



**FAMILY SPEECH & THERAPY SERVICES**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Texture Preferences:

- Crunchy
- Crisp
- Smooth
- Lumpy
- Uniform Lumpy (cottage cheese texture)
- Hard
- Chewy
- Mixed Consistencies

Taste Preferences:

- Salty
- Sweet
- Spicy
- Tart
- Flavored
- Bland

Temperature Preferences:

- Hot
- Warm
- Cold
- Cool

Overall description of appetite:

- Poor
- Fair
- Good
- Varies from day to day

# Food Inventory

## Starches/Carbohydrates

- Crackers
- Chips
- Pretzels
- Cheese puffs
- Popcorn
- Taco shells (hard)
- Flour tortillas
- Rolls
- Pizza Crusts
- Noodles
- Rice
- Hamburger or hot dog buns
- Bread
  - White, wheat, rye, potato, rice, gluten-free, pumpernickel
- Toast
- Breadsticks
- Garlic bread sticks
- Hot rolls, baked bread, crescent rolls, croissants
- Biscuits
- Doughnuts, sweet rolls, cinnamon rolls, caramel rolls
- Banana bread, pumpkin bread, apple bread, muffins
- Hot rolls, baked bread, crescent rolls, croissants
- Biscuits
- Doughnuts, sweet rolls, cinnamon rolls, caramel rolls

- Corn bread
- Cupcakes
- Pies
- Cheesecake
- Cookies
- Cream of Wheat
- Pop-Tarts
- Dry cereal
- Pancakes
- French toast
- Oatmeal
- Waffles

### Potato Products:

- French Fries
- Tater tots
- Tater rounds
- Hash browns
- Fried potatoes
- Baked potatoes
- Potato chips
- Potato wedges
- Shoestring potato sticks
- Mashed potatoes
- Scalloped/au gratin potatoes
- Baked sweet potatoes
- Sweet potato chips
- Sweet potato fries
- Vegetable chips

Other: \_\_\_\_\_

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## Protein Sources

<ul style="list-style-type: none"><li><input type="checkbox"/> Baked Chicken</li><li><input type="checkbox"/> Fried chicken</li><li><input type="checkbox"/> Chicken strips</li><li><input type="checkbox"/> Chicken nuggets</li><li><input type="checkbox"/> Turkey</li><li><input type="checkbox"/> Poultry</li><li><input type="checkbox"/> Fish (fried)</li><li><input type="checkbox"/> Fish (baked/broiled)</li><li><input type="checkbox"/> Tuna</li><li><input type="checkbox"/> Salmon</li><li><input type="checkbox"/> Beef (steak, roast)</li><li><input type="checkbox"/> Roast</li><li><input type="checkbox"/> Ribs</li><li><input type="checkbox"/> Deer</li><li><input type="checkbox"/> Hamburger</li><li><input type="checkbox"/> Steak</li><li><input type="checkbox"/> Pork</li><li><input type="checkbox"/> Baby foods meats</li><li><input type="checkbox"/> Ham</li><li><input type="checkbox"/> Lunch meat (type)_____</li><li>_____</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Sausage</li><li><input type="checkbox"/> Bacon</li><li><input type="checkbox"/> Chicken/ham salad</li><li><input type="checkbox"/> Beans</li><li><input type="checkbox"/> Baked beans</li><li><input type="checkbox"/> Tuna salad</li><li><input type="checkbox"/> Meatballs</li><li><input type="checkbox"/> Hot dogs</li><li><input type="checkbox"/> Corn dogs</li><li><input type="checkbox"/> Bologna</li><li><input type="checkbox"/> Lil' smokies</li><li><input type="checkbox"/> Eggs</li><li><input type="checkbox"/> Tofu</li><li><input type="checkbox"/> Edamame</li><li><input type="checkbox"/> Peanut butter</li><li><input type="checkbox"/> Peanuts</li><li><input type="checkbox"/> Walnuts</li><li><input type="checkbox"/> Cashews</li><li><input type="checkbox"/> Pecans</li><li><input type="checkbox"/> Pistachios</li></ul>
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Other: \_\_\_\_\_  
\_\_\_\_\_

## Cheese/Dairy

<ul style="list-style-type: none"><li><input type="checkbox"/> Cheddar</li><li><input type="checkbox"/> American</li><li><input type="checkbox"/> Parmesan</li><li><input type="checkbox"/> Swiss</li><li><input type="checkbox"/> Monterey jack</li><li><input type="checkbox"/> Mozzarella</li><li><input type="checkbox"/> Colby</li><li><input type="checkbox"/> Cottage cheese</li><li><input type="checkbox"/> Cream cheese</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Sour cream</li><li><input type="checkbox"/> Cream cheese</li><li><input type="checkbox"/> Cool whip</li><li><input type="checkbox"/> Yogurt (type)_____</li><li><input type="checkbox"/> Ice Cream</li><li><input type="checkbox"/> Sherbert</li></ul>
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Other: \_\_\_\_\_  
\_\_\_\_\_

## Vegetables

<ul style="list-style-type: none"><li><input type="checkbox"/> Green Beans</li><li><input type="checkbox"/> Broccoli</li><li><input type="checkbox"/> Cauliflower</li><li><input type="checkbox"/> Corn</li><li><input type="checkbox"/> Squash</li><li><input type="checkbox"/> Cucumber</li><li><input type="checkbox"/> Zucchini</li><li><input type="checkbox"/> Spinach</li><li><input type="checkbox"/> Carrots</li><li><input type="checkbox"/> Lettuce</li><li><input type="checkbox"/> Brussels sprouts</li><li><input type="checkbox"/> Pepper (Red / Green)</li><li><input type="checkbox"/> Onion</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Peas</li><li><input type="checkbox"/> Bean (Kidney/ Navy/ Pinto)</li><li><input type="checkbox"/> Asparagus</li><li><input type="checkbox"/> Avocado</li><li><input type="checkbox"/> Mushroom</li><li><input type="checkbox"/> Celery</li><li><input type="checkbox"/> Coleslaw</li><li><input type="checkbox"/> Cabbage</li><li><input type="checkbox"/> Sweet potatoes</li><li><input type="checkbox"/> Tomatoes</li><li><input type="checkbox"/> Asparagus</li></ul>
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Other: \_\_\_\_\_

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## Fruits

<ul style="list-style-type: none"><li><input type="checkbox"/> Apple</li><li><input type="checkbox"/> Apricot</li><li><input type="checkbox"/> Banana</li><li><input type="checkbox"/> Blueberry</li><li><input type="checkbox"/> Cantaloupe</li><li><input type="checkbox"/> Cherry</li><li><input type="checkbox"/> Grapefruit</li><li><input type="checkbox"/> Grapes</li><li><input type="checkbox"/> Honeydew</li><li><input type="checkbox"/> Kiwi</li><li><input type="checkbox"/> Lemon</li><li><input type="checkbox"/> Lime</li><li><input type="checkbox"/> Strawberry</li><li><input type="checkbox"/> Tangerine</li><li><input type="checkbox"/> Applesauce</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Mangoes</li><li><input type="checkbox"/> Orange</li><li><input type="checkbox"/> Peaches</li><li><input type="checkbox"/> Pear</li><li><input type="checkbox"/> Papaya</li><li><input type="checkbox"/> Pineapple</li><li><input type="checkbox"/> Plum</li><li><input type="checkbox"/> Pumpkin</li><li><input type="checkbox"/> Watermelon</li><li><input type="checkbox"/> Raisin</li><li><input type="checkbox"/> Raspberry</li><li><input type="checkbox"/> Rhubarb</li> <li><input type="checkbox"/> Dried fruits (type) _____</li> <li><input type="checkbox"/> Canned Fruits (type) _____</li></ul>
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Other: \_\_\_\_\_

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## Beverages

<input type="checkbox"/> Juice (circle all that apply): orange, cherry, grape, fruit punch, strawberry, strawberry kiwi, cranberry, white grape other: _____	<input type="checkbox"/> Milk shakes
<input type="checkbox"/> Milk	<input type="checkbox"/> Floats
<input type="checkbox"/> Flavored milk (type) _____	<input type="checkbox"/> Drinkable yogurt
<input type="checkbox"/> Pop (circle all that apply): cola, lemon-lime, orange, grape, root beer, cream soda	<input type="checkbox"/> Water
<input type="checkbox"/> Tea (circle all that apply): sweetened, unsweetened	<input type="checkbox"/> Lemonade
	<input type="checkbox"/> Caloric supplements (chocolate, vanilla, strawberry, banana cream)

Other Beverages: \_\_\_\_\_

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## Condiments

- |  |   |
|--|---|
| <input type="checkbox"/> Ketchup             | <input type="checkbox"/> Chili Sauce          |
| <input type="checkbox"/> Mayonnaise          | <input type="checkbox"/> Worcestershire sauce |
| <input type="checkbox"/> Miracle whip        | <input type="checkbox"/> Butter/margarine     |
| <input type="checkbox"/> Dijon/spicy mustard | <input type="checkbox"/> Chip dip             |
| <input type="checkbox"/> Honey mustard       | <input type="checkbox"/> Gravy                |
| <input type="checkbox"/> BBQ sauce           | <input type="checkbox"/> Ranch dressing       |
| <input type="checkbox"/> A1 Steak sauce      | <input type="checkbox"/> Salsa                |

Other: \_\_\_\_\_

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## Mixed Textures

<input type="checkbox"/> Macaroni and Cheese	<input type="checkbox"/> Grilled cheese
<input type="checkbox"/> Pizza	<input type="checkbox"/> Casseroles
<input type="checkbox"/> Noodles with sauce (type) _____	<input type="checkbox"/> Soup (type) _____
<input type="checkbox"/> Cheese or lunch meat sandwich	<input type="checkbox"/> Hamburgers _____
<input type="checkbox"/> Peanut butter & jelly sandwich	<input type="checkbox"/> Fruit and yogurt
<input type="checkbox"/> Tacos	<input type="checkbox"/> Cereal with milk
	<input type="checkbox"/> Omelette

Others: \_\_\_\_\_

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**Fast foods:**

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We also analyze favorite and least favorite foods for patterns and similarities.

Please list your child's favorite foods/liquids:

- 1.
- 2.
- 3.
- 4.
- 5.

Please list your child's least favorite foods/liquids:

- 1.
- 2.
- 3.
- 4.
- 5.

What goal foods would you like to see your child eat with the rest of the family?

- 1.
- 2.
- 3.
- 4.
- 5.

When is your child most successful with eating (time of day, location, or people)?

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Comments:

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