“Thank you for giving me back my life and mental health.”

–2020 Client

2020 Annual Report
# Who We Are

## Mission
The mission of The Women’s Initiative is to provide women with effective counseling, social support and education so they can transform life challenges into positive change and growth.

## Vision
All women in our community will have access to innovative, effective, evidence-based mental health care.

## Values
We believe every woman has a capacity for healing that, once supported, results in better mental and physical health for her, her family and our community. We believe it is critical to address each woman’s unique emotional, physical, spiritual and cultural needs and strengths. We are committed to providing compassionate care that maintains the highest standard of excellence in an environment that is welcoming, safe and supportive.
Dear Friends,

The TWI model of care is based on the belief that our mental health is inextricable from our circumstances—our identity, our history, and the life challenges we face. In 2020, we saw this truth play out in sometimes devastating ways: Rates of depression and anxiety rose dramatically for so many due to pandemic-related loss and isolation, as well as the all too frequent examples of discrimination and violence. And for those long-impacted by systemic oppression, these impacts were even worse. But, in spite of everything, 2020 was also a testament to the resilience of individuals and the community. People took action for positive change in powerful ways—to protest injustice, to support the vaccination effort, to care for a family member or neighbor, to ask for help.

At The Women’s Initiative, we particularly honor the courage of all those who embarked on journeys toward wellness in this time. In 2020, despite major disruption, our counseling impact expanded, and we provided a record number of counseling sessions—a total of 6,705, a 7% increase over 2019. As one client shared: “I’m very grateful for the services I received. You all are a blessing. [I have] more peace of mind and ability to cope with the hardships in my life.”

As in many organizations, the pandemic affected our ability to do group work and community outreach, and required adaptation and innovation. Virtual social support and mind-body offerings were created and rolled out, and these programs helped reduce isolation and provided vital self-care and coping strategies to hundreds of people in our community.

For all of these efforts, we applaud the expertise and compassion of our truly exceptional staff. And we extend our deep gratitude to the many community members who, recognizing the mental health impact of the pandemic, gave so generously to support our mission. We are so grateful for your support.

Sincerely,

Marge Connelly, Board Chair

Elizabeth Irvin, LCSW, Executive Director
2020 at a Glance

6,705  Number of counseling sessions provided

2,709  Individuals served through all our core programs

90%  Percentage of clients who have been victims of crime including domestic abuse and sexual violence

91%  Percentage of clients who attained coping skills for their situation

$1.7M  Funds raised through compassionate community support

36  Appearances in news media, podcasts and YouTube videos to support community through a time of isolation and acute mental health need
2020: Supporting Community Resilience

Our goal is to provide access to life-saving care that is trauma-informed and culturally responsive. During the coronavirus pandemic and a year of ongoing racial trauma, The Women’s Initiative provided our vital mental health services in new ways.

Highlights from a year of transformation and adaptation:

• All mental health counseling services were offered via phone or video calls starting in March 2020
• New hires strengthened Sister Circle Program for BIPOC women and Bienestar Program for Latinx women
• Partnership with Sentara Martha Jefferson led to new virtual daytime support group for Black women
• Outreach through social media and local news provided psychoeducation and self-care skills for pandemic stress
• We prioritized staff wellness to avoid burnout, ensuring our compassionate care is always available to the community

Voices of Healing

I used to be unable to close my bathroom door without a panic attack from past trauma due to domestic violence, and now I close it multiple times a day without a second thought!

I’ve found strength in myself that I thought was lost forever, but not the hard strength I needed to survive. A natural strength that doesn’t need to be projected to feel safe.

I feel more at peace and capable and have many more tools to help when I’m depressed or anxious. Juanika’s voice—“So what are you doing for self-care?”—floats through my head often, and while I jokingly am annoyed by the question, I find it extremely beneficial. She has changed my life. Friends and family both have said I am much more “chill” now. I feel at peace within myself most of the time.

I always tell people about the Women’s Initiative and how you helped me when I couldn’t help myself. All I needed to do was dial a number, and you took care of the rest. And when dialing a number is daunting and scary for someone depressed, anxious, and traumatized...that is a huge gift. Thank you for giving me back my life and mental health. God bless each and every one of you....I wouldn’t have had the capacity both financially and mentally to do this on my own. You all made it possible to begin healing from my trauma.

—2020 Client
In 2020, we provided 2,709 women with vital mental health services, including:

- 860 in Individual and Group Counseling
- 185 in Social Support
- 177 in Mind-Body
- 755 in Education
- 732 in Outreach

“I felt heard and seen in a way I’ve never experienced. Shell was so compassionate, empathetic and kind. I feel like the rapport was instrumental in my healing process.”

—2020 Client
WELCOMING, COMPASSIONATE, EFFECTIVE CARE.

Healing from even the most difficult circumstances is possible at The Women’s Initiative. Our model ensures that this effective mental health care is accessible to members of our community most impacted by systemic oppression.

Client outcomes in our mental health counseling program:

- 83% increased sense of personal well-being
- 72% experienced improved social interactions
- 72% experienced improved interpersonal relationships
- 83% increased their sense of overall well-being
- 76% experienced a significant decrease or elimination of symptoms

Who We Serve

- 43% Percentage of clients who are people of color
- 23% Percentage of clients who identify as lesbian, gay, bisexual, trans and/or queer
- 91% attained coping skills relative to their situation

The majority of our clients live at or below 200% of the poverty line

Common Diagnoses We Treat

- Depression
- Anxiety
- Adjustment disorders
- Post-traumatic stress disorders
Our Team

BOARD OF DIRECTORS
Marge Connelly, Chair
Beverly Colwell Adams, PhD, Vice Chair
Marcela Foshay, Secretary / Treasurer
Jeanne Alhusen, PhD, RN
Vivian M. Rodriguez Archilla, PhD
Drew Beresford
Amelia S. Black
Susan Cabell Mains
Nicole L. Fischer, PhD
Valerie Gregory
Dana Lightsey Harris
Bebe Heiner, LPC, Emeritus
Anne J. Jones
Louise McNamee, Emeritus
Monica Luna
Charlotte J. Patterson, PhD
Gloria Rockhold
Carolyn Schuyler, LCSW
Leonada Williams-Keniston, PhD
George Worthington

CLINICAL STAFF
Joanna Ajex, LPC
Varinia Garcia Anderson, LPC
Ashley Barlow, LPC
Elizabeth Cobb, LCSW
Judith Curry-El, PhD
Shelley Faulkner, MA, Ed.S.
Elise Gibson, LCSW
Aisha Hayat, LPC
Juanika Howard, MS, LMHP-E
Elizabeth Irvin, LCSW
Ana Manzano
Melody Pannell, MSW
Ingrid Ramos, LPC
Laura “Lo” Somel, MSW
Shell Stere, MSW
Alyson Stewart, MFT
Shelly Wood, LCSW
Emily Zeanah Shelton, LCSW

ADMINISTRATIVE STAFF
Kerry Day
Dana Eagle
Esther Gibbs
Amanda Korman
Amy Lane
Andrea Mayfield
Laura Snyder Brown
Financial Overview for 2020

2020 was a year of relentless uncertainty. Through it all, there was one thing we knew we could always count on...YOU.

**Total Income: $1,732,400**

- Individual Donations
- Grants
- Events
- Nonprofit/Corporate/Sponsors
- Contracts/Fees
- Gains/Loss Stock; Interest + Dividends

**Total Expenses: $1,688,390**

- Programs
- Fundraising
- General Management

Broad-based community support makes our work possible. In 2020, 86¢ of every dollar donated went directly to serving clients.
Community Partners

We partner with dozens of agencies and organizations in our community to maximize our ability to reach and serve those who otherwise would not have access to affordable, effective mental health care. These relationships also ensure unduplicated services, warm handoffs during the referral process and bridges to care for all community members.

Brooks Family YMCA
Carver Recreation Center
Central Virginia Clinicians of Color Network
Charlottesville Free Clinic
Chihamba
Child Health Partnership
City of Promise
Common Ground Healing Arts
Community Mental Health & Wellness Coalition
Creciendo Juntos
Friendship Court
Greater Charlottesville Trauma Informed Care Network
Greenstone on 5th
International Rescue Committee (IRC)
Jefferson Area Board of Aging (JABA)
Jefferson School African American Heritage Center
Latino Health Initiative
Literacy Volunteers of Charlottesville/Albemarle
Mothering Circle of Charlottesville

Network2Work
Paramount Theater
PFLAG Blue Ridge
Piedmont Virginia Community College
Planned Parenthood South Atlantic
ReadyKids
Sentara Martha Jefferson Starr Hill Health Center
Sexual Assault Resource Agency
Shelter for Help in Emergency
Sin Barreras
Southwood
Transgender and Gender Nonconforming Clinical Consultation Group
UVA Cancer Center
VCU School of Social Work
Virginia Discovery Museum
Virginia Festival of the Book
Westhaven Nursing Clinic
Wildrock
WriterHouse
Volunteers

Volunteers donated 1,890 hours (or 36+ hours per week) to TWI in 2020

Program Volunteers
Sophie Abramowitz
Tonia Alexander
Shawna Bass
Cecelia Baum
Phyllis Binder
Kelly Bryant
Annabelle Castleman
Joanna Chacho
Jane Cornelius
Katelyn Durkin
Vivian Feggans
Emma Ferreria
Carmelita Gaines
Bonnie Gill
Katherine-Scott Gilliam
Riah Gonzales-King
Gleibys Gonzalez
Shanti Gurung
Britton Horne, MSW
Elizabeth Howard
Ellen Jones, MEd
Stephanie Kaiser
Divya Kalluri
Sultana Karim, MA
Marylouise Kelley
Holly Kennedy, LPC
Carrington Kernodle
Kristina King
Charlotte Knipp
Cherrie Kowk
Monica Luna
Ellen Markowitz
Cat McCue
Wendy Miller
Lydia Moyer
Christy Pagels, LPC
Jennifer Phillips, PhD
Christine Platt, PhD
John Rogers, PhD
Ana Rosefsky
Susan Schiffer
Kris Shafer
Jennifer Shenk, LPC
Bellamy Shoffner
Sheron Sinclair
Gail Smith
Alejandra Smith
Audrey Stefenson
Circe Strauss
Nancy Summers
Miranda Trent, NP
Maren Ward, LCSW
Mitzi Ware
Kathryn Webb-Destefano
Sandy Werner
Elaine Zagami, LPC

Girls’ Night In Committee
Catherine Brown, Co-Chair
Logan MacKethan, Co-Chair
Colleen Bassett
Carolyn Beach
Mary Blanton
Gardy Bloemers
Antoinette Brewster
Katharine Brooks
Carmen Carver
Scheline Crutchfield
Lynn Dengel
Marcela Foshay
Lauren Gartland
Ginger Graham
Bryce Harris
Bebe Heiner
Anne Jones
Barkley Laing
Nicole Lynch
Louise McNamee
Alicia Milligan
Christina Teague

Family Variety Show Committee
Erika Jack, Co-Chair
Natasha Lawler, Co-Chair
Susan Sheeran, Co-Chair
Maylisa Baldwin
Alexandra Bracey
Hobby Holmes Cole
Kristin Cory
Cassie Guy
Lily Joseph
Laurie Kelley
Sarah Krishnaraj
Jill Ashley Lerner
Meredith McClellan
Bunny (Jess) McLaughlin
Maggie Noland
Monica Prichard
Tricia Ramsey
Heather Sieg
Kacie Snellings
2020 Fundraisers – Rising to the Occasion

Having support during challenging times is essential to one’s mental health. So when the pandemic forced society into isolation, our event committee members found inspiring ways to safely gather.

Girls’ Night In

A VIRTUAL SOIRÉE IN SUPPORT OF TWI

Over 100 guests attended this event which raised $100k+ and shed light on increased mental suffering as a result of Covid-19.

Committee members gather to kick-off the celebration.

Amazing Artists

Lyndi Angermeier
Karen Blair
Vicki Brown
Elizabeth Cobb
Scheline Crutchfield
Carmen Day
Lesli DeVito
Michelle Gagliano
Cassie Guy
Abby Kasonik
Logan MacKethan
Georgia Mason
Beatrix Ost
Ana Rendich
Donna Robertson
Suzanne Tanner
Krista Townsend
Sarah Trundle
Kathy Walmsley
Molly Wright
Cate West Zahl

Paintings: “Untitled” by Carmen Day, “Outlying” by Molly Wright, “Vitality in Blue” by Elizabeth Cobb, LCSW, TWI Therapist

Our Generous Sponsor

Special thanks to Marisa Vrooman, owner of Orpha Events, for bringing love and creativity to our events for 10 years!
**Family Variety Show**

**A LIVE-STREAMING INTERACTIVE EVENT FEATURING A ZOO, A BEAR AND OLD-TIMEY FARE**

This family-centered event raised $100k and showcased an unforgettable array of performers.

---

Dave Matthews’ talents as a singer/songwriter are celebrated worldwide and millions of music lovers faithfully follow his every move. The Dave Matthews Band’s monumental philanthropic endeavors truly inspire! We were so honored that Dave chose to join us virtually to perform a powerful acoustic rendition of “Gray Street” in support of our mission.

“I am excited to voice my support for The Women’s Initiative and all the work they do to support mental health in Charlottesville. Everyone needs help sometimes. We all have times when we feel anxious and when we feel sad and down, and it’s important to know you’re not alone. I want to encourage you to reach out …Help is all around you when you need it.”

—Malcolm Brogdon, NBA Basketball Player

---

**Performers, In Order of Appearance**

- Bebe Heiner, TWI Founder
- Christine Eichler, Foxboro Farm
- Cynnie Davis, Owner of Bellair Farm
- Jennifer Tidwell & Thadd McQuade, Theatre Artists
- C’Villains
- John Rhea, Balloon Artist
- Ladi Smith & Sarah FitzHenry
- Gallatin Canyon
- Barn Party Bear vs. the Shark!
- Dave Koehn, Official Voice of the Cavaliers
- Kyle Guy, NBA Basketball Player
- Malcolm Brogdon, NBA Basketball Player
- Dave Matthews

---

**Sponsors**

---

---
Our Donors

LEADERS
$50,000+
Anonymous
Dorothy Batten
Batten Family Fund @ CACF
Dept. of Criminal Justice - Victims of Crime Act
Elhapa Foundation
Heiner Family Fund @ CACF
Maxwell Fund @ CACF
Sarah & Grey McLean
Bertie Deming Smith

Dorothy Batten
Batten Family Fund @ CACF
Dept. of Criminal Justice - Victims of Crime Act
Elhapa Foundation
Heiner Family Fund @ CACF
Maxwell Fund @ CACF
Sarah & Grey McLean
Bertie Deming Smith

NURTURERS
$25,000 - $49,999
Anonymous
City of Charlottesville
Natasha & Nick Lawler
Louise McNamee & Peter McHugh
Sentara Martha Jefferson Hospital
Sheila McCarthy Weschler & R. Ted Weschler

NURTURERS
$25,000 - $49,999
Anonymous
City of Charlottesville
Natasha & Nick Lawler
Louise McNamee & Peter McHugh
Sentara Martha Jefferson Hospital
Sheila McCarthy Weschler & R. Ted Weschler

ADVOCATES
$10,000 - $24,999
Anonymous
Adiuvans Relief Fund @ CACF
Vicki Brown & Ed Botwinick
Community Emergency Response Fund @ CACF
Marge Connelly & Julie Christopher
County of Albemarle
David and Carolyn Beach Fund @ CACF
Cynthia Keller Davis and Don Swofford
Diane & Glen Williams’ Family Foundation

ADVOCATES
$10,000 - $24,999
Anonymous
Adiuvans Relief Fund @ CACF
Vicki Brown & Ed Botwinick
Community Emergency Response Fund @ CACF
Marge Connelly & Julie Christopher
County of Albemarle
David and Carolyn Beach Fund @ CACF
Cynthia Keller Davis and Don Swofford
Diane & Glen Williams’ Family Foundation

PARTNERS
$5,000 - $9,999
Rebecca Barlow
Amanda & Drew Beresford
Wendy & John Brown
The Dannemann Fund, Inc.
Emmanuel Episcopal Church Endowment Board
Andrea & Peter Gavin
Molly & Robert Hardie
The Hartfield Foundation
Manchester Capital Management, LLC
Manning Family Foundation

PARTNERS
$5,000 - $9,999
Rebecca Barlow
Amanda & Drew Beresford
Wendy & John Brown
The Dannemann Fund, Inc.
Emmanuel Episcopal Church Endowment Board
Andrea & Peter Gavin
Molly & Robert Hardie
The Hartfield Foundation
Manchester Capital Management, LLC
Manning Family Foundation

SUPPORTERS
$2,500 - $4,999
Anonymous
Holly & Todd Kennedy
Acorn Alcinda Foundation, Inc.
Commonwealth of Virginia Campaign
Jennie & Richard DeScherer
Evelyn Edson & Andy Wilson
Stasia & Fred Greenewalt
Margaret Heiner & Oliver Tostmann
Lisa Jones
Amy Lastinger
Nicole & William Lynch
Modern Nosh
Deborah Cohn & Charlotte J Patterson
S&P Global
Wells Fargo Advisors, LLC

SUPPORTERS
$2,500 - $4,999
Anonymous
Holly & Todd Kennedy
Acorn Alcinda Foundation, Inc.
Commonwealth of Virginia Campaign
Jennie & Richard DeScherer
Evelyn Edson & Andy Wilson
Stasia & Fred Greenewalt
Margaret Heiner & Oliver Tostmann
Lisa Jones
Amy Lastinger
Nicole & William Lynch
Modern Nosh
Deborah Cohn & Charlotte J Patterson
S&P Global
Wells Fargo Advisors, LLC

Elmo Foundation
George J. & Effie L. Seay Foundation
Robin Hanes
Hilltop Foundation
The Hut Foundation
Inez Duff Bishop Charitable Trust
J&E Berkley Foundation
Anne and Thad Jones
Gail Munger
Bruce & James Murray
Oakwood Foundation Charitable Trust
Perry Foundation, Inc.
Rotgin Family Fund @ CACF
Carolyn & Kevin Schuyler
Signature Family Wealth Advisors
Smyth Foundation Fund @ CACF
United Way TJA
Alison & Bernard Webb
Wonder Fund of the Community Foundation for a greater Richmond

Sawmill Trust Company
Andrea & Reidar Stiernstrand
Donna & Richard Tadler
Ann & Charlie Thacher
The Women’s Initiative Designated Fund @ CACF

Jeanie & Harry Burn
Melville Foundation
Karen Moran & Wistar Morris
Chris Noland
The Praxis Foundation
Monica & Michael Prichard
Richard C. Graham Family Charitable Foundation
The Thomas C & Mary Ann Hays Family Charitable Trust

Jeanie & Harry Burn
Melville Foundation
Karen Moran & Wistar Morris
Chris Noland
The Praxis Foundation
Monica & Michael Prichard
Richard C. Graham Family Charitable Foundation
The Thomas C & Mary Ann Hays Family Charitable Trust

Jeanie & Harry Burn
Melville Foundation
Karen Moran & Wistar Morris
Chris Noland
The Praxis Foundation
Monica & Michael Prichard
Richard C. Graham Family Charitable Foundation
The Thomas C & Mary Ann Hays Family Charitable Trust
FRIENDS
$1,000 - $2,499
Anonymous
Atlantic Union Bank
Alexis Azzam
Amelia S. Black
Gardy Bloemers & Nick Duke
Nancy & Daniel Brody
Katherine Brooks & Dr. George Beller
Catherine & Tyler Brown
Mary Anne & Steve Burns
Caplin Foundation
Brian Carlton & Elizabeth Sumpter
Claire Cronmiller
Ashley & Ben Cullop
David Day Architect PLLC
Bridget & Tim Davis
Janet & Jonathan Davis
Dr. Lynn Dengel
Pam & Frank Edmonds
Margaret & Greg Edwards
The Foundation Gallery
Fennell Family Fund in CACF
Kathleen Ford & Richard Bonnie
Foshey Real Estate LLC
Marcela & Will Foshey
Mary Margaret Frank
Barbara Fried
Pamela Gale
Dana Lightsey & Peter Harris
Christy & Tom Hickey
Kiwi & Landon Hilliard
Home Instead
Lara & Tony Ignaczak
Investment Management of Virginia
Ann-Douglas & Josh Irby
Antoinette & Benjamin Brewster
Janet Stone Jones Foundation
Morgan Johnson
Don & Janemarie King
Ann Klecan & William Horn
Emily & Keith Kobyra
L.E.A.W. Family Foundation, Inc.
Barkley & Chris Laing
Nancy & Carl Lake
Audrey & John Lewis
Laura & Keven Lindemann
Jill Lord
Kelley MacDougall & Mike Pausic
Krista Mahoney
Mary-Mac & Don Laing Fund @ CACF
Lyn & Michael McDermid
Sarge McGowan
Maggie & Walker Noland
Paul Murry Pitts
Quantitative Investment Management Fund @ CACF
Gloria Rockhold
Puja Seam & Jamey Thompson
Susan & Peter Sheenan
Kacie & Will Snelling
Christina M. Teague
Veritas Vineyards and Winery
Virginia National Bank
Edward & Janet Miller
WestWind Foundation
Frank & Jenn Winslow
Molly Wright

ALLIES
$1 - $999
Anonymous
William & Carolyn Achenbach
Dr. Beverly Colwell Adams
Paula Adkins
Martin Albert, MD & Peggy Wright, PhD
Sarah & James Aldige
Alexander Nicholson
Alice P. Meador Fund @ CACF
Elaine Alpern
Amy Alson
Martha & Ward Anderson
Shreve Ariail & Carrington Alvarez
Elyse & Dr. John Ashley
Andrea & Fax Ayres
Julie & Jonathan Baker
Lori & David Balaban
Maylisa & William Baldwin
Bill Barefoot
Mary Bass
Rachel Baylor
Sarah Beck
Debbie Belote & Virginia Morgan
Marisa Benforado
Nancy Bertram
Carmen and Alan Bewley
Dr. Evalyn Bishop
Mary & Jay Blanton
Kelli & Andy Block
Ashley & Matt Blurton
Karen Boeschenstein
Liza & Peter Borches
Caitlin Borland
Jean & Stephen Botts
Margaretta & Jay Bourgeois
Marie Bourgeois & Patrick O’Connor
Kathleen G. Bowman
Paddy Bowman
Alex Bracey
Diana Brawley
Gayle Brockman
Nora Brookfield & Jack Bocock
Brookfield Bocock Fund @ CACF
Nancy & Peter Brooks
Suzanne & Robert Brooks
Jacqueline Brownfield
Wendy & Harry Burns
Susan Cabell Mains & Dana Mains
Jill Cady
Claudia Campo & Jason Cockerill
Sean & Ladi Carr
Megan & Joel Carter
Nathan Carter
Carmen & Tom Carver
Vickie Norwood
Catalysis Fund @ CACF
Serena Chang-Bacon
Charlotte Chapman & Dwight McCall
Karen & Jim Chapman
The Charles Fund
Marjan Charness
Colleen & Matt Chulis
Pamela Cipriano
Carol F Clarke
Shana & Stephen Clarke
Anita & Michael Clayton
Emily Cochran
Arika & Charles Cocke
Helen Cohoon
Hobby & Taylor Cole
Walker Coleman
Common Ground Healing Arts
Sarah Cooper & Ryan Jacoby
Andrea Copeland-Whitsett
Jennifer Corby
Kristin & Tim Cory
Kari & Kent Couling
Alida & John Counic III
Christy & George Craddock
Sherrill Cresdee
Betsy Dalgliesh
Margery & Tom Daniel
Kelly & Simon Davidson
Kerry & David Day
Richard Day
Kim Dean
Nicole Demitry
Pam & Peter Dennison
Cynthia & John Dent
Jeanne Derry
Mary Boyce Diehl
Christina Liva & Luke Diorio
Jane DeSimone Dittmar & Frank Squillace
Dee Dee Dockendorf & Hunter Leeman
Selima Dougadir
Jen & Thompson Eberline
Peggy & John Ehols
Libby Edwards-Allbaugh
Allison Elias
Teena Ellend
Lisa & Mark Ellison
Therese Elron
Maria Epley
Kelly Evans
Libbie Faulconer
Feast, LLC
Christy Fiebert
Sarah FitzHenry
Sally Foshay
Thomasin Foshay
Pamela Fox & Dan Layman
Isabella Frank
Sterling & Gerald Frank
Rachel Franz
David & Kate Franzen
Lindsay Friesen
Maria Gall
Katie Galvin
Linda Garrou
Lauren & Greg Gartland
Cheryl & John Gaughen
Keith & Cheryl Gearhart
Stacey Gearhart
Kirsten Gelsdorf & Mark Slezak
Meredith & Josh Gentine
Julia Gest
Rebecca Gibson-Wilkins
Kristen-Paige Gordon
Deanna & Tim Gould
Ginger Graham
Vanessa Gregg & Wes Adams
Valerie Gregory
Suzanne & Earl Grossman
Ashley Gundersen
Cassie & Carrington Guy
Sue & Jim Haden
Joshua Metz
Marion and Nick Meythaler
Dana & John Mich
Joy and Brad Miller
Derry Miller
Susan & Bruce Miller
Alicia & Michael Milligan
Nadia Moats
Laura Monroe
Courtney & Michael Moore
Kelly & Alexander Moore
Bridget Moss
Andrew Muchnick
Lang Murray
Marsha Musser
Evans & Court Nexsen
Margaret Noland
Susan & Robby Noll
Amy Nunnally
Hasan Oberoi
Molly O’Halloran
Amy & Thomas O’Leary
Maureen & Kevin O’Shea
Beatrix Ost
Sarah & Erik Otto
Nina & Yalcin Ozbey
Arlene Page
Maria & John Paulus
Susan & LF Payne, Jr.
Lester S. Pearlstein & Ronna Gray
Alison Pedersen
Stacy Pellechia
Elizabeth Pelly
Monique Perlmutter
Christine Peterson & John Horneff
Jacquie & John Pickering

Pilates in Motion
Kennedy Prentiss
Lauren Purnell
Karyn Rader
Tricia & Rob Ramsey
Jordan Reed
Glenda Regan
Elizabeth Reichert
Ione & David Reissig
Jibraun Riaz
Donna Robertson
Kim Robertson
Kimberly Robinson
Sib Rockwood & Andrew Connell
Vivian Rodriguez Archilla
Brandon Rose
Susan Sajadi and Thad Glowacki
Lauren & David Sargent
Shelly Sarkisian
Shelley Sass
Camilla Schenck
Steve Schewel & Lao Rubert
Becky Schmitz
Dale Schreiber
Schroder Investment Management
Chantal Scott
Rebekah Seiler
Aileen Selmeczi
Alexandra C. Shaw
Oliva & Steven Shelton
Karen & Arthur Sherwood
Bellamy Shoffner
Udayan Singh
Anne Slaughter
Jennifer & Bryan Slaughter
Snowing in Space

Burson & Pete Snyder
Julie Speasmaker
Mara Sprafkin
Janet Stemwedel
Sarah Strasen
Nancy & David Summers
Melissa Suttle
Sarah & Gordon Sutton
Suzanne Tanner
Kimberly Taylor
Nancy Teel
Railey & Ed Testerman
Michelle Theobold
Nicole Thomas
Arthur Thorn
Thomas & Cheryl Thorpe
Stephanie Tollefsen
Bridget Trask
Lauren & Sam Truslow
Elena & Matthew Veckman
Lanie Veckman
Gwendolyn Vest
Erika & Robert Viccellio
Marisa Vrooman & Nate Braeuer
Caroline & Jack Walker
Lyn & Russ Warren
Sandra Weavil
Debra Webb
Bliss & Alex Webel
Alison Weber
Wendy Weeks & Steven Harris
Jesse Weiand
Chloe Wells
Kathleen Wells
Sandy Werner
Emily Westlake & Robin Gilliland
Dr. Karen White  
Liz & Skip White  
Sarah & Matthew Wilkinson  
Alisa Williams  
Amelia Williams  
Margaret & Fenton Williams  
Blair Williamson  
Fletcher Wilson  
Mary Catherine Wimer  
Chris Wisecarver  
Adele Wood  
Elizabeth Woodard  
Leah Woody  
Shannon Worrell  
Sharie & Todd Young  
Kirsten Zaki  
Jake & Jessica Zarnegar  
Kathryn Zeanah  
Ashley Zeni  
Cornelia P Zinsser

**IN MEMORY OF**
Donna Spear Barlow  
Jennifer Coleman  
Caroline Colvin  
Tom Hays  
Robert J. Kennedy  
Anne Rhea Wilson

**IN KIND DONORS**
Lyndi Angermeier  
Karen Blair  
Blue Heron Farm  
Matt Braeuer  
Malcom Brogdon  
Vicki Brown  
Elizabeth Cobb  
County Waste  
Scheline Crutchfield  
C’Villains  
C’ville Radio Group  
Cynnie Davis  
Carmen Day  
Lesli DeVito  
Sarah FitzHenry  
Foxboro Farms  
Michelle Gagliano  
Shawn Gewirtz  
Cassie Guy  
Kyle Guy  
Jack Creative  
Abby Kasonik  
Dave Koehn  
Logan MacKethan  
Georgia Mason  
Dave Matthews

**IN HONOR OF**
Dorothy Batten  
Rebekah & Mark Dennison  
Jeanette Gentry  
Jessica Hamilton  
Aisha Hayat  
Bebe Heiner  
Charles Heiner  
Margaret Heiner  
Elizabeth Irvin  
Anne Jones  
Claire McMullan  
Louise McNamee  
Emily Zeanah Shelton

Thadd McQuade  
Miliko  
Jimmy Miller  
Orpha Events  
Beatrix Ost  
Pearl Island  
Ana Rendich  
John Rhea  
Donna Robertson  
Sentara Martha Jefferson Hospital  
Sliced Cake Bar  
Ladi Smith  
Suzanne Tanner  
Jennifer Tidwell  
Krista Townsend  
Sarah Trundle  
Kathy Walmsley  
Molly Wright  
Yay Lunch  
Cate West Zahl

To find out more about our program services or to make a donation visit: thewomensinitiative.org
The Women’s Initiative
1101 East High Street
Charlottesville, VA 22902

“Thank you to Ashley and everyone at The Women’s Initiative. You literally SAVED my life....I am no longer in a trauma cycle. I am able to manage my stress and emotions better.”
–2020 Client

2020 ANNUAL REPORT ENCLOSED