WOMEN'S SUPPORT GROUP

Tuesdays, 5:30—7 pm
The Women's Initiative,
1101 East High St, Ste A

Women supporting one another through mutual sharing and validation. Each week we will focus on a different creative or physical activity to increase well-being. There will also be time to share and listen. Free and open to women—newcomers welcome each week. Please contact facilitator Donna Dean, LCSW, before your first meeting: ddean@thewomensinitiative.org or (434) 872-0047 ext. 101.

the women's initiative
empowering women in times of challenge & change

1101 E High Street, Suite A
Charlottesville, VA 22902
434.872.0047
info@thewomensinitiative.org
www.thewomensinitiative.org