

2018 WASHINGTON METROPOLITAN INTERSCHOLASTIC, Sanction #: PVO-18-207**SWIMMING AND DIVING CHAMPIONSHIPS****Session Report**

Session: 5 Swimming Finals

Day of Meet: 4 Starts at 07:00 PM Heat Interval: 60 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Boys 200 Medley Relay	20	2 u	07:00 PM	_____
Finals	2 Girls 200 Medley Relay	20	2 u	07:06 PM	_____
Finals	3 Boys 200 Freestyle	20	2 u	07:12 PM	_____
Finals	4 Girls 200 Freestyle	20	2 u	07:18 PM	_____
Finals	5 Boys 200 IM	20	2 u	07:24 PM	_____
Finals	6 Girls 200 IM	20	2 u	07:30 PM	_____
Finals	7 Boys 50 Freestyle	20	2 u	07:36 PM	_____
Finals	8 Girls 50 Freestyle	20	2 u	07:39 PM	_____
	Break: 10 Minutes:				
Finals	11 Boys 100 Butterfly	20	2 u	07:52 PM	_____
Finals	12 Girls 100 Butterfly	20	2 u	07:55 PM	_____
Finals	13 Boys 100 Freestyle	20	2 u	07:59 PM	_____
Finals	14 Girls 100 Freestyle	20	2 u	08:03 PM	_____
Finals	15 Boys 500 Freestyle	20	2 u	08:07 PM	_____
Finals	16 Girls 500 Freestyle	20	2 u	08:18 PM	_____
	Break: 10 Minutes:				
Finals	17 Boys 200 Freestyle Relay	20	2 u	08:40 PM	_____
Finals	18 Girls 200 Freestyle Relay	20	2 u	08:45 PM	_____
Finals	19 Boys 100 Backstroke	20	2 u	08:51 PM	_____
Finals	20 Girls 100 Backstroke	20	2 u	08:55 PM	_____
Finals	21 Boys 100 Breaststroke	20	2 u	09:00 PM	_____
Finals	22 Girls 100 Breaststroke	20	2 u	09:04 PM	_____
	Break: 5 Minutes:				
Finals	23 Boys 400 Freestyle Relay	20	2 u	09:13 PM	_____
Finals	24 Girls 400 Freestyle Relay	20	2 u	09:21 PM	_____
	Swimmers Counts for Warm-ups: 196	=====	=====		
	Entry / Heat Totals:	440	44		
	Finish Time			09:30 PM	_____