



Warm to Cold Passage Packing List

All items must fit in one (1) soft-sided duffel carry-on. No hard bags & no checked bags!

What You NEED to Bring...

- Your wallet
- A passport

What you SHOULD Bring...

- Swimsuit (2)
- LED headlamp (we like a red LED option, [like this one from Petzl](#)) (1)
- Books / magazines / Kindle / iPad
- Winter hat
- Set of warm cloths, sweater & long johns (1)
- Summer clothes for daytime (quick-dry preferable)
- hat / visor / sun protection
- Medications you take (you MUST tell us health issues)
- sunglasses
- watch
- personal toiletries
- foulies
- USB memory stick if you want photos from the trip
- An open mind and a willingness to work hard
- Deck boots & wool socks (2)
- Sleeping Bag (we recommend a packable, dri-down style, something like [this one from Sierra Designs](#))

What NOT to Bring (this will be provided onboard)...

- Towel
- Sheets & pillow
- Large electronics (like laptops).
- Sunscreen
- Hard-sided luggage
- knives/tools - remember, no checked bags (as the airline might lost it!)

Helpful Tips & Reminders

- Long underwear & foulie pants works better than cotton pants or jeans if it's chilly.
- You'll wear much less clothing than you think, and when it's cool, stuff lasts longer!

[59 North, Ltd.](#) // [Isbjörn Sailing](#)

1169 Hilltop Rd., Leesport, PA 19533

+1-443-440-5411 // andy@59-north.com // mia@59-north.com // 59-north.com