

Best Practices in Eating Disorder Diagnosis and Management

An Introductory Course

Facilitated by Amy Baker-Dennis, PhD, LP, FAED
Co-Sponsored by the SW Michigan Eating Disorders Association and Western Michigan University Homer Stryker MD School of Medicine



CE provided by Western Michigan University
Homer Stryker MD School of Medicine

This 24 hour CME course is designed to provide comprehensive introductory training for both physical and mental health professionals interested in treating individuals with anorexia nervosa (AN), bulimia nervosa (BN), binge eating disorder (BED), and avoidant-restrictive food intake disorder (ARFID). The course includes a detailed course pack with session by session outlines, links to current clinical research, book chapters and journal articles supporting each session, pre and post-tests, and course evaluation.

Topics covered include the following:

- Psychological and behavioral characteristics of each eating disorder
- Medical complications of each disorder
- Epidemiology and Etiology
- Biopsychosocial Risk Factors for the development of eating disorders
- Treatment Alternatives
- Conducting the initial assessment
- Cognitive Behavioral Treatment
- Treatment of comorbid ED patients with borderline personality disorder
- Patient termination, relapse prevention
- Community resources, national resources

In support of improving patient care, Western Michigan University Homer Stryker M.D. School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Credit amount subject to change.

Interprofessional Continuing Education

This activity was planned by and for the healthcare team, and learners will receive 24.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physicians

Western Michigan University Homer Stryker M.D. School of Medicine designates this live activity for a maximum of 24.0 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

Western Michigan University Homer Stryker M.D. School of Medicine designates this activity for 24.0 contact hours for nurses. Nurses should claim only credit commensurate with the extent of their participation in the activity.

PAs

Western Michigan University Homer Stryker M.D. School of Medicine has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 24.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Social Workers

As a Jointly Accredited Organization, Western Michigan University Homer Stryker M.D. School of Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Western Michigan University Homer Stryker M.D. School of Medicine maintains responsibility for this course. Social workers completing this course receive 24.0 continuing education credits.

Psychologists

This program is co-sponsored by the American Psychological Association for continuing education credit. The American Psychological Association retains responsibility for the program. This activity is designated for 24.0 APA CE Credits.

REGISTRATION

Registration will be accepted through the WMED Continuing Education Portal.

<https://wmed.cloud-cme.com/default.aspx>

Course Dates:

Dec 5, 2019: 9 am - 4:30 pm

Dec 6, 2019: 9 am - 3:30 pm

Jan 30, 2020: 9 am - 4:30 pm

Jan 31, 2020: 9 am - 3:30 pm

Registration Fees:

- Practicing medical and mental health professionals - \$700
- SMEDA professional members - \$500
- Hospital and Clinic staff - \$300
- Students in training - \$100

Box lunches available for \$10.00 per meal ordered.

*RD to receive general attendance certificate for CE

About your Faculty:

Dr. Amy Baker Dennis maintains a general practice and specializes in the treatment of eating disorders, mood and anxiety disorders, women's issues and personality disorders. She has been in clinical practice for over 40 years. She is a psychodynamically trained clinical psychologist and is also a certified cognitive therapist. In most cases, she uses an integrative approach to treatment.

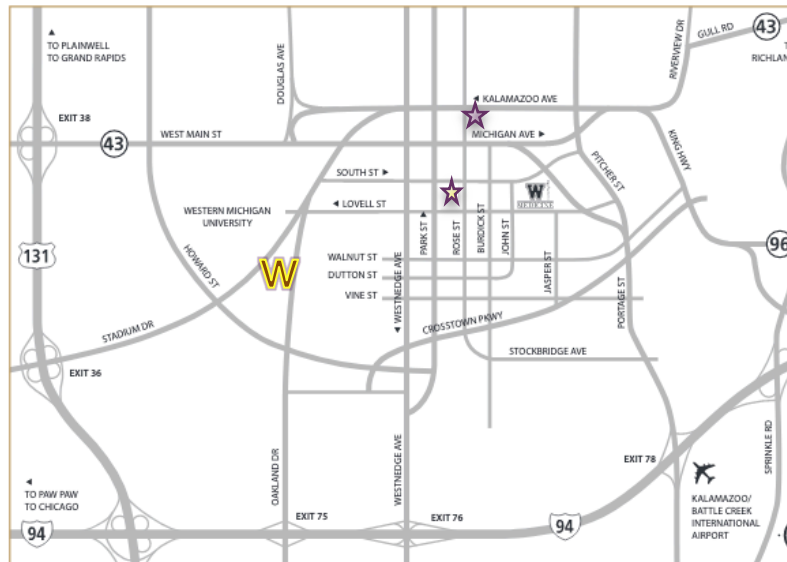
Dr. Dennis trains and supervises professionals in the treatment of eating disorders, personality disorders and Cognitive Behavioral Therapy. She is a researcher, author and professor and has served on the Boards of numerous national and international eating disorder organizations.

She is a Founding Fellow of the Academy for Eating Disorders (FAED), a Founding Fellow and Diplomate of the Academy for Cognitive Therapy, a Founder of the National Eating Disorder Association (NEDA) and a Founding Member of the Eating Disorder Research Society. She currently serves on the Board of Directors for the National Eating Disorder Association, on the Scientific Advisory Board for the Eating Disorder Center of Denver (EDCD) and on the Scientific Advisory Board of the Global Foundation for Eating Disorders (GFED). She has received numerous awards for her accomplishments including "Outstanding Achievement in the Field of Eating Disorders" awarded by the Academy for Eating Disorders, and the "Lifetime Achievement Award" given by the National Eating Disorder Association.



Getting to WMed

300 Portage Street, Kalamazoo, Michigan 49007 · 269.337.4500



The most convenient hotel accommodations are the [Kalamazoo Raddison](#) ☆ or the [Kalamazoo House Bed and Breakfast](#) ☆ – both are within walking distance of the Upjohn Campus and a 5 min drive from the Oakland Drive Campus.