

Linwood Avenue
hand-made home goods



hand-sewn NOTEPAD

SUPPLIES

- May Arts ribbon (www.mayarts.com)
– 1 yd - 1/4" cream silk (SK09)
- DCWV adhesive fabric paper
– 6"x7.25" & 1.25"x6" rectangles from one fabric
– 3.75"x5" rectangle in coordinating fabric
- mat board
3 pieces cut to: 4.25"x5.5", .75"x5.5", .75"x5.5"
- 1 mead spiral notebook perforated (4"x5.5")
- small drill with 1/8" or larger bit
- scrap piece of wood
- 4 binder clips
- ruler
- large needle

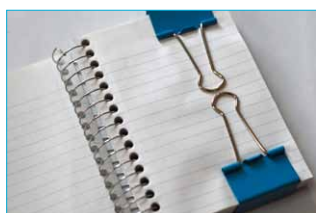


INSTRUCTIONS

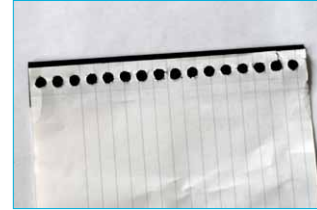
step 1 – center your 4.25"x5.5" board onto the sticky side of the 6"x7.25" adhesive fabric. fold the ends into the inside like you are wrapping a gift. adhere the 3.75"x5" of fabric on the inside to cover up exposed board. repeat with one .75"x5.5" board & 1.25"x6" fabric.



step 2 – tear off front & back cover of notebook. clip all sheets of notebook together minus one. carefully uncoil wire spiral & throw away.



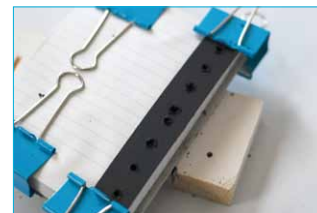
step 3 – place spare sheet of paper on top of extra board & mark with a pencil inside every other hole. if you mark 2 side by side holes in the middle, you will end up with 8 marks total.



step 4 – with 2 binder clips, secure pieces together in this order: 4.25"x5.5" fabric wrapped board, loose pages, 1.25"x6" fabric wrapped board, then the extra mat board with pencil marks.



step 5 – place your book on top of wood block & drill through all 8 marked holes. you are really only drilling through the sheets of mat board since the pages already have holes in them. the top mat board & wood block will prevent your fabric from getting torn up by the drill. carefully remove top mat board, discard, & replace binder clips.



step 6 – thread your ribbon onto a needle and insert into one of the middle holes leaving a 6" tail. continue binding by weaving in & out of holes, pulling ribbon tight. stitch down & back up one side & then repeat the process with the other side. end your stitching by bringing your ribbon up through the other middle hole.



step 7 – to finish, make 2 knots with both ends of ribbon & then tie in a bow.