

Lean In

PREGNANCY & INFANT LOSS SUPPORT GROUP

Tuesdays, 6–7 p.m. March 21–May 2

No meeting April 4

Jefferson School—Sentara Starr Hill Health Center, 233 4th St NW

Join with others who have been impacted by pregnancy and/or infant loss. This 6-week peer group will provide an opportunity to share experiences, give and receive support as well as promote healing and well-being after a loss. The group is open to anyone, no matter the timing of loss. Individuals and couples are welcome.

Light refreshments provided. Free parking.

To pre-register: Email Regine Despinasse-Merone, LCSW, at rd6ny@virginia.edu

