

Rochdale Gateway Leisure Ltd

Saturday Short Breaks Respite Scheme

WOULD YOU LIKE A BREAK ON SATURDAY?

- Are you a carer for a child/young person with a Learning Disability or Complex Needs?
- Could you do with a break from your caring role on a Saturday?
- Does the child/young person you care for need something fun and interesting to do on a Saturday?

Rochdale Gateway provides short respite breaks to three age groups each week

- 8-12 years
- 13-19 years
- 19 +

The groups are made up of approximately 10 people in a group. Activities are arranged and delivered by trained staff at the Gateway Centre, including day trips in and out of the Borough.

The scheme can be **accessed by referral only**, this can be through self-referral, carer referral, through Schools, Social Work teams, C.T.L.D and hospitals.

For more information or to make a referral, contact:

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INVESTOR IN PEOPLE