



# VEGGIELUTION

## COMMUNITY FARM

Veggielution is a 6 acre community farm at Emma Prusch Farm Park in San Jose. The food we eat everyday has rippling effects from our own personal health, to our communities, and our environment. By growing sustainable veggies and sharing them with our neighbors, we are cultivating a healthy San Jose. Come grow with us!

### ▶ VOLUNTEER WORK SCHEDULE

#### SATURDAY WORKDAY

Work: 10-12:30 Lunch 12:30-1:30

**Our biggest workday.**

Work on the farm and share in our potluck lunch.

The Youth Garden features special activities for our younger farmers.

#### ADDITIONAL WORKDAYS

Varies with the Season

See schedule on our website or call us.

#### MORNING WORKDAYS

Tuesday/Thursday 8:30 - 12:30pm

Help us harvest produce and do some farmwork.

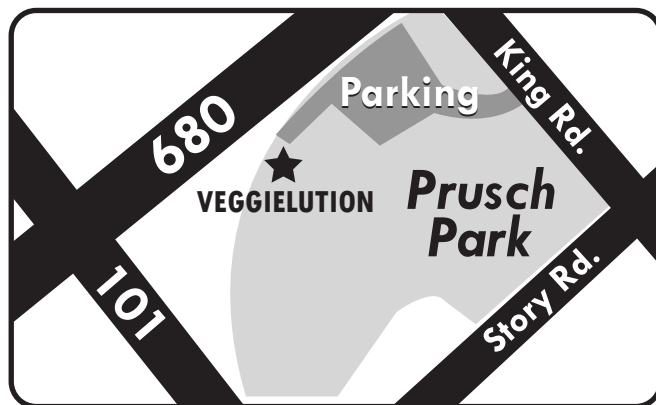
This is a smaller and more focused work day.



### WEEKLY FARM STAND

Saturdays 10am-2pm

Fresh vegetables sold weekly at low prices. We accept Food Stamps/EBT.



### GETTING TO THE FARM

Veggielution is located at Emma Prusch Farm Park. The main entrance to the park is on King Rd, at Lido Way. When you enter the driveway, follow the signs all the way to the back of the park. Parking is free. The park is also accessible by bus lines 12, 22, 25, and 77.

For more info about our workshops, free cooking classes, Farm Box CSA, Dig Crew Youth Program visit

▶ **VEGGIELUTION.ORG**

**INFO@VEGGIELUTION.ORG / 408.634.FARM (3276) / 647 S KING RD, SAN JOSE**