

Treatment week	1	2	3	4	5	6	7	8	9
Ankle Fracture Weber A									
Ankle Fracture Weber B operative treatment									
Weber C/ Maisonneuve									
Pilon-Tibial								Weight bearing dependent on xray	
Calcaneus operative								Weight bearing dependent on xray	
Calcaneus conservative							Weight bearing dependent on xray		
Jonas-Fracture									
Arthrodesis LAJ							Weight bearing dependent on xray		
Arthrodesis UAJ							Weight bearing dependent on xray		
Achilles tendon operative/conservative									

VACOpedes

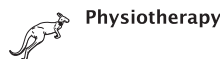
Metatarsale		VACOpedes							
Hallux		VACOpedes							

↑ Please mark here

- Phase 1 Sole contact
- Phase 2 Partial weight bearing
- Phase 3 Full weight bearing



Immobilization and ROM (Range of Motion)
 Can be set up with the key. Adjustable in 5-degree-steps.



Physiotherapy



Achill-Sole