

KANGAROO POINT CYCLING CLUB YOUNG RIDER DEVELOPMENT TEAM

THE RULES

1. WE WILL RESPECT OURSELVES
2. WE WILL RESPECT ONE ANOTHER AND WATCH EACH OTHER'S BACKS
3. WE WILL RESPECT TEAM MANAGEMENT
4. WE WILL BE HONEST WITH ONE ANOTHER
5. WE WILL ASK FOR HELP WITHOUT HESITATION WHEN WE NEED IT

6. WE WILL BE ADVOCATES FOR OUR CLUB
7. WE WILL VOLUNTEER REGULARLY AND CONTRIBUTE TO OUR CLUB
8. WE WILL WORK TO MAKE ALL CLUB MEMBERS FEEL LIKE A PART OF OUR TEAM
9. WE WILL RESPECT OUR CLUB BY ACTING WITH INTEGRITY AND SPORTSMANSHIP
10. WE WILL CONTRIBUTE TO OUR CLUB WEBSITE, SOCIAL MEDIA AND BLOGS REGULARLY

11. WE WILL FOLLOW THE COACH'S TRAINING PROGRAMS
12. WE WILL REPORT BACK REGULARLY ON OUR PROGRESS
13. WE WILL WELCOME OTHER CLUB MEMBERS TO TRAIN WITH US REGULARLY
14. WE WILL TRAIN IN OUR TEAM KIT OR CLUB KIT

15. WE WILL RACE REGULARLY
16. WE WILL FOCUS ON OUR KEY SEASON GOALS
17. WE WILL PRIORITISE TEAM SUCCESS OVER PERSONAL AMBITION
18. WE WILL RESPECT OUR TEAM KIT AND WEAR IT WITH PRIDE AT ALL RACES
19. WE WILL POOL ALL PRIZE MONEY FROM RACES AND DISTRIBUTE IT BETWEEN RIDERS

20. **WE WILL FOLLOW THE RULES**