

Shauna Pupp, M.C., Registered Psychologist

Amundson & Associates

1614 8th Ave. N.W. Calgary, AB, PH: 403-289-2511, FX: 403-284-1574

Education

Master of Counseling (MC), 2007

Division of Applied Psychology, University of Calgary, Calgary, AB

Two-Week Intensive Systemic Family Therapy Externship, 2009

Sponsored by Calgary Family Therapy Center, Calgary, AB

Post Graduate Course: Cognitive and Neurological Assessment, 2010

Division of Applied Psychology, University of Calgary, Calgary, AB

Bachelor of Arts (B.A.), Major in Psychology, received in 1999

University of Lethbridge, Lethbridge, AB

Professional Affiliations

- College of Alberta Psychologists
- Psychologist's Association of Alberta
- Association of Family and Conciliation Court

Professional Experience

Private Practitioner: Amundson and Associates, Calgary, AB, (2010-Present)

- Areas of practice include: Child and Adolescents, Individual Therapy, depression, anxiety, Cognitive Assessment, family issues, family restructuring therapy, high conflict parenting, family issues, and crisis

Alberta Health Services (AHS): Mobile Response Team, Calgary, AB, (2011-Present)

- Work collaboratively with psychiatric emergency staff and community partners to ensure stabilization of immediate crisis
- Facilitate post crisis treatment services
- Conduct timely mental health and risk assessments in community and clinic settings
- Provide consulting services to other AHS and community Programs
- Provide Educational services for community agencies, individuals, and families
- Provide Critical Incident Stress Debriefing (CISM)
- Work collaboratively within a multidisciplinary team

Wood's Homes: Non-profit agency for youth & Families, Calgary, AB (2007-July 2011)

- Clinically responsible for residential treatment center of 8 clients (age 12-17)
- Conduct functional clinical, Cognitive, and risk assessments for high risk adolescents (risk factors may include: substance use, violence, suicide ideation, running, legal involvement)
- Practice individual, group, and family therapy in a treatment center for high risk youth
- Specialize in crisis intervention with youth involved with children services and youth justice

- Provide consulting services to other Wood's Homes programs
- Provide counseling services at Wood's Homes community walk-in clinic
- Work collaboratively within a multidisciplinary setting

Shepell-fgi: Employee Assistance Program, Calgary & Area, AB (2006-Present)

- Provide consulting services to the trauma department and assist with on-site intervention following traumatic, emotional and high stress situations in the work place.
- Facilitate group and individual counseling services (CISM) following a traumatic event

Human Solutions: Employee Assistance Program, Calgary & Area (2010-Present)

- Provide counseling services to the trauma department and assist with on-site intervention following traumatic, emotional and high stress situations in the work place.
- Facilitate group and individual counseling services following a traumatic event

Teaching Assistant: University of Calgary, Calgary, AB (Spring -2007)

- Provided teaching support for the Applied Psych. Graduate Course, Working Alliance
- Assisted with marking, grading, and lesson planning

Crisis Counselor: Community Resource Team, Calgary, AB (2007-2009)

- Provide crisis counseling via telephone
- Assess for Risk
- Aide in conflict resolution

School Counselor, William Taylor Learning Centre, Calgary, AB (2004-2007)

- Provided counseling in an alternative school setting
- Provided counseling support for youth exhibiting socio-emotional behavioral concerns.
- Developed behavioral support plans, and school-based interventions

Youth and Family Counselor, Wood's Homes, Calgary AB, (2002-2004)

- Provided front line services in a community group home setting
- Developed behavioral intervention programs for Adolescent boys aged 15-17

Professional Development

2013

Cognitive Behavior Therapy: 4 Day Intensive Training
Jack Hirose & associates, Presented by David Burns, M.D.

Family Restructuring Therapy
Association of Family Courts Conciliation, Presented by Steven Carter & Bonnie Haave, Shirley Vandersteen, & James Bateman

The Nexus Between Parent Deficiencies and Parent-Child Interactions
Association of Family Courts Conciliation, Presented by David Weinstock & John Moran

How Does the Child Gain a Voice?

Association of Family Courts Conciliation, Presented by Jacqueline Beall, Pam Hemphill, & Clara Bookless

Fifty Years of Cognitive Science

Association of Family Courts Conciliation, Presented by Nancy Olesen, Leslie Drozd, Michael Saini, & Hon. Marjorie Slabach

Parenting Coordination

Association of Family Courts Conciliation, Presented by Siri Gottlieb & Gary Drenfield

Therapeutic Reunification

Association of Family Courts Conciliation, Presented by Rebecca Bailey, JoAnn Behrman-Lippert, & Cynthia Psaila

Children Resisting Contact with a Parent Post Separation

Association of Family Courts Conciliation, Presented by Shely Polak, Barbara Fidler, & Linda Popielarczyk

Possibility of Crime; Risk Assessment, Assessing Risk of Youth Violence with the SAVRY

Alberta Health Services, Presented by Dr. C. Baxter

Youth at Risk for Developing Psychosis

University of Calgary, Presented by Dr. Addington

Mental Health Intervention with Separated/Divorced Families: Understanding Queen's Bench Family Law Practice Notes 7 & 8. Use of Independent Parenting Experts

Presented by Dr. S. Carter and Honorable Madam Justice Andrea Moen Court of Queen's Bench

Abuse Toward Animals and People; Why the link is important

Alberta Health Services, Presented by Cst. Brenda Murdoch & Nathalie Martel

Assessment & Treatment of Personality Disorder

Psychological Association of Alberta, Presented by Dr. Erdberg

The Rapidly Evolving Field of Psychological Understandings and Services for Divorce

Psychological Association of Alberta, Presented by Dr. Gamache

2012

Family Restructuring Therapy: Interventions with High Conflict Separation and Divorce

Psychological Association of Alberta, Presented by Dr. Steven Carter

How to Avoid Complaints and Meeting with the Complaints Director

College of Alberta Psychologists, Presented by Karl Seidenz, LLP

Dual Roles and Relationships: The Conflictual and the Complimentary

College of Alberta Psychologists, Presented by Dr. Amundson

Saphris: A novel treatment option for Bipolar and Schizophrenia

Alberta Health Services, Presented by Dr. Oluboka

Quality of Care for Schizophrenia in Calgary
Alberta Health Services, University of Calgary

Group Crisis Intervention
International Critical Incident Stress Foundation, Presented by Michael Brager

PPVT- 4 (Peabody Picture and Vocabulary Test, 4th Edition) & EVT-2 (Expressive vocabulary test, 2nd Edition)
Pearson, Presented by Dr. Tina Eichstadt

Cognitive Behaviour Therapy: The basics
Alberta Health Services, Presented by Dr. Backs-Dermott

2011

The Mood Spectrum: Diagnostic Approaches & Relevance to Treatment
Alberta Health Services, Presented by Dr. T. Oluboka

Achieving Clinical Excellence
Psychological Association of Alberta, Presented by Scott Miller

Positive Psychology Theory, Research and Application
Psychological Association of Alberta, Presented by Dr. C. Peterson & Dr. Nansook Park

WIAT – III Introduction
Pearson, Presented by Larry Hanken

WIAT-III Administration and Scoring
Pearson, Presented by Dr. Gloria Mascow

2010

WIAT-III Overview: Administration and scoring of the WIAT-III subtests and interpretation of WIAT-III data, *Presented through Pearson*

Impact of Trauma and Neglect on the Developing Child
Presenter Dr. Bruce Perry

Collaborative Helping: A Practice Framework for Working with Multi- Stressed Families
Center for Social Work and Professional Development, University of Calgary

How to think of Problems in Supervision
College of Alberta Psychologists, Presented by Jon K. Amundson

Professional Boundaries in Psychotherapy
College of Alberta Psychologists, Presented by Dr. Earle Waugh

Infant/Preschool, Mental Health: Promotion, Prevention, Intervention, and Treatment
Program for Infant/Toddler Care, Lincoln, California, USA

Mental Health Needs of Low-Income mother's in the United States: Implications for Pre and Post Intervention in School-Based Family Counselling,
University of Missouri

How do Parents Understand, Adjust, and manage their Child diagnoses with Autistic

Spectrum disorder?

Nelson Mandela Metropolitan University, South, Africa

Barriers and Obstacles in Constructing a Family-School Relationship

University of Macau Presented by Dr. Gertina van Schalkwyk.

A Discussion of Factors Impacting Identity Development in Multiracial Individuals,

Presented by Dr. Brian Gerrard

The Experience and Reflections of Parents whose Teenagers are Excluded from School,

Presented by Dr. Andrew Smith

Bullying, Prevention and Intervention Project

Presented by Dr. Nancy Rosenbledt

2009

Critical Incident and Group Debriefing,

Crisis and Trauma resource Institute

Supervision: CPA Ethical Guidelines for Supervision in Psychology 2009

College of Alberta Psychologists, Presented by Jean Pettifor & Greg Schoepp

Avoiding Professional Boundary Violations: The importance of Personal Integrity for
Maintaining Integrity in Relationships

Presented by Derek Truscott

2008

Anxiety in Adolescents

Calgary Learning Center

Introduction to Group Psychotherapy

Calgary Health Services

Using the Child Behaviour Checklist in Residential Programs

Wood's Homes, Presented by Jennifer McCormick

Use and Interpretation of the WISC and WAIS.

University of Calgary

2007

Working with Angry, Resistant Children and Adolescents: Strategies for Fostering Motivation,
Self-Discipline and Resilience.

Jack Hirose and Associates Inc.

Social Phobia in Adolescents, Interpersonal Psychotherapy, CBT for Adolescent
Depression, a Developmental Perspective on Bi-Polar disorder in Children and Adolescents,
Conference for Behavioral Sciences

ASIST: Suicide Intervention Training

Wood's Homes

Presentations

2013

Mobile Response Team Services Provided
Alberta Health Services Management Group

2012

Mobile Response Team Services Provided
Alberta Health Services: Alberta Mental Health Family Support Group

Health Information: When someone you know commits Suicide
Alberta Health Services

2010

Evergreen Residential Program Clinical Model
Wood's Homes: Homes Connections Program

Anxiety in Supervision and Therapy
Oxford University, Oxford, UK: Oxford Symposium in School and Family Based Counselling

2009

Evergreen Residential Program Clinical Model: Evidence Based Practice in Action
University of Calgary: Faculty of Social Work Annual Symposium

2008

Attachment Disorder
Calgary AB, Wood's Homes Foster Program

2007

Guidelines for Reporting Assessment Results
Calgary AB, Athabasca University Working Alliance Graduate Course

School Refusal Behavior
Calgary AB, Calgary Board of Education and Wood's Homes School Programs