

**GROWING?!**  
**Part 3: Planning Spiritual Growth**

A) HONESTLY ASSESS YOUR NEEDS:

a. C4

b. Character, Knowledge Service.

c. Personal Disciplines, Community Disciplines, Ministry Disciplines.

B) REFLECT ON YOUR SCHEDULE, RYTHMS, LEARNING STYLE, SEASON OF LIFE, INTEGRATION NEEDS

C) PUT IN THE BIG THREE FIRST

a. When?

b. Where?

c. How long?

d. How often?

D) TRY 1-3 NEW THINGS

a. Keep it simple

b. Keep it reasonable

E) DECIDE IN ONE WEEK: WRITE IT DOWN: MID-JANUARY

F) EVALUATE AND ADJUST AFTER TWO WEEKS: END OF JANUARY: TELL SOMEONE!

G) REVIEW AND RECOMMIT AT THE END OF EVERY MONTH: TELL SOMEONE!

H) A SIMPLE SAMPLE JUMPSTART PLAN: 1 X 5 = TNT