

# the Venues

## Go Deep

Sermons from Superheroes Series  
“Superman’s Real Kryptonite: Loneliness”  
December 4, 2016

*What is your favorite Christmas tradition?*

### 1. Christmas: “It’s the lone, loneliest time of the year.”

*Have you ever have had a lonely Christmas? What made it so lonely?*

### 2. Lonely? So is Superman.

Some movie and theology buffs have made comparisons between Superman and Jesus.  
*Can you think of any similarities?*

Read John 10:10-18

*What does Jesus call himself (twice) in this passage?*

*What did Jesus say he had come to bring? What does that mean?*

In the movie “Man of Steel” Superman went on to change the world by saving it from God. *In what ways has Jesus actually changed our world?*

Henry Cavill, the actor who played “Superman” in the last two movies said this about “Supes,”  
*“He’s alone and there’s no one like him. That must be incredibly scary and lonely, not to know who you are or what you are, and trying to find out what makes sense. Where’s your baseline? What do you draw from? Where do you draw a limit with the power you have? In itself, that’s an incredible weakness.”*

### 3. Let’s do this:

#### Connect with our identity.

Clark Kent went through a process of discovering who he was.

*How does the Bible describe who we are?* Check out: Romans 15:7; Genesis 1:27; Ephesians 2:10

*What names or labels have put on you that shaped who you see yourself?*

#### Connect with our purpose.

Read the following passages and from them develop a “purpose statement”:

Matthew 7:12

Micah 6:8

#### Connect with others.

*What do these verses indicate about the importance of connecting with others?*

Hebrews 13:16; Matthew 25:31-46

*What can you or your group do to reach out to the lonely this Christmas*