

the Venues

Go Deep

Sermons from Superheroes Series
“Post Traumatic Strength Disorder”
November 20, 2016

What superpower would you like to have?

*___ Superstrength; ___ Speed; ___ Supersenses (Sight, hearing, smell, taste, touch); ___ Time Travel;
___ Invisiblitiy; ___ Wall Climbing; ___ Telepathy; ___ Time manipulation; ___ Other*

This teaching focused on the tragedies experienced by Superheroes.

Daredevil - An abusive father, blindness

Spiderman - The cause of his uncle's death; bullied in school

Superman - Home destroyed

The Hulk - An abusive father

1. Every Superhero has a story. What is yours?

Care to answer? What tragedy or negative experience is your backstory?

2. They don't just survive, they thrive.

These Superheroes turned their PTSD into Post Traumatic Strength Disorder.

How can adversity make us stronger?

What does Kelly Clarkson mean when she sings, “What doesn't kill you makes you stronger?”

Has that been true in your life?

Read Psalm 23:4 and Isaiah 43:2. Pay close attention to the how the word “through” is used. *What encouragement do you find in these verses?*

Read Genesis 50:20

What message do you hear from Joseph's words?

The word “intended” means “to weave.”

How is the act of “weaving” a metaphor for what God does in our situations?

Read Joh 9:1-3

What stands out to you in these verses?

How does the disciples' question mirror our own thinking today?

What do you think of Jesus' answer in verse 3?

3. You can bounce back today.

Did you ever have or see a Bozo punching bag? What lessons on adversity are taught by that toy?

What have you done to “bounce back”?