



Virtual Offerings Guidelines and Agreements

We welcome you and we thank you for choosing to spend time with us.

Before joining an offering via Zoom

- Please read group descriptions carefully as some require advance signup or a screening with a counselor.
- Please join the meeting on time, from a quiet and private space.
- Do not share the Zoom meeting link with anyone. You can encourage friends to sign up at: <https://thewomensinitiative.org/groups-social-support>

What to expect in an offering via Zoom

You will be directed to a waiting area for a few moments at the start of each meeting.

If you join the meeting late, please do not speak upon entry unless called on by the meeting facilitator. Check the chat section for important information, then find the flow and join in accordingly.

Please mute your sound unless you are speaking.

In the event you need to move around, children or other people enter your space, or if any type interruption occurs, please turn off your camera and mute your sound. You are welcome to rejoin the meeting whenever you are ready.

Participant Agreements

I agree to wait until others have finished speaking before talking. If you experience difficulty finding a moment to talk, consider using the "raise hand" feature or type a short message in the "chat" section.

I will maintain confidentiality. The Women's Initiative requests that the names of all group participants and all activities that occur during each session remain confidential. Please do not share information outside of the group.

I will remain engaged. Circumstances change, so, if you become distracted or unable to participate at any point, please feel free to exit quietly. You can use the chat feature to alert others that you need to leave.

I will be patient and suspend judgment. At The Women's Initiative, we understand and respect that we are all different. Every participant deserves to enjoy the experience free from moral, emotional, intellectual, and social judgement. Many participants are new to virtual meetings and may take time to learn the process.

With your participation in The Women's Initiative group activities, you agree to these guidelines.

If you have concerns, please contact the group facilitator or call our main office at 434.872.0047. We do love to hear about your personal experience in groups with us. Please email us at info@thewomensinitiative.org to share good news or ways we can improve. ***Thank you!***