

*Sister Circle Presents*

# West African Dance

**Last Wednesday of each month, Jan-June, 5:45-7 pm**

**Chihamba Studio, McGuffey Art Center, 201 2nd St NW, C-ville**

Join us for a West African dance and drumming class for black women and women of color, in partnership with Charlottesville dance troupe Chihamba. In this fun and energetic hour, we will enjoy movement and rhythm, build community, and connect with our



Photo by Keith Alan Sprouse

African ancestry as we explore the meanings and stories behind each dance. Led by instructor Lillie Williams.

Free. No registration required – newcomers welcome each month. No prior

dance experience necessary, and all activity levels and ages (children included!) are welcome.

*The Women's Initiative's Sister Circle Program provides an array of mental health and wellness programs to reach and serve black women and women of color.*



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