

GROWING?!

Part 2: Fueling Spiritual Growth

A) PERSONAL DISCIPLINES:

- 1) Biblical Basis: Hebrews 5:14; 1 Timothy 4:7-8, 15-16; 1 Corinthians 9:24-27; Philippians 2:13; 2 Timothy 2:1, 3-6, 4:1-8; Hebrews 12:1-3

- 2) Primary Disciplines: The BIG three
 - a) The Word: 2 Timothy 3:16-17; Hebrews 4:12; Psalm 19:7-11

 - b) Prayer: Lord'S Prayer; Ephesians 6:18;

 - c) Worship: Romans 12:1-2

- 3) The BIG three become one: QT

- 4) Secondary Disciplines:
 - a) Solitude (Q2TG)

 - b) Sabbath: Cease, Savor, Rest, Reflect, Restore

 - c) Reading

 - d) Listening

 - e) Recording

 - f) Recalibrating: Daily, Weekly, Monthly

- 5) Integrated Disciplines

B) COMMUNITY DISCIPLINES:

- 1) Biblical Basis: Hebrews 3:12-13, 10:23-25; 1 Corinthians 12:14-23; Ephesians 4: 11-16; Colossians 2:19, 3:16; Galatians 6:1-2
- 2) Corporate Worship
- 3) Life Groups: Relational, Transformational, Missional
- 4) Learning/Study Groups
- 5) Accountability Groups
- 6) Prayer Groups
- 7) Mentoring/Counseling Relationships

C) MINISTRY DISCIPLINES:

- 1) Biblical Basis: Ephesians 4:16; Colossians 2:9, 1 Peter 4:10-11
- 2) Primary Ministry
- 3) Secondary Ministry