

Please review the following instructions regarding collection of stool samples for “Fecal Occult Blood Testing”, which tests for the presence of blood in your stool. This test is performed to screen for the presence of colon cancer.

- You should have received two specimen containers. To improve the accuracy of the test, two samples collected on separate days are recommended.
- Please see the attached detailed instructions for how to use the specimen containers to collect your stool samples.
- The samples should be collected within three days of submission. Please keep the specimen containers in your refrigerator (yes, the refrigerator) until submission.
- If you have visible blood in your stool, are menstruating or have active hemorrhoids, testing at a later date or by other methods is recommended. Please discuss this with your physician.
- Do not try to force a bowel movement in order to collect specimens as this may lead to unreliable results. If you are unable to collect your samples in time for your checkup, please submit them at a later date.
- Please contact the clinic (03-5432-7177 or checkup@pctclinic.com) if you have any questions