2019 Annual Report

*Sister Circle visits the National Museum of African American History & Culture*
Washington, DC

*Winning authors honored at Challenge into Change*

*Clinical team members share time together*

Our work is only possible through the combined support of many. To find out more about our services, staff, board, volunteers and donors please visit us at: thewomensinitiative.org
The Women’s Initiative
2019 Annual Report—Program Impact

In 2019, we served more than 5,000 clients through our core programs. This represents a 22% growth over the year prior.

Our Mental Health Counseling Program is the heart of our agency. We are pleased to report significant growth in clients served through these Intensive, one-on-one services.
The Women’s Initiative
2019 Annual Report—Clients Served

It takes courage to reach out for care. By building bridges in the community, TWI provides many avenues for women to find us.

We are dedicated to creating a safe & welcoming space for all. This includes unique programming for Black women and women of color, Latinx clients, refugees and members of the LGBTQ+ community.

Our clinical team supports women on their journey towards wholeness.

**OUTCOMES**

<table>
<thead>
<tr>
<th>From our clients...</th>
<th>From our clinicians...</th>
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<tbody>
<tr>
<td>80% feel an increase in overall wellbeing</td>
<td>94% of our clients have attained coping skills to address daily stress</td>
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<tr>
<td>73% feel an improvement in their interpersonal relationships</td>
<td>80% show a decrease in symptoms</td>
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<tr>
<td>69% feel an improvement in their social interactions</td>
<td>78% have improved their physical wellness</td>
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The Women’s Initiative
2019 Annual Report—Community Support

Our clients count on us. We count on you.

With your support, healing happens here.

*I feel less traumatized and more able to deal with the pain of my experience. ...I learned, grew and gained perspective.*

*I am so impressed by the quality of care. ... I experienced major changes in mood, depression and relationships. Feeling more connected.*

*Please continue to help abused women make their lives better.*

Encontré paz y tranquilidad otro vez. - I found peace and quiet again.