

PEDAL FOR A PANCAKE

SUS**trans**

P1 & P2 TUESDAY 30TH APRIL P3 & P4 WEDNESDAY 1ST MAY



Dear Parent,

As you are already aware our school is participating in the **Bike It** programme in association with Sustrans, a UK Charity. The Education Officer, Pamela Grove - White from Sustrans, is continuing to deliver a structured programme of cycling presentations and activities with the aim that the HPS community will support and promote a 'pro-cycling culture' now and in the future.

Our main P1- P4 Bike It event for this term is going to be:-

PEDAL FOR A PANCAKE!

All P1- P4 children are welcome to take part!

If your child has a bike or scooter they are welcome to bring it to school for the Pedal for a Pancake Day but this is not compulsory.

It is important that all bikes and scooters are in good working order.

The day will include a range of activities, some of which do NOT require a bike or scooter. The boys and girls will also enjoy having pancakes and juice or water!

It is school policy that pupils must wear a well fitted helmet to participate in any school event involving bikes or scooters.

With your permission and under supervision we would encourage your child to either:

- A. Cycle or <u>come</u> by scooter to school
- or
- B. <u>Bring</u> their bicycle or scooter to school in order to participate in the Bike It Day.

The boys and girls will be told where to put their bikes or scooters in the school grounds before each event. Members of our Bike It Crew (P6 & P7 boys and girls) will be involved in helping to organise the events. We hope your children enjoy their Pedal for a Pancake. Please ensure they have a coat to wear. Also look out for some photographs on the school website and in the local press. Many thanks.

D. Crookshanks

Tuesday 23rd April 2013