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I, _____, authorize Joseph Holmgren, MD to release and/or obtain information regarding my medical, mental health and substance abuse history to/from:

Name: _____

Relationship: _____

Address: _____

Phone: _____

This release is valid for one year and may be revoked in writing at any time except to the extent that information has already been disclosed based on authorization contained herein.

Print Name: _____

Signature: _____ Date: _____