

# ***Personal Safety & Robbery Prevention Workshop***

**Saturday, March 24, 10:00-11:30am**  
Calhoun Square- 3001 Hennepin Avenue  
(former Bay Street Shoes space)

## ***Featuring...***

**Mary Brandl, Personal Safety Expert**  
from Be Pro Safe and Midwest  
Karate Association

## ***Attention Uptown Neighbors!***

Adults of all ages will learn to reduce their vulnerability to robbery and assault, recognize a potential attacker in the making, as well as the roles body language, eye contact, tone of voice, and assertiveness can play in averting potential trouble.

Sponsored by



More Info: (612) 823-2520 or [carag@carag.org](mailto:carag@carag.org)