



**SHANNON HUFFMAN POLSON**  
**Author. Speaker. Adventurer. Veteran.**  
**[www.aborderlife.com](http://www.aborderlife.com)**

Polson Speaker Bio short

Shannon Huffman Polson is an author, speaker, adventurer and veteran. After graduating from Duke University, Polson became one of the first women to fly the Apache attack helicopter in the Army, serving eight years on four continents, leading two flight platoons, including one in Bosnia-Herzegovina, and commanding a line company in Korea. She earned her MBA at the Tuck School of Dartmouth and worked for five years in corporate management and marketing operations in the medical device and technology industries. Polson later earned her MFA. Polson speaks to organizations across the country about leadership, grit and managing change. In 2009, Senator Maria Cantwell recognized Polson as a Woman of Valor.

Polson Speaker Bio long

Shannon Huffman Polson is an author, speaker, adventurer and veteran. After graduating from Duke University, Polson was an honor graduate from the US Army flight school and officer basic course and became one of the first women to fly the Apache attack helicopter in the Army. Over eight years, she served on four continents, leading two flight platoons, including one in Bosnia-Herzegovina, and commanding a line company in Korea. She earned her MBA at the Tuck School at Dartmouth and worked for five years in corporate management and marketing operations in the medical device and technology industries. At Microsoft she was recognized in the High Potential Group and earned the highest organizational health rating for her group in the midst of a difficult turnaround. Polson later earned her MFA.

Polson has skydived on three continents, scuba dived on two and summited the highest mountains in North America and Africa, traveled six continents and made several self-guided trips to Alaska's remote Arctic regions.

Her book *North of Hope* was published in 2013, and her book of essays, *The Way the Wild Gets Inside*, in 2015. Polson speaks to organizations across the country about leadership, grit and managing change, as well as writing about leadership and grit on her blog, The Grit Project, and other publications. In 2009, Senator Maria Cantwell recognized Polson as a Woman of Valor.