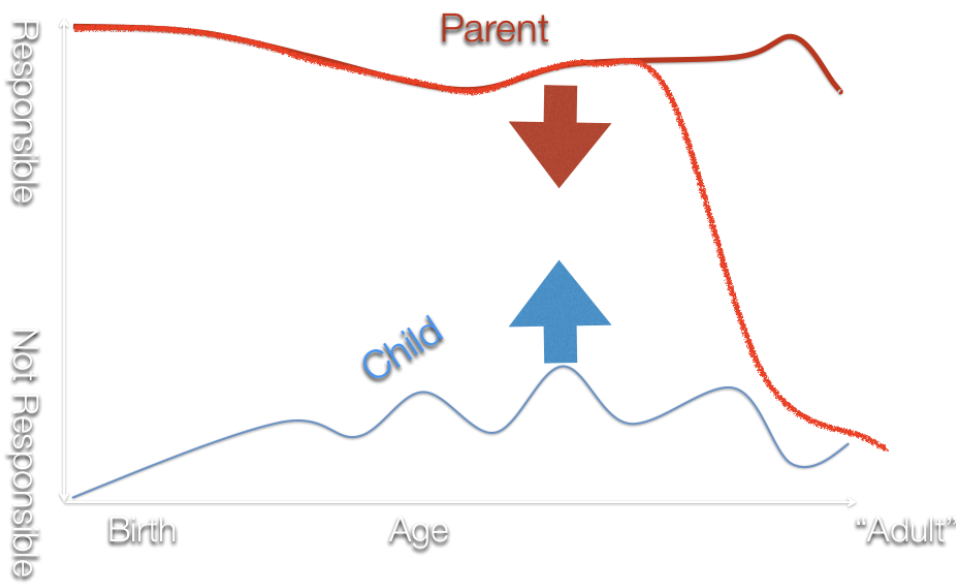
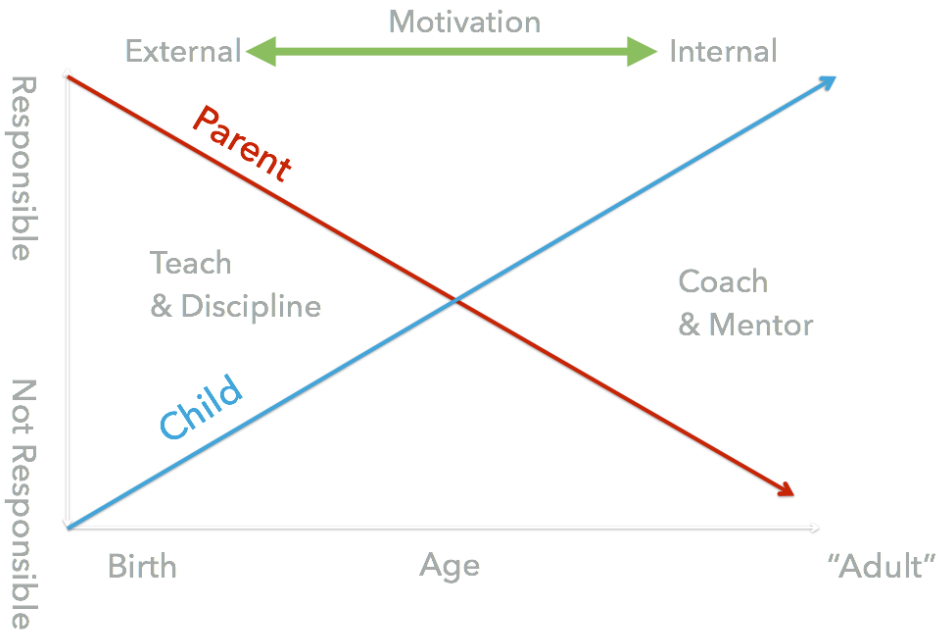


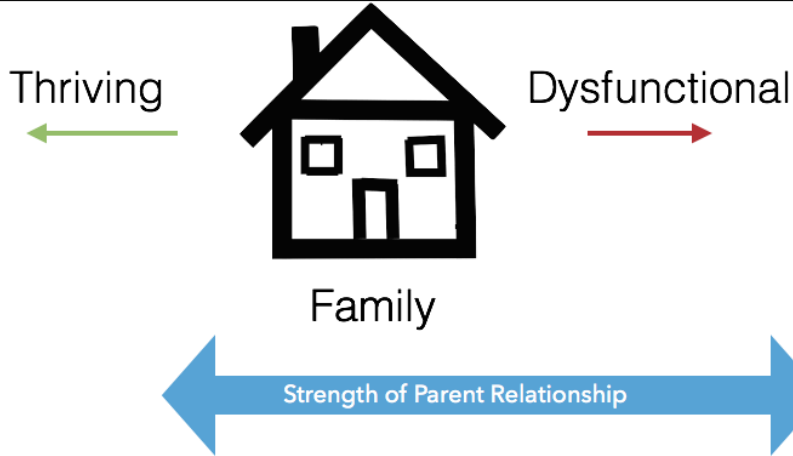
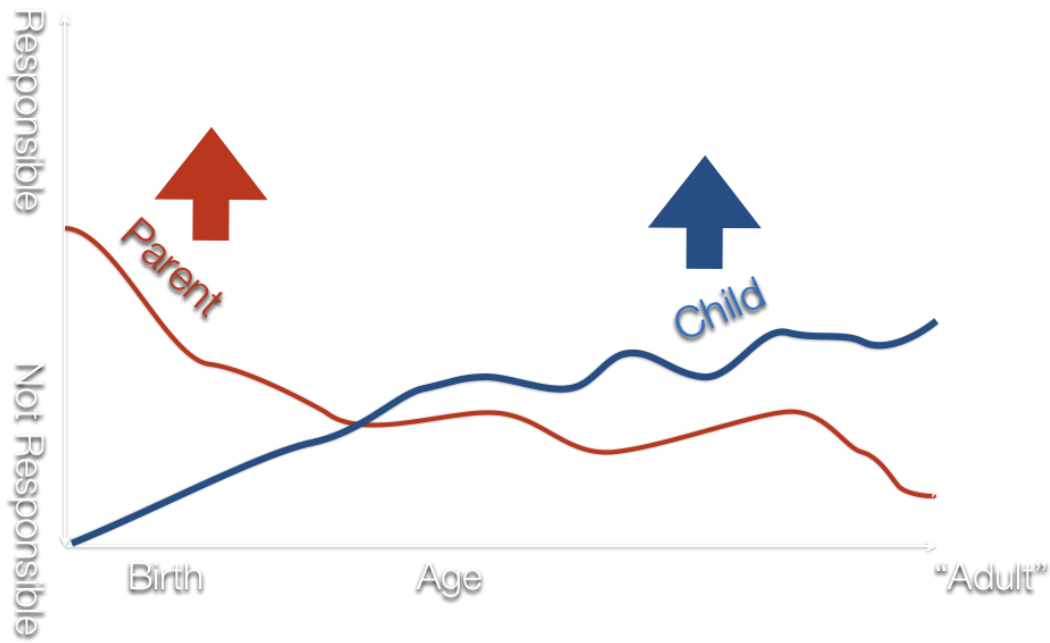
# Life Ready Kids



Things that make us feel safe actually may make our kids more \_\_\_\_\_,  
\_\_\_\_\_ of 18-34-year-olds living with parents in 2015.

Why focus on great adults versus good kids?





## Future Destroyers

1. Perfectionism
  - a. Never fully \_\_\_\_\_
  - b. Always \_\_\_\_\_
2. People Pleasing

## Three ways to learn

1. Best – Learn from the other person's \_\_\_\_\_ or \_\_\_\_\_
2. Second Best – Listen to \_\_\_\_\_ from the wise
3. Most painful - \_\_\_\_\_ experience

## Process for becoming Life ready

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Four threats to making good decisions

1. Narrow Framing
2. The confirmation bias
3. Short-term emotion
4. Overconfidence

## How to make better decisions

1. \_\_\_\_\_ your options
2. Reality-test your \_\_\_\_\_
3. Attain \_\_\_\_\_ before deciding
4. Prepare to be \_\_\_\_\_

## How to Win Well

5. Keep \_\_\_\_\_
6. \_\_\_\_\_, but don't gloat
7. Wining brings \_\_\_\_\_
8. Have \_\_\_\_\_
9. Every sport is a \_\_\_\_\_ sport.

## Losing without being a loser

1. Tell \_\_\_\_\_ of real champions
2. \_\_\_\_\_ growth, not just \_\_\_\_\_.
3. Give them a chance to \_\_\_\_\_.
4. Don't be a \_\_\_\_\_ about failure.

## Cheat Sheet

Vulnerable, 39.5%, satisfied, afraid, mistake, success, advice, personal  
Caught, taught, practiced, Widen, assumptions, distance, wrong  
Perspective, Celebrate, responsibility, "Class", team  
Stories, Celebrate, achievement, fail, "Polly Anna"

### Take the Next Step

Option 1 - Text – TECHSAFE to 44222

Option 2 – Sign up sheet

- Coupon for 20% off The Family Experience
- A list of book recommended during this seminar
- Access to the slides from today's seminar
- Bonus statistics about the internet and pornography
- Links to further resources from Covenant Eyes about effects of pornography on the brain.

### NOTES