

the Venues

Go Deep

Happy New Year!

“Resolutions: In One Year & Out the Other”

January 1st, 2017

What went well for you in 2016?

What didn't go so well in 2016?

What do you think of resolutions?

An effective tool for change.

A waste of time and energy.

A fun exercise.

The New Year is a new beginning. We get some resolution guidelines from Jesus' beginning of his ministry in Mark 1:9-20.

1. Make them a special occasion (Mark 1:9-11).

What is the purpose of Jesus' baptism?

What is the purpose of our baptism?

What New Year's traditions do you celebrate?

2. Think about them before we make them (Mark 1:12).

How do you determine what resolutions to make?

How is the resolution making process similar to Step 4 in the 12 Step Program which is, "Make a searching and fearless written moral inventory of yourself."

What do the words "searching" and "fearless" imply?

Make a list of resolutions from Psalm 139:23-24.

3. Connect them with the past (Mark 1:14-15).

Jesus connects his present mission with what had gone before.

How do we connect our resolutions with the past without staying connected to the past?

4. Get a little help from our friends (Mark 1:16-20).

How do friends help us keep our resolutions?

What are the drawbacks to enlisting the help of our friends?

What resolution are you making for 2017?