

RMSC November Invitational Meet Announcement

November 18 - 20, 2016
At Germantown Indoor Swim Center
Sanctioned by USA Swimming through Potomac Valley Swimming
Meet Sanction # PVI-17-24
ROCKVILLE - MONTGOMERY
SWIM CLUB

Meet Director: Christa Krukiel christa.krukiel@montgomerycountymd.gov (240) 777-8070

Meet Referee: Morgan Hurley mhurley@peerreview.com

Meet Officials Coordinator: Certified officials and trainees wishing to work should contact Peter Nachod at peter.nachod@gmail.com at least one week in advance.

Clubs will be responsible for providing their fair share of timers, and will be assigned lanes by the Meet Director.

Location: Germantown Indoor Swim Center, 18000 Central Park Circle, Boyds, MD 20841 (240) 777-6830

- 10 lane, 25-yard pool, with non-turbulent lane lines and continuous flow-through gutters
- Water depth is 17' in lane 1 and 6'9" in lane 10 at the starting end and 13'5" at all the turning end.
- Separate 7 lane, 25 yard pool will be available for continuous warm up/cool down. Diving is not permitted in this pool.
- The competition course has been certified in accordance with 104.2.2C, and is on file with USAS.
- Colorado Electronic Timing system, touch pads, horn start & a 10 lane scoreboard will be used.
- Automatic timing (touch pads primary) will be used for this meet.

Meet Schedule:

Friday

- Distance
 - Warm-ups: 4:30 – 5:20 PM
 - Event Start: 5:30 PM

Saturday & Sunday

- 13 & Over
 - Warm-ups: 7:00 – 8:00 AM
 - Event Start: 8:10 AM
- 11/12 and 12&Under
 - Warm-ups: 12:15 PM – 1:05 PM
 - Events Start: 1:15 PM
- 10 & Under
 - Warm-ups: 4:30 – 5:20 PM
 - Events Start: 5:30 PM

Deck Access: All PVS/USAS registered coaches and deck officials are required to show current 2016/2017 USA Swimming membership credentials on the deck area.

Parents not working the meet as a deck official, volunteer timers, or other meet position are not permitted on deck.

Warm-Up Procedures: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. Continuous warm-up and warm-down will be available throughout the meet.

Eligibility: This meet is open to **invited** PVS athletes/teams and **invited** USA Swimming athletes/teams. Swimmers will compete at the age attained on the first day of the meet. It may be necessary to limit entries due to the time constraints. No on-deck USAS registration permitted.

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Warning: Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2016/2017.

Meet Format: Seed times are short course yards.

- The meet director reserve the right to limit the number of entries in the Friday night session due to time constraints, if necessary, based on fastest entry times. Clubs will be notified one week prior to the meet if an athlete has been removed from their event.

Rules: Current USA Swimming rules will govern this meet.

- All events are timed finals.
- A contestant may enter no more than three individual events per day, and no more than six individual events for the meet.
- The 400 IM's will be swum fastest to slowest, alternating girls & boys heats. Swimmers must provide their own timers.
- Dive-over starts will be used at this meet.
- The meet director reserves the right to combine girls & boys events/heats in order to reduce timelines.

Positive Check In: Positive check-in will be required in events 200 yards and longer. Athletes who have not checked in prior to the specified time will be scratched from the event. The Meet Director will determine if positive check-in will be necessary for events 100 yards and longer or all events in order to maintain manageable timelines. Information regarding positive check-in closing times and the possibility of additional check-in events will be available the week prior to the meet in the form of an email to each participating club.

Athletes who check into a deck-seeded event (positively checked in), have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the referee before the event takes place.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 &U sessions in Rule 205.3.1F.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entry Information:

- Entry Fees: \$6.00 per individual event.
- **Entry Deadline: Tuesday, November 8, 2016 at 11:59 PM.**
- No late entries will be accepted.
- No on-deck USAS registration permitted.
- Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.

Entry Procedures:

- Email a Hy-Tek entries file (preferred) or a SDIF file to christa.krukiel@montgomerycountymd.gov.
- Email subject should be labeled "RMSC November Invitational".
- Email must include report by name. Include total number of swimmers and total number of events, along with contact information (name, phone number, e-mail) of a club representative in the body of the e-mail.
- Entry fee check payable to **ActiveMontgomery**
- Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry Fees are due with entries.
- Send payment to:
Christa Krukiel
Kennedy Shriver Aquatic Center
5900 Executive Boulevard
N. Bethesda, Maryland 20852

Swim Center Rules and Conduct

At the request of [Montgomery County Recreation](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.

Special Note

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Germantown Indoor Swim Center, Rockville Montgomery Swim Club and Montgomery County Recreation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

RMSC November Invitational

November 18 - 20, 2016

Germantown Indoor Swim Center

Friday Events

Warm-Up 4:30 – 5:20 PM; Start 5:30 PM

Girls	Event Description	Boys
1	Open 400 IM	2
3	12&Under 200 IM	4

Entries may be limited based on session time constraints.

13 & Over Events

Warm-Up 7:00 – 8:00 AM; Start 8:10 AM

Saturday

Girls	Event Description	Boys
5	13&Over 200 Freestyle	6
7	13&Over 200 Breaststroke	8
9	13&Over 100 Backstroke	10
11	13&Over 200 Butterfly	12
13	13&Over 50 Freestyle	14

Sunday

Girls	Event Description	Boys
39	13&Over 200 IM	40
41	13&Over 100 Breaststroke	42
43	13&Over 200 Backstroke	44
45	13&Over 100 Butterfly	46
47	13&Over 100 Freestyle	48

11/12 and 12&U Events

Warm-Up 12:15 – 1:05 PM; Start 1:15 PM

Saturday

Girls	Event Description	Boys
15	12&U 200 Backstroke	16
17	11-12 200 Freestyle	18
19	11-12 100 IM	20
21	11-12 50 Backstroke	22
23	11-12 100 Butterfly	24
25	11-12 50 Freestyle	26
27	11-12 100 Breaststroke	28

11/12 and 12&U Events (continued)

Sunday

Girls	Event Description	Boys
49	12&U 200 Butterfly	50
51	11-12 50 Breaststroke	52
53	11-12 100 Backstroke	54
55	11-12 50 Butterfly	56
57	11-12 100 Freestyle	58
59	12&U 200 Breaststroke	60

10 & Under Events

Warm-Up 4:30 – 5:20 PM; Start 5:30 PM

Saturday

Girls	Event Description	Boys
29	10&Under 200 Freestyle	30
31	10&Under 50 Backstroke	32
33	10&U 100 Butterfly	34
35	10&U 50 Freestyle	36
37	10&U 100 Breaststroke	38

Sunday

Girls	Event Description	Boys
61	10& Under 100 IM	62
63	10&Under 50 Breaststroke	64
65	10&Under 100 Backstroke	66
67	10&Under 50 Butterfly	68
69	10&Under 100 Freestyle	70