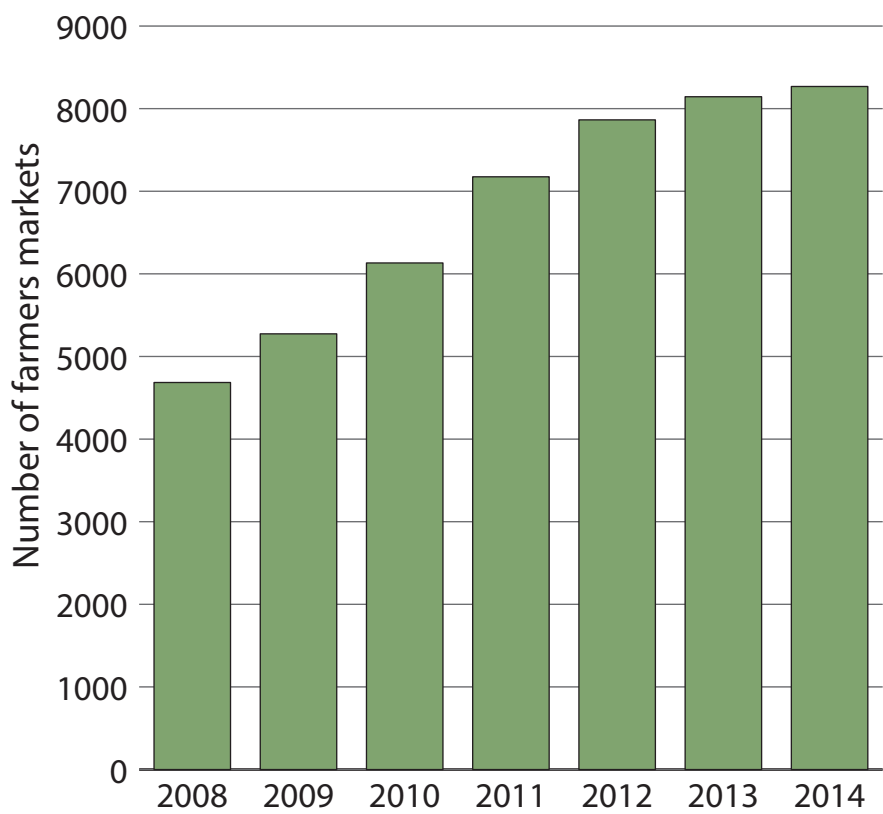


Local farmers get the green

Interest in consuming local food has surged over the last couple decades. As consumers have chosen to keep their kitchens stocked with locally grown food and produce, the popularity and prevalence of local farmers markets has grown tremendously. Your food is fresher and your money stays in the community when you buy local.

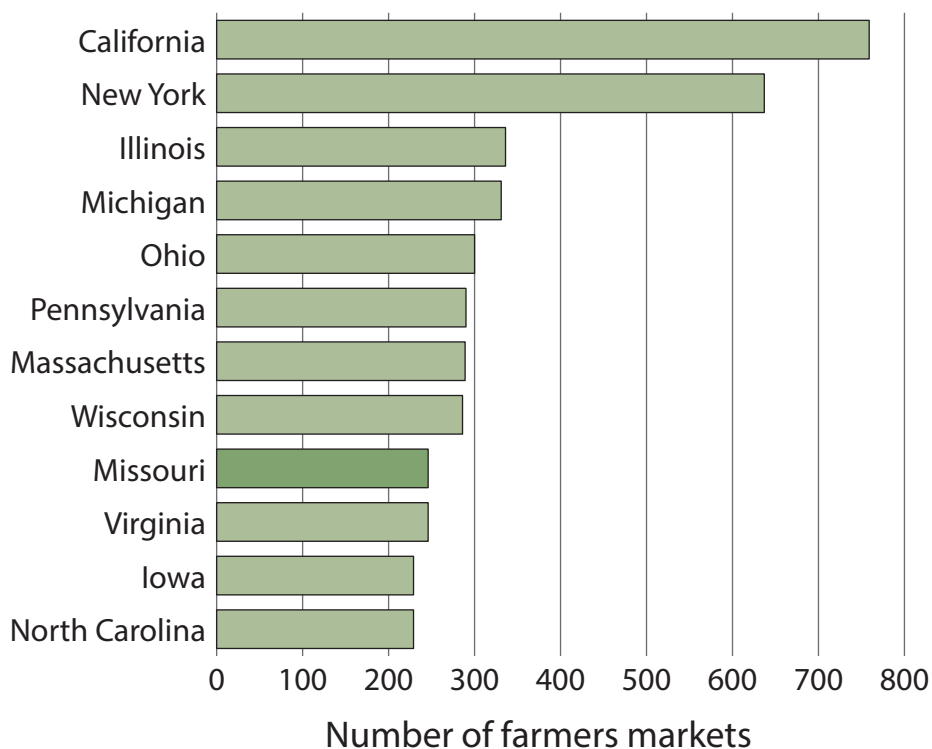
Farmers markets growing

The number of farmers markets nationwide has grown more than 55 percent between 2004 and 2014.



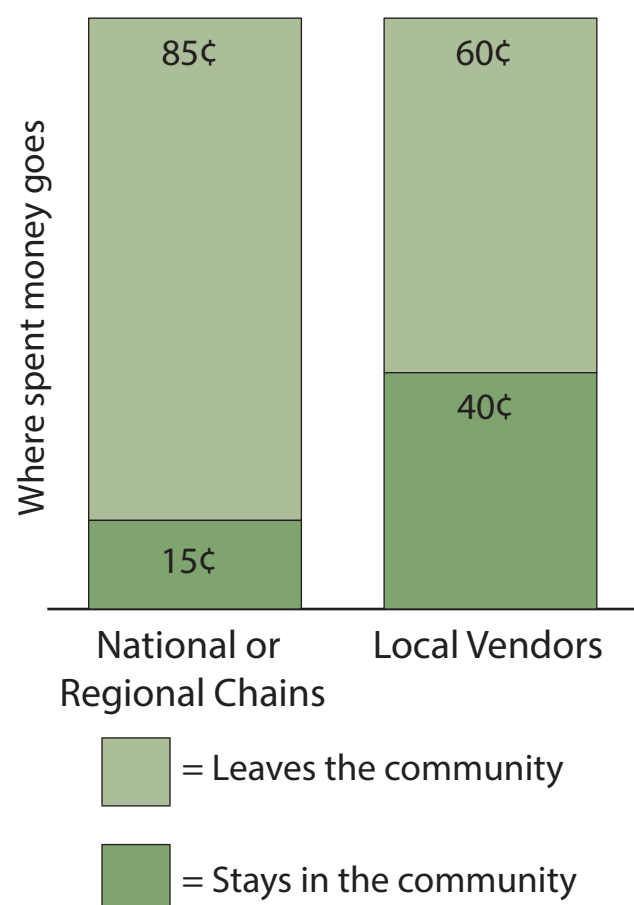
Missouri is a top 10 state

Missouri had 246 farmers markets in 2013, tying with Virginia. More than half of all farmers markets in the U.S. are located in these 10 states.



Shopping local

An additional 25 cents per dollar spent at local establishments stays in the community.



APPROX. 746 MILES TO SUPERMARKET

APPROX. 35 MILES TO FARMERS MARKETS



Your mileage may vary

Vegetables purchased at the supermarket can travel an average of more than 700 miles between the farm and the store. Food bought at farmers markets is usually grown about 30 or 40 miles away.

Local farmers markets can be found across mid-Missouri. Boone County Farmers Market usually only allows farmers from surrounding counties to contribute in order to keep the selection local.

Visit ColumbiaMissourian.com for an interactive map.

