

Name _____

Address _____

Phone # _____

Email Address _____



» — let food be thy medicine — «

LMGF Q&A FOR DONATION BASKETS

In order to qualify for a LMGF donation basket there are a few things you should know about the program.

- Although our baskets are bountiful, this basket is for your benefit and to help you heal naturally, not necessarily feed your whole family.
- You must be committed to picking up your basket every week and at the scheduled pickup time. If you are late or unable to make it, you **MUST** let us know ahead of time or you will forfeit your basket.
- If you miss your pickups without letting us know more than 2 times, you forfeit your spot for the remaining year and we will give your baskets to someone on our waiting list.
- If there are any vegetables you avoid for health reasons, you **MUST** tell us at the beginning of the season.

Please answer the questions below:

1. Why should you deserve to get free baskets of produce from the farm in 2013?
2. Do you live within 20 miles of Marlboro NJ?
3. What autoimmune disease or chronic illness are you currently suffering from?
4. What are you trying to do right now holistically to heal yourself?
5. How long have you been doing this?
6. What medications are you currently on?
7. Are you trying to go off any of them safely?
8. Have you educated yourself on any natural treatments or holistic healing approaches incl. diet changes? If so, what are they?
9. Have you educated yourself about any foods that will work in your benefit or foods you should avoid?