

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Event 1 Boys 200 Yard Medley Relay**

**METROS: 1:30.28 M 2/12/2022 Gonzaga College High School  
J Ewing, C McKenzie, M Marsh, A Bond**

**1:32.90 AAAU  
1:34.48 AAAC**

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>Championship</b>			
1 Walt Whitman High School		1:33.26	1:31.84 AAAU
1) Conway, Blake SR	2) Eskin, Meyer SR	3) Lawson, Kris SR	4) Boucree, Christopher SR
23.45 25.58 21.49	21.32		
2 Gonzaga College High School		1:35.92	1:34.49
1) Bacon, Finn JR	2) Badrak, Trent SR	3) McKenzie, Malcolm JR	4) Zidlicky, Lucas SR
24.00 26.78 23.01	20.70		
3 Wootton High School		1:36.27	1:34.94
1) Sun, Ashton JR	2) Cho, Young SR	3) Rankin, Jackson SR	4) Wang, Aidan SR
24.37 26.19 23.10	21.28		
4 Winston Churchill Swim/Div		1:37.22	1:35.19
1) Hann, Benjamin SR	2) Wang, Elton SR	3) Kaiser, Michael JR	4) Ginsburg, Jonah FR
23.76 27.47 22.50	21.46		
5 Clarksburg High School		1:36.03	1:35.89
1) Truong, Michael SR	2) Garner, Jed SR	3) Alguard, Kaden SR	4) George, Kymani SR
25.01 24.50 23.24	23.14		
6 Magruder High School		1:37.58	1:36.38
1) Mackesy, Evan JR	2) Feltrin, Matheus SR	3) Webster, Jordan SR	4) Lockard, Andrew SO
23.76 26.90 22.98	22.74		
7 Montgomery Blair		1:38.26	1:36.93
1) Rooney, Seamus FR	2) Wallace, Nathaniel JR	3) Rooney, Liam SR	4) Bowman, Max SR
25.12 26.61 23.66	21.54		
8 Georgetown Preparatory Sch		1:38.33	1:37.50
1) Geoghegan, Jake SR	2) Leusch, J SR	3) Sine, Raphel SR	4) McMillan, Max JR
24.55 27.88 23.52	21.55		
9 The Heights School (Hs)		1:37.26	1:37.62
1) Duncan, Thomas JR	2) James, Michael SR	3) Franck, Sean JR	4) James, Peter SR
24.92 26.35 24.27	22.08		
10 St. Paul VI High School		1:38.05	1:40.34
1) Vinegas, Miguel JR	2) Johnson, Matthew SR	3) Murphy, Matthew JR	4) Manley, Adam SR
26.16 27.53 23.13	23.52		
<b>Consolation</b>			
11 Rockville High School		1:38.34	1:36.57
1) Barnett, Brig FR	2) Pak, Evan SR	3) Barnett, Toby SR	4) Mashburn, Shawn SR
24.62 27.85 22.02	22.08		
12 Gds High School		1:38.71	1:38.16
1) Yuan, John SR	2) Palmer, Curan JR	3) Arioti, Adriano JR	4) Kumar, Peter SO
26.32 27.07 21.72	23.05		
13 Bethesda-Chevy Chase HS		1:39.21	1:38.80
1) Haraldsson, Miles SR	2) Cannistra, Jake SR	3) Waterman, Clayton SO	4) Kramer, Griffin SR
24.94 27.30 24.42	22.14		
14 Sherwood Warriors		1:39.46	1:38.92
1) Kim, Bryan SR	2) Wilbur, Brian JR	3) Quiroga, Lucas SR	4) Lakso, Justin SO
26.54 25.07 24.77	22.54		
15 Northwest High School		1:38.88	1:39.10
1) Lowrey, Jacob SR	2) Hilton, Cole JR	3) Rogovoy, Jack SO	4) Ancheta, Guillermo FR
25.28 26.61 24.82	22.39		

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Consolation ... (Event 1 Boys 200 Yard Medley Relay)**

Team	Relay	Prelim Time	Finals Time
16 DeMatha Catholic High Scho		1:38.65	1:39.17
1) Padfield, Brett SR	2) Wills III, Joseph SO	3) Gilbert, Cole SR	4) Foran, Riley SR
24.59 28.70 23.56 22.32			
17 St. Albans School		1:39.33	1:39.24
1) Bernasek, Luke 23	2) Greenwood, Charlie 25	3) Cantrell, Zach 23	4) Chalk, Aidan 23
25.34 26.70 24.67 22.53			
18 Poolesville High School		1:38.99	1:39.43
1) Hancu, Andrei SR	2) Matia, Charlie SR	3) Lee, Ethan FR	4) Griffith, Luke SR
24.57 26.83 24.85 23.18			
19 Walter Johnson High School		1:39.93	1:39.60
1) Dietrich, Theodore SR	2) Bagshaw, Maxwell FR	3) Mukoyama, Ray SO	4) Bagshaw, Brady SR
24.56 28.06 24.87 22.11			
20 Landon School Varsity Swim		1:39.63	1:39.75
1) Fayed, Zachary SO	2) Jones, Olaoluwadeji JR	3) Tun, Harrison SR	4) Poulin, Nathaniel JR
25.23 27.39 24.86 22.27			

**Event 1 Boys 200 Yard Medley Relay**

**METROS: 1:30.28 M 2/12/2022 Gonzaga College High School**  
**J Ewing, C McKenzie, M Marsh, A Bond**  
**1:32.90 AAAU**  
**1:34.48 AAAC**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Walt Whitman High School		1:32.18	1:33.26 qAAAC
1) Conway, Blake SR	2) Eskin, Meyer SR	3) Lawson, Kris SR	4) Boucree, Christopher SR
23.37 25.81 22.04 22.04			
2 Gonzaga College High School		1:33.44	1:35.92 q
1) Bacon, Finn JR	2) Badrak, Trent SR	3) McKenzie, Malcolm JR	4) Zidlicky, Lucas SR
24.55 26.74 23.66 20.97			
3 Clarksburg High School		1:35.85	1:36.03 q
1) Truong, Michael SR	2) Garner, Jed SR	3) Alguard, Kaden SR	4) George, Kymani SR
25.05 25.03 23.21 22.74			
4 Wootton High School		1:35.02	1:36.27 q
1) Sun, Ashton JR	2) Cho, Young SR	3) Rankin, Jackson SR	4) Wang, Aidan SR
24.37 26.76 23.32 21.82			
5 Winston Churchill Swim/Div		1:34.21	1:37.22 q
1) Hann, Benjamin SR	2) Wang, Elton SR	3) Kaiser, Michael JR	4) Ginsburg, Jonah FR
24.90 27.75 22.66 21.91			
6 The Heights School (Hs)		1:37.01	1:37.26 q
1) Duncan, Thomas JR	2) James, Michael SR	3) Franck, Sean JR	4) James, Peter SR
24.73 26.39 24.31 21.83			
7 Magruder High School		1:37.19	1:37.58 q
1) Mackesy, Evan JR	2) Feltrin, Matheus SR	3) Webster, Jordan SR	4) Lockard, Andrew SO
24.35 27.04 23.22 22.97			
8 St. Paul VI High School		1:38.72	1:38.05 q
1) Vinegas, Miguel JR	2) Johnson, Matthew SR	3) Murphy, Matthew JR	4) O'Toole, Owen SR
21.59			
9 Montgomery Blair		1:37.74	1:38.26 q
1) Rooney, Seamus FR	2) Wallace, Nathaniel JR	3) Trusov, Paul SO	4) Bowman, Max SR
25.35 26.33 24.42 22.16			
10 Georgetown Preparatory Sch		1:35.80	1:38.33 q
1) Geoghegan, Jake SR	2) Leusch, J SR	3) Sine, Raphel SR	4) McMillan, Max JR
24.93 27.76 23.67 21.97			

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS**

**Results**

**Preliminaries ... (Event 1 Boys 200 Yard Medley Relay)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
11 Rockville High School		1:37.59	1:38.34 q
1) Ament, Linus JR	2) Barnett, Toby SR	3) Barnett, Brig FR	4) Mashburn, Shawn SR
26.55 25.33 24.12 22.34			
12 DeMatha Catholic High Scho		1:37.78	1:38.65 q
1) Padfield, Brett SR	2) Wills III, Joseph SO	3) Gilbert, Cole SR	4) Foran, Riley SR
24.15 28.69 23.62 22.19			
13 Gds High School		1:38.34	1:38.71 q
1) Yuan, John SR	2) Palmer, Curan JR	3) Arioti, Adriano JR	4) Kumar, Peter SO
26.48 27.21 21.82 23.20			
14 Northwest High School		1:38.44	1:38.88 q
1) Lowrey, Jacob SR	2) Hilton, Cole JR	3) Rogovoy, Jack SO	4) Ancheta, Guillermo FR
25.25 26.18 24.94 22.51			
15 Poolesville High School		1:35.65	1:38.99 q
1) Hancu, Andrei SR	2) Matia, Charlie SR	3) Lee, Ethan FR	4) Griffith, Luke SR
24.66 27.06 24.41 22.86			
16 Bethesda-Chevy Chase HS		1:38.72	1:39.21 q
1) Haraldsson, Miles SR	2) Cannistra, Jake SR	3) Kramer, Griffin SR	4) Waterman, Clayton SO
25.45 27.29 23.84 22.63			
17 St. Albans School		1:38.93	1:39.33 q
1) Bernasek, Luke 23	2) Greenwood, Charlie 25	3) Cantrell, Zach 23	4) Chalk, Aidan 23
25.53 26.71 24.80 22.29			
18 Sherwood Warriors		1:40.35	1:39.46 q
1) Kim, Bryan SR	2) Wilbur, Brian JR	3) Quiroga, Lucas SR	4) Lakso, Justin SO
27.01 25.17 24.89 22.39			
19 Landon School Varsity Swim		1:40.05	1:39.63 q
1) Fayed, Zachary SO	2) Jones, Olaoluwadeji JR	3) Tun, Harrison SR	4) Poulin, Nathaniel JR
25.61 27.32 24.03 22.67			
20 Walter Johnson High School		1:35.07	1:39.93 q
1) Dietrich, Theodore SR	2) Bagshaw, Maxwell FR	3) Mukoyama, Ray SO	4) Bagshaw, Brady SR
25.08 27.53 24.99 22.33			
21 Our Lady of Good Counsel		1:40.98	1:39.98
1) Watkins, Owen JR	2) Keeler, Chase JR	3) Cobbs, Braxton FR	4) Kalinin, Nikolai SO
23.81 27.76 26.00 22.41			
22 Damascus High School		1:40.40	1:40.46
1) Klein, Andrew SO	2) Green, Ian SR	3) Woodka, Alex SR	4) Beabout, Drew JR
25.76 27.19 25.49 22.02			
23 Richard Montgomery High S		1:42.10	1:40.81
1) Kim, Tyler SO	2) Schultz, Nicolo JR	3) Nguyen, Alex SO	4) Frantz, Shad JR
26.01 27.64 24.84 22.32			
24 Quince Orchard High School		1:41.19	1:41.06
1) Kim, Brandon SR	2) Shafer, Lukas SO	3) Kissel, James SR	4) Mettler, Trent SO
26.35 27.04 24.49 23.18			
25 Northwood		1:41.91	1:41.35
1) Case, James SR	2) Giaudrone, William JR	3) Ng, Kai SR	4) Marchionini, Quinn SO
24.32 29.53 23.68 23.82			
26 Blake Bengals		1:51.55	1:41.53
1) Missig, Will 12	2) Quach, Harrison 12	3) Linck, Nicholas 12	4) Ormsby, Hunter 12
27.55 26.61 23.96 23.41			
27 Saint Anselm's Abbey Schoo		1:41.63	1:42.43
1) Widman, Nathan SO	2) Jacobs, Charlie SO	3) Lynch, Michael SR	4) Gidley, Luke SR
25.58 27.66 25.44 23.75			

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 1 Boys 200 Yard Medley Relay)**

Team	Relay	Seed Time	Prelim Time
28 Maret School		1:43.48	1:44.91
1) Orlic, Xavier SR	2) Slaeigher, Buddy JR	3) Sislen, Leonardo SO	4) Hollander, Henry JR
25.21 31.60 24.63	23.47		
29 Bullis School		1:43.33	1:45.73
1) Herman, Wyatt SO	2) Byrd, Ian JR	3) Black, Joshua JR	4) Lane, Brennan JR
28.70 29.28 25.90	21.85		
30 Watkins Mill High School		1:47.17	1:46.38
1) Bright, Dmitriy JR	2) Buchanan, Deacon SR	3) Naulgan, Jarod Andwele JR	4) Pineda, Martin FR
27.59 28.79 24.34	25.66		
31 Einstein High School		1:46.02	1:49.38
1) Brandt, Wesley JR	2) Bryant, Kaleb SR	3) Meszaros, Matthias SO	4) Johnson, Lucien SO
28.61 28.31 28.03	24.43		
32 Seneca Valley High School		1:48.03	1:49.42
1) Hassett, Christopher JR	2) Wickson, James JR	3) Turner, Riley SR	4) Hybl, Zyad Phoenix FR
28.10 30.28 25.04	26.00		
33 St. John's College High School		1:50.37	1:50.70
1) Morrison, Ian	2) Egan, James	3) Molter, Phillip	4) Guy, Caden
29.32 30.62 24.40	26.36		
34 Bishop McNamara High School		1:51.93	1:51.11
1) Corbin Lewis, Asher FR	2) Evans, Jacob SO	3) Jackson, Christian JR	4) Lansey, Anthony JR
26.51 25.00			
35 Wheaton High School		1:44.67	1:51.53
1) Zennia, Adam SR	2) Sanidad, Eric JR	3) Zenick, Joshua SR	4) Egbarin-Aho, Edem JR
29.28 31.80 27.18	23.27		
36 Paint Branch High School		1:49.06	1:51.78
1) Nguyen, John JR	2) Ngo, Nathan SO	3) Rodriguez, Andrew JR	4) Shah, Rayan SR
27.83 25.24			
37 Gaithersburg High School		1:52.19	2:03.75
1) Montas, Jack JR	2) Giffin, Henry FR	3) Segovia, Alex FR	4) Agostino, Vincent JR
35.97 32.67 29.74	25.37		

**Event 3 Boys 200 Yard Freestyle**

**METROS: 1:37.13 M 2/7/2015 Matthew Hirschberger Georgetown Prep**  
**1:38.42 AAAU**  
**1:40.06 AAAC**

Name	Yr	School	Prelim Time	Finals Time
<b>Championship</b>				
1 Wang, Kyle	JR	Winston Churchill Swim/Dive	1:40.68	1:39.63 AAAC
23.16 25.58 25.69	25.20			
2 Begin, Brady	JR	Winston Churchill Swim/Dive	1:41.66	1:40.14
23.85 25.84 25.60	24.85			
3 Moloney, Jack	SR	Gonzaga College High School	1:41.88	1:40.40
23.02 25.17 25.51	26.70			
4 Elkassem, Samir	JR	Winston Churchill Swim/Dive	1:40.98	1:40.58
23.30 25.58 26.11	25.59			
5 Bautz, Fletcher	SR	Georgetown Preparatory School	1:41.47	1:40.69
23.22 25.53 25.60	26.34			
6 Fu, Ethan	SR	Winston Churchill Swim/Dive	1:42.59	1:41.22
23.90 25.37 26.01	25.94			
7 Rose, Matthew	SO	The Heights School (Hs)	1:41.77	1:41.48
23.52 25.36 26.48	26.12			
8 Kojanov, Mikhail	SO	Montgomery Blair	1:41.85	1:42.43
23.64 25.87 26.46	26.46			

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Championship ... (Event 3 Boys 200 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time
9 Bice, Palmer 23.56 25.71 26.66 26.74	SO	Gonzaga College High School	1:43.03	1:42.67
10 Vanas, Andrew 23.63 26.19 27.79 29.10	FR	Georgetown Preparatory School	1:43.63	1:46.71
<b>Consolation</b>				
11 Lopez, Joshua 23.82 25.97 26.68 26.35	SO	DeMatha Catholic High School	1:44.11	1:42.82
12 Orlic, Xavier 24.00 26.38 26.73 27.03	SR	Maret School	1:43.96	1:44.14
13 Nguyen, Alex 24.24 26.53 27.13 26.65	SO	Richard Montgomery High Schoc	1:44.61	1:44.55
14 Sheeran, William 24.77 26.64 26.97 26.67	JR	Poolesville High School	1:46.24	1:45.05
15 Fulton, Caelan 24.35 26.42 27.13 27.36	SR	Walter Johnson High School	1:45.79	1:45.26
16 Erkan, Aydin 24.37 26.36 27.23 27.33	SR	Wootton High School	1:47.60	1:45.29
17 Frantz, Shad 23.52 26.44 27.57 27.89	JR	Richard Montgomery High Schoc	1:45.28	1:45.42
18 Svensson, Casper 23.65 26.40 27.97 27.59	SO	Walt Whitman High School	1:46.24	1:45.61
19 Christman, Beckett 24.86 26.56 27.86 27.33	SO	Bethesda-Chevy Chase HS	1:45.83	1:46.61
20 Kueh, Michael 24.37 26.49 27.83 28.06	FR	Wootton High School	1:47.36	1:46.75

**Event 3 Boys 200 Yard Freestyle**

**METROS: 1:37.13 M 2/7/2015 Matthew Hirschberger Georgetown Prep**  
**1:38.42 AAAU**  
**1:40.06 AAAC**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Wang, Kyle 23.66 25.89 25.53 25.60	JR	Winston Churchill Swim/Dive	1:40.54	1:40.68 q
2 Elkassem, Samir 23.38 25.62 25.95 26.03	JR	Winston Churchill Swim/Dive	1:43.22	1:40.98 q
3 Bautz, Fletcher 23.91 26.36 25.91 25.29	SR	Georgetown Preparatory School	1:40.28	1:41.47 q
4 Begin, Brady 24.37 26.15 25.99 25.15	JR	Winston Churchill Swim/Dive	1:40.43	1:41.66 q
5 Rose, Matthew 23.86 25.86 26.59 25.46	SO	The Heights School (Hs)	1:40.42	1:41.77 q
6 Kojanov, Mikhail 23.57 25.90 26.64 25.74	SO	Montgomery Blair	1:40.62	1:41.85 q
7 Moloney, Jack 23.98 25.96 26.24 25.70	SR	Gonzaga College High School	1:40.91	1:41.88 q
8 Fu, Ethan 24.48 25.28 26.14 26.69	SR	Winston Churchill Swim/Dive	1:42.45	1:42.59 q
9 Bice, Palmer 23.91 25.93 26.61 26.58	SO	Gonzaga College High School	1:41.50	1:43.03 q
10 Vanas, Andrew 23.26 25.54 26.56 28.27	FR	Georgetown Preparatory School	1:44.92	1:43.63 q

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 3 Boys 200 Yard Freestyle)**

	<b>Name</b>			<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
11	Orlic, Xavier			SR	Maret School	1:43.99	1:43.96	q
	24.29	26.56	26.35		26.76			
12	Lopez, Joshua			SO	DeMatha Catholic High School	1:42.82	1:44.11	q
	24.22	26.48	26.87		26.54			
13	Nguyen, Alex			SO	Richard Montgomery High Schoc	1:45.57	1:44.61	q
	24.60	26.42	26.78		26.81			
14	Frantz, Shad			JR	Richard Montgomery High Schoc	1:48.57	1:45.28	q
	24.12	26.59	27.22		27.35			
15	Fulton, Caelan			SR	Walter Johnson High School	1:45.95	1:45.79	q
	24.12	25.94	27.17		28.56			
16	Christman, Beckett			SO	Bethesda-Chevy Chase HS	1:46.31	1:45.83	q
	24.81	26.78	27.19		27.05			
*17	Svensson, Casper			SO	Walt Whitman High School	1:45.56	1:46.24	q
	24.03	26.53	28.25		27.43			
*17	Sheeran, William			JR	Poolesville High School	1:47.06	1:46.24	q
	25.11	27.10	27.28		26.75			
19	Palmer, Curan			JR	Gds High School	1:50.82	1:46.89	q
	25.07	27.03	27.71		27.08			
20	Kueh, Michael			FR	Wootton High School	1:46.63	1:47.36	q
	24.94	26.67	27.75		28.00			
21	Erkan, Aydin			SR	Wootton High School	1:45.13	1:47.60	
	24.69	26.68	27.77		28.46			
22	Brooks, Andrejs			SO	Gonzaga College High School	1:47.15	1:47.73	
	24.43	26.81	28.08		28.41			
23	Bishop, Anderson			SO	Gonzaga College High School	1:46.74	1:47.97	
	24.32	27.11	28.39		28.15			
24	Phillips, Dain			FR	Walter Johnson High School	1:49.62	1:47.98	
	24.97	27.40	28.12		27.49			
25	Gilbert, Cole			SR	DeMatha Catholic High School	1:47.75	1:48.19	
	24.67	27.32	27.83		28.37			
*26	Hebert, Brandon			SR	Damascus High School	1:47.77	1:48.36	
	24.87	27.15	28.11		28.23			
*26	Conroy, Charlie			SO	Walt Whitman High School	1:49.09	1:48.36	
	25.08	27.61	27.85		27.82			
28	Garcia, Chase			SO	St. Paul VI High School	1:47.52	1:48.48	
	24.84	27.25	28.08		28.31			
29	Quiroga, Lucas			SR	Sherwood Warriors	1:48.25	1:48.50	
	25.18	27.48	27.79		28.05			
30	Mashburn, Shawn			SR	Rockville High School	1:49.78	1:48.55	
	25.63	27.18	28.00		27.74			
31	Moore, Davis			SR	Walt Whitman High School	1:50.15	1:48.72	
	24.81	26.79	28.33		28.79			
32	Staggs, Erik			SR	Wheaton High School	1:47.94	1:49.42	
	24.98	27.34	28.31		28.79			
33	Verdereese, Peter			JR	The Heights School (Hs)	1:50.31	1:49.51	
	24.68	27.65	28.81		28.37			
34	Murphy, Matthew			JR	St. Paul VI High School	1:48.88	1:49.54	
	25.65	27.69	27.85		28.35			
35	Murphy, Taiyo			FR	Walter Johnson High School	1:49.47	1:49.67	
	24.92	27.89	28.35		28.51			
36	Kim, Tyler			SO	Richard Montgomery High Schoc	1:53.76	1:50.49	
	25.33	28.50	28.34		28.32			

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 3 Boys 200 Yard Freestyle)**

	<b>Name</b>			<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
37	Cantrell, Zach			23	St. Albans School	1:50.15	1:50.80
	25.07	27.86	29.40	28.47			
38	Reinhold, Eli			SR	Rockville High School	1:53.58	1:50.86
	25.78	27.99	28.57	28.52			
39	Ament, Linus			JR	Rockville High School	1:54.09	1:51.11
	25.55	28.05	28.79	28.72			
40	Drakakis, John			SO	Bethesda-Chevy Chase HS	1:50.79	1:51.26
	25.22	27.94	29.02	29.08			
41	Plank, Caleb			JR	Montgomery Blair	1:51.53	1:51.67
	25.48	27.93	28.91	29.35			
42	Friedman, Owen			FR	Walter Johnson High School	1:53.78	1:52.11
	25.79	28.17	29.22	28.93			
43	Jarczynski, Justin			FR	Poolesville High School	1:52.34	1:52.16
	26.23	28.35	29.02	28.56			
44	Hanson, Timothy			FR	Our Lady of Good Counsel	1:54.70	1:52.22
	25.68	28.29	28.97	29.28			
45	Ng, Kai			SR	Northwood	1:52.87	1:52.65
	25.80	28.15	29.32	29.38			
46	Ancheta, Guillermo			FR	Northwest High School	1:55.72	1:52.78
	25.81	28.75	29.14	29.08			
47	Bascope, Santiago			10	Blake Bengals	1:53.28	1:53.01
	25.60	28.33	29.43	29.65			
48	Kissel, Andrew			FR	Quince Orchard High School	1:54.23	1:53.54
	26.56	28.54	29.30	29.14			
49	Lei, Jonathan			FR	Wootton High School	1:52.00	1:53.81
	25.16	28.25	30.48	29.92			
50	Trusov, Paul			SO	Montgomery Blair	1:51.23	1:54.02
	25.80	28.77	29.90	29.55			
51	Froehner, Jerald			JR	Georgetown Preparatory School	1:54.72	1:54.11
	25.78	29.56	29.89	28.88			
52	O'Connor, Michael			23	Flint Hill School	1:53.52	1:54.20
	25.23	29.08	30.17	29.72			
53	Ramirez, Diego			SO	DeMatha Catholic High School	1:55.06	1:54.25
	25.47	28.87	29.19	30.72			
54	Manley, Adam			SR	St. Paul VI High School	1:54.20	1:55.17
	25.69	28.28	29.97	31.23			
55	Chen, Ethan			SO	Poolesville High School	1:56.40	1:55.78
	26.76	29.28	30.42	29.32			
56	Carty, Sebastien			SR	Bethesda-Chevy Chase HS	1:56.20	1:55.92
	25.96	28.87	30.73	30.36			
57	McCurdy, Ethan			FR	Quince Orchard High School	1:56.46	1:55.97
	26.95	29.44	29.89	29.69			
58	Zamaray, Daniel			JR	Poolesville High School	1:54.47	1:56.26
	26.45	29.01	30.37	30.43			
59	DeLeon, Matthew			SO	Wootton High School	1:56.04	1:56.82
	25.80	29.08	30.42	31.52			
60	DeLellis, JD			FR	The Heights School (Hs)	1:55.69	1:57.95
	25.60	29.83	31.33	31.19			
---	Taylor, Chase			FR	Quince Orchard High School	1:54.12	NS

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Event 5 Boys 200 Yard IM**

**METROS: 1:46.21 M 2/12/2022 Collin McKenzie**  
**1:49.41 AAAU**  
**1:51.52 AAAC**

**Gonzaga**

Name		Yr	School	Prelim Time	Finals Time
<b>Championship</b>					
1	Barnett, Toby	SR	Rockville High School	1:51.28	1:46.21 M AAAU
	23.82 26.40 30.27 25.72				
2	Bermudez Santa Maria, Simc	24	Flint Hill School	1:51.84	1:48.76 AAAU
	23.44 27.06 32.00 26.26				
3	Mackesy, Evan	JR	Magruder High School	1:52.25	1:50.26 AAAC
	24.18 27.49 32.48 26.11				
4	Garner, Jed	SR	Clarksburg High School	1:54.94	1:51.66
	24.47 28.74 30.77 27.68				
5	Kelly, Jordan	SR	Wootton High School	1:53.66	1:52.22
	23.83 28.85 31.44 28.10				
6	Wilbur, Brian	JR	Sherwood Warriors	1:55.37	1:54.02
	24.43 29.02 32.72 27.85				
7	Minai, Marco	SR	Walt Whitman High School	1:53.65	1:54.30
	24.10 28.84 34.08 27.28				
8	Greenwood, Charlie	25	St. Albans School	1:55.65	1:54.75
	25.15 30.03 33.16 26.41				
9	Keeler, Chase	JR	Our Lady of Good Counsel	1:56.58	1:56.82
	25.66 28.62 34.62 27.92				
10	Duncan, Thomas	JR	The Heights School (Hs)	1:56.24	1:59.68
	25.14 28.80 34.91 30.83				
<b>Consolation</b>					
11	Geoghegan, Jake	SR	Georgetown Preparatory School	1:57.24	1:55.27
	25.51 28.72 33.73 27.31				
12	Linehan-Reckford, John	SR	Winston Churchill Swim/Dive	1:57.84	1:55.48
	26.33 27.39 35.03 26.73				
13	Feltrin, Matheus	SR	Magruder High School	1:56.62	1:55.82
	25.46 29.22 34.38 26.76				
14	Haraldsson, Miles	SR	Bethesda-Chevy Chase HS	1:58.40	1:56.64
	25.44 28.67 35.74 26.79				
15	Eskin, Meyer	SR	Walt Whitman High School	1:59.94	1:57.14
	26.02 29.95 32.57 28.60				
16	Potter, Noah	SO	Walter Johnson High School	1:57.52	1:57.78
	25.82 30.14 34.91 26.91				
17	Shafer, Lukas	SO	Quince Orchard High School	2:00.06	1:59.55
	25.44 31.39 35.24 27.48				
18	McDonough, Edward	SO	Montgomery Blair	2:00.59	1:59.59
	26.22 29.70 35.10 28.57				
19	Li, Jaden	JR	Walt Whitman High School	2:01.29	2:00.85
	25.90 30.49 36.04 28.42				
20	Wilkinson, Caden	SO	Gonzaga College High School	1:59.83	2:02.28
	25.26 32.12 34.73 30.17				



**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Event 5 Boys 200 Yard IM**

**METROS: 1:46.21 M 2/12/2022 Collin McKenzie**

**Gonzaga**

**1:49.41 AA AU**

**1:51.52 AA AC**

Name				Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>								
1	Barnett, Toby			SR	Rockville High School	1:47.15	1:51.28	qAAAC
	25.05	28.87	30.18	27.18				
2	Bermudez Santa Maria, Simc			24	Flint Hill School	1:49.95	1:51.84	q
	23.84	28.21	32.20	27.59				
3	Mackesy, Evan			JR	Magruder High School	1:54.02	1:52.25	q
	24.53	27.70	33.17	26.85				
4	Minai, Marco			SR	Walt Whitman High School	1:55.04	1:53.65	q
	24.59	29.74	32.47	26.85				
5	Kelly, Jordan			SR	Wootton High School	1:50.60	1:53.66	q
	24.30	30.23	31.24	27.89				
6	Garner, Jed			SR	Clarksburg High School	1:53.36	1:54.94	q
	25.37	29.58	31.73	28.26				
7	Wilbur, Brian			JR	Sherwood Warriors	1:56.50	1:55.37	q
	24.85	30.17	32.68	27.67				
8	Greenwood, Charlie			25	St. Albans School	1:52.62	1:55.65	q
	25.32	28.97	32.78	28.58				
9	Duncan, Thomas			JR	The Heights School (Hs)	1:55.41	1:56.24	q
	25.01	28.84	33.83	28.56				
10	Keeler, Chase			JR	Our Lady of Good Counsel	1:56.93	1:56.58	q
	25.55	28.10	34.89	28.04				
11	Feltrin, Matheus			SR	Magruder High School	1:59.79	1:56.62	q
	25.41	28.99	34.04	28.18				
12	Geoghegan, Jake			SR	Georgetown Preparatory School	1:56.60	1:57.24	q
	25.35	28.85	33.79	29.25				
13	Potter, Noah			SO	Walter Johnson High School	1:57.29	1:57.52	q
	24.52	30.31	34.95	27.74				
14	Linehan-Reckford, John			SR	Winston Churchill Swim/Dive	1:57.71	1:57.84	q
	25.48	29.23	35.12	28.01				
15	Haraldsson, Miles			SR	Bethesda-Chevy Chase HS	1:59.16	1:58.40	q
	25.28	29.72	35.73	27.67				
16	Wilkinson, Caden			SO	Gonzaga College High School	2:01.31	1:59.83	q
	26.14	30.10	33.87	29.72				
17	Eskin, Meyer			SR	Walt Whitman High School	1:57.96	1:59.94	q
	25.58	29.93	33.79	30.64				
18	Shafer, Lukas			SO	Quince Orchard High School	1:59.47	2:00.06	q
	25.42	30.42	34.74	29.48				
19	McDonough, Edward			SO	Montgomery Blair	1:58.61	2:00.59	q
	25.91	29.82	35.55	29.31				
20	Li, Jaden			JR	Walt Whitman High School	2:02.90	2:01.29	q
	26.00	30.97	35.69	28.63				
21	Lee, Ethan			FR	Poolesville High School	2:03.41	2:02.09	
	26.85	32.62	35.61	27.01				
22	Laufer, Abraham			SO	Montgomery Blair	2:04.21	2:02.34	
	25.96	33.27	34.55	28.56				
23	Waterman, Clayton			SO	Bethesda-Chevy Chase HS	2:01.47	2:02.39	
	25.78	29.73	37.37	29.51				

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 5 Boys 200 Yard IM)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
*24	Mallios, Braden	SR	Walt Whitman High School	2:01.67	2:02.43
	25.41 29.62 38.25	29.15			
*24	Henrikson-Brandt, Kai		School Without Walls HS	2:09.95	2:02.43
	25.41 29.89 37.54	29.59			
26	Klein, Andrew	SO	Damascus High School	2:01.90	2:02.73
	26.44 31.38 35.26	29.65			
27	Kissel, James	SR	Quince Orchard High School	2:01.58	2:03.24
	26.28 31.92 36.12	28.92			
28	Madden, Caden	JR	Gonzaga College High School	2:03.57	2:03.72
	26.70 32.16 35.11	29.75			
29	Peppelman, John	SO	Walter Johnson High School	2:05.50	2:03.83
	26.93 30.63 35.98	30.29			
30	Martinez, Matthew	JR	Walter Johnson High School	2:04.07	2:04.13
	27.07 30.44 37.34	29.28			
31	Lowell, Nicholas	SR	Poolesville High School	2:02.63	2:04.42
	26.34 31.76 37.03	29.29			
32	Leeroy, Wesley	SO	Richard Montgomery High School	2:06.82	2:04.90
	26.87 33.18 34.91	29.94			
33	Case, James	SR	Northwood	1:59.83	2:04.93
	26.54 30.22 37.51	30.66			
34	Kosiorowski, Devin	JR	Sherwood Warriors	2:04.13	2:04.95
	27.52 31.93 36.25	29.25			
35	Qian, Ethan	SO	Poolesville High School	2:07.22	2:05.24
	27.44 32.52 35.31	29.97			
36	Lakhan, Kieran	SO	Bethesda-Chevy Chase HS	2:02.43	2:05.48
	26.25 31.45 38.14	29.64			
37	Yuan, John	SR	Gds High School	2:01.43	2:05.63
	25.79 32.89 36.97	29.98			
38	Tejada, Danny	SR	Clarksburg High School	2:10.84	2:06.16
	27.67 32.23 36.58	29.68			
39	Yang, Roy	JR	Winston Churchill Swim/Dive	2:12.75	2:06.29
	27.41 33.76 34.80	30.32			
40	Vaughn, Jordan	FR	DeMatha Catholic High School	2:05.56	2:06.49
	26.55 32.31 36.93	30.70			
41	Duma, John	FR	Bethesda-Chevy Chase HS	2:05.58	2:06.69
	27.58 30.86 37.54	30.71			
42	Rankin, Jackson	SR	Wootton High School	2:01.69	2:06.78
	25.62 32.59 38.81	29.76			
43	Lee, Ryan	SO	Winston Churchill Swim/Dive	2:07.65	2:07.37
	28.00 31.76 36.91	30.70			
44	Hamilton, Jack	FR	DeMatha Catholic High School	2:04.10	2:07.55
	27.59 31.85 37.02	31.09			
45	Jones, Olaoluwadeji	JR	Landon School Varsity Swimming	2:10.33	2:09.31
	29.11 33.18 36.59	30.43			
46	Albert, Ryan	25	St. Albans School	2:09.92	2:09.40
	27.23	30.44			
47	Scott, Maxwell		School Without Walls HS	2:13.91	2:09.72
	28.20 33.16 38.18	30.18			
48	Hua, Ethan	FR	Montgomery Blair	2:09.24	2:09.87
	27.87 33.39 37.22	31.39			
49	Rook, William	SO	Landon School Varsity Swimming	2:11.95	2:09.88
	28.47 32.37 38.41	30.63			

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 5 Boys 200 Yard IM)**

Name	Yr	School	Seed Time	Prelim Time
50 Ying, Isaiah 28.21 32.56 39.95 29.34	JR	Montgomery Blair	2:09.67	2:10.06
51 Hong, Ryan 27.27 36.23 33.26 33.52	SR	The Heights School (Hs)	2:05.28	2:10.28
52 Belopolskiy, Simon 28.61 33.90 37.85 30.35	FR	Wootton High School	2:10.81	2:10.71
53 Donahue, Chase 29.24 32.16 39.48 30.24	SO	Georgetown Preparatory School	2:09.50	2:11.12
54 Taliano, Michael 27.97 33.94 38.95 30.74	JR	Quince Orchard High School	2:14.13	2:11.60
55 Dixon, Joshua 28.57 33.14 39.48 30.91	SR	Clarksburg High School	2:13.50	2:12.10
56 May, Trevor 27.89 32.66 40.61 31.35	SO	Quince Orchard High School	2:12.19	2:12.51
57 Trinidad, Joshua 27.66 34.96 38.47 31.71	SO	St. Paul VI High School	2:11.37	2:12.80
58 Jones, Jacob 27.61 33.51 40.59 31.58	JR	Poolesville High School	2:14.21	2:13.29
59 Matsuyama, Aron 29.13 33.58 40.96 32.10	FR	Winston Churchill Swim/Dive	2:14.20	2:15.77
60 Linga, Sanjeev 28.80 39.26 38.72 32.33	SO	Sherwood Warriors	2:13.71	2:19.11
--- Pak, Evan Pulling on lane line - Misc 27.45 35.98 35.67 33.54	SR	Rockville High School	2:13.56	DQ
--- Cho, Young Double pull / kicks - breast 26.51 31.33 33.18 29.95	SR	Wootton High School	1:58.27	DQ
--- Bacon, Finn False start - Misc 25.29 28.87 36.67 27.81	JR	Gonzaga College High School	1:56.54	DQ
--- Ustundag, Sarp	FR	Walter Johnson High School	2:08.87	NS

**Event 7 Boys 50 Yard Freestyle**

**METROS: 19.85 M 2/11/2012 Jack Conger Good Counsel**  
**20.49 AAAU**  
**20.87 AAAC**

Name	Yr	School	Prelim Time	Finals Time
<b>Championship</b>				
1 Watkins, Owen	JR	Our Lady of Good Counsel	20.76	20.49 AAAU
2 Lawson, Kris	SR	Walt Whitman High School	20.73	20.55 AAAC
3 Bond, Aiden	SR	Gonzaga College High School	21.43	20.71 AAAC
4 Ross, Jayson	SO	DeMatha Catholic High School	20.83	20.92
5 Koenig, Parker	SR	Walter Johnson High School	21.40	21.00
6 Arndt, Nicholas	SR	Georgetown Preparatory School	21.15	21.02
7 Nurkic Kacapor, Mak	SR	Maret School	21.05	21.03
8 Zidlicky, Lucas	SR	Gonzaga College High School	21.36	21.14
9 McKenzie, Malcolm	JR	Gonzaga College High School	21.38	21.37
10 Coapstick, Tyler	SO	Wootton High School	21.59	21.65
<b>Consolation</b>				
11 Quach, Harrison	12	Blake Bengals	21.79	21.51
12 Schedler, Brock	SR	Potomac School Swim Team	21.93	21.75

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Consolation ... (Event 7 Boys 50 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time
13 O'Toole, Owen	SR	St. Paul VI High School	21.85	21.82
14 Boucree, Christopher	SR	Walt Whitman High School	22.11	21.90
15 Alguard, Kaden	SR	Clarksburg High School	21.81	21.91
16 Lane, Brennan	JR	Bullis School	21.82	21.97
17 James, Peter	SR	The Heights School (Hs)	21.93	22.08
18 Harrison, Joshua	SR	Walt Whitman High School	21.93	22.09
19 Hilton, Cole	JR	Northwest High School	22.00	22.21
20 Bernasek, Luke	23	St. Albans School	22.00	22.33

**Event 7 Boys 50 Yard Freestyle**

**METROS:** 19.85 M 2/11/2012 Jack Conger  
20.49 AAAU  
20.87 AAAC

**Good Counsel**

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Lawson, Kris	SR	Walt Whitman High School	20.53	20.73	qAAAC
2 Watkins, Owen	JR	Our Lady of Good Counsel	20.92	20.76	qAAAC
3 Ross, Jayson	SO	DeMatha Catholic High School	21.18	20.83	qAAAC
4 Nurkic Kacapor, Mak	SR	Maret School	21.43	21.05	q
5 Arndt, Nicholas	SR	Georgetown Preparatory School	20.93	21.15	q
6 Zidlicky, Lucas	SR	Gonzaga College High School	21.06	21.36	q
7 McKenzie, Malcolm	JR	Gonzaga College High School	21.84	21.38	q
8 Koenig, Parker	SR	Walter Johnson High School	21.48	21.40	q
9 Bond, Aiden	SR	Gonzaga College High School	20.76	21.43	q
10 Coapstick, Tyler	SO	Wootton High School	21.78	21.59	q
11 Quach, Harrison	12	Blake Bengals	22.13	21.79	q
12 Alguard, Kaden	SR	Clarksburg High School	21.91	21.81	q
13 Lane, Brennan	JR	Bullis School	21.75	21.82	q
14 O'Toole, Owen	SR	St. Paul VI High School	21.59	21.85	q
*15 Schedler, Brock	SR	Potomac School Swim Team	21.70	21.93	q
*15 James, Peter	SR	The Heights School (Hs)	21.85	21.93	q
*15 Harrison, Joshua	SR	Walt Whitman High School	22.09	21.93	q
18 Webster, Jordan	SR	Magruder High School	21.88	21.94	q
*19 Hilton, Cole	JR	Northwest High School	21.84	22.00	q
*19 Bernasek, Luke	23	St. Albans School	21.88	22.00	q
21 Boucree, Christopher	SR	Walt Whitman High School	22.06	22.11	
22 Schaupp, Max	SR	Magruder High School	22.43	22.16	
23 Beabout, Drew	JR	Damascus High School	22.50	22.18	
24 Bowman, Max	SR	Montgomery Blair	22.84	22.20	
25 Kalinin, Nikolai	SO	Our Lady of Good Counsel	22.43	22.32	
26 Vinegas, Miguel	JR	St. Paul VI High School	22.82	22.33	
27 Wang, Aidan	SR	Wootton High School	21.70	22.36	
*28 Huebl, Justin	SR	Winston Churchill Swim/Dive	21.84	22.50	
*28 Naulgan, Jarod Andwele	JR	Watkins Mill High School	22.52	22.50	
30 Wallace, Nathaniel	JR	Montgomery Blair	22.78	22.51	
31 Bagshaw, Brady	SR	Walter Johnson High School	22.95	22.58	
*32 Murk, Cameron	JR	Winston Churchill Swim/Dive	23.08	22.60	
*32 Ginsburg, Jonah	FR	Winston Churchill Swim/Dive	22.27	22.60	
34 Umhofer, Joseph	JR	St. Andrew's Episcopal School	23.79	22.62	
35 Conaton, William	SR	Gonzaga College High School	22.58	22.63	

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 7 Boys 50 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
36	Dietrich, Thomas	JR	Springbrook High School	22.80	22.79
37	Lakso, Justin	SO	Sherwood Warriors	22.45	22.95
38	Foran, Riley	SR	DeMatha Catholic High School	22.44	22.98
*39	Chen, Cedric	JR	Winston Churchill Swim/Dive	22.79	22.99
*39	Mukoyama, Ray	SO	Walter Johnson High School	22.88	22.99
41	Devine, McCarthy	SR	Richard Montgomery High Schoc	23.13	23.01
42	Klugman, Noah	SR	Bethesda-Chevy Chase HS	23.16	23.03
43	Fujiyama, Matthew	23	St. Albans School	23.11	23.07
44	Englert-Fernandez, Lukas	SR	Quince Orchard High School	23.00	23.09
*45	Turner, Riley	SR	Seneca Valley High School	22.81	23.11
*45	Franck, Sean	JR	The Heights School (Hs)	23.10	23.11
*47	Poulin, Nathaniel	JR	Landon School Varsity Swimmin	22.82	23.16
*47	Caldwell, James	SR	DeMatha Catholic High School	22.86	23.16
*49	Wills III, Joseph	SO	DeMatha Catholic High School	23.07	23.24
*49	McMillan, Max	JR	Georgetown Preparatory School	22.98	23.24
51	Woodka, Alex	SR	Damascus High School	23.73	23.30
52	Helms, Teke	JR	Walter Johnson High School	23.40	23.31
53	Babcock, Jason	JR	Sidwell Friends School	23.23	23.33
54	Wang, Steven	JR	Montgomery Blair	23.46	23.37
*55	Suh, Alex	26	St. Albans School	23.17	23.38
*55	Linck, Nicholas	12	Blake Bengals	23.72	23.38
*57	Frahm, August	JR	Quince Orchard High School	23.22	23.43
*57	Bian, Evan	JR	Wootton High School	23.52	23.43
59	Lockard, Andrew	SO	Magruder High School	23.69	23.48
*60	Kumar, Peter	SO	Gds High School	23.40	23.49
*60	Mueller, Michael	SR	Wheaton High School	23.69	23.49
62	Bermudez Santa Maria, Luca	FR	Flint Hill School	23.18	23.50
63	Hou, Jaden	SO	Poolesville High School	23.41	23.55
64	Shaw, George	24	St. Albans School	23.16	23.57
65	Nguyen, John	JR	Paint Branch High School	23.71	23.60
66	Mettler, Trent	SO	Quince Orchard High School	23.75	23.62
*67	Griffith, Luke	SR	Poolesville High School	23.50	23.64
*67	McCaffrey, John	JR	Bethesda-Chevy Chase HS	23.66	23.64
*69	Gidley, Luke	SR	Saint Anselm's Abbey School	23.58	23.66
*69	Conte, Antonio	FR	Northwest High School	23.63	23.66
*69	Fuster, Max	SR	Wootton High School	23.15	23.66
72	Lederman, Adam	SR	Bethesda-Chevy Chase HS	23.28	23.68
73	Williams, Mark	JR	Sherwood Warriors	23.53	23.71
74	Von Wernitz, Kai	SR	Wheaton High School	23.43	23.72
75	Balfour, Adrian	SR	Paint Branch High School	23.53	23.73
76	Botti, Andrew	SO	Damascus High School	23.55	23.76
77	Duren, Jack	SR	St. Paul VI High School	23.34	23.78
78	Sha, Andrew	SO	Poolesville High School	23.69	23.79
*79	Ormsby, Hunter	12	Blake Bengals	23.65	23.80
*79	Hassett, Christopher	JR	Seneca Valley High School	23.72	23.80
81	Kim, Bryan	SR	Sherwood Warriors	23.46	23.84
82	Bryant, Kaleb	SR	Einstein High School	23.19	23.85
83	Kaymbaya, Nikhil	JR	Georgetown Preparatory School	23.67	23.86
84	Park, Ryan	JR	Damascus High School	23.56	23.98
85	Graham, Brady	JR	Northwest High School	23.41	24.00
86	Hollander, Henry	JR	Maret School	23.70	24.08

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 7 Boys 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
--- Kelly, Samuel		Flint Hill School	23.30	NS

**Event 9 Boys 1 mtr Diving**

METROS: 596.25 M 2/4/2015 John Crow				BCC	
Name	Yr	School		Finals Score	
1 Wang, Aidan	SR	Wootton High School	NP	548.90	
2 Gelbach, Finn	SR	The Heights School (Hs)	NP	534.55	
3 O'Donoghue, Tynan	JR	Walt Whitman High School	NP	528.50	
4 Berman, Charlie	SR	Winston Churchill Swim/Dive	NP	513.75	
5 Skipper, James	SO	Walt Whitman High School	NP	467.85	
6 Winn, Christopher	SR	Winston Churchill Swim/Dive	NP	465.20	
7 Williams, Kai	JR	Walt Whitman High School	NP	444.25	
8 Medina, Evan	SO	Clarksburg High School	NP	409.45	
9 Imirowicz, Dylan	FR	Bethesda-Chevy Chase HS	NP	406.00	
10 Shannon, George	FR	Landon School Varsity Swimmin	NP	400.25	
11 Hsu, Asa	SO	Walt Whitman High School	NP	364.95	
12 Guy, Caden		St. John's College High School	NP	330.30	
13 Thomson, Gavin	FR	Gonzaga College High School	NP	319.90	
14 Meisel, Zachary	SO	Walter Johnson High School	NP	308.70	
15 Minc, Tomas	SR	Bethesda-Chevy Chase HS	NP	305.25	
16 Butchko, Brock	JR	Einstein High School	NP	290.65	
17 Grissom, John	JR	Bethesda-Chevy Chase HS	NP	288.65	
18 Forrest, Oliver	JR	Walter Johnson High School	NP	288.00	
19 Dodd, Ethan	SR	Sherwood Warriors	NP	280.25	
20 Vagnucci, Tyler	SR	Northwood	NP	265.70	
21 Hermann, Gabriel	SO	Poolesville High School	NP	200.00	
22 Pikofsky-Christianse, Samue	SO	John F. Kennedy High School	NP	198.65	
23 Polin, Mark	SR	Bethesda-Chevy Chase HS	NP	195.20	
24 Vagnucci, Daniel	JR	Einstein High School	NP	185.50	
25 Nguyen, Thanh-Trieu	JR	Springbrook High School	NP	122.25	
26 Reed, Willis	SR	Landon School Varsity Swimmin	NP	110.25	
27 Miller, Camden	SR	Landon School Varsity Swimmin	NP	105.30	
28 Zhang, Parker	JR	Wootton High School	NP	103.95	
29 Tovornik, Chase	JR	Gonzaga College High School	NP	102.65	
30 Stansel, Andrew	SO	Gonzaga College High School	NP	101.30	
31 Mann, John	SO	Gonzaga College High School	NP	100.00	
32 Graham, Brady	JR	Northwest High School	NP	99.40	
33 Norris, Mason	SO	Winston Churchill Swim/Dive	NP	97.20	
34 Haley, Jackson	SO	Damascus High School	NP	96.70	
35 Emanuel, Savas	JR	Georgetown Preparatory School	NP	91.45	
36 Nielson, Michael	JR	Northwood	NP	90.00	
37 Pucci, Charles	FR	Montgomery Blair	NP	89.65	
38 Iorio, Raffaele	FR	Damascus High School	NP	85.50	
39 Lawlor, Aidan	FR	Montgomery Blair	NP	82.10	
40 Humpert, Samuel	JR	Seneca Valley High School	NP	73.40	
41 Ryba, Vincent	SO	Magruder High School	NP	72.90	
42 Gallagher, Cian	SO	The Heights School (Hs)	NP	69.85	
43 Bunai, Mattias	SO	The Heights School (Hs)	NP	64.75	
44 Moitoza, Evan	FR	Seneca Valley High School	NP	46.65	
45 Kaminski, Jackson	JR	Seneca Valley High School	NP	41.80	
--- Johnston, Xavier	SR	St. Stephen's & St. Agnes	NP	NS	

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**(Event 9 Boys 1 mtr Diving)**

Name	Yr	School		Finals Score
--- Billington, Aedan	SO	Winston Churchill Swim/Dive	NP	NS
--- Camphausen, Luke	SR	Landon School Varsity Swimmin	NP	NS
--- Lopez, Ryan	12	Blake Bengals	NP	NS

**Event 11 Boys 100 Yard Butterfly**

**METROS:** 47.40 M 2/10/2022 Adriano Arioti  
48.72 AAAU  
49.77 AAAC

**Georgetown Day**

Name	Yr	School	Prelim Time	Finals Time
<b>Championship</b>				
1 Arioti, Adriano	JR	Gds High School	47.40	47.32 M AAAU
22.10 25.22				
2 Elkassem, Nasim	JR	Winston Churchill Swim/Dive	50.41	49.80
23.19 26.61				
3 Koenig, Parker	SR	Walter Johnson High School	51.23	50.41
23.58 26.83				
4 Kaiser, Michael	JR	Winston Churchill Swim/Dive	50.53	50.44
23.76 26.68				
5 Badrak, Trent	SR	Gonzaga College High School	50.12	50.48
23.43 27.05				
6 McKenzie, Malcolm	JR	Gonzaga College High School	51.17	50.59
23.68 26.91				
7 Conway, Blake	SR	Walt Whitman High School	51.24	50.88
24.44 26.44				
8 Rankin, Jackson	SR	Wootton High School	51.23	51.46
24.05 27.41				
9 Rooney, Liam	SR	Montgomery Blair	51.42	51.67
24.10 27.57				
10 Marchionini, Quinn	SO	Northwood	51.48	52.59
24.31 28.28				
<b>Consolation</b>				
11 Webster, Jordan	SR	Magruder High School	51.49	51.33
23.92 27.41				
12 Minai, Marco	SR	Walt Whitman High School	52.01	51.46
24.12 27.34				
13 Li, Jason	JR	Wootton High School	51.68	51.81
24.40 27.41				
14 Dietrich, Theodore	SR	Walter Johnson High School	52.78	51.83
24.21 27.62				
15 Kueh, Michael	FR	Wootton High School	52.05	51.90
25.34 26.56				
16 Wong, Andrew		Living Grace Christian School	51.72	52.00
24.42 27.58				
17 Cannistra, Jake	SR	Bethesda-Chevy Chase HS	51.95	52.03
24.50 27.53				
18 Truong, Michael	SR	Clarksburg High School	52.14	52.38
24.67 27.71				
19 Christman, Beckett	SO	Bethesda-Chevy Chase HS	52.40	53.00
24.79 28.21				
20 Hancu, Andrei	SR	Poolesville High School	52.90	53.24
24.74 28.50				

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Event 11 Boys 100 Yard Butterfly**

**METROS:** 47.40 M 2/10/2022 Adriano Arioti  
48.72 AAAU  
49.77 AAAC

**Georgetown Day**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Arioti, Adriano 22.38 25.02	JR	Gds High School	48.13	47.40 M q AAAU
2 Badrak, Trent 22.97 27.15	SR	Gonzaga College High School	50.40	50.12 q
3 Elkassem, Nasim 23.33 27.08	JR	Winston Churchill Swim/Dive	49.93	50.41 q
4 Kaiser, Michael 24.25 26.28	JR	Winston Churchill Swim/Dive	51.22	50.53 q
5 McKenzie, Malcolm 23.82 27.35	JR	Gonzaga College High School	51.56	51.17 q
*6 Koenig, Parker 24.27 26.96	SR	Walter Johnson High School	50.60	51.23 q
*6 Rankin, Jackson 24.21 27.02	SR	Wootton High School	50.96	51.23 q
8 Conway, Blake 23.95 27.29	SR	Walt Whitman High School	51.93	51.24 q
9 Rooney, Liam 24.02 27.40	SR	Montgomery Blair	54.06	51.42 q
10 Marchionini, Quinn 23.75 27.73	SO	Northwood	53.80	51.48 q
11 Webster, Jordan 23.96 27.53	SR	Magruder High School	51.10	51.49 q
12 Li, Jason 23.95 27.73	JR	Wootton High School	51.57	51.68 q
13 Wong, Andrew 24.22 27.50		Living Grace Christian School	53.30	51.72 q
14 Cannistra, Jake 24.57 27.38	SR	Bethesda-Chevy Chase HS	52.00	51.95 q
15 Minai, Marco 24.13 27.88	SR	Walt Whitman High School	52.02	52.01 q
16 Kueh, Michael 24.70 27.35	FR	Wootton High School	52.20	52.05 q
17 Truong, Michael 24.36 27.78	SR	Clarksburg High School	52.07	52.14 q
18 Christman, Beckett 24.20 28.20	SO	Bethesda-Chevy Chase HS	54.94	52.40 q
19 Dietrich, Theodore 24.84 27.94	SR	Walter Johnson High School	51.86	52.78 q
20 Hancu, Andrei 24.57 28.33	SR	Poolesville High School	53.88	52.90 q
21 Sine, Raphel 24.59 28.31	SR	Georgetown Preparatory School	53.28	52.90
22 Widman, Nathan 24.54 28.71	SO	Saint Anselm's Abbey School	53.60	53.25
23 Sislen, Leonardo 24.95 28.35	SO	Maret School	55.54	53.30



**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 11 Boys 100 Yard Butterfly)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
24	Kramer, Griffin 25.00 28.42	SR	Bethesda-Chevy Chase HS	53.52	53.42
*25	Sparshott, Joseph 25.33 28.13	JR	Montgomery Blair	54.65	53.46
*25	Walters, Robert 24.88 28.58	SO	Potomac School Swim Team	53.57	53.46
27	Waterman, Clayton 24.77 28.70	SO	Bethesda-Chevy Chase HS	53.84	53.47
28	Brooks, Andrejs 24.91 28.61	SO	Gonzaga College High School	54.00	53.52
29	Gilbert, Cole 24.35 29.18	SR	DeMatha Catholic High School	53.56	53.53
30	Murk, Cameron 25.80 27.80	JR	Winston Churchill Swim/Dive	54.57	53.60
31	Johnson, Matthew 25.07 28.55	SR	St. Paul VI High School	53.06	53.62
32	Trusov, Paul 25.07 28.58	SO	Montgomery Blair	53.69	53.65
33	Mallios, Braden 25.07 29.09	SR	Walt Whitman High School	53.64	54.16
34	Kim, Brandon 25.40 28.80	SR	Quince Orchard High School	54.19	54.20
35	Rogovoy, Jack 25.75 28.60	SO	Northwest High School	54.88	54.35
36	Tun, Harrison 25.16 29.32	SR	Landon School Varsity Swimming	54.17	54.48
37	Miller, Justin 25.32 29.46	SR	Quince Orchard High School	55.26	54.78
38	Kertajaya, William 25.45 29.43	SR	Winston Churchill Swim/Dive	57.25	54.88
39	Froehner, Jerald 25.72 29.29	JR	Georgetown Preparatory School	55.72	55.01
40	Peppelman, John 26.14 28.88	SO	Walter Johnson High School	58.07	55.02
41	Lee, Ethan 25.85 29.26	FR	Poolesville High School	55.33	55.11
42	Ramirez, Diego 25.05 30.28	SO	DeMatha Catholic High School	54.79	55.33
43	Linck, Nicholas 25.28 30.20	12	Blake Bengals	56.21	55.48
44	Henry, Mark 26.08 29.63	SO	Rockville High School	56.26	55.71
45	Lee, Vincent 26.43 29.38	SO	Wootton High School	57.65	55.81
46	Yuan, John 25.39 30.49	SR	Gds High School	54.68	55.88
47	Ng, Kai 26.46 29.72	SR	Northwood	55.88	56.18
48	Rogers, Haden 26.28 29.92	JR	Walter Johnson High School	55.84	56.20
49	Sha, Andrew 26.49 29.72	SO	Poolesville High School	55.41	56.21

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 11 Boys 100 Yard Butterfly)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
50	Cantrell, Zach 26.47 29.81	23	St. Albans School	55.95	56.28
51	Jiminez, Patrick 26.58 29.99	FR	Sidwell Friends School	55.87	56.57
52	Molter, Phillip 25.08 31.81		St. John's College High School	57.94	56.89
53	Bascope, Santiago 26.50 30.41	10	Blake Bengals	57.00	56.91
54	Garvey, Jack 26.17 30.77	SO	The Heights School (Hs)	55.46	56.94
55	Clark, Connor 25.86 31.30	SR	Gonzaga College High School	57.43	57.16
56	Sonne, Matthew 27.22 29.95	SO	Landon School Varsity Swimming	57.09	57.17
57	Khonsari, Kian 26.90 30.65	SO	Georgetown Preparatory School	58.35	57.55
58	Ying, Isaiah 26.85 30.91	JR	Montgomery Blair	58.58	57.76
59	Mettler, Trent 26.28 31.63	SO	Quince Orchard High School	58.22	57.91
60	Tat, Christian 26.73 31.32	SO	Northwest High School	57.95	58.05
61	Doan, Kevin 26.95 31.13	FR	Richard Montgomery High School	58.56	58.08
62	Evans, Jacob 26.57 31.52	SO	Bishop McNamara High School	59.49	58.09
63	Cantrell, William 26.94 31.21	26	St. Albans School	57.91	58.15
64	Malkus, Coby 27.11 31.06	SR	Ces Jewish Day School	57.97	58.17
65	Vannell, Morgan 26.38 32.10	SR	St. Paul VI High School	58.98	58.48
66	Cobbs, Braxton 27.02 31.59	FR	Our Lady of Good Counsel	58.91	58.61
67	Brandt, Wesley 27.57 31.17	JR	Einstein High School	58.43	58.74
68	Lynch, Michael 26.47 32.31	SR	Saint Anselm's Abbey School	59.10	58.78
69	Evans, Jackson 26.66 32.92	JR	Landon School Varsity Swimming	57.81	59.58
70	Zenick, Joshua 26.93 35.06	SR	Wheaton High School	58.30	1:01.99
---	Taylor, Chase No Show Penalty Event	FR	Quince Orchard High School	56.50	DQ
---	Lawson, Kris Declared false start	SR	Walt Whitman High School	48.63	DFS

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Event 13 Boys 100 Yard Freestyle**

**METROS:** 42.81 M 2/9/2013 Jack Conger  
44.86 AAAU  
45.67 AAAC

**Good Counsel**

<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Prelim Time</u>	<u>Finals Time</u>	
<b>Championship</b>					
1 Bond, Aiden 21.68 23.75	SR	Gonzaga College High School	46.10	45.43	AAAC
2 Wang, Kyle 22.24 23.63	JR	Winston Churchill Swim/Dive	46.21	45.87	
3 Arndt, Nicholas 21.98 23.91	SR	Georgetown Preparatory School	46.46	45.89	
4 Watkins, Owen 22.01 24.13	JR	Our Lady of Good Counsel	46.82	46.14	
5 Moloney, Jack 22.37 23.83	SR	Gonzaga College High School	46.13	46.20	
6 Fu, Ethan 22.44 23.82	SR	Winston Churchill Swim/Dive	46.92	46.26	
7 Bautz, Fletcher 22.41 23.93	SR	Georgetown Preparatory School	46.84	46.34	
8 Zidlicky, Lucas 22.61 24.27	SR	Gonzaga College High School	47.02	46.88	
9 Rose, Matthew 22.96 24.35	SO	The Heights School (Hs)	47.27	47.31	
10 Vanas, Andrew 22.45 24.90	FR	Georgetown Preparatory School	47.08	47.35	
<b>Consolation</b>					
11 Ross, Jayson 22.48 24.55	SO	DeMatha Catholic High School	47.50	47.03	
12 Coapstick, Tyler 22.68 24.59	SO	Wootton High School	47.45	47.27	
13 Barnett, Brig 22.83 24.75	FR	Rockville High School	47.56	47.58	
14 Bice, Palmer 22.90 24.75	SO	Gonzaga College High School	47.43	47.65	
15 Rooney, Seamus 23.24 24.87	FR	Montgomery Blair	47.88	48.11	
16 Sun, Ashton 23.13 25.02	JR	Wootton High School	48.49	48.15	
17 Potter, Noah 23.25 24.91	SO	Walter Johnson High School	47.76	48.16	
18 Boucree, Christopher 22.95 25.42	SR	Walt Whitman High School	48.61	48.37	
19 Frantz, Shad 23.18 25.51	JR	Richard Montgomery High Schoc	48.29	48.69	
20 Fulton, Caelan 23.62 25.16	SR	Walter Johnson High School	48.56	48.78	

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Event 13 Boys 100 Yard Freestyle**

**METROS:** 42.81 M 2/9/2013 Jack Conger  
44.86 AAAU  
45.67 AAAC

**Good Counsel**

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Bond, Aiden 21.71 24.39	SR	Gonzaga College High School	45.27	46.10	q
2 Moloney, Jack 22.49 23.64	SR	Gonzaga College High School	45.48	46.13	q
3 Wang, Kyle 22.23 23.98	JR	Winston Churchill Swim/Dive	47.15	46.21	q
4 Arndt, Nicholas 22.27 24.19	SR	Georgetown Preparatory School	46.20	46.46	q
5 Watkins, Owen 22.33 24.49	JR	Our Lady of Good Counsel	47.02	46.82	q
6 Bautz, Fletcher 22.92 23.92	SR	Georgetown Preparatory School	46.84	46.84	q
7 Fu, Ethan 22.66 24.26	SR	Winston Churchill Swim/Dive	46.99	46.92	q
8 Zidlicky, Lucas 22.72 24.30	SR	Gonzaga College High School	46.83	47.02	q
9 Vanas, Andrew 22.24 24.84	FR	Georgetown Preparatory School	46.87	47.08	q
10 Rose, Matthew 22.79 24.48	SO	The Heights School (Hs)	46.77	47.27	q
11 Bice, Palmer 23.09 24.34	SO	Gonzaga College High School	49.35	47.43	q
12 Coapstick, Tyler 22.75 24.70	SO	Wootton High School	48.11	47.45	q
13 Ross, Jayson 22.77 24.73	SO	DeMatha Catholic High School	47.97	47.50	q
14 Barnett, Brig 23.15 24.41	FR	Rockville High School	48.45	47.56	q
15 Potter, Noah 23.09 24.67	SO	Walter Johnson High School	48.27	47.76	q
16 Rooney, Seamus 22.82 25.06	FR	Montgomery Blair	48.65	47.88	q
17 Frantz, Shad 22.94 25.35	JR	Richard Montgomery High Schoc	48.47	48.29	q
18 Sun, Ashton 23.12 25.37	JR	Wootton High School	47.96	48.49	q
19 Fulton, Caelan 23.47 25.09	SR	Walter Johnson High School	49.64	48.56	q
20 Boucree, Christopher 23.34 25.27	SR	Walt Whitman High School	48.67	48.61	q
21 Hann, Benjamin 23.88 24.80	SR	Winston Churchill Swim/Dive	48.50	48.68	
22 Chalk, Aidan 23.69 25.37	23	St. Albans School	49.10	49.06	
23 Harrison, Joshua 23.75 25.36	SR	Walt Whitman High School	50.01	49.11	

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 13 Boys 100 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
24	Mashburn, Shawn 23.77 25.43	SR	Rockville High School	50.46	49.20
25	Schaupp, Max 23.47 26.15	SR	Magruder High School	49.52	49.62
26	Phillips, Dain 23.98 25.78	FR	Walter Johnson High School	52.28	49.76
27	Jackson, Oliver 24.03 25.75	SR	Montgomery Blair	49.60	49.78
28	Biesinger, Luke 24.02 25.85	JR	Walt Whitman High School	50.34	49.87
29	Englert-Fernandez, Lukas 23.80 26.18	SR	Quince Orchard High School	49.42	49.98
30	Naulgan, Jarod Andwele 23.77 26.22	JR	Watkins Mill High School	49.48	49.99
*31	Mukoyama, Ray 23.74 26.27	SO	Walter Johnson High School	49.89	50.01
*31	Kalinin, Nikolai 23.84 26.17	SO	Our Lady of Good Counsel	52.28	50.01
33	Staggs, Erik 24.07 25.95	SR	Wheaton High School	49.66	50.02
34	Fayed, Zachary 24.25 25.78	SO	Landon School Varsity Swimming	49.07	50.03
35	Ginsburg, Jonah 23.84 26.22	FR	Winston Churchill Swim/Dive	50.36	50.06
36	Lakso, Justin 24.11 25.96	SO	Sherwood Warriors	49.87	50.07
37	Laufer, Abraham 24.13 26.01	SO	Montgomery Blair	50.44	50.14
38	Murphy, Matthew 24.11 26.11	JR	St. Paul VI High School	50.13	50.22
39	Turner, Riley 23.99 26.29	SR	Seneca Valley High School	49.06	50.28
40	Chen, Kyle 23.91 26.38	FR	Walt Whitman High School	52.28	50.29
41	Chen, Evan 24.24 26.17	SR	Wootton High School	50.78	50.41
42	Caldwell, James 23.91 26.63	SR	DeMatha Catholic High School	50.83	50.54
43	Matia, Charlie 24.37 26.54	SR	Poolesville High School	51.94	50.91
44	Wang, Steven 24.67 26.28	JR	Montgomery Blair	51.19	50.95
45	Klugman, Noah 24.57 26.49	SR	Bethesda-Chevy Chase HS	50.65	51.06
46	Griffith, Luke 24.70 26.43	SR	Poolesville High School	50.69	51.13
*47	Jacobs, Charles 24.57 26.70	JR	Saint Anselm's Abbey School	51.36	51.27
*47	Woodka, Alex 24.77 26.50	SR	Damascus High School	52.26	51.27
49	O'Connor, Michael 24.17 27.18	23	Flint Hill School	51.65	51.35

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 13 Boys 100 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
50	Bian, Evan 24.50 26.88	JR	Wootton High School	51.59	51.38
51	Dietrich, Thomas 24.97 26.45	JR	Springbrook High School	51.44	51.42
52	George, Kymani 24.47 26.98	SR	Clarksburg High School	51.12	51.45
53	Frahm, August 24.90 26.59	JR	Quince Orchard High School	51.82	51.49
54	DeLellis, JD 24.78 26.84	FR	The Heights School (Hs)	50.83	51.62
55	Hanson, Timothy 24.53 27.10	FR	Our Lady of Good Counsel	52.85	51.63
56	Taliano, Michael 24.68 26.99	JR	Quince Orchard High School	51.42	51.67
57	Lederman, Adam 24.75 26.93	SR	Bethesda-Chevy Chase HS	50.95	51.68
58	Hou, Jaden 24.53 27.19	SO	Poolesville High School	51.35	51.72
59	Balfour, Adrian 25.19 26.54	SR	Paint Branch High School	52.04	51.73
60	Nagao, Kazuki 24.72 27.06	FR	Quince Orchard High School	52.59	51.78
61	Carty, Sebastien 24.83 27.01	SR	Bethesda-Chevy Chase HS	51.28	51.84
62	Poulin, Nathaniel 24.93 27.09	JR	Landon School Varsity Swimming	51.77	52.02
63	Kumar, Peter 25.42 26.65	SO	Gds High School	52.29	52.07
64	Duren, Jack 24.54 27.57	SR	St. Paul VI High School	51.62	52.11
65	Cheplo, Lucas 24.82 27.41	JR	Bethesda-Chevy Chase HS	52.96	52.23
66	Von Wernitz, Kai 24.71 27.54	SR	Wheaton High School	52.00	52.25
67	Vinegas, Miguel 25.14 27.13	JR	St. Paul VI High School	49.54	52.27
68	Gidley, Luke 25.59 26.70	SR	Saint Anselm's Abbey School	52.21	52.29
69	Botti, Andrew 24.93 27.42	SO	Damascus High School	52.78	52.35
70	Devine, McCarthy 25.00 27.38	SR	Richard Montgomery High School	51.31	52.38
71	Wick, Alejandro 24.87 27.55	SO	Potomac School Swim Team	52.77	52.42
72	Fujiyama, Matthew 25.49 27.01	23	St. Albans School	51.96	52.50
73	Kim, Bryan 24.97 27.66	SR	Sherwood Warriors	51.62	52.63
74	Jenkins, Ari 25.23 27.41	FR	DeMatha Catholic High School	52.71	52.64
75	Palmore, Teddy 25.33 27.34	23	St. Albans School	52.55	52.67

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 13 Boys 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
76 Hicks, Christian 24.88 27.96	SR	Richard Montgomery High Schoc	52.44	52.84
77 Guo, Songwei 25.16 27.98	SO	Bullis School	52.94	53.14
78 Khonsari, Kian 25.10 28.05	SO	Georgetown Preparatory School	52.83	53.15
--- Foran, Riley Declared false start	SR	DeMatha Catholic High School	50.44	DFS

**Event 15 Boys 500 Yard Freestyle**

**METROS: 4:13.87 M 2/9/2013 Jack Conger**  
**4:28.76 AAAU**  
**4:33.05 AAAC**

**Good Counsel**

Name	Yr	School	Prelim Time	Finals Time
<b>Championship</b>				
1 Barnett, Toby 24.48 26.59 26.56 27.29 26.82	SR	Rockville High School	4:29.73 27.17	4:26.60 AAAU
2 Mackesy, Evan 24.71 27.05 27.02 26.94 25.48	JR	Magruder High School	4:30.71 26.99	4:28.20 AAAU
3 Begin, Brady 24.88 26.99 27.41 26.85 25.49	JR	Winston Churchill Swim/Dive	4:29.78 27.14	4:28.97 AAAC
4 Lowrey, Jacob 25.19 27.09 27.52 27.73 26.86	SR	Northwest High School	4:36.66 28.08	4:34.19
5 Elkassem, Samir 24.86 27.19 27.66 28.21 27.27	JR	Winston Churchill Swim/Dive	4:30.90 28.44	4:36.24
6 Nguyen, Alex 25.40 27.45 27.56 28.25 27.17	SO	Richard Montgomery High Schoc	4:37.75 28.11	4:36.38
7 Lopez, Joshua 24.77 27.35 27.93 28.00 27.24	SO	DeMatha Catholic High School	4:39.35 28.27	4:37.42
8 Orlic, Xavier 25.28 27.65 28.16 28.95 28.57	SR	Maret School	4:40.97 28.82	4:42.84
9 Haraldsson, Miles 24.56 27.33 28.40 30.05 29.32	SR	Bethesda-Chevy Chase HS	4:36.72 29.79	4:46.63
10 Kojanov, Mikhail 24.90 27.66 28.07 29.77 27.96	SO	Montgomery Blair	4:40.28 30.41	4:47.08
<b>Consolation</b>				
11 Begin, Charlie 24.99 28.05 28.30 28.70 27.98	FR	Winston Churchill Swim/Dive	4:42.26 28.21	4:39.58
12 Sheeran, William 25.67 27.88 28.25 28.12 27.43	JR	Poolesville High School	4:44.52 29.05	4:41.08







**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 15 Boys 500 Yard Freestyle)**

	Name		Yr	School		Seed Time		Prelim Time
25	Moore, Davis		SR	Walt Whitman High School		5:11.12		4:55.47
	25.54	28.09	28.99	29.95	30.18	30.71	31.15	31.04
	30.61	29.21						
26	Reinhold, Eli		SR	Rockville High School		5:00.75		4:56.31
	26.54	29.21	9.93999	0.07001	30.14	30.18	30.01	30.24
	30.08	29.90						
27	Rudolph, Ian		SR	Walter Johnson High School		5:14.33		4:56.38
	26.61	28.22	29.18	29.70	30.05	30.28	30.50	30.46
	30.74	30.64						
28	Murphy, Taiyo		FR	Walter Johnson High School		5:04.87		4:56.75
	26.04	29.10	9.68999	0.64001	29.99	30.86	30.73	30.93
	29.89	28.88						
29	Svensson, Casper		SO	Walt Whitman High School		4:46.39		4:57.05
	24.93	27.66	29.77	30.59	30.91	31.34	31.39	31.07
	30.26	29.13						
30	Ustundag, Sarp		FR	Walter Johnson High School		5:00.33		4:57.35
	27.22	30.02	30.12	30.31	30.24	30.31	30.03	30.19
	29.84	29.07						
31	Henry, Mark		SO	Rockville High School		5:05.03		4:57.44
	26.02	29.13	9.60999	9.67001	29.76	30.33	30.57	30.71
	30.93	30.71						
32	Albert, Ryan		25	St. Albans School		4:56.57		5:00.30
	26.99	29.62	30.19	30.52	30.12	30.83	30.76	30.70
	30.41	30.16						
33	Groves, Cameron		SO	Walt Whitman High School		4:57.25		5:00.61
	26.57	28.97	29.75	29.86	30.25	30.48	30.84	31.18
	31.73	30.98						
34	Kissel, Andrew		FR	Quince Orchard High School		5:06.32		5:01.82
	27.66	29.59	30.02	30.41	30.39	30.52	30.93	30.93
	30.94	30.43						
35	Hamilton, Jack		FR	DeMatha Catholic High School		5:01.83		5:02.64
	26.27	28.86	29.92	30.29	30.72	31.17	31.60	31.54
	31.60	30.67						
36	Lei, Jonathan		FR	Wootton High School		5:19.51		5:03.62
	26.89	30.02	31.31	31.18	30.85	30.70	30.99	31.48
	31.07	29.13						
37	Belopolskiy, Simon		FR	Wootton High School		5:07.13		5:04.57
	27.91	30.13	30.51	30.70	30.87	30.85	30.91	31.12
	31.18	30.39						
38	Spencer, Gray		25	St. Albans School		5:00.70		5:04.67
	26.16	29.17	30.15	30.77	31.21	31.76	31.67	31.64
	31.39	30.75						
39	Mutter, David		SO	Sherwood Warriors		5:04.00		5:04.74
	27.16	29.52	0.82999	1.00001	31.06	31.17	31.21	31.34
	31.33	30.12						
40	Plank, Caleb		JR	Montgomery Blair		5:00.09		5:05.05
	25.87	29.04	29.63	30.11	30.51	31.01	31.80	32.31
	32.25	32.52						
41	Fecko, Logan		SR	Sherwood Warriors		5:03.72		5:05.80
	25.95	29.79	30.78	31.07	31.36	31.32	31.92	31.75
	31.74	30.12						

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 15 Boys 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
42 Sonne, Matthew 26.66 29.28 32.27 30.92	31.05	SO Landon School Varsity Swimming	5:12.32 32.61	5:09.75
*43 Zamaray, Daniel 27.08 30.20 32.24 30.93	31.63	JR Poolesville High School	5:18.87 31.97	5:10.55
*43 Cantrell, William 26.85 29.87 32.43 31.04	31.01	26 St. Albans School	5:14.37 32.70	5:10.55
45 Bright, Dmitriy 26.45 29.23 32.99 32.96	30.44	JR Watkins Mill High School	5:06.23 32.30	5:11.80
46 McCurdy, Ethan 27.61 29.97 31.39 30.77	31.38	FR Quince Orchard High School	5:11.75 32.20	5:12.03
47 Donahue, Chase 26.64 29.25 32.61 32.17	31.23	SO Georgetown Preparatory School	5:08.82 32.74	5:12.84
48 Chen, Ethan 28.98 31.63 31.50 29.81	32.29	SO Poolesville High School	5:16.60 31.70	5:13.50
49 Makepeace, Archer 27.33 31.10 31.98 30.41	32.09	FR Bethesda-Chevy Chase HS	5:15.22 32.65	5:14.61
50 Cressy, Jack 27.74 30.94 33.01 30.20	32.04	JR Quince Orchard High School	5:19.21 32.76	5:15.86
51 Broome, John 27.00 30.54 32.79 31.09	31.68	SO Gonzaga College High School	5:17.85 33.09	5:17.10
52 Bajwa, John 27.60 30.75 33.10 31.35	31.80	SO The Heights School (Hs)	5:18.57 31.95	5:17.28
53 Esquetet, Charles 28.55 31.46 32.25 32.33	32.32	FR Georgetown Preparatory School	5:14.45 32.23	5:18.74
54 Opima, Ayden 28.01 31.43 34.60 32.66	32.59	FR Sherwood Warriors	5:17.17 32.39	5:21.33
--- Ament, Linus Declared false start		JR Rockville High School	4:54.92	DFS

**Event 17 Boys 200 Yard Freestyle Relay**

**METROS: 1:23.23 M 2/12/2022 Gonzaga College High School**  
**J Moloney, A Bond, L Zidlicky, E Doudna**  
**1:24.50 AAAU**  
**1:25.77 AAAC**

Team	Relay	Prelim Time	Finals Time
<b>Championship</b>			
1 Gonzaga College High School		1:26.14	1:23.27 AAAU
1) Zidlicky, Lucas SR	2) Moloney, Jack SR	3) Bice, Palmer SO	4) Bond, Aiden SR
21.13 20.68 21.14	20.32		

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS**

**Results**

**Championship ... (Event 17 Boys 200 Yard Freestyle Relay)**

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>
2 Georgetown Preparatory Sch 1) Bautz, Fletcher SR 21.18 20.55 20.77 21.10	2) Arndt, Nicholas SR 21.10	1:25.85 3) Vanas, Andrew FR	1:23.60 AAAU 4) McMillan, Max JR
3 Winston Churchill Swim/Div 1) Fu, Ethan SR 21.41 20.78 20.84 21.32	2) Elkassem, Nasim JR 21.32	1:25.02 3) Elkassem, Samir JR	1:24.35 AAAU 4) Wang, Kyle JR
4 Walt Whitman High School 1) Conway, Blake SR 21.32 21.67 21.96 20.15	2) Harrison, Joshua SR 20.15	1:25.46 3) Minai, Marco SR	1:25.10 AAAC 4) Lawson, Kris SR
5 Wootton High School 1) Kelly, Jordan SR 21.27 21.42 21.51 22.25	2) Coapstick, Tyler SO 22.25	1:27.19 3) Wang, Aidan SR	1:26.45 4) Erkan, Aydin SR
6 DeMatha Catholic High Scho 1) Ross, Jayson SO 21.28 21.46 22.15 22.02	2) Padfield, Brett SR 22.02	1:27.50 3) Lopez, Joshua SO	1:26.91 4) Foran, Riley SR
7 Walter Johnson High School 1) Koenig, Parker SR 21.59 21.77 22.60 22.27	2) Potter, Noah SO 22.27	1:27.94 3) Mukoyama, Ray SO	1:28.23 4) Bagshaw, Brady SR
8 Montgomery Blair 1) Kojanov, Mikhail SO 22.10 21.88 22.42 21.97	2) Wallace, Nathaniel JR 21.97	1:29.12 3) Wang, Steven JR	1:28.37 4) Rooney, Liam SR
9 The Heights School (Hs) 1) James, Peter SR 22.16 21.56 22.66 22.60	2) Rose, Matthew SO 22.60	1:28.32 3) Franck, Sean JR	1:28.98 4) Franck, Ryan SO
10 Our Lady of Good Counsel 1) Watkins, Owen JR 21.03 23.41 23.03 22.45	2) Hanson, Timothy FR 22.45	1:29.92 3) Kalinin, Nikolai SO	1:29.92 4) Keeler, Chase JR
<b>Consolation</b>			
11 St. Paul VI High School 1) Vinegas, Miguel JR 22.62 21.69 22.72 21.69	2) Johnson, Matthew SR 21.69	1:29.93 3) Murphy, Matthew JR	1:28.72 4) O'Toole, Owen SR
12 Bethesda-Chevy Chase HS 1) Christman, Beckett SO 22.74 22.31 22.31 22.34	2) Klugman, Noah SR 22.34	1:30.03 3) Drakakis, John SO	1:29.70 4) Waterman, Clayton SO
13 St. Albans School 1) Bernasek, Luke 23 22.15 22.83 23.15 22.30	2) Fujiyama, Matthew 23 22.30	1:30.96 3) Suh, Alex 26	1:30.43 4) Chalk, Aidan 23
14 Quince Orchard High School 1) Englert-Fernandez, Lukas S2 22.93 22.98 22.74 21.93	2) Nagao, Kazuki FR 21.93	1:32.04 3) Mettler, Trent SO	1:30.58 4) Shafer, Lukas SO
15 Gds High School 1) Palmer, Curan JR 22.41 24.81 23.00 21.40	2) Stocker, Joseph JR 21.40	1:31.04 3) Yuan, John SR	1:31.62 4) Arioti, Adriano JR
16 Maret School 1) Sislen, Leonardo SO 23.04 22.55 23.29 22.91	2) Slaeigher, Buddy JR 22.91	1:32.53 3) Hollander, Henry JR	1:31.79 4) Orlic, Xavier SR
17 Blake Bengals 1) Bascope, Santiago 10 24.29 22.66 23.23 22.05	2) Linck, Nicholas 12 22.05	1:32.15 3) Ormsby, Hunter 12	1:32.23 4) Quach, Harrison 12
18 Wheaton High School 1) Staggs, Erik SR 22.68 23.09 23.22 23.25	2) Von Wernitz, Kai SR 23.25	1:32.49 3) Mueller, Michael SR	1:32.24 4) Egbarin-Aho, Edem JR

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Consolation ... (Event 17 Boys 200 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
19 Poolesville High School		1:32.87	1:32.29
1) Lowell, Nicholas SR	2) Sheeran, William JR	3) Griffith, Luke SR	4) Hou, Jaden SO
23.47 22.61 23.18	23.03		
20 Sherwood Warriors		1:30.47	1:32.40
1) Quiroga, Lucas SR	2) Kim, Bryan SR	3) Fecko, Logan SR	4) Lakso, Justin SO
23.35 22.86 23.62	22.57		

**Event 17 Boys 200 Yard Freestyle Relay**

**METROS: 1:23.23 M 2/12/2022 Gonzaga College High School  
J Moloney, A Bond, L Zidlicky, E Doudna**

**1:24.50 AAAU  
1:25.77 AAAC**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Winston Churchill Swim/Div		1:25.90	1:25.02 qAAAC
1) Fu, Ethan SR	2) Elkassem, Nasim JR	3) Elkassem, Samir JR	4) Wang, Kyle JR
21.88 21.56 20.62	20.96		
2 Walt Whitman High School		1:26.17	1:25.46 qAAAC
1) Harrison, Joshua SR	2) Conway, Blake SR	3) Minai, Marco SR	4) Lawson, Kris SR
22.15 21.04 21.85	20.42		
3 Georgetown Preparatory Sch		1:24.20	1:25.85 q
1) Bautz, Fletcher SR	2) Arndt, Nicholas SR	3) Vanas, Andrew FR	4) McMillan, Max JR
21.94 20.81 21.10	22.00		
4 Gonzaga College High Schoo		1:24.10	1:26.14 q
1) Zidlicky, Lucas SR	2) Moloney, Jack SR	3) Holden, Henri JR	4) Bond, Aiden SR
21.50 21.56 22.42	20.66		
5 Wootton High School		1:25.26	1:27.19 q
1) Kelly, Jordan SR	2) Coapstick, Tyler SO	3) Wang, Aidan SR	4) Erkan, Aydin SR
21.16 21.62 21.70	22.71		
6 DeMatha Catholic High Scho		1:27.50	1:27.50 q
1) Ross, Jayson SO	2) Padfield, Brett SR	3) Caldwell, James SR	4) Foran, Riley SR
22.38 20.82 22.65	21.65		
7 Walter Johnson High School		1:28.30	1:27.94 q
1) Potter, Noah SO	2) Koenig, Parker SR	3) Mukoyama, Ray SO	4) Bagshaw, Brady SR
21.94 21.14 22.77	22.09		
8 The Heights School (Hs)		1:28.93	1:28.32 q
1) James, Peter SR	2) Rose, Matthew SO	3) Franck, Sean JR	4) James, Michael SR
21.99 21.72 22.67	21.94		
9 Montgomery Blair		1:31.51	1:29.12 q
1) Rooney, Liam SR	2) Wallace, Nathaniel JR	3) Wang, Steven JR	4) Kojanov, Mikhail SO
22.34 22.27 23.19	21.32		
10 Our Lady of Good Counsel		1:28.95	1:29.92 q
1) Watkins, Owen JR	2) Hanson, Timothy FR	3) Kalinin, Nikolai SO	4) Keeler, Chase JR
21.37 23.01 22.76	22.78		
11 St. Paul VI High School		1:31.02	1:29.93 q
1) Vinegas, Miguel JR	2) Johnson, Matthew SR	3) Murphy, Matthew JR	4) O'Toole, Owen SR
22.58 22.25 22.96	22.14		
12 Bethesda-Chevy Chase HS		1:29.52	1:30.03 q
1) Christman, Beckett SO	2) Waterman, Clayton SO	3) Drakakis, John SO	4) Klugman, Noah SR
22.69 22.71 22.68	21.95		
13 Sherwood Warriors		1:32.18	1:30.47 q
1) Wilbur, Brian JR	2) Kim, Bryan SR	3) Quiroga, Lucas SR	4) Lakso, Justin SO
21.55 23.27 23.22	22.43		

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 17 Boys 200 Yard Freestyle Relay)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
14 St. Albans School		1:32.24	1:30.96 q
1) Bernasek, Luke 23	2) Fujiyama, Matthew 23	3) Suh, Alex 26	4) Chalk, Aidan 23
22.54 22.97 22.60	22.85		
15 Gds High School		1:33.98	1:31.04 q
1) Palmer, Curan JR	2) Stocker, Joseph JR	3) Yuan, John SR	4) Arioti, Adriano JR
22.32 24.75 22.91	21.06		
16 Quince Orchard High School		1:31.81	1:32.04 q
1) Shafer, Lukas SO	2) Nagao, Kazuki FR	3) Mettler, Trent SO	4) Englert-Fernandez, Lukas S
23.21 22.93 23.02	22.88		
17 Blake Bengals		1:33.97	1:32.15 q
1) Bascope, Santiago 10	2) Ormsby, Hunter 12	3) Linck, Nicholas 12	4) Quach, Harrison 12
23.71 23.66 23.33	21.45		
18 Wheaton High School		1:32.87	1:32.49 q
1) Staggs, Erik SR	2) Von Wernitz, Kai SR	3) Mueller, Michael SR	4) Egbarin-Aho, Edem JR
22.84 24.97 44.68			
19 Maret School		1:32.74	1:32.53 q
1) Sislen, Leonardo SO	2) Slaeigher, Buddy JR	3) Hollander, Henry JR	4) Orlic, Xavier SR
22.90 24.12 23.47	22.04		
20 Poolesville High School		1:28.76	1:32.87 q
1) Lowell, Nicholas SR	2) Sheeran, William JR	3) Griffith, Luke SR	4) Hou, Jaden SO
23.67 22.92 23.16	23.12		
21 Rockville High School		1:30.34	1:33.46
1) Henry, Mark SO	2) Reinhold, Eli SR	3) Franken, Evander FR	4) Pak, Evan SR
23.30 23.07 23.32	23.77		
22 Damascus High School		1:31.19	1:33.52
1) Botti, Andrew SO	2) Green, Ian SR	3) Park, Ryan JR	4) Hebert, Brandon SR
23.69 23.63 23.46	22.74		
23 Potomac School Swim Team		1:37.20	1:33.92
1) Schedler, Brock SR	2) Zubler, Gregory SR	3) Christ, Alexander SR	4) Wick, Alejandro SO
21.99 24.65 23.85	23.43		
24 Bullis School		1:35.12	1:34.20
1) Lane, Brennan JR	2) Byrd, Ian JR	3) Black, Joshua JR	4) Guo, Songwei SO
22.21 23.70 24.46	23.83		
25 Magruder High School		1:33.91	1:34.40
1) Lockard, Andrew SO	2) Hinkeldey, William SR	3) Strahan, Matthew FR	4) Schaupp, Max SR
23.47 24.15 24.18	22.60		
26 Landon School Varsity Swim		1:32.14	1:35.17
1) Sonne, Matthew SO	2) Rook, William SO	3) Evans, Jackson JR	4) Anvari, Rayan SO
23.86 23.67 24.10	23.54		
27 Richard Montgomery High S		1:30.39	1:36.21
1) Schultz, Nicolo JR	2) Doan, Kevin FR	3) Hicks, Christian SR	4) Devine, McCarthy SR
23.71 24.77 24.83	22.90		
28 Clarksburg High School		1:29.97	1:36.62
1) Lam, Caiden SO	2) Tejada, Danny SR	3) Dixon, Joshua SR	4) Johnson, Maxwell SO
23.77 23.37 24.59	24.89		
29 Seneca Valley High School		1:39.18	1:37.10
1) Hassett, Christopher JR	2) Wickson, James JR	3) Hybl, Ziad Phoenix FR	4) Turner, Riley SR
24.20 24.09 26.32	22.49		
30 Einstein High School		1:36.33	1:37.38
1) Johnson, Lucien SO	2) Shaffer, Aidan SR	3) Meszaros, Matthias SO	4) Bryant, Kaleb SR
24.23 25.71 24.52	22.92		

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 17 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
31 Bishop McNamara High Schc		1:37.74	1:37.40
1) Jackson, Christian JR	2) Lansey, Anthony JR	3) Corbin Lewis, Asher FR	4) Evans, Jacob SO
24.47 24.17 24.45	24.31		
32 Northwest High School		1:36.57	1:37.88
1) Conte, Antonio FR	2) Lee, Justin SR	3) Dahlke, Tegegn SO	4) Graham, Brady JR
23.69 25.61 24.78	23.80		
33 St. Andrew's Episcopal Scho		1:38.32	1:38.08
1) Schneider, William SO	2) Bautz, Carter SO	3) McDermott, James JR	4) Umhofer, Joseph JR
25.23 24.81 25.63	22.41		
34 Northwood		1:34.56	1:38.54
1) Ritchotte, Rowan SR	2) Garriock, William SO	3) Gaudrone, William JR	4) Wick, Graham SO
24.93 24.53 24.26	24.82		
35 St. John's College High Scho		1:39.59	1:38.59
1) Guy, Caden	2) Morrison, Ian	3) Egan, James	4) Molter, Phillip
27.04 23.97 24.31	23.27		
36 Springbrook High School		1:40.16	1:40.08
1) Cook, Aidan SO	2) Nguyen, Thanh-Trieu JR	3) Maloo, Ajay SR	4) Dietrich, Thomas JR
26.19 24.64 26.65	22.60		
37 Paint Branch High School		1:39.66	1:40.22
1) Rodriguez, Kyle SO	2) Jeffery, Harry FR	3) Rodriguez, Andrew JR	4) Balfour, Adrian SR
26.67 25.27 25.17	23.11		
38 Saint Anselm's Abbey Schoo		1:32.28	1:49.50
1) Greiner, Seamus SO	2) Landry, Daniel SR	3) Puro, Eli FR	4) Montes, Gus SO
26.04	30.85		

**Event 19 Boys 100 Yard Backstroke**

**METROS: 46.76 M 2/9/2013 Jack Conger**  
**49.09 AAAU**  
**50.24 AAAC**

**Good Counsel**

Name	Yr	School	Prelim Time	Finals Time
<b>Championship</b>				
1 Arioti, Adriano	JR	Gds High School	47.69	47.15 AAAU
23.26 23.89				
2 Bermudez Santa Maria, Simc	24	Flint Hill School	50.06	48.56 AAAU
23.51 25.05				
3 Conway, Blake	SR	Walt Whitman High School	49.61	50.49
24.95 25.54				
4 Case, James	SR	Northwood	51.18	51.10
24.84 26.26				
5 Bacon, Finn	JR	Gonzaga College High School	51.70	51.13
24.69 26.44				
6 Elkassem, Nasim	JR	Winston Churchill Swim/Dive	50.97	51.24
25.12 26.12				
7 Nurkic Kacapor, Mak	SR	Maret School	50.72	51.46
25.28 26.18				
8 Barnett, Brig	FR	Rockville High School	52.06	51.70
25.22 26.48				
9 Sun, Ashton	JR	Wootton High School	51.78	51.82
25.17 26.65				
10 Hann, Benjamin	SR	Winston Churchill Swim/Dive	52.12	52.15
25.44 26.71				

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Consolation ... (Event 19 Boys 100 Yard Backstroke)**

Name	Yr	School	Prelim Time	Finals Time
<b>Consolation</b>				
11 Geoghegan, Jake 25.49 26.75	SR	Georgetown Preparatory School	52.28	52.24
12 Begin, Charlie 25.68 27.00	FR	Winston Churchill Swim/Dive	52.59	52.68
13 Duncan, Thomas 25.59 27.14	JR	The Heights School (Hs)	52.28	52.73
14 Henrikson-Brandt, Kai 25.48 27.34		School Without Walls HS	52.83	52.82
15 Marchionini, Quinn 25.64 27.25	SO	Northwood	52.45	52.89
16 Gold, Samuel 26.00 26.90	SR	Walt Whitman High School	53.43	52.90
17 Lowrey, Jacob 26.16 26.81	SR	Northwest High School	53.12	52.97
18 Rooney, Seamus 26.09 27.08	FR	Montgomery Blair	52.92	53.17
19 Keeler, Chase 26.68 28.68	JR	Our Lady of Good Counsel	53.06	55.36
20 Padfield, Brett 26.51 29.40	SR	DeMatha Catholic High School	52.70	55.91

**Event 19 Boys 100 Yard Backstroke**

**METROS: 46.76 M 2/9/2013 Jack Conger**  
**49.09 AAAU**  
**50.24 AAAC**

**Good Counsel**

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Arioti, Adriano 23.58 24.11	JR	Gds High School	47.26	47.69	qAAAU
2 Conway, Blake 24.42 25.19	SR	Walt Whitman High School	50.01	49.61	qAAAC
3 Bermudez Santa Maria, Simc 24.50 25.56	24	Flint Hill School	49.07	50.06	qAAAC
4 Nurkic Kacapor, Mak 24.78 25.94	SR	Maret School	53.78	50.72	q
5 Elkassem, Nasim 24.75 26.22	JR	Winston Churchill Swim/Dive	50.66	50.97	q
6 Case, James 24.90 26.28	SR	Northwood	51.72	51.18	q
7 Bacon, Finn 25.37 26.33	JR	Gonzaga College High School	51.53	51.70	q
8 Sun, Ashton 24.91 26.87	JR	Wootton High School	51.57	51.78	q
9 Barnett, Brig 25.29 26.77	FR	Rockville High School	57.00	52.06	q
10 Hann, Benjamin 25.52 26.60	SR	Winston Churchill Swim/Dive	53.06	52.12	q
*11 Duncan, Thomas 25.49 26.79	JR	The Heights School (Hs)	51.36	52.28	q
*11 Geoghegan, Jake 25.59 26.69	SR	Georgetown Preparatory School	51.70	52.28	q



**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 19 Boys 100 Yard Backstroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
13	Marchionini, Quinn 25.57 26.88	SO	Northwood	53.60	52.45	q
14	Begin, Charlie 25.79 26.80	FR	Winston Churchill Swim/Dive	53.50	52.59	q
15	Padfield, Brett 25.63 27.07	SR	DeMatha Catholic High School	52.03	52.70	q
16	Henrikson-Brandt, Kai 25.35 27.48		School Without Walls HS	56.67	52.83	q
17	Rooney, Seamus 25.75 27.17	FR	Montgomery Blair	53.15	52.92	q
18	Keeler, Chase 26.07 26.99	JR	Our Lady of Good Counsel	53.19	53.06	q
19	Lowrey, Jacob 26.38 26.74	SR	Northwest High School	53.96	53.12	q
20	Gold, Samuel 26.19 27.24	SR	Walt Whitman High School	53.20	53.43	q
21	Hancu, Andrei 25.72 27.72	SR	Poolesville High School	53.80	53.44	
22	Dietrich, Theodore 26.08 27.75	SR	Walter Johnson High School	52.68	53.83	
23	Kaiser, Michael 26.16 27.68	JR	Winston Churchill Swim/Dive	57.69	53.84	
24	Truong, Michael 25.87 28.08	SR	Clarksburg High School	53.03	53.95	
25	Jackson, Oliver 26.59 27.53	SR	Montgomery Blair	54.72	54.12	
26	Sine, Raphael 26.43 27.75	SR	Georgetown Preparatory School	54.16	54.18	
27	Kramer, Griffin 26.16 28.34	SR	Bethesda-Chevy Chase HS	54.31	54.50	
28	Fayed, Zachary 26.13 28.54	SO	Landon School Varsity Swimming	53.60	54.67	
29	McDonough, Edward 26.66 28.24	SO	Montgomery Blair	54.07	54.90	
30	Vaughn, Jordan 26.37 28.59	FR	DeMatha Catholic High School	54.49	54.96	
31	Drakakis, John 26.68 28.59	SO	Bethesda-Chevy Chase HS	55.08	55.27	
32	Klein, Andrew 26.73 28.83	SO	Damascus High School	54.50	55.56	
33	Zhang, Parker 26.54 29.16	JR	Wootton High School	56.20	55.70	
34	Friedman, Owen 27.20 28.51	FR	Walter Johnson High School	55.67	55.71	
35	Lee, Vincent 27.22 28.62	SO	Wootton High School	56.58	55.84	
36	Ancheta, Guillermo 26.90 29.07	FR	Northwest High School	57.87	55.97	
37	Flynn, Joseph 27.32 28.72	JR	Walter Johnson High School	59.22	56.04	
38	Donahue, Caden 27.46 28.62	JR	Georgetown Preparatory School	56.22	56.08	

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 19 Boys 100 Yard Backstroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
39	Rogovoy, Jack 27.50 28.69	SO	Northwest High School	56.70	56.19
40	Rudolph, Ian 27.31 28.97	SR	Walter Johnson High School	55.94	56.28
41	Walters, Robert 27.14 29.16	SO	Potomac School Swim Team	55.39	56.30
42	Kim, Brandon 27.45 28.96	SR	Quince Orchard High School	55.90	56.41
43	Kim, Tyler 27.49 29.36	SO	Richard Montgomery High Schoc	57.18	56.85
44	Lowell, Nicholas 28.03 29.09	SR	Poolesville High School	56.29	57.12
45	McCaffrey, John 27.86 29.84	JR	Bethesda-Chevy Chase HS	57.20	57.70
46	George, Kymani 27.99 29.73	SR	Clarksburg High School	1:01.01	57.72
47	Sparshott, Joseph 28.78 29.17	JR	Montgomery Blair	58.69	57.95
48	Duma, John 28.20 29.79	FR	Bethesda-Chevy Chase HS	58.56	57.99
49	Parfomak, John 27.43 30.64	SO	Gonzaga College High School	58.55	58.07
50	Bright, Dmitriy 27.62 30.48	JR	Watkins Mill High School	1:00.45	58.10
51	Fecko, Logan 28.14 30.20	SR	Sherwood Warriors	59.06	58.34
52	Wan, Justin 28.90 29.52	JR	Walt Whitman High School	57.03	58.42
53	Nagao, Kazuki 28.15 30.40	FR	Quince Orchard High School	57.30	58.55
54	Manley, Adam 28.01 30.90	SR	St. Paul VI High School	58.73	58.91
55	Tejada, Danny 28.53 30.45	SR	Clarksburg High School	1:00.88	58.98
56	May, Trevor 28.87 30.15	SO	Quince Orchard High School	58.03	59.02
57	Spencer, Gray 28.59 30.47	25	St. Albans School	58.72	59.06
58	Groves, Cameron 28.80 30.42	SO	Walt Whitman High School	1:00.59	59.22
59	Holden, Henri 28.64 30.72	JR	Gonzaga College High School	58.28	59.36
60	Cressy, Jack 29.05 30.32	JR	Quince Orchard High School	1:00.13	59.37
61	Hinkeldey, William 29.51 30.06	SR	Magruder High School	57.86	59.57
62	Cobbs, Braxton 29.25 30.56	FR	Our Lady of Good Counsel	1:00.36	59.81
63	Mutter, David 29.17 30.74	SO	Sherwood Warriors	59.63	59.91
64	Herman, Wyatt 28.71 31.44	SO	Bullis School	59.89	1:00.15

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 19 Boys 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Prelim Time
65 Dixon, Joshua 29.44 30.74	SR	Clarksburg High School	1:00.90	1:00.18
66 Ritchotte, Rowan 29.57 31.18	SR	Northwood	1:02.09	1:00.75
67 Rook, William 29.63 31.19	SO	Landon School Varsity Swimmin	1:00.64	1:00.82
68 Ferrara, Eli 29.12 31.81	FR	Poolesville High School	1:01.30	1:00.93
69 Garvey, Jack 29.27 31.89	SO	The Heights School (Hs)	58.79	1:01.16
70 Foley, Patrick 29.76 31.44	SO	Poolesville High School	1:00.85	1:01.20
71 Hassett, Christopher 28.94 32.32	JR	Seneca Valley High School	1:00.25	1:01.26
72 Mitra, Shreyan 29.47 32.02	23	St. Albans School	59.59	1:01.49
73 Shinn, Anthony 29.59 32.03	SR	DeMatha Catholic High School	1:01.70	1:01.62
74 Morrison, Ian 30.14 31.84		St. John's College High School	1:01.38	1:01.98
75 Brandt, Wesley 30.16 31.83	JR	Einstein High School	1:01.81	1:01.99
76 Golotyuk, Phillip 30.37 31.81	JR	Richard Montgomery High Schoc	1:01.21	1:02.18
77 Conley, Pdraig 30.49 31.83	FR	Richard Montgomery High Schoc	1:01.87	1:02.32
78 Missig, Will 30.63 32.92	12	Blake Bengals	1:01.75	1:03.55
79 Gooch, Oliver 30.27 33.98	FR	Gonzaga College High School	1:00.65	1:04.25
--- McMillan, Max False start 25.65 26.40	JR	Georgetown Preparatory School	51.42	DQ
--- Glenn, Tyler False start 30.09 31.45	FR	Magruder High School	1:01.67	DQ

**Event 21 Boys 100 Yard Breaststroke**

**METROS: 53.22 M 2/7/2015 Carsten Vissering Georgetown Prep**  
**55.65 AAAU**  
**56.83 AAAC**

Name	Yr	School	Prelim Time	Finals Time
<b>Championship</b>				
1 Garner, Jed 25.45 28.76	SR	Clarksburg High School	55.13	54.21 AAAU
2 Wilbur, Brian 25.85 30.32	JR	Sherwood Warriors	55.73	56.17 AAAC
3 Kelly, Jordan 26.06 30.14	SR	Wootton High School	57.35	56.20 AAAC
4 Quach, Harrison 26.62 30.39	12	Blake Bengals	57.28	57.01

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS**

**Results**

**Championship ... (Event 21 Boys 100 Yard Breaststroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelim Time</b>	<b>Finals Time</b>
5	Alguard, Kaden 26.72 30.38	SR	Clarksburg High School	56.96	57.10
6	Johnson, Matthew 26.99 30.31	SR	St. Paul VI High School	57.60	57.30
7	Eskin, Meyer 26.83 30.51	SR	Walt Whitman High School	57.51	57.34
8	Greenwood, Charlie 27.16 30.49	25	St. Albans School	57.62	57.65
9	James, Michael 27.13 31.08	SR	The Heights School (Hs)	58.14	58.21
10	Badrak, Trent 27.31 31.43	SR	Gonzaga College High School	58.08	58.74

**Consolation**

11	Cho, Young 26.23 30.45	SR	Wootton High School	58.42	56.68	AAAC
12	Umhofer, Joseph 28.13 30.14	JR	St. Andrew's Episcopal School	58.60	58.27	
13	Schedler, Brock 27.59 31.16	SR	Potomac School Swim Team	59.47	58.75	
14	Feltrin, Matheus 27.83 31.23	SR	Magruder High School	59.20	59.06	
15	Wong, Andrew 27.82 31.25		Living Grace Christian School	59.25	59.07	
16	Matia, Charlie 27.77 31.52	SR	Poolesville High School	59.77	59.29	
17	Widman, Nathan 27.86 31.45	SO	Saint Anselm's Abbey School	59.53	59.31	
18	Palmer, Curan 28.10 31.29	JR	Gds High School	58.89	59.39	
19	Cannistra, Jake 28.92 30.86	SR	Bethesda-Chevy Chase HS	59.67	59.78	
20	Wilkinson, Caden 28.09 31.78	SO	Gonzaga College High School	1:00.00	59.87	

**Event 21 Boys 100 Yard Breaststroke**

**METROS: 53.22 M 2/7/2015 Carsten Vissering Georgetown Prep**  
**55.65 AAAU**  
**56.83 AAAC**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
<b>Preliminaries</b>						
1	Garner, Jed 25.97 29.16	SR	Clarksburg High School	55.49	55.13	qAAAU
2	Wilbur, Brian 26.23 29.50	JR	Sherwood Warriors	57.16	55.73	qAAAC
3	Alguard, Kaden 26.96 30.00	SR	Clarksburg High School	59.25	56.96	q
4	Quach, Harrison 26.70 30.58	12	Blake Bengals	56.89	57.28	q
5	Kelly, Jordan 26.81 30.54	SR	Wootton High School	56.16	57.35	q
6	Eskin, Meyer 26.76 30.75	SR	Walt Whitman High School	57.42	57.51	q

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>	
7	Johnson, Matthew 27.28 30.32	SR	St. Paul VI High School	56.67	57.60	q
8	Greenwood, Charlie 27.10 30.52	25	St. Albans School	56.96	57.62	q
9	Badrak, Trent 27.31 30.77	SR	Gonzaga College High School	58.86	58.08	q
10	James, Michael 27.15 30.99	SR	The Heights School (Hs)	57.42	58.14	q
11	Cho, Young 27.50 30.92	SR	Wootton High School	57.76	58.42	q
12	Umhofer, Joseph 27.95 30.65	JR	St. Andrew's Episcopal School	57.67	58.60	q
13	Palmer, Curan 27.68 31.21	JR	Gds High School	59.26	58.89	q
14	Feltrin, Matheus 27.83 31.37	SR	Magruder High School	1:01.80	59.20	q
15	Wong, Andrew 27.89 31.36		Living Grace Christian School	1:01.69	59.25	q
16	Schedler, Brock 27.60 31.87	SR	Potomac School Swim Team	58.41	59.47	q
17	Widman, Nathan 27.81 31.72	SO	Saint Anselm's Abbey School	59.69	59.53	q
18	Cannistra, Jake 27.75 31.92	SR	Bethesda-Chevy Chase HS	59.15	59.67	q
19	Matia, Charlie 27.68 32.09	SR	Poolesville High School	1:00.22	59.77	q
20	Wilkinson, Caden 28.75 31.25	SO	Gonzaga College High School	1:00.39	1:00.00	q
21	O'Toole, Owen 27.69 32.36	SR	St. Paul VI High School	1:01.32	1:00.05	
22	Wallace, Nathaniel 28.09 32.02	JR	Montgomery Blair	1:00.84	1:00.11	
23	Hilton, Cole 28.11 32.20	JR	Northwest High School	1:00.38	1:00.31	
24	Wang, Elton 28.03 32.39	SR	Winston Churchill Swim/Dive	1:01.16	1:00.42	
*25	Hong, Ryan 28.58 31.92	SR	The Heights School (Hs)	1:00.81	1:00.50	
*25	Rooney, Liam 28.38 32.12	SR	Montgomery Blair	1:02.90	1:00.50	
27	Babcock, Jason 28.35 32.26	JR	Sidwell Friends School	1:02.15	1:00.61	
28	Jones, Olaoluwadeji 27.91 32.75	JR	Landon School Varsity Swimming	1:00.83	1:00.66	
29	Bagshaw, Maxwell 28.65 32.05	FR	Walter Johnson High School	1:02.09	1:00.70	
30	Tun, Harrison 28.27 32.49	SR	Landon School Varsity Swimming	59.97	1:00.76	
31	Chen, Evan 28.51 32.33	SR	Wootton High School	59.72	1:00.84	

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
32	Bowman, Max 28.97 31.99	SR	Montgomery Blair	1:00.56	1:00.96
33	Shafer, Lukas 28.56 32.44	SO	Quince Orchard High School	1:01.05	1:01.00
34	Li, Jason 28.32 32.93	JR	Wootton High School	1:00.37	1:01.25
35	Beabout, Drew 28.69 32.61	JR	Damascus High School	1:02.75	1:01.30
36	Lockard, Andrew 28.48 33.11	SO	Magruder High School	1:00.62	1:01.59
37	Pak, Evan 28.83 32.96	SR	Rockville High School	1:03.05	1:01.79
38	Qian, Ethan 29.41 32.48	SO	Poolesville High School	1:02.16	1:01.89
39	Franck, Ryan 28.78 33.21	SO	The Heights School (Hs)	1:01.15	1:01.99
40	Green, Ian 28.66 33.37	SR	Damascus High School	1:00.57	1:02.03
41	Lakhan, Kieran 29.02 33.07	SO	Bethesda-Chevy Chase HS	1:01.97	1:02.09
42	Kertajaya, William 29.54 32.62	SR	Winston Churchill Swim/Dive	1:02.33	1:02.16
43	Jacobs, Charles 29.13 33.47	JR	Saint Anselm's Abbey School	1:02.50	1:02.60
44	Li, Jaden 29.17 33.55	JR	Walt Whitman High School	1:03.00	1:02.72
45	Madden, Caden 29.08 33.66	JR	Gonzaga College High School	1:02.84	1:02.74
46	Bryant, Kaleb 29.33 33.56	SR	Einstein High School	1:03.40	1:02.89
47	Yang, Roy 29.33 33.58	JR	Winston Churchill Swim/Dive	1:03.28	1:02.91
48	Rogers, Haden 29.69 33.60	JR	Walter Johnson High School	1:03.95	1:03.29
49	Miller, Justin 29.81 33.59	SR	Quince Orchard High School	1:07.35	1:03.40
50	Hsieh, Joshua 29.67 33.77	SR	Montgomery Blair	1:03.53	1:03.44
51	Yoon, Christian 29.94 33.62	SO	Poolesville High School	1:04.66	1:03.56
52	Leeroy, Wesley 30.24 33.52	SO	Richard Montgomery High Schoc	1:04.86	1:03.76
53	Sislen, Leonardo 29.78 33.99	SO	Maret School	1:05.40	1:03.77
54	Jiminez, Patrick 30.44 33.69	FR	Sidwell Friends School	1:03.92	1:04.13
55	Mayo, Will 30.06 34.34	JR	Walt Whitman High School	1:05.64	1:04.40
56	Linehan-Reckford, Stephen 29.92 34.55	SR	Winston Churchill Swim/Dive	1:05.25	1:04.47
57	Levy, Evan 30.68 34.11	FR	Walter Johnson High School	1:06.44	1:04.79

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
58	Chen, Kyle 30.87 34.05	FR	Walt Whitman High School	1:05.66	1:04.92
59	Schultz, Nicolo 29.99 35.45	JR	Richard Montgomery High Schoc	1:05.56	1:05.44
60	Braun, Carl-Oscar 30.88 34.88	SR	Walter Johnson High School	1:05.69	1:05.76
61	Lakhe, Kyle 31.23 34.57	FR	Bethesda-Chevy Chase HS	1:05.13	1:05.80
62	Trinidad, Joshua 31.46 34.36	SO	St. Paul VI High School	1:06.36	1:05.82
63	Buchanan, Deacon 30.78 35.19	SR	Watkins Mill High School	1:05.14	1:05.97
64	Giaudrone, William 30.87 35.15	JR	Northwood	1:05.38	1:06.02
65	Leusch, J 29.89 36.22	SR	Georgetown Preparatory School	1:04.97	1:06.11
66	Zamchiya, Chengetai 31.21 35.11	JR	DeMatha Catholic High School	1:06.25	1:06.32
67	Zenick, Joshua 29.74 36.59	SR	Wheaton High School	1:05.38	1:06.33
68	Johnson, Lucien 30.69 35.69	SO	Einstein High School	1:07.13	1:06.38
69	Chandran, Alexander 31.37 35.32	FR	Poolesville High School	1:07.97	1:06.69
70	Thomas, Jack 30.99 35.72	23	St. Albans School	1:06.14	1:06.71
71	Byrd, Ian 30.39 36.37	JR	Bullis School	1:07.46	1:06.76
72	Ramchand, Ethan 32.16 34.76	25	St. Albans School	1:07.86	1:06.92
73	Lee, Justin 32.11 35.04	SR	Northwest High School	1:08.00	1:07.15
74	Wills III, Joseph 30.66 36.59	SO	DeMatha Catholic High School	1:05.71	1:07.25
75	Black, Joshua 31.12 36.18	JR	Bullis School	1:07.45	1:07.30
76	Lam, Caiden 31.90 35.71	SO	Clarksburg High School	1:07.02	1:07.61
77	Wick, Graham 31.05 36.58	SO	Northwood	1:08.00	1:07.63
78	Alie, Caleb 32.30 35.37	FR	Sherwood Warriors	1:06.04	1:07.67
79	Hume, Sascha 30.95 37.02	23	St. Albans School	1:07.21	1:07.97
80	Doan, Kevin 31.74 36.54	FR	Richard Montgomery High Schoc	1:07.59	1:08.28
81	Nguyen, John 32.15 36.32	JR	Paint Branch High School	1:07.52	1:08.47
82	Linga, Sanjeev 32.43 36.25	SO	Sherwood Warriors	1:08.06	1:08.68
83	Shinn, Anthony 33.41 37.26	SR	DeMatha Catholic High School	1:07.16	1:10.67

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS**

**Results**

**Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)**

Name	Yr	School	Seed Time	Prelim Time
--- Kosiorowski, Devin	JR	Sherwood Warriors	1:04.70	DQ
False start				
31.12	33.14			

**Event 23 Boys 400 Yard Freestyle Relay**

**METROS: 3:03.18 M 2/12/2022 Gonzaga College High School Gonzaga**  
**M Marsh, J Ewing, J Moloney, C McKenzie**

**3:05.78 AAAU**  
**3:08.49 AAAC**

Team	Relay	Prelim Time	Finals Time
<b>Championship</b>			
1 Gonzaga College High School		3:07.75	3:02.85 M AAAU
1) McKenzie, Malcolm JR	2) Moloney, Jack SR	3) Bice, Palmer SO	4) Bond, Aiden SR
21.87 45.89 21.62	45.78 22.09 46.36	21.09 44.82	
2 Winston Churchill Swim/Div		3:06.04	3:03.12 M AAAU
1) Fu, Ethan SR	2) Elkassem, Nasim JR	3) Elkassem, Samir JR	4) Wang, Kyle JR
22.36 46.24 21.80	45.79 21.69 45.78	21.49 45.31	
3 Georgetown Preparatory School		3:08.14	3:07.02 AAAC
1) Bautz, Fletcher SR	2) Arndt, Nicholas SR	3) Vanas, Andrew FR	4) Geoghegan, Jake SR
22.26 46.52 21.49	45.42 21.65 46.27	22.94 48.81	
4 Wootton High School		3:11.91	3:10.53
1) Coapstick, Tyler SO	2) Sun, Ashton JR	3) Erkan, Aydin SR	4) Kelly, Jordan SR
22.64 47.33 22.66	48.02 23.01 48.71	21.81 46.47	
5 DeMatha Catholic High School		3:11.82	3:11.01
1) Lopez, Joshua SO	2) Gilbert, Cole SR	3) Ross, Jayson SO	4) Padfield, Brett SR
23.11 47.87 22.69	48.08 22.30 47.53	22.44 47.53	
6 Walt Whitman High School		3:12.96	3:11.55
1) Minai, Marco SR	2) Boucree, Christopher SR	3) Svensson, Casper SO	4) Harrison, Joshua SR
23.16 48.03 22.85	48.23 22.72 47.63	22.23 47.66	
7 Rockville High School		3:11.92	3:11.60
1) Barnett, Toby SR	2) Henry, Mark SO	3) Barnett, Brig FR	4) Mashburn, Shawn SR
22.34 46.59 23.25	49.70 22.31 47.13	22.96 48.18	
8 Magruder High School		3:12.17	3:12.01
1) Webster, Jordan SR	2) Schaupp, Max SR	3) Feltrin, Matheus SR	4) Mackesy, Evan JR
22.79 47.73 23.12	48.96 23.03 49.20	21.90 46.12	
9 Walter Johnson High School		3:13.32	3:13.71
1) Fulton, Caelan SR	2) Dietrich, Theodore SR	3) Koenig, Parker SR	4) Potter, Noah SO
23.49 48.72 23.13	48.50 22.63 48.17	23.20 48.32	
10 Montgomery Blair		3:13.81	3:14.34
1) Kojanov, Mikhail SO	2) Jackson, Oliver SR	3) Laufer, Abraham SO	4) Rooney, Seamus FR
23.38 48.06 22.96	49.14 23.37 48.97	22.88 48.17	
<b>Consolation</b>			
11 Bethesda-Chevy Chase HS		3:13.89	3:14.91
1) Haraldsson, Miles SR	2) Christman, Beckett SO	3) Kramer, Griffin SR	4) Cannistra, Jake SR
23.49 48.64 23.13	47.78 22.98 48.77	23.64 49.72	
12 The Heights School (Hs)		3:15.43	3:16.49
1) Rose, Matthew SO	2) Verderese, Peter JR	3) James, Peter SR	4) Duncan, Thomas JR
22.97 47.66 23.73	49.94 23.38 49.08	23.61 49.81	
13 Richard Montgomery High School		3:18.91	3:16.78
1) Kim, Tyler SO	2) Nguyen, Alex SO	3) Devine, McCarthy SR	4) Frantz, Shad JR
23.54 49.12 23.40	49.06 23.71 50.29	22.86 48.31	



**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Consolation ... (Event 23 Boys 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
14 Northwest High School		3:17.95	3:17.29
1) Hilton, Cole JR	2) Rogovoy, Jack SO	3) Ancheta, Guillermo FR	4) Lowrey, Jacob SR
23.09 49.38 24.18	50.52 22.92 48.64	23.61 48.75	
15 St. Albans School		3:14.59	3:17.30
1) Greenwood, Charlie 25	2) Cantrell, Zach 23	3) Chalk, Aidan 23	4) Bernasek, Luke 23
23.81 49.39 23.91	50.31 23.82 49.78	22.68 47.82	
16 Poolesville High School		3:18.84	3:18.23
1) Hancu, Andrei SR	2) Matia, Charlie SR	3) Sheeran, William JR	4) Hou, Jaden SO
23.43 49.46 23.04	49.92 23.25 48.71	23.41 50.14	
17 Quince Orchard High School		3:21.20	3:18.70
1) Kissel, James SR	2) Miller, Justin SR	3) Kim, Brandon SR	4) Englert-Fernandez, Lukas S
24.07 49.67 24.08	50.32 23.10 49.32	23.42 49.39	
18 Damascus High School		3:18.84	3:20.66
1) Beabout, Drew JR	2) Klein, Andrew SO	3) Woodka, Alex SR	4) Hebert, Brandon SR
23.53 49.15 24.24	51.26 23.70 50.76	23.61 49.49	
19 Clarksburg High School		3:15.34	3:21.11
1) Alguard, Kaden SR	2) George, Kymani SR	3) Garner, Jed SR	4) Truong, Michael SR
24.32 51.92 24.17	51.22 23.46 50.18	22.66 47.79	
20 Landon School Varsity Swim		3:22.58	3:23.31
1) Tun, Harrison SR	2) Sonne, Matthew SO	3) Poulin, Nathaniel JR	4) Fayed, Zachary SO
24.55 51.27 23.98	51.11 24.00 51.37	23.45 49.56	

**Event 23 Boys 400 Yard Freestyle Relay**

**METROS: 3:03.18 M 2/12/2022 Gonzaga College High School Gonzaga**  
**M Marsh, J Ewing, J Moloney, C McKenzie**  
**3:05.78 AAAU**  
**3:08.49 AAAC**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Winston Churchill Swim/Div		3:04.65	3:06.04 qAAAC
1) Fu, Ethan SR	2) Elkassem, Nasim JR	3) Hann, Benjamin SR	4) Wang, Kyle JR
22.44 46.67 21.47	45.41 22.93 47.97	21.82 45.99	
2 Gonzaga College High Schoo		3:05.06	3:07.75 qAAAC
1) Bacon, Finn JR	2) McKenzie, Malcolm JR	3) Bice, Palmer SO	4) Bond, Aiden SR
22.39 46.90 22.13	47.16 22.33 47.19	21.65 46.50	
3 Georgetown Preparatory Sch		3:07.25	3:08.14 qAAAC
1) Bautz, Fletcher SR	2) Arndt, Nicholas SR	3) Vanas, Andrew FR	4) Geoghegan, Jake SR
22.11 46.33 22.02	46.46 16.34 46.84	22.80 48.51	
4 DeMatha Catholic High Scho		3:12.68	3:11.82 q
1) Lopez, Joshua SO	2) Gilbert, Cole SR	3) Ross, Jayson SO	4) Padfield, Brett SR
23.19 48.22 22.94	49.01 22.31 47.54	22.05 47.05	
5 Wootton High School		3:10.93	3:11.91 q
1) Kelly, Jordan SR	2) Sun, Ashton JR	3) Erkan, Aydin SR	4) Coapstick, Tyler SO
21.99 46.68 22.72	48.48 22.99 48.96	22.78 47.79	
6 Rockville High School		3:13.12	3:11.92 q
1) Barnett, Toby SR	2) Henry, Mark SO	3) Barnett, Brig FR	4) Mashburn, Shawn SR
22.73 47.23 23.26	49.96 22.18 46.97	22.60 47.76	
7 Magruder High School		3:13.87	3:12.17 q
1) Webster, Jordan SR	2) Feltrin, Matheus SR	3) Schaupp, Max SR	4) Mackesy, Evan JR
22.55 47.30 22.82	49.23 23.01 49.24	22.05 46.40	
8 Walt Whitman High School		3:05.57	3:12.96 q
1) Minai, Marco SR	2) Harrison, Joshua SR	3) Svensson, Casper SO	4) Boucree, Christopher SR
22.99 47.94 23.04	48.07 23.13 48.55	23.06 48.40	

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 23 Boys 400 Yard Freestyle Relay)**

Team	Relay						Seed Time		Prelim Time	
9 Walter Johnson High School							3:14.03		3:13.32 q	
1) Koenig, Parker SR	2) Dietrich, Theodore SR		3) Fulton, Caelan SR		4) Potter, Noah SO					
22.90 48.34 22.98	49.17	22.89	48.27	22.83	47.54					
10 Montgomery Blair							3:14.19		3:13.81 q	
1) Bowman, Max SR	2) Kojanov, Mikhail SO		3) Laufer, Abraham SO		4) Rooney, Seamus FR					
23.54 49.05 22.43	47.25	23.65	49.47	22.77	48.04					
11 Bethesda-Chevy Chase HS							3:16.48		3:13.89 q	
1) Cannistra, Jake SR	2) Haraldsson, Miles SR		3) Christman, Beckett SO		4) Kramer, Griffin SR					
24.02 49.62 23.03	48.06	22.64	47.63	22.93	48.58					
12 St. Albans School							3:16.00		3:14.59 q	
1) Greenwood, Charlie 25	2) Cantrell, Zach 23		3) Chalk, Aidan 23		4) Bernasek, Luke 23					
23.21 47.95 23.28	49.89	23.30	48.67	22.36	48.08					
13 Clarksburg High School							3:16.31		3:15.34 q	
1) Truong, Michael SR	2) George, Kymani SR		3) Alguard, Kaden SR		4) Garner, Jed SR					
22.76 47.65 23.89	50.75	22.67	48.28	23.15	48.66					
14 The Heights School (Hs)							3:16.18		3:15.43 q	
1) Rose, Matthew SO	2) James, Michael SR		3) James, Peter SR		4) Duncan, Thomas JR					
22.90 47.47 23.00	49.35	23.50	49.50	23.31	49.11					
15 Northwest High School							3:22.61		3:17.95 q	
1) Hilton, Cole JR	2) Rogovoy, Jack SO		3) Ancheta, Guillermo FR		4) Lowrey, Jacob SR					
23.49 49.81 24.01	50.51	22.90	48.78	23.20	48.85					
*16 Poolesville High School							3:12.14		3:18.84 q	
1) Hancu, Andrei SR	2) Matia, Charlie SR		3) Sheeran, William JR		4) Hou, Jaden SO					
23.43 49.43 23.01	49.57	23.41	49.14	23.53	50.70					
*16 Damascus High School							3:22.84		3:18.84 q	
1) Beabout, Drew JR	2) Klein, Andrew SO		3) Woodka, Alex SR		4) Hebert, Brandon SR					
23.02 48.30 24.07	51.13	23.96	50.64	23.40	48.77					
18 Richard Montgomery High S							3:17.16		3:18.91 q	
1) Kim, Tyler SO	2) Nguyen, Alex SO		3) Devine, McCarthy SR		4) Frantz, Shad JR					
24.02 49.91 23.69	49.70	23.68	50.38	23.14	48.92					
19 Quince Orchard High School							3:20.68		3:21.20 q	
1) Englert-Fernandez, Lukas S	2) Miller, Justin SR		3) Kissel, James SR		4) Kim, Brandon SR					
23.80 50.06 23.88	50.39	24.53	50.65	23.75	50.10					
20 Landon School Varsity Swim							3:22.62		3:22.58 q	
1) Tun, Harrison SR	2) Sonne, Matthew SO		3) Poulin, Nathaniel JR		4) Fayed, Zachary SO					
23.60 50.17 23.65	51.00	23.90	51.88	23.12	49.53					
21 Northwood							3:17.15		3:24.23	
1) Marchionini, Quinn SO	2) Garriock, William SO		3) Ng, Kai SR		4) Case, James SR					
22.79 47.80 25.78	55.16	24.37	51.98	23.10	49.29					
22 Wheaton High School							3:28.54		3:25.84	
1) Staggs, Erik SR	2) Von Wernitz, Kai SR		3) Mueller, Michael SR		4) Echols, Daniel SR					
23.70 49.56 24.09	51.69	24.16	51.98	24.81	52.61					
23 Saint Anselm's Abbey Schoo							3:30.35		3:27.80	
1) Widman, Nathan SO	2) Jacobs, Charlie SO		3) Gidley, Luke FR		4) Lynch, Michael SR					
23.96 50.03 23.70	50.70	24.47	52.36	25.23	54.71					
24 St. Paul VI High School							3:17.89		3:30.55	
1) Duren, Jack SR	2) Vannell, Morgan SR		3) Manley, Adam SR		4) Garcia, Chase SO					
24.46 52.31 25.15	54.90	24.10	51.70	24.36	51.64					
25 Bullis School							3:30.90		3:30.57	
1) Lane, Brennan JR	2) Byrd, Ian JR		3) Black, Joshua JR		4) Guo, Songwei SO					
23.43 48.99 25.15	53.54	25.66	54.47	25.02	53.57					

**2023 WASHINGTON METROPOLITAN INTERSCHOLASTIC  
SWIMMING AND DIVING CHAMPIONSHIPS  
Results**

**Preliminaries ... (Event 23 Boys 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
26 Blake Bengals		3:38.69	3:33.56
1) Bascope, Santiago 10	2) Missig, Will 12	3) Lopez, Ryan 12	4) Ormsby, Hunter 12
24.77 52.45 24.37	53.02 25.50 55.42	24.69 52.67	
27 Sherwood Warriors		3:29.72	3:34.36
1) Fecko, Logan SR	2) Opima, Ayden FR	3) Mutter, David SO	4) Kosiorowski, Devin JR
25.21 53.58 26.41	56.00 24.46 51.76	25.35 53.02	
28 Our Lady of Good Counsel		3:17.16	3:35.44
1) Hanson, Timothy FR	2) Bosco, Collin SO	3) Cobbs, Braxton FR	4) Casimates, Nicholas SO
24.44 51.82 25.72	56.08 24.45 52.76	25.72 54.78	
29 Paint Branch High School		3:44.41	3:36.50
1) Nguyen, Khoi SO	2) Ngo, Nathan SO	3) Nguyen, John JR	4) Balfour, Adrian SR
55.97	24.48 52.28	24.91 52.80	
30 Einstein High School		3:36.11	3:38.28
1) Brandt, Wesley JR	2) Windt, Jonathan SO	3) Meszaros, Matthias SO	4) Johnson, Lucien SO
25.15 53.78 25.26	55.38 25.53 55.54	24.90 53.58	
31 Bishop McNamara High Schc		3:43.12	3:45.77
1) Bowman, Cristian JR	2) Lansey, Anthony JR	3) Evans, Jacob SO	4) Jackson, Christian JR
28.86 59.71 25.17	57.57 24.73 54.49	25.61 54.00	
32 St. John's College High Schoc		3:42.08	3:57.71
1) Metzger-Sloan, Andrew	2) Chapman, Jack	3) Kettering, Will	4) Spelman, Billy
29.41 1:02.99 27.26	59.43 26.38 57.09	27.15 58.20	

**Event 111 Boys 100 Yard Butterfly Swim-off**

48.72 AAAU  
49.77 AAAC

Name	Yr School	Seed Time	Finals Time
<b>- Swim-off</b>			
1 Hancu, Andrei	SR Poolesville High School	52.90	52.06
24.13 27.93			
2 Sine, Raphel	SR Georgetown Preparatory School	52.90	52.58
24.49 28.09			