Above the Sun People Know How to Enjoy Life
You look like you’re eating prunes and drinking pickle juice
One of the major themes of Ecclesiastes is you’re going to die (Ecclesiastes 9:5)
But don’t miss this!!
Another theme is you’re not dead yet so enjoy today!
Ecclesiastes 9:7-10

Enjoy Food and Drink – Ecclesiastes 9:7
Eat
Drink
With gladness
Enjoy mealtime

Enjoy Good Times – Ecclesiastes 9:8
Clothed in white – look good
Head anointed with oil – smell good
Special occasions – birthdays, anniversaries, weddings and graduations
Always
Enjoy the moments you have every day

Enjoy Married Life – Ecclesiastes 9:9
Husband and wife
Enjoy life together
Whom you love
A labor of love
Enjoy the time you have with your spouse

Enjoy Work – Ecclesiastes 9:10
Whatever your hand finds to do – ability meets opportunity
All your might – passionate intensity
Some day you won’t work
Enjoy the work you have

Enjoy Life!
By God’s grace
The life Jesus gives – John 10:10
Gift from God
Gratitude – Ephesians 5:20
JOY is found in the Christ centered life – Philippians 2:3-11
Jesus
Others
You
You’re not dead yet! How will you enjoy today?
Enjoyable Moments
What do you like to do for enjoyment?
Why is it enjoyable?

Do you think you have enough of these enjoyable moments in your life?
Explain.

We’re All Going to Die
Woody Allen said, “I’m not afraid to die, I just don’t want to be there when it happens.”
What do you think of his quote?

How do people push the thought of death out of their minds?
Read Ecclesiastes 9:1-6
What is said of death?

How would you describe the mood of the passage?

What warnings are given?

What’s your takeaway from what’s said about death?

In the Meantime Before You Die – Enjoy Life!
Read Ecclesiastes 9:7-10
Describe the mood of this passage…

Why is it sometimes difficult to experience joy…
*at mealtime
*during significant life events
*in marriage (family) life
*at work

Think of ways which would help us enjoy our daily life experiences. What helps you?

Read John 10:10.
Should followers of Jesus be able to enjoy life better than those who don’t have a relationship with Him? Explain.

Enjoy Life!
This week look to enjoy life.
What step could you take this week to enjoy…
*mealtime
*significant life events
*marriage (family) life
*work