

the  Venues
Go Deep
80's Retro Movie Wisdom
Ferris Bueller's Day Off
7.1.18

Do you remember a time when you played hooky from school? Did you ever get in trouble for it?

This quote from Ferris Bueller is the theme of the movie:

“Life moves pretty fast. If you don't stop and look around once in a while, you could miss it.”

Describe a time that made you think, “That feels like it happened yesterday! Where did the time go?”

The movie shows two characteristics that cause us to miss out on our own lives.

1. Worry.

Ferris' best friend, Cameron, is too worried and fearful to get out bed and enjoy the day of hooky.

What are your biggest fears and worries. What keeps you up at night? What causes of worry/anxiety makes it hard to get out of bed?

Read Matthew 6:25-34 and Philippians 4:6-7

Studies suggest worry/stress affects our DNA and shortens our lives! Pastor/author Ed Dobson, who passed away of ALS in 2015, said,

“When you are worried about the future, it's hard to find God. When you're living in the moment, God's right there with you.”

Do you agree/disagree?

Read Luke 17:21 *What do you think it means for God to be in the present moment within you?*

2. Focusing on Others.

Ferris' sister spends the movie angry at Ferris for skipping school and trying to get him caught. Charlie Sheen's character gives her this advice:

“You ought to spend a little more time dealing with yourself, a little less time worrying about what your brother does.”

Read Luke 18:9-14

Does worrying about what others are doing distract us from living our own lives? What person or people group do you have a tendency to focus on/judge? Do you ever complain about how others are thinking or acting?

When you are lost in thought, distracted by worry/anxiety/fear and what others are doing wrong, try this alone or as a group:

Take a deep breath. Come back to the present and say, “God, you are here, now. Thank you for this moment.”

Prayer Idea:

“God, every single moment is a gift from you. Thank you. Give me the wisdom to stop and look around, so I don't miss what you're doing right now through me and around me. When I'm lost in worry, remind me you are here, now. Thank you for dwelling in me, loving me, and living through me. Amen.”