration*

## Independence Day

Wednesday, July 4  
*Village Offices Closed*

## Lavender in the Village

Saturday, July 7

## Labor Day

Monday, September 3  
*Village Offices Closed*

## JULY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## AUGUST

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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## SEPTEMBER

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24	25	26	27	28	29

Summer 2018

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*Cover, behind Table of Contents and circle  
inset images by Keen Heinzelman*





Kathryn E. Terry

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6718 Rio Grande Blvd. NW | 344-6582

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**VILLAGE OFFICE HOURS**  
M, W, Thur, & F: 8:00 a.m. - 5:00 p.m.  
Tues: 9:00 a.m. - 5:00 p.m.

The *Los Ranchos Village Vision* is an official publication of the Village of Los Ranchos de Albuquerque. Its primary mission is to promote the "Spirit of Los Ranchos," while informing Village residents of activities, both public and governmental, currently in progress throughout the Village. It is published eight times per year and distributed free of charge to residents and businesses. Non-residents and other interested parties may subscribe by contacting Los Ranchos Village Hall at 344-6582. Price, including S/H, is \$20.00 per annum.

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**ADVERTISING**  
The deadline for the next issue is printed in the calendar of each issue. Advertisements must be paid at Village Hall before each deadline, and artwork submitted in a print-ready PDF format.

**CONTRIBUTIONS**  
Material of general interest about the Village of Los Ranchos de Albuquerque is encouraged. Please submit all communications to the coordinator. Articles should be sent by Word attachment and photographs are best received in jpeg format or on a CD. Refer to the advertising page in this publication. Please call before submitting material to confirm space and suitability.

The *Los Ranchos Village Vision* takes every precaution to ensure the accuracy of all published works. However, it cannot be held responsible for the opinions expressed or facts supplied herein. Factual inaccuracies brought to the attention of the Village will be corrected, when possible, and in a timely manner. If you wish to notify us of an error, you may contact us at 344-6582 or email us at info@losranchosnm.gov.

**CONTRIBUTORS**  
Mayor Pro Tem Don Lopez, Pam Armbricht, David Bexfield, Marcy Bissell, Sue Brawley, Tiffany Justice, Carol Klimek, Stephanie Dominguez, Tim McDonough, Lorilee McDowell, Dustin Melville, Ashley Stokes, Lorraine Tourville, and Tim Tourville.

**Visit us on the Web**

The Village  
Growers' Market      losranchosnm.gov  
losranchosgrowersmarket.com

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@LosRanchosNM, Official page  
@LosRanchosEM, Emergency Manager

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Pinterest - LosRanchosNM



# Lavender

IN THE VILLAGE

The Original  
Lavender Festival



JULY 7 | 9AM - 5PM | Agri-Nature Center,  
Village of Los Ranchos



Andree Wilson Photography

Over 80 vendors of lavender products,  
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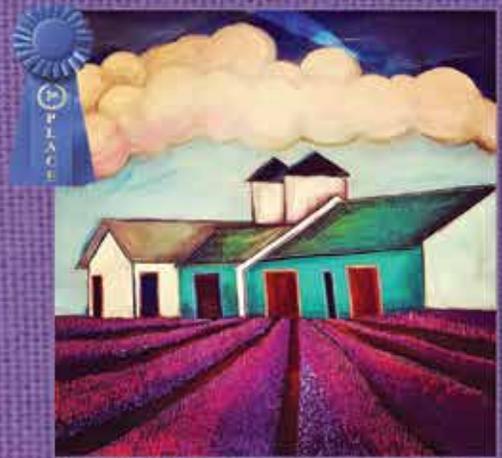
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New for 2018: The Lavender Run  
5K & 10K routes with prizes



Lavender Fields Forever by Amy Baca Lopez  
2018 Official Porter

A fundraiser for Lavender in the Village, a 501(c)(3)

All festival proceeds help support education in sustainable agriculture and provide Los Ranchos Farm  
Camp tuition for underprivileged children.

Adults \$8. Ages 4-12, \$3. 3 & Under, Free.  
Visit website for ticket discounts, packages,  
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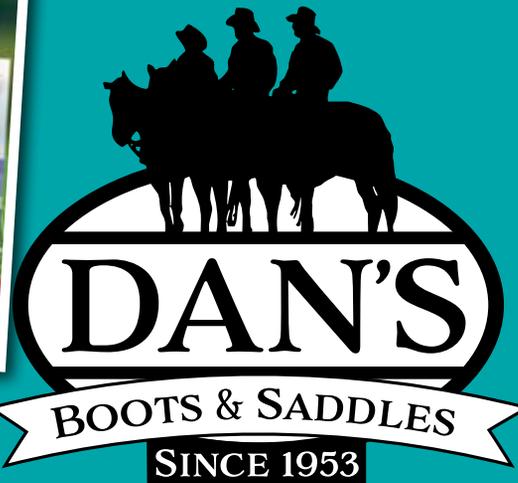
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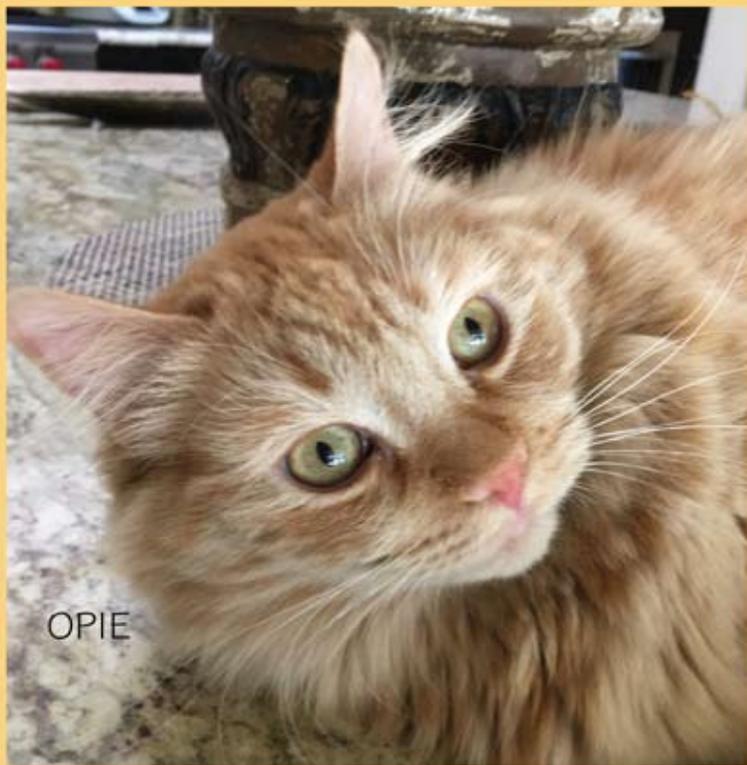


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## Ditch Writer

# June Brings Fruit and Veggies

by Sue Brawley



In July and August, try some of the various types of tomatoes, green & purple beans, potatoes, various types of summer squash (patty-pan, zuc, zephyr, roly-polly), fresh garlic, green onions, sweet peppers, radishes, carrots, and rutabagas. Different types of basil will be available for pesto, stir-fries and salad uses. Blackberries and raspberries and potentially some other fruit will be available. Bouquets are beautiful and you can select from cosmos to sunflowers to lavender and more. August marks the arrival of wonderful sweet corn and tasty melons (Sugar babies, crimson sweets, Crenshaw's, and cantaloupes), and the first of the hot chiles.

### 17th Lavender and Garlic Celebration

On July 14th, the Growers' and Arts markets will have a Lavender and Garlic Celebration with extended hours to 1 pm. This 17th annual event will end the week of lavender events in the Village. The market will feature fresh

cut lavender bouquets, lavender plants, special lavender products, various types of garlic, and special products featuring garlic. The classes and demonstrations will be held in a large tent by the handball courts. In addition to the classes, various arts/crafts vendors will be demonstrating or discussing various techniques used to produce lavender and garlic themed art at their booths. Below is a tentative schedule of the classes and demonstrations. The times and/or topics may vary.

8:00 – 8:30 am: Growing Garlic

8:45 – 9:15 am: Using Lavender/  
Lavender Wand demonstration

9:30 – 10:00 am: Cooking with  
Lavender

10:15 – 10:45 am: Growing Lavender  
& Companion Plants

11:00 – 11:30 am: Lavender  
Products

11:45 – 12:15 pm: Cooking with  
Garlic

### Other July/August Special Events:

On July 28th is the sixth annual Flower Festival that will feature a bee exhibit. August 18th is the 18th Annual Peak of the Season Celebration featuring a guest chef using seasonal produce such as corn, tomatoes, sweet peppers, and squash.

Visit our Facebook page (Los Ranchos Growers' Market) for local product information and to view pictures.



## From Market to Your Table

by Lorilee McDowell

### Summer Snacks

In a bowl, combine 3 or 4 tablespoons of basil olive oil (or any good olive oil), a couple tablespoons of sliced fresh basil, 3 or 4 garlic toes, minced, salt, and a lot of freshly ground pepper. Add some chile flakes if you like the heat. Also add 3 or 4 chopped tomatoes. Mix gently, and refrigerate for at least an hour. When ready to serve, cut a baguette from Swiss Bakery (or use Sweet Nothing's gluten

free bread) into about ½ inch slices, and toast the slices in the oven on a sheet pan until lightly browned. Spoon the tomato mixture onto the slices, top with grated parmesan cheese, and serve with a summer beverage of your choice.

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Source: *Forbes* "Best-in-State Wealth Advisors" ranking was developed by SHOOK Research and is based on in-person and telephone due diligence meetings to evaluate each advisor qualitatively, a major component of a ranking algorithm that includes: client retention, industry experience, review of compliance records, firm nominations; and quantitative criteria, including: assets under management and revenue generated for their firms. Investment performance is not a criterion because client objectives and risk tolerances vary, and advisors rarely have audited performance reports. Rankings are based on the opinions of SHOOK Research, LLC, and not representative nor indicative of any one client's experience, future performance or investment outcome. Neither *Forbes* nor SHOOK Research receives compensation in exchange for placement on the ranking. *Forbes* is a trademark of Forbes Media LLC. All rights reserved. The ranking or ratings shown here may not be representative of all client experiences because they reflect an average or sampling of the client experiences. These rankings or ratings are not indicative of any future performance or investment outcome.

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# Summer Brings Lavender and Garlic to the Village

by Lorilee McDowell and Sue Brawley

Lavender and garlic are harvested about the same time in our climate, which is why our celebration features both.

Lavender is called the herb's herb because it is used in so many different ways. It is one of the most versatile herbs because its fragrant stems, leaves and flowers can all be used fresh or dried. In cooking, try it in lemonade or ice cream, cookies and tea, as a rub on lamb, before you broil the chops, or in honey to go with your sopapillas. Nearly everyone enjoys its scent, fresh or dried, sprayed on linens or tucked into a lingerie drawer. It is a sedative and antiseptic. It can help to dispel a headache (a few drops of oil on a hot washcloth and rubbed on the temples),

can be used to treat burns and insect bites. And at the end of a long day, enjoy a nap in a hammock cleverly placed next to the lavender plants in your garden. Pure bliss, as you will find!

July also brings garlic to our Growers' Market, in many different forms and varieties. Did you know that there are, for instance: Rocambole (hardneck), Porcelain (hardneck), Artichoke (softneck and braidable), and Silverskin (softneck and braidable). Rocambole have loose skins, which mean that they have a shorter storage life. The other three will store better. Porcelain and Rocambole have stronger flavor; Silverskins are the most often seen in your supermarket.

Elephant garlic isn't mentioned, you say...? Elephant garlic looks and tastes like a mild form of hardneck; it is easy to work with, but it is not really a garlic. It is actually a bulbing, segmented leek.

You will find many varieties of garlic at the Market, including one Silverskin developed here in the Village by Phil Herlan.

The 17th Lavender and Garlic Celebration will take place on Saturday, July 14. The Growers' Market will be open from 7:00 a.m. until 1:00 p.m. "Follow your nose" to the marketplace on Rio Grande Boulevard. Check elsewhere in this month's Village Vision for related lavender events during the week of July 7 - 15, 2018.

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This Property is located in the Village of Los Ranchos de Albuquerque and all Village ordinances apply to this property.

Gross receipts must be reported to 02-200 or subject to maximum penalty under the law.

ORDINANCE NUMBER 196 10-12-2005

ACTIVE

ADDRESS	MLS#	LIST PRICE	LOT	SF	BR	BA	G	AGENT	COMPANY	PHONE
6930 Rio Grande	910246	\$2,200,000	6.92	VACANT LAND				Sotheby's International Realty		(505) 982-6207
5517 Rio Grande	907186	\$985,000	3	VACANT LAND				Keller Williams Realty		(505) 271-8200
7409 Rio Grande	919187	\$660,000	2	VACANT LAND				Acthora		(505) 503-7999
8727 Rio Grande	912573	\$415,000	1.35	VACANT LAND				EXP Realty LLC		(505) 554-3873
8633 Rio Grande	912968	\$399,000	1.56	VACANT LAND				Keller Williams Realty		(505) 271-8200
8637 Rio Grande	912973	\$350,000	1.5	VACANT LAND				Keller Williams Realty		(505) 271-8200
El Caminito de Guadalupe	900038	\$297,000	1.15	VACANT LAND				Reliance Home Specialists LLC		(505) 379-3877
6502 Fourth	846437	\$215,000	0.58	VACANT LAND				Jackie Fisher Realty & Assoc.		(505) 285-6800
1020 Ortega	912068	\$195,000	0.5	VACANT LAND				Coldwell Banker Legacy		(505) 898-2700
8830 Fourth	899829	\$179,899	0.63	VACANT LAND				Keys To New Mexico		(505) 890-7200
2021 Los Poblanos	916665	\$3,200,000	5.84	7938	5	7	3	Sotheby's International Realty		(505) 982-6207
6828 Rio Grande	894451	\$2,500,000	3.67	8045	5	7	11	Keller Williams Realty		(505) 271-8200
7200 Rio Grande	845577	\$2,400,000	12.29	5374	4	4	0	Coldwell Banker Legacy		(505) 292-8900
4686 Los Poblanos	917832	\$2,149,000	1.33	9870	5	10	4	Coldwell Banker Legacy		(505) 292-8900
7628 Rio Grande	898123	\$1,995,000	1.22	7631	4	7	4	Sotheby's International Realty		(505) 982-6207
5200 Eakes	905774	\$1,800,000	3.2	8481	6	7	3	Coldwell Banker Legacy		(505) 293-3700
5425 Eakes	871425	\$1,700,000	2	6800	3	6	4	Keller Williams Realty		(505) 897-1100
8206 Rio Grande	904738	\$1,499,000	1.2	3946	3	4	3	Coldwell Banker Legacy		(505) 293-3700
1015 Cottonwood	911287	\$1,495,000	1.17	7500	5	5	3	Keller Williams Realty		(505) 271-8200
8635 Rio Grande	912970	\$1,300,000	5.3	4773	4	4	1	Keller Williams Realty		(505) 271-8200
1108 Salamanca	915771	\$999,900	0.73	4360	4	4	2	Keller Williams Realty		(505) 271-8200
5715 Tinnin	914546	\$995,000	1.16	6210	5	5	3	Coldwell Banker Legacy		(505) 828-1000
5517 Rio Grande	907185	\$985,000	3	1173	1	1	3	Keller Williams Realty		(505) 271-8200
8635 Rio Grande	912971	\$950,000	3.8	4773	4	4	1	Keller Williams Realty		(505) 271-8200
8415 Rio Grande	909429	\$930,000	1.54	4800	4	4	4	Redfin Corporation		(505) 207-4284
8501 Rio Grande	915649	\$900,000	1	5221	4	4	7	Sotheby's International Realty		(505) 982-6207
5110 Eakes	893495	\$900,000	3	3850	5	5	3	Acthora		(505) 503-7999
1619 Francisca	909614	\$898,000	1.01	5440	5	5	3	Q Realty/E		(505) 750-0059
6771 Guadalupe	915032	\$895,000	0.58	3600	4	4	0	Realty One of New Mexico		(505) 883-9400
8412 Rio Grande	911504	\$850,000	2.8	3697	4	3	3	Coldwell Banker Legacy		(505) 293-3700
4139 Dietz Farm	915999	\$773,000	0.66	3768	3	3	4	Coldwell Banker Legacy		(505) 828-1000
8203 Guadalupe	914830	\$759,000	1.04	4097	5	3	2	Realty One of New Mexico		(505) 883-9400
509 Los Ranchos	917636	\$699,000	1.18	4180	4	4	2	Coldwell Banker Legacy		(505) 892-1000
820 Salamanca	913996	\$699,000	0.78	2966	4	3	2	Coldwell Banker Legacy		(505) 292-8900
8635 Rio Grande	912969	\$650,000	2.31	4773	4	4	1	Keller Williams Realty		(505) 271-8200
6500 Caballero	915413	\$629,000	0.75	3180	4	3	2	Ida Kelly Realtors		(505) 888-1000
8312 Guadalupe	918053	\$579,900	2.73	2208	4	1	0	RE/MAX SELECT		(505) 265-5111
817 Ranchitos	896956	\$574,900	1.01	4353	5	6	4	Coldwell Banker Legacy		(505) 292-8900
8150 Guadalupe	913958	\$495,000	1	2540	4	4	0	Roadrunner Realty & Investments		(505) 639-5961
8918 Fourth	916177	\$437,500	0.83	2150	4	3	2	Re/Max Premiere Realtors		(505) 237-9750
6707 Elwood	897829	\$400,000	0.26	3100	4	4	1	Butterfield Lane Properties		(505) 450-3443
436 El Llano	910030	\$399,800	0.71	2400	4	3	3	J. Jacob Realty, LLC		(505) 385-1600
312 Wayne	893239	\$379,000	0.3	3692	4	5	2	La Puerta Real Estate Serv LLC		(505) 867-3388
534 El Paraiso	918980	\$364,000	0.46	1968	3	2	0	Hardy & Company		(505) 629-0010
6822 Fifth Street	910201	\$335,000	0.39	2504	3	2	0	The Source Realty		(505) 344-3610
814 Ranchitos	911850	\$299,900	1	1754	4	2	0	Berkshire Hathaway Home Services NM Prop		(505) 798-6300

The information herein is deemed reliable, but not guaranteed from SWMLS compiled on or before May 22, 2018 by Tim Tourville, Coldwell Banker Legacy 292-8900.

## Real Estate

## A Man and a Meeting

by Tim Tourville, CRS



Fifteen years ago, I moved into the Village. Wanting to get involved with the community and see how things work around here, I attended a meeting at Village Hall. It was in this first meeting that I met a man full of passion, love, and determination for not only his family and friends, but the Village community. He stood holding a roll of papers in his hand and waving it at the panel demanding to speak for the community on critical issues and seeking answers for what would be done to address these issues. He refused to back down until Mayor Hooker threatened to have him removed from the building. I knew after that very first meeting, this was a man I would be proud to stand behind. After the meeting adjourned I introduced myself and asked the man to have lunch with me the following day. We had a long lunch and conversed about everything from politics, business, and real estate, to family and sports, but mostly about his concern for the future of the Village.

Taking action on all we discussed and persistent to invoke change he ran for mayor, won and had been our Mayor ever since. With his new position, our talks and brainstorming to make the Village a better place did

everything but slow down, we worked hard on projects, like finally getting the Albuquerque Board of Realtors to recognize the Village of Los Ranchos as a City, and many more. It was easy for all to see what a light he was in the community, so when he approached me and asked me to be a Planning and Zoning Commissioner, I jumped at the opportunity.

We continued to hang out at social gatherings with our wives. Just last week we finally got the Santa Fe Board of Realtors to recognize The Village of Los Ranchos as a city and I was so excited to call the Mayor and tell him.

I picked up my phone to call Mayor Larry Abraham, realized he was gone and the sting of that realization was painful, to say the least, but was calmed as I realized that his lasting impact on the community will always be with me and not only just my family, but all of us in the Village. He was a great businessman, father, husband and Mayor and we are all going to miss him dearly. My sincere, heartfelt condolences to his family and friends. Rest in Peace Mayor Larry Abraham.

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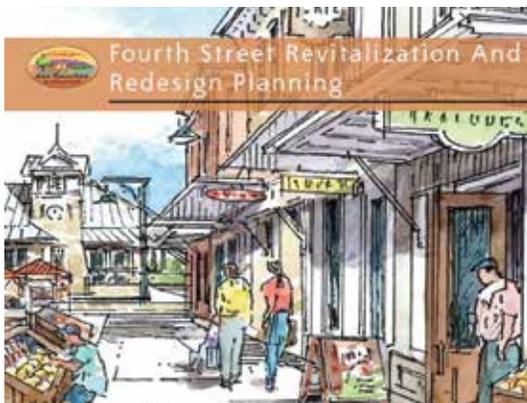


## Rediscover the Village

# Honoring a Legacy

by Dave Bexfield

The hardest part of major redevelopments... is supporting the existing businesses most affected by construction. When traffic patterns change, caution tape flutters, and orange barrels sprout like monsoon weeds, patrons understandably look for other routes. And when they do, businesses see fewer clients, profits drop, and bootstrapping turns mandatory.



When I first met Mayor Abraham, he told me straight away that if there was anything he could do for me, anything, to let him know. So I did. (I'm not shy, if you haven't guessed.) Days later he made a path at Hartnett Park more accessible for me and my arm trike. Politicians listening to their constituents is expected. But politicians actually acting on a constituent's request—in a matter of hours, no less—is about as rare as five days without sunshine in our Village, which I believe has happened exactly once since weather records have been kept. Once.

And that sunshine analogy is apt for the mayor. It was never cloudy in his world. And that is why this column is not going to belabor his tragic passing. Larry rather would have wanted me to promote and highlight Los Ranchos's Fourth Street Revitalization, a project years in the making and one dear to him. And while he may no longer be with us to champion this renewal, as residents of Los Ranchos, all of us can. Indeed, all of us need to.

The hardest part of major redevelopments like this one is supporting the existing businesses most affected by construction. When traffic patterns change, caution tape flutters, and orange barrels sprout like monsoon weeds, patrons understandably look for other routes. And when they do, businesses see fewer clients, profits drop, and bootstrapping turns mandatory. This is our community—our village—and these are our businesses. During this time they need our support more than ever. Case in point: Joliesse Chocolates, located directly in the middle of the construction zone.

When I got their May e-mail

talking about their 5-year business anniversary, usually a time for celebration, it included this gut punch.

"All good things must come to an end, however, and Grace and I have decided to make some changes. We are closing Joliesse as a retail outlet at the end of this month, changing Joliesse to a wholesale and online store only ([lajoliesse.com](http://lajoliesse.com))."

The shop, once hugely popular in the metro area with their award-winning chocolates, could not make up for the precipitous drop in business. Local residents knew all the back roads to avoid the construction. But worse, customers in neighboring cities avoided the area altogether. "We actually had more customers from Rio Rancho, even Santa Fe, than Los Ranchos," said the owner Troy Lapsys. And they stopped coming.

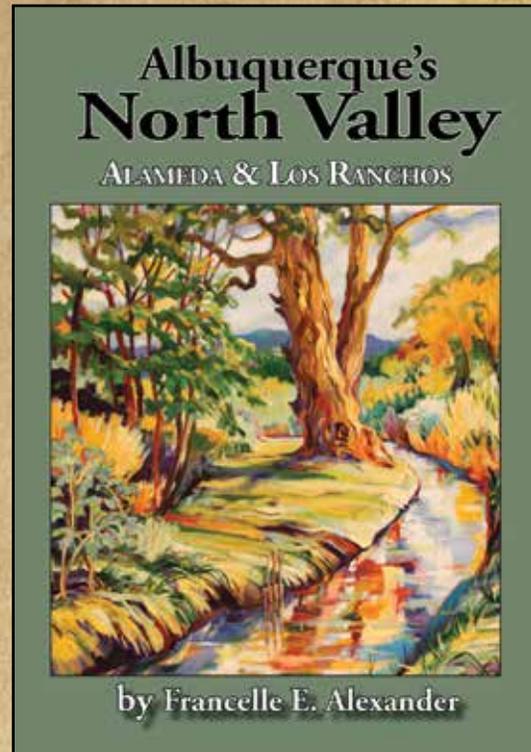
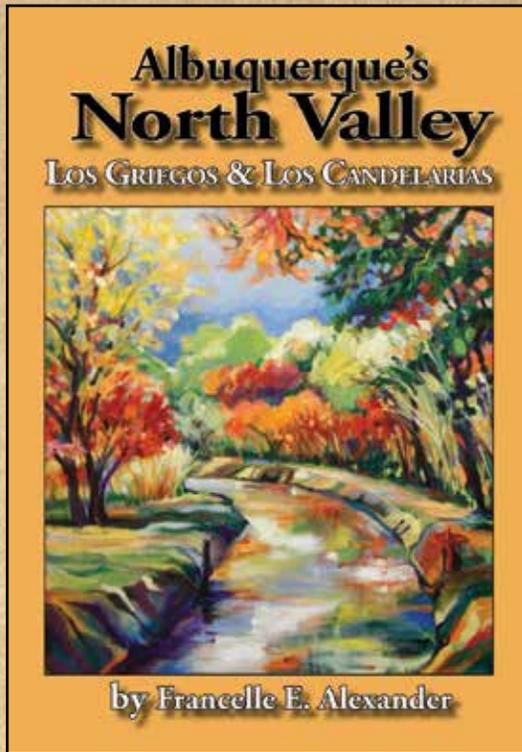
As Villagers we cannot solely support every business in our community—there are only 6,000 of us. But we can make a big difference if we eat here, shop here, and patronize our neighborhood stores and services. That is what the mayor has forever advocated, and that is what he would ask now of all of us.

When I last ran into Mayor Abraham, I was enjoying a special meal at Campo over in Los Poblanos when he spied me and my wife. He immediately made a bee-line over to us to say hi. Afterward when I shot him an e-mail to share some ideas I had dreamed up to make our community even better, he excitedly wrote back that he loved them. "You are a man after my own heart."

The mayor's heart will always be right here, and because of that, it will always be another brilliant day in the Village.



# New Books Feature Los Ranchos & ABQ's North Valley



For centuries, a strand of settlements was built along the Rio Grande by the ancient Pueblo peoples, many of which disappeared before and during the Pueblo Revolt in 1680. In the 1700s, when the Spanish returned, they built villages along the Rio Grande, not only what is now Old Town but many others. To bring to life the history of the North Valley more fully, an effort is made to examine this area and its small villages separately from a general history of Albuquerque. The North Valley provides a unique tapestry of Hispanic, Anglo, and other ethnic groups, rural and urban, historic and modern, old and new architectural styles, and a successful integration of traditional and modern ways of living. The two volumes are intended to appeal both to those readers who have a long history in Albuquerque's North Valley and remember a previous time, and, also, those who do not remember the North Valley as it once was, but now appreciate its unique character. The new book is *Albuquerque's North Valley* and it is two volumes — Los Griegos & Los Candelarias (Vol. I) and Alameda & Los Ranchos (Vol. II)

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Station #34 Phone: 314-0080  
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11700 Paseo Del Norte

Station 36 Phone: 314-0125  
501 Bear Canyon Ln NE

Station #38 Phone: 314-0120  
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- Fire extinguishing equipment must be available within 10 feet of the fire. This may consist of some type of water source (garden hose, buckets of water) or shovel and dirt.

### Burning Hours

- Summer Burn 6:00 a.m. to 5:00 p.m. April 1 through September 30.
- Open burning is suspended during no burn periods.



## Stay Up-to-Date with Social Media

by Staff Writer

Social media allows the Village to quickly share business-related news and information. For example, view the most up-to-date drone video on the Village's YouTube page which is accessible from the home page at [www.losranchosnm.gov](http://www.losranchosnm.gov). On Facebook visit @LosRanchosNM for updates on classes, Village happenings, election info, the Growers' Market, and Farm Camp pictures (shown below). Visit @LosRanchosNM on Twitter and Pinterest.



Visit [www.losranchosnm.gov](http://www.losranchosnm.gov) to view the latest drone video and for a link to the Village's YouTube channel. Our drone shots provide the best view of the Fourth Street Revitalization Project.



Summer Farm Camp is off to sizzling start. Campers are trekking through the bosque and replenishing with snacks they have made themselves.



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# Lawrence Patrick Abraham



Mayor Larry Abraham, died on May 5, 2018 at the age of 64 in St. George, UT. He went quickly, due to heart complications; he had been happy in the hours and days leading to his death.

Lawrence Patrick Abraham was the third of three children born to Lawrence Thomas Abraham and Wadette Goze Abraham in Santa Fe, New Mexico. Larry was also the first boy, which delighted his father. Lawrence and Larry spent many hours enjoying the outdoors together. Sisters Sandra and Karen helped bring Larry up, too.

Larry quickly found talent in all that he did, from sports to student government. After pursuing a degree in finance from the University of New Mexico, he would parlay his natural talent and quick learning into a varied array of entrepreneurial ventures, including Cutlery Corner, Abraham Construction, Abraham Realty, Brazil Contempo, Leather & Oak, and Cellular & More. Throughout his career, Larry was committed to building pride in the University of New Mexico; he had a stint as president of the Lobo Club.

He met his wife Beverly during his business career. They fell quickly in love. Together, they had one son, Lawrence Geoffrey Abraham. The family enjoyed domestic travel by RV and hosting various community events. Larry and Beverly invested much of their time and energy in building a happy home. The pinnacle of this effort landed the family, unbeknownst to them, in the Village of Los Ranchos de Albuquerque.

After getting involved in an important community issue, Larry ran for Mayor of Los Ranchos. He won by a slim margin, fought through many thorny issues and colorful personalities, and ultimately became loved by the entire community. He treated the part-time position as a full-life effort. He delivered to Los Ranchos an identity and unique sense of place. He also ran his administration like a business, resulting in incredible fiscal health. A testament to his success, Larry was elected to four consecutive four-year terms.

During this portion of his career, Larry served on several boards with the Mid-Region Council of Governments, including the Metropolitan Transportation Board. He served on the UNM Foundation Board and as a chartered member of the Tom L. Popejoy Society. He was inducted into the Anderson Hall of Fame in 2012 and received a UNM Alumni Association Zia Award in 2011.

After a father-son fishing trip outside Idaho Falls, Larry became enamored of the Snake River, where he would then pursue his dream to build a fly-fishing lodge for his family. Even in his 60s, Larry built much of his lodge by hand; the result inspired great pride. Larry had also recently rekindled his love of golf, and he and wife Beverly were looking forward to many holes of golf at their St. George, UT winter home.

Above all, Larry was a loving father and husband. He saw what others could not. He was fun as hell and was immediately embraced by any community

he entered. He forced joy and pride and integrity into this world, and he grew frustrated when he witnessed others settle for less. He showed his family and friends that life can be a grand adventure.

The family is seeking privacy in their grief. In lieu of flowers, please make sure that those in your life you love know that you love them or do something special with your family in Larry's honor. Larry's son Geoffrey will graduate with an MBA from the Stanford Graduate School of Business on Father's Day, 2018. A private celebration of Larry's life will be held at the family home in Los Ranchos at a later date.



## SUMMER DINING REINVENTED.

Los Poblanos is proud to offer several unique dining experiences this season. Not to be missed is our annual Lavender Long Table Dinner, a four-course experience highlighting the flavors of lavender and summer in the North Valley hosted on the breathtaking La Quinta Portal. Or, join us for Campo's monthly Wine Dinner Series, featuring wines carefully curated by our resident sommelier and thoughtfully paired with an exceptional Rio Grande Valley menu crafted specially for the evening. Tickets and additional information are available at [lospoblanos.com/events-calendar](https://www.lospoblanos.com/events-calendar).



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# Ask Us!

by Pam Armbrecht

What is art? It is a painting, a piece of pottery, a pair of stunning earrings, the chair that is perfect for that weird corner in your living room, the beautiful bar of soap that lets guests know that they are special, a flannel quilt that provides a soft and colorful welcome to a new addition to the family, and so much more. Some art is very functional, but all of it adds beauty to our lives. Art is also very personal. What stops me dead in my tracks may barely warrant a second glance by you. This is one of the reasons that we strive to offer a wide range of art experiences at the Art Market. There are more than 50 artists on the roster this year. You will not see everyone on any given week, but you will always find something to interest and inspire you. All of the art that you see at the Art Market is created by the person who is selling it. The types of things you will find include jewelry, pottery, metal

sculptures, wood products, upcycled furniture, quilts, soaps, leather products, batik t-shirts, candles, glass mosaics, pet products, and paintings. Many of the artists will work with you to create something special

just for you or to help you complete or fix something that is meaningful to you. For example, my sons, my husband and I collect rhinos. We are always on the lookout for new and interesting rhinos. This has become something of a competitive sport—we each love finding something that the others have not seen. A couple of years ago I asked one of the woodworkers at the Art Market if he could make a rhino

ornament. While he made no bones about believing me to be a bit crazy, he took on the challenge and made me some ornaments that became unique gifts for both sons and my husband. Last year an artist who creates wonderful whimsical animal sculptures joined the market. She had a tiny rhino, which I promptly bought and I asked her if she ever made larger ones. Again, my rhino obsession was a source of amusement, but she said she would think on it. Several weeks later she approached my booth with her delightful rhino creation. Of course I bought it. Now my dilemma was which of my rhino-loving family members would be the recipient. That charming sculpture was the hit of the Christmas rhino gift exchange.

An example of an artist helping to solve a problem involves a chair that was purchased many years ago by my in-laws during a trip to Central America. It is a folding wooden rocking chair with a leather back and seat. Their names were

tooled on one of the pieces of leather making up the back. After my in-laws passed away the chair came to live in our garage. It does not go with anything in our house and it was not in very good shape—the leather was very worn and the seat had been badly replaced with a piece of black vinyl. Every time the chair surfaced in the garage, we would discuss getting rid of it and then we would put it back in the



garage. Though it was not being used, my husband could not bring himself to part with it. Finally, a lightbulb went off for me—I knew a leatherworker! I did not know if she could fix it, but I knew she could certainly give me some advice about how to handle it. I took the chair to her and asked if it could be saved. She was able to preserve and restore the leather that was intact on the back and create a seat that goes with the chair and makes it functional. And she did it in just two weeks. I can hardly wait to give it to my husband for his birthday! These are a couple of stories that involved me as a customer—there are many more stories of how artists at the Art Market either created something personal for a customer or used their talent and skills to help a customer solve a problem. So do not hesitate to ask a question. You never know—that one question might lead to a treasure for yourself or a loved one. You too could be the hit of the next gift giving gathering. Customer suggestions and ideas are frequently a source of inspiration for us. I know that I have several products that I routinely offer that are the result of a customer suggestion.



## Village Life

# Los Ranchos Tidbits & Tipoffs

by Dave Bexfield



### Soap that is Dope

Next to popular Porch and Twig is the newly opened storefront of Sunshine Alchemists & Soap Co. (7205 Fourth St, 509-591-6674, [sunshinealchemistsand-soapco.com](http://sunshinealchemistsand-soapco.com)). "We aim to infuse some joy and sunshine into your life through our soaps and other fun bath and body stuff," says multi-talented owner Maaike Hurst, a painter and one-time director of a world-renowned world music venue in New York City. She hand-synthesizes the fragrances into their soaps (Biscochitos y Besitos, Blueberry Pancakes, and Marshmallow Cocoa, photo in upper right corner of this page, to name a few) and all their products are organic, sustainable, and non-toxic. And also pretty famous. They've been written up in American Spa Magazine and, as a NM True-certified business, their Turquoise Trail soap was featured by the state last summer. Oh, and actor and reality TV personality Ming Chen buys Maaike's Fight Club soap every time he is in town. But let's not talk about that—it is Fight Club soap after all. Instead, talk about her community-changing and laudable efforts to employ victims of domestic violence.

### A Bird in the House

Casey Aragón has opened It's for the Birds in the Antique Mall (7901 Fourth St). Casey crafts custom birdhouses from wood and metal, creating masterworks for our feathered friends to call home. His creations include everything from New Mexico license-plate and sports-themed homes to detailed churches and cabins, and he



can build houses to spec if you have a special request—call and discuss at 345-0303. His most unusual request? A miniature version of the Alhambra, Spain's dramatic palace and fortress complex. Okay, technically he hasn't gotten that request yet, but if you can dream it, he can build it. Prices start in the \$30 range.

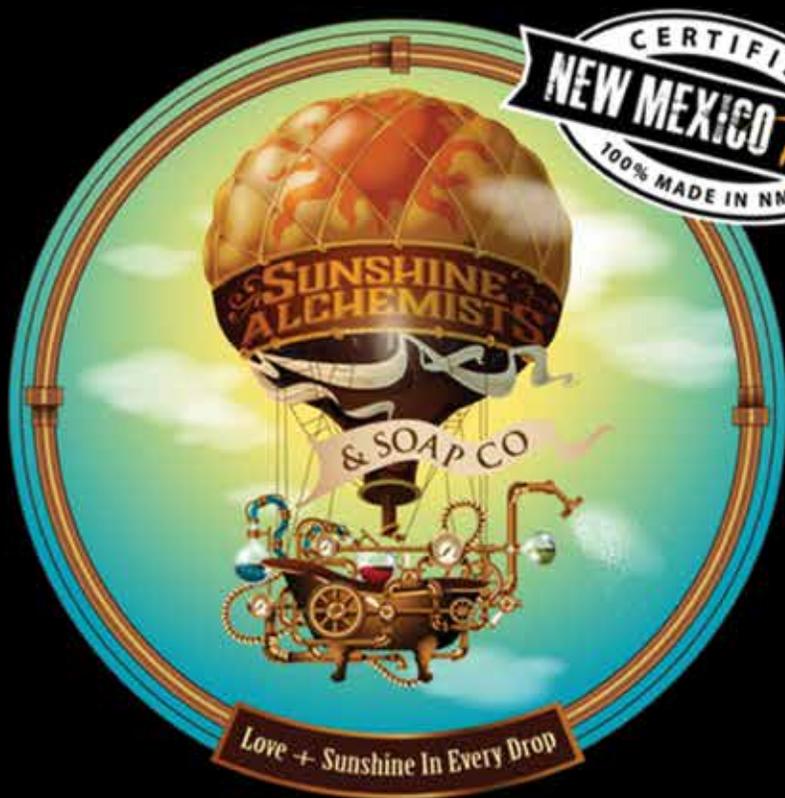
### Dave's Valley Grill has Opened!

The long-awaited arrival of Dave's Valley Grill (6601 Fourth Street, 639-5807, [davesvalleygrill.com](http://davesvalleygrill.com)) is finally here and it is worth the wait. Opened in the former location of Papaburgers,



Dave's will surprise even foodies with its comfort-food-with-a-twist menu in a totally revised and expanded space. Ribeye steak poutine? Check. Granny's meatloaf? Check. Steak Oscar featuring char-grilled beef tenderloin with lump crab and béarnaise sauce? Check. Gourmet burgers? Check. A gooey chocolate chunk cookie with sea salt caramel ice cream and a dulce de leche sauce served in a hot cast-iron skillet? Oh my god, check. And by the time you read this, there will be a full stock of fantastic beer and wine, with more surprises in store in the coming months. Needless to say, you have to check this new restaurant out—it has all the chops to be a mainstay in the Village.





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MT, WA, San Francisco, New York, Miami, & New Orleans; all hold a piece of your soap maker's heart, and yet... the slow ride of cottonwood shaded Rio Grande Blvd, kept calling. It was my lunch escape when I worked graveyards dispatching for BCSO and went to UNM by day. Now, after many years away, my children and I are thrilled to call Los Ranchos home. Maybe we've met you in the last 2 years, vending at the market, at school, walking by the acequia or river, or you stopped by the house when we were renovating it, just being neighborly. If not, we would LOVE to meet you and hear YOUR Los Ranchos story, and maybe spoil you a little with our skin nourishing concoctions. If nothing else, come enjoy some aromatherapy and a sample of our body butter.

You can also find us at  
[www.SunshineAlchemistsAndSoapCo.com](http://www.SunshineAlchemistsAndSoapCo.com)  
or on Facebook & IG /SunshineAlchemistsAndSoapCo  
We're so glad to be your neighbor!

# Five Safety Tips to Keep Your Summer Fun and Stress Free

The longest day of the year marks the first day of summer. With the kids out of school and longer days full of sunshine just ahead, the outdoor fun is about to begin. Whether you spend these hot days outside having picnics or enjoying that dip in the ocean or pool, it is important to stay safe. The American Red Cross offers these 15 safety tips to make sure your summer fun stays safe, fun and stress free.

## HEAT SAFETY

1. Stay hydrated, drink plenty of fluids. Avoid drinks with caffeine or alcohol.

2. Wear loose-fitting, lightweight, light-colored clothing. Avoid dark colors - they absorb the sun's rays.

3. Slow down, stay indoors. Avoid strenuous exercise during the hottest part of the day.

4. Use a buddy system when working in excessive heat. Take frequent breaks if working outdoors.

5. Check on family, friends and neighbors who do not have air conditioning, who spend much of their time alone or who are more likely to be affected by the heat.

## WATER SAFETY

1. Do your part, be water smart! Ensure that everyone in the family learns to swim well.

2. Actively supervise children by staying within arm's reach of young children and newer swimmers.

3. Do not fool with a pool: fence it in. Enclose your pool and spa with four-

sided, four-foot fencing and use self-closing, self-latching gates.

4. Do not just pack it; wear your U.S. Coast Guard-approved life jacket - always when on a boat and if in a situation beyond your skill level. Inflatable children's toys and water wings can be fun, but they are no substitute for a life jacket and close adult supervision.

5. Swim as a pair near a lifeguard's chair - everyone, including experienced swimmers, should swim with a buddy in areas protected by lifeguards.

## GRILLING SAFETY

1. Always supervise a barbecue grill when in use. Do not add charcoal starter fluid when coals have already been ignited.

2. Never grill indoors - not in your house, camper, tent, or any enclosed area.

3. Make sure everyone, including pets, stays away from the grill.

4. Keep the grill out in the open, away from the house, the deck, tree branches, or anything that could catch fire.

5. Use long-handled tools especially made for cooking on the grill to keep the chef safe.

The Red Cross Emergency App can help keep you and your loved ones safe by putting vital information in your hand for more than 35 different severe weather and emergency alerts. The Red Cross Swim App promotes water safety education and helps

parents and caregivers of young people learning how to swim. The Red Cross First Aid App gives instant access to expert guidance on handling the most common first aid emergencies at your fingertips. Download these apps by searching for 'American Red Cross' in your app store or at [redcross.org/apps](http://redcross.org/apps).



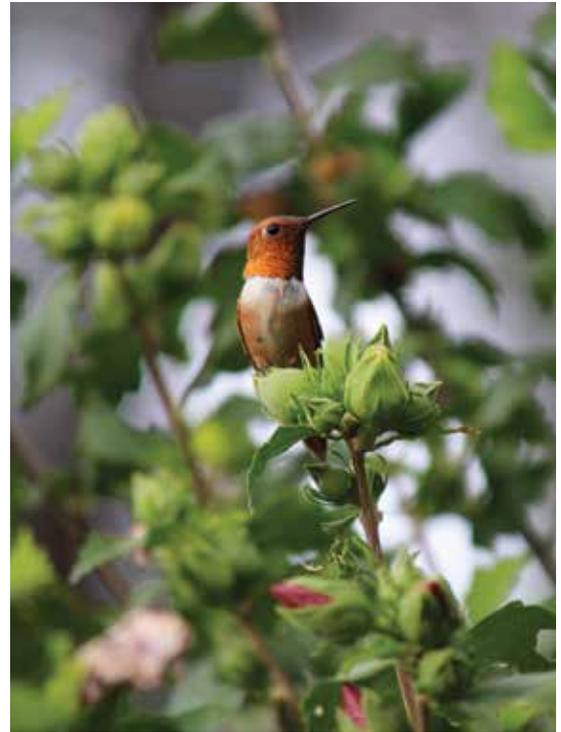
# The Village Captured in Images

It has been awhile since we have visited the photos submitted by Villagers. In addition to the cover and images on page 3 by Keen Heinzelman, the two untitled images on this page are also by Heinzelman.

Lillian Derwelis is also a frequent contributor to the *Vision Magazine*. Her images *4 o'clock Flower*, *Sunflower* and *Rufous Hummingbird* are shown on page 31 and *Summer Tanager* on page 36.

All Villagers are encouraged to submit photos that reflect the character of the Village for use in the magazine or on the Village website. Images must be suitable for print. Please email your submissions or questions to [vision@losranchos-nm.gov](mailto:vision@losranchos-nm.gov)







# HERITAGE

HOTELS AND RESORTS

## TAOS

EL MONTE SAGRADO RESORT AND SPA 1-855-846-8267 [ElMonteSagrado.com](http://ElMonteSagrado.com)

PALACIO DE MARQUESA 1-855-846-8267 [MarquesaTaos.com](http://MarquesaTaos.com)

## SANTA FE

ELDORADO HOTEL & SPA 1-800-955-4455 [EldoradoHotel.com](http://EldoradoHotel.com)

INN AND SPA AT LORETTO 1-866-582-1646 [HotelLoretto.com](http://HotelLoretto.com)

HOTEL ST. FRANCIS 1-800-529-5700 [HotelStFrancis.com](http://HotelStFrancis.com)

HOTEL CHIMAYO DE SANTA FE 1-855-752-9273 [HotelChimayo.com](http://HotelChimayo.com)

Pictured is El Monte Sagrado Resort and Spa

## ALBUQUERQUE

HOTEL CHACO 1-866-505-7829 [HotelChaco.com](http://HotelChaco.com)

HOTEL ALBUQUERQUE AT OLD TOWN 1-800-237-2133 [HotelAbq.com](http://HotelAbq.com)

## LAS CRUCES

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Joe Craig, Tom Riccobene, Lynn Eby, Joe Brawley, Jeff Phillips, Debra Colman, and Tim Tourville

## Planning & Zoning Meeting Report

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The next regular meeting  
will be held on  
Tuesday, July 10, 2018

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**May 8**

### CALL TO ORDER

- A. ROLL CALL- THERE WAS A QUORUM PRESENT WITH COMMISSIONER RICCOBENE EXCUSED.
- B. AGENDA
  - 1. Approval of Agenda

*The agenda was approved as presented (6-0).*

- C. PRESENTATION-ATTORNEY CHAPPELL

Attorney Chappell gave a short presentation to the Commissioners on the aspects of their duties.

### 1. PUBLIC COMMENT PERIOD

Residents may address the Planning and Zoning Commission to comment on issues, problems, or successes on topics that do not appear elsewhere on the agenda. Audience members will be given an opportunity to comment on agenda items as they come up. Speakers must register with Village Staff prior to the beginning of the meeting.

*There were no public comments. Chairman Brawley made a personal comment stating he was shocked and dismayed at the passing of Mayor Larry Abraham.*

### 2. CONSENT AGENDA

All matters listed under the Consent Agenda are considered to be routine and will be enacted by one motion. There will be no separate discussion of these items. If discussion is desired, that item will be removed from the Consent Agenda and will be considered separately.

#### A. APPROVAL OF MINUTES – APRIL 10, 2018 REGULAR MEETING

*The minutes were approved as presented with a vote of 6-0.*

### 3. PUBLIC HEARINGS AND APPLICATIONS

- A. SDP-18-01 A REQUEST BY CHRISTINE RODRIQUEZ FOR A SITE DEVELOPMENT PLAN PRELIMINARY PLAT FOR NEW COMMERCIAL DEVELOPMENT IN THE GATEWAY DISTRICT ZONE OF THE FOURTH STREET COMMERCIAL CHARACTER AREA. THE PROPERTY IS LOCATED AT 8312 AND 8318 FOURTH STREET NW AND IS LEGALLY KNOWN AS PLAT OF LOTS A-1 AND A-2, VILLA CHRISTINA, BRING A REPLAT OF TRACT "A" PARAISO ESCONDIDO WITHIN THE TOWN OF ALAMEDA GRANT, PROJECTED SECTION 16, T11N, R3E, N.M.P.M., VILLAGE OF LOS RANCHOS DE ALBUQUERQUE, BERNALILLO COUNTY, NEW MEXICO AS THE SAME IS SHOWN AND DESIGNATED ON THE PLAT FILED IN THE OFFICE OF THE COUNTY CLERK OF BERNALILLO COUNTY, NEW MEXICO ON FEBRUARY 24, 2010. THE PROPERTY CONTAINS 1.1939 ACRES MORE OR LESS.

*The site development plan was approved for recommendation to the Board of Trustees with a vote of 6-0.*

### 4. OLD BUSINESS

- A. DISCUSSION OF THE 2030 MASTER PLAN PROCESS

*There was an informal discussion on the 2030 Master plan, no decisions were made.*

- B. DISCUSSION OF PRIORITIES FOR 2018

*There was an informal discussion for the priorities for 2018, no decisions were made.*

- C. DISCUSSION AND ACTION ON ESTABLISHING TIME LIMIT/GUIDELINE FOR PUBLIC COMMENT PERIOD. MOTION WAS MADE TO APPROVE THE TIME LIMIT FOR PUBLIC COMMENT PERIOD.

*There was a tie vote with Commissioner Pacheco, Commissioner Park, & Commissioner Brawley voting aye and Commissioner Eby, Commissioner Phillips and Commissioner Seavey voting nay.*

### 5. NEW BUSINESS

- A. DISCUSSION AND ACTION ON RESOLUTION 2018-02-P&Z TRANSACTION OF BUSINESS.

*The Resolution was amended with a vote of 6-0.*

### 6. REPORTS

- A. PLANNING DEPARTMENT REPORT

The report included an update on Fourth Street Construction Project. Finally, a report on the Stormwater discussions, code enforcement issues and that the census residential data was turned into the Census Bureau.

### 7. COMMISSIONER'S INFORMAL DISCUSSION

Discussion was about the new Commissioners and how they should ask as many questions as needed to understand what is being discussed.

Commissioner Park commented on the passing of Mayor Larry Abraham.

### 8. ADJOURNMENT

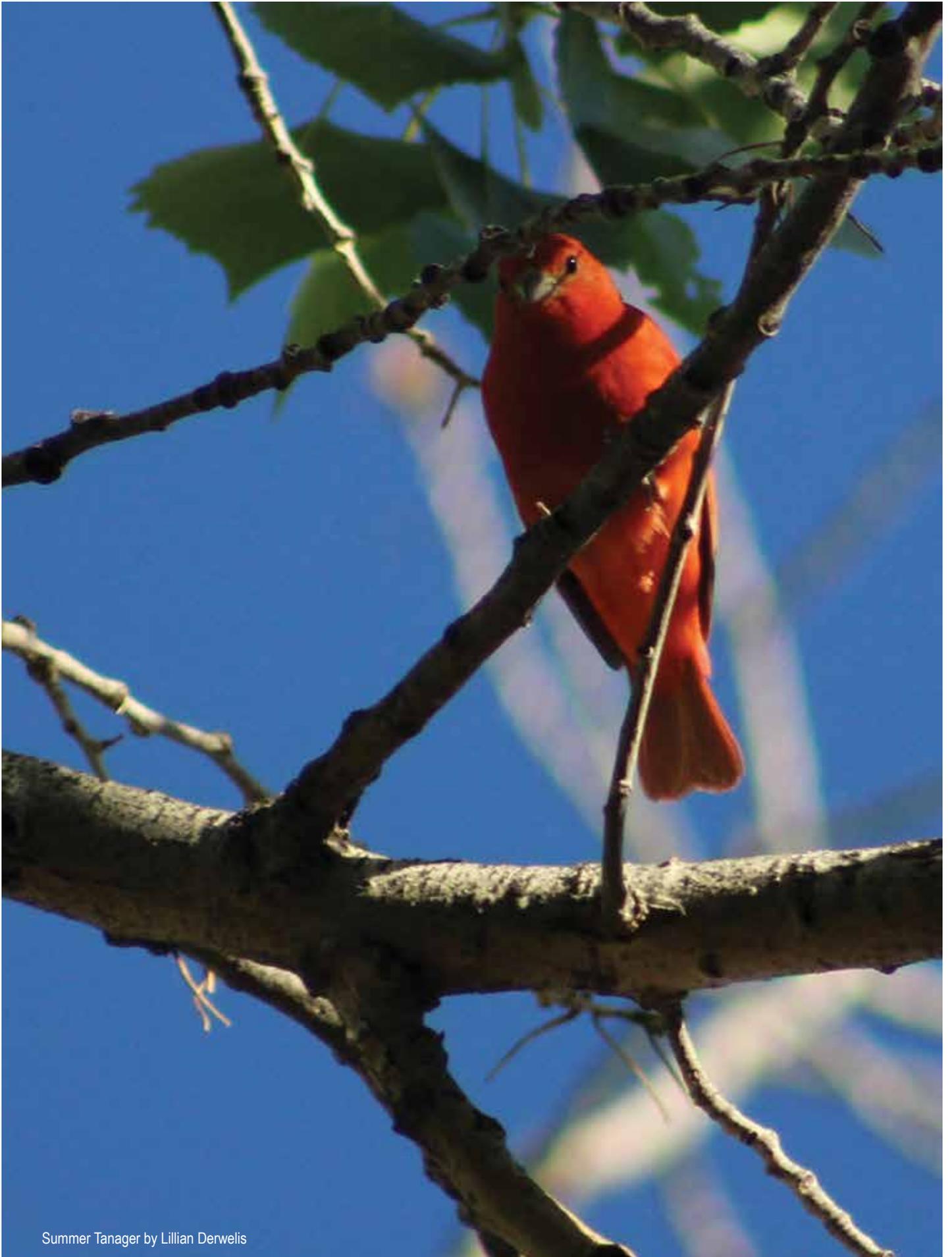
The meeting was adjourned at 8:47 p.m.

\*Draft and approved meeting minutes are available online at [losranchosnm.gov](http://losranchosnm.gov) or by contacting Village Hall at (505) 344-6582.

# When a Farming Destination Becomes Destination Farming

The sprawling fields and endless winding waterways make the Village none other than an agricultural sanctuary. The soon-to-be-renamed Agri-Nature Center will now hold more than just our popular Farm Camp and occasional Village event. Grape pruning classes, fruit tree classes, community events, and agri-brew roundtable discussions are now held regularly. More low-cost and free classes open to the public will be added to the calendar this summer. With more in our proverbial fruit basket, if you will, we have brought on more help to foster the agricultural spirit that is Los Ranchos. Jon Roberts has joined the Village of Los Ranchos staff from Oregon. He brings with him years of agricultural experience and education from the United States and abroad. Jon spends much of his time outdoors hiking, growing food, and woodworking. When he is not working with the land, he is studying for his Sommelier Certification or calls upon the skills he learned as a professional chef to prepare the food he has grown. Welcome to the Village, Jon.





Summer Tanager by Lillian Derwelis

## Hartnett Park, Open Space, and Other Village Facilities

Hartnett Park is open for public use daily from sunrise to sunset. Use by large group gatherings or organized functions is allowed with approval. Please visit [www.losranchosnm.gov/forms-permits](http://www.losranchosnm.gov/forms-permits) for a Park Usage Request Form and additional park information. The tennis courts located north of Harnett Park are also open to

the public on a first come, first served basis. Throughout the school year and portion of the summer, various schools and the City of Albuquerque use the courts for practice and camps. Please share the courts and other Village facilities. The Village is pleased to offer you open space and green space for your enjoyment.

## Project Office and Fourth Street Update

The Fourth Street Project Office is located at the corner Fourth and Osuna. The Project Office is open Tuesday's from 10:00 a.m. – 4:00 p.m. or by appointment. Please contact our Project Manager, Maria Rinaldi, for project information or to set up an appointment. She can be reached by calling the main phone line at Village Hall (505) 344-6582 or via email directly at [mrinaldi@losranchosnm.gov](mailto:mrinaldi@losranchosnm.gov). Weekly updates and detailed project information are available on our website at The Village's homepage features the most current drone video of the Fourth Street Revitalization Project. Take a moment to look at the Fourth Street Project from a birds eye view.





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Overnights and Day Visits Available

References available upon request



### Los Ranchos Growers' Market

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Los Ranchos Growers' Market  
losranchosgrowersmarket.com

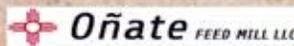
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Contact Fergus Whitney,  
Agriculture Pro-  
gram Manager  
fwhitney@losranchosnm.gov

**344-6582**  
for more information

# Four Lifting Principles You Should Know

by Dustin Melville

When it comes to complex topics like training, there are things we know, and things forgotten along the way. Here are four principles that should always be remembered when designing and implementing a successful training program.

**1) Train your muscles more than once a week.** For most people, post exercise muscle recovery is achieved in two to three days. Therefore, it makes sense to train your muscles multiple times a week to maintain consistent progress. The bigger a muscle the more damage it sustains during training and the longer it will take to recover. You probably already know intuitively that your biceps recover faster than your hamstrings, for example. That being the case, most men should train their bigger muscles (legs, back, and chest) two to three times per week, and their smaller muscles three to four times per week.

This reality is the rationale behind many programs that prescribe three “whole body” workouts per week for most lifters as opposed to the traditional single body part workout per week. The best approach involves doing a squat, push, hinge, and pull movement, along with one or two optional movements for smaller muscles such as arms and calves, each and every workout.

**2) Optimal training frequency is determined by optimal volume.** If you decided to only train once per week you would most likely have to dedicate

an entire day to that workout. If you wanted to train every body part equally the session would most likely last four to six hours. So obviously working out just one time a week is neither effective nor reasonable. On the other end of the spectrum, assume you decided to train 14 times per week. The upside would be that each workout would be very short and allow you to impart maximum intensity during each session. The problem is that it hardly makes sense to visit the gym multiple times a day just to do a few sets, not to mention your body would eventually become increasingly susceptible to injury.

Somewhere between these two extremes is the optimal training frequency, and this depends largely on the total work each week. For example, if you need to do 16 sets for hamstrings each week in order to see progress, you would not train them once a week, but you also would not train them eight times a week. Training them three to four times a week and completing four to five sets each workout makes the most sense.

**3) Strive to achieve progressive overload during each workout.** It takes a certain amount of muscle to lift a certain amount of weight. We all know that some beginners can get stronger simply by developing the neural aspects of strength production, but experienced lifters typically do not see an increase in muscle without a simultaneous increase in strength.

We often think we are progressing but in many cases this may not be true. Look back through your training journal to see if your weights for sets of 8-10 have improved on key lifts over the past few months. If the numbers have not increased, then most likely you have not seen an appreciable increase in muscle mass.

**4) You can do a lot less work for nearly the same benefit.** In relation to your gym workouts, this principle simply means that doing one or two hard sets provides almost the same benefit as three to four easier sets (give or take). Understanding this principle will also ensure that you do not succumb to the pitfalls of overtraining. Embracing the mindset that less can be more is especially useful on days when time and energy are in short supply. A quick workout is better than no workout at all, so just knowing that one or two intense sets is almost as good as four to five will encourage you to stick with your routine.

*Dustin Melville, Owner  
Powerflex Gym  
www.powerflexgym.com*

*Los Ranchos Club (Fourth & Osuna)  
6601 Fourth Street  
369-1011*

*Northeast Heights  
(Eubank & Indian School)  
1635 Eubank Blvd. NE  
299-1454*

*Midtown Club  
(San Pedro & Constitution)  
1214 San Pedro NE  
508-0718*



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withinreach.aa.edu (digital viewbook)

**Alvarado Elementary School**  
1100 Solar Road NW  
Albuquerque, NM 87107  
344-4412

www.aps.edu/schools/alvarado  
Alvarado is currently accepting transfers. You can join either our Dual Language or General English classrooms now. Please come by and join our warm, community focused school that has been educating families since 1952. Our opportunities for your child include:

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- STEM room
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We will be back in the office on August 6 to accept registering students. If you need a transfer, please contact the APS Student Service Center at 855-9050

**Bosque School**  
4000 Bosque School Road NW  
Albuquerque, NM 87120  
898-6388  
www.bosqueschool.org

**Los Ranchos Elementary School**  
7609 Fourth Street NW  
Los Ranchos, NM 87107  
898-0794  
www.aps.edu/aps/losranchos

**North Valley Academy**  
7939 Fourth Street NW  
Los Ranchos, NM 87114  
998-0501

#### Upcoming Events

- July 2 - K3+ and 4,5 (incoming kinder - 5th grade) begins. 25 days of school (Author's [reading] study with arts integration) to jumpstart the upcoming school year. Space is limited, so please register early. FREE
- July 9 -13 - FLINT STEM summer science camp. For incoming 5th - 8th grade. \$240
- July 23 -27th - Volleyball Clinic Camp with NCAA Coach. Incoming 5th - 9th grade. \$100
- Summer guitar - every Wednesday for 8 sessions. Begins May 30. \$150
- August 15 - School Starts for students at 8:00 a.m.

Are you interested in your child(ren) attending North Valley Academy? Pre-K4 through 8th grade. Fill out a lottery application on-line at [www.nvanm.org](http://www.nvanm.org)

North Valley Academy will be working on several small projects this summer. Probably the most noticeable for Village residents will be the transformation of the gated walkway in the Mercado parking lot (at 4th and Ranchitos) into a "Promenade" entrance for the school. We are definitely looking for donations of materials to build raised planter boxes and sitting benches. We also would love some «flowerless vines» (like Virginia Creeper), planting soil and maybe some offers of labor.

Our other project is a bathroom paint project that entails some beautiful graphics chosen by our students for themed bathroom stalls, but we need some folks with artistic ability to implement our design dream!

Please contact us if you, or maybe a service group you know of, would like a small project to donate hours or materials to. Thanks - everything will look so much nicer!

**Sandia Preparatory School**  
532 Osuna Blvd. Rd. NE  
Albuquerque, NM 87113  
338-3000 phone  
338-3099 fax  
www.sandiaprep.org

**Taft Middle School**  
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Los Ranchos, NM 87107  
344-4389  
www.taftms.org

**Taylor Middle School**  
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Los Ranchos, NM 87114  
898-3666 x22154

**Victory Christian School**  
220 El Pueblo Road NW  
Los Ranchos, NM 87114  
898-3060

www.vcsabq.org  
Upcoming Events

Victory is continuing to enroll students for the 2018-2019 school year. Please call 898-3060 for an appointment to tour the school.

- August 13 - Secondary Orientation (7:00 PM)
- August 14 - Elementary Orientation (7:00 PM)
- August 15 - First Day of Classes
- August 23-24 - Back to School Retreat - Hummingbird Music Camp

# Advertising with the Los Ranchos Village Vision Magazine



## Full Page

## Half Page

## 1/3 Page

## 1/4 Page

## 1/12 Page

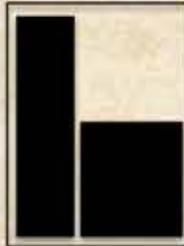
## 1/6 (v) Page

## 1/6 (h) Page

Full bleed text must fall at least 1/2" from the outside edge of the page to avoid cut-off



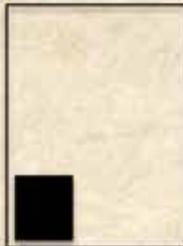
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### Los Ranchos Business Rate

Size	1 Issue	3 Issues 10% off	6 Issues 20% off	12 Issues 40% off
Full Page	\$200	\$540	\$960	\$1440
1/2 Page	\$100	\$270	\$480	\$720
1/3 Page	\$80	\$216	\$384	\$576
1/4 Page	\$65	\$175.50	\$312	\$468
1/6 Page	\$45	\$121.50	\$216	\$324
1/12 Page	\$30	\$81	\$144	\$216

### Non-Village Business, Village Resident Rate

Size	1 Issue	3 Issues 10% off	6 Issues 20% off	12 Issues 40% off
Full Page	\$250	\$675	\$1200	\$1800
1/2 Page	\$138.50	\$371.25	\$660	\$990
1/3 Page	\$100	\$270	\$480	\$720
1/4 Page	\$81.25	\$219.38	\$390	\$585
1/6 Page	\$56.25	\$151.88	\$270	\$405
1/12 Page	\$37.50	\$101.25	\$180	\$270

### Non-Village Business, Non-Village Resident Rate

Size	1 Issue	3 Issues 10% off	6 Issues 20% off	12 Issues 40% off
Full Page	\$300	\$810	\$1440	\$2160
1/2 Page	\$165	\$445.50	\$792	\$1188
1/3 Page	\$120	\$324	\$576	\$864
1/4 Page	\$97.50	\$263.25	\$468	\$702
1/6 Page	\$67.50	\$182.25	\$324	\$486
1/12 Page	\$45	\$121.50	\$216	\$324

### Add-On Interactive Digital Features

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The Los Ranchos Village Vision Magazine has grown since it began in 2004. Eight issues per calendar year are released, with each issue between 48 and 56 full color pages, and printed on 70# gloss paper. The magazine is mailed free to every household and every business in Los Ranchos. There are, in addition, a number of paid subscriptions outside the Village, and complimentary copies are distributed at Village events. The magazine is written about the Village, by Villagers, for Villagers.

# Light Summer Strawberry Trifle Dessert

by Staff Writer

After a day of fun in the sun, the last thing you want is a heavy dessert to satisfy your sweet tooth. Here's a recipe that my family has been making for more than 50 years. Not sure where it came from but it is definitely a winner. Light and refreshing, it is a great dessert for parties, as well as a family outing or just because.

I rarely measure when making this tasty treat. Having more strawberry jello mixture adds to the overall flavor, especially after sitting for a day or two...if that ever happens. Experiment with the different jello flavors and explore the "right" balance of fruit/cool whip/nuts/jello.

## Ingredients:

- 1 box of white or yellow cake mix
- 2- 3 oz boxes of red (strawberry, cherry or raspberry) jello
- 3 tubs of Cool Whip or similar product
- 2-3 quarts of fresh strawberries
- 2 cups of chopped walnuts
- Mint leaves (optional)

Bake cake in 11x17-inch cake pan according to directions on package. Let cake cool. While it is cooling, core and slice the strawberries, saving a few for decoration. Cover and refrigerate. Chop walnuts into 1/8 or 1/4-inch pieces and set aside.

Pour both boxes of jello into very large mixing bowl. Add two cups of boiling hot water. Stir until jello is dissolved. Add at least one large mixing bowl of ice cubes and stir until ice cubes are almost gone. You may add more ice cube to hasten thickening and/or add more volume. Refrigerate the mixture until it is the consistency of medium thick gravy. Add the strawberries and walnuts. Stir and chill again for 30 to 60 minutes. Mixture should *not* be thin and runny.

Using a three quart or larger trifle or tiramisu bowl (clear flat bottom glass bowl), begin layering, starting with the crumbled cake, slightly pressing down the layer. Add a generous layer of the strawberry/walnut mixture, and finish with the Cool Whip. Repeat layering until the bowl is full. Be sure to gently press each cake layer. You should end with a Cool Whip layer. Decorate with sliced strawberries and mint leaves.

This treat has become my family's "go to" recipe for all summer get togethers. It sounds complicated but once you make it, you will see how easy it actually is to make. Plus, the presentation in the trifle bowl is spectacular. The end result is also well worth the effort.





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# happenings

July is all Lavender in the Village. The annual Lavender Festival is July 7, from 9:00 a.m. to 5:00 p.m. at the Agri-Nature Center. It offers classes, seminars, yoga, gifts, demos and more. Then the 17th Lavender and Garlic Celebration will take place on Saturday, July 14. at the Growers' Market. The market will have extended hours that day.

Village residents and friends of Mayor Larry Abraham are grieving with his sudden death. Throughout this issue there are articles that recall interactions with the mayor and the journeys shared. Beginning on page 1, with the column by Mayor Pro Tem Don Lopez, continuing on page 19, with the article by Dave Bexfield, and then on page 21, a remembrance by Tim Tourville, culminating with the In Memoriam on page 23.



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