

What is your favorite movie opening scene? Jaws? The first one, not one of the way too many sequels. Saving Private Ryan? War really is hell Inglorious Bastards? The pipe, the milk, under the floorboards Raiders of the Lost Ark? The boulder chase Another one?
Have you seen the four and half minute opening scene of "Up"?
What message do you get from that scene?
Read the opening scene of Ecclesiastes - Ecclesiastes 1:2.
Where do you think the author is going with such an opening?
Both <i>Up</i> and <i>Ecclesiastes</i> deal with the harsh realities of life.
What realities of life have been harsh for you?
What has gotten you through them?
Have you ever felt like the writer of Ecclesiastes (Ecclesiastes 9:5; 2:16; 6:12)?
What is the benefit of this kind of thinking being in Scripture?
One of the "take-aways" from <i>Up</i> and <i>Ecclesiastes</i> is: Love well and enjoy every day.
Read Ecclesiastes 3:12-14; Ecclesiastes 11:8 and Ecclesiastes 11:10.
What is your "take-away" from these verses?
Henry David Thoreau wrote, "Live in the present. Launch yourself on every wave. Find eternity in each moment."

What will you do on a daily basis to live in the present?